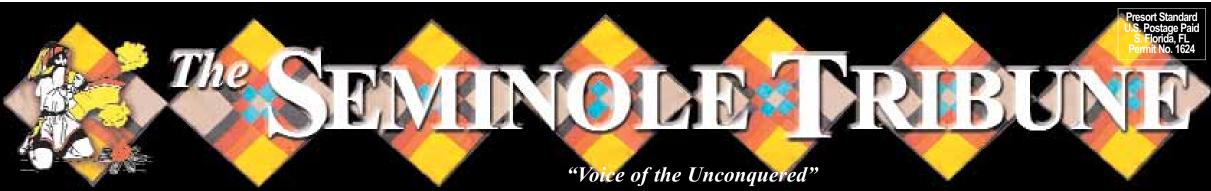


Hard Rock Hotel & Casino Making Progress Next Issue



Volume XXIV • Number 13 www.seminoletribe.com September 26, 2003

## **Board of Directors Meeting**

By Alexandra Frank  ${f HOLLYWOOD}$  — On Aug. 29, President Moses B. Osceola called a Board of Directors meeting at the

Hollywood Tribal Auditorium. After the roll call of representatives, liaisons and officials, reports of Seminole programs and enterprises were given. The general consensus by the enterprise groups was that summer proved to be

The Citrus Groves report given by Timmy Johns highlighted the negative effects of continued rain South Florida received the past few months.

The Tucker Ridge Shell Mine reported it was exceeding its output due to receiving a large number of orders. Weekly Asphalt of Davie will continue its association as one of Tucker Ridge's best

Both the Citrus Groves and the Tribal Smoke Shops are looking for employees. The Citrus Groves are willing to train future employees for the positions they

Tabled items from the

meeting on June 13 were once again tabled. One note was the Approval of Authority to enter into Agreement for development of a convenience store and retail Motor Fuel Sales Station at the Hard Rock Hotel Casino on the Hollywood Reservation, but has been refocused to the old Oasis Truck Stop property.

This decision was due in part to the time constraints for completing the Hard Rock Hotel and Casino. Approved items included

permanent status for salary increases at the Tribal Smoke Shops, Personal Actions for Employees of the Seminole Tribe of Florida Inc., revolving credit loan approval of AMF Bowling Worldwide Inc., construction of tribal housing, and exploring oil production activities on or near Seminole Tribal land moved to

Also approved: Ferrara Pan Candy Company resolution, and aircraft parts production resolution. Approval to remove

See BOARD, page 3



(L-R): Richard Henry, Johnny Jones, Joseph Santiago, Kevin Donofrio, Roger Smith, Christina Clark.

#### **Tampa Reservation Honors Excellent Achievement**

By Randi M. Simmons

TAMPA — On Aug. 29, the Incentive Awards Banquet was held at the Crown Plaza in Tampa. The 2002-2003 Incentive Awards gives special recognition to Seminole students who achieve success both academically and in

Roger Smith, Brighton/Tampa Council Representative, stated that "Our children are the future leaders of the Seminole Tribe." He continued by saying that the Seminole youths have the opportunity to succeed and to be the best they can be. Smith added a simple reminder to the students: "Go to

school and do your homework." Roger Smith, along with Board Representative Johnny

Jones, Tampa Liaison Richard Henry, Education Director Louise Gopher, Assistant Education Director Cindy Corriher, Education Advisor Carol Foret, **Education Advisor Assistant** Danny Santiago, Recreation Department Director Debbie Henry, and the Seminole Tribe parents and guardians.

Students were recognized according to their grades and attendance. Here is a listing of the students that received awards for outstanding grades and/or attendance, followed by students who participated in athletics, yet continued to excel in school.

**Outstanding Grades:** Christina Clark, Phaydra Clark,

See TAMPA, page 10

## **Krystle Young Becomes Certified Diver**



Krystle Young poses for the "underwater" camera.

#### HOLLÝWOOD — Krystle Young has always enjoyed the ocean. She even likes sharks.

By Michael Kelly

Now that she's become a certified diver, she might just get the chance to see one, or many.

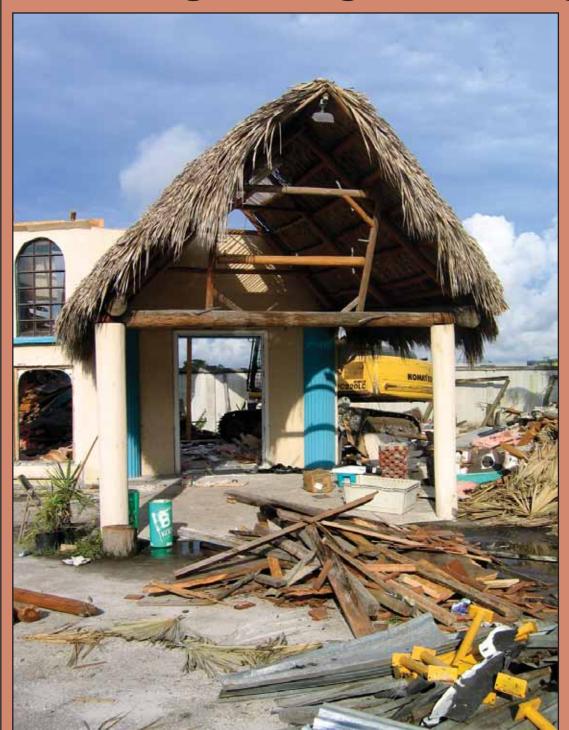
Steve Young, Krystle's father, said she became certified while "Shark Week" aired on the

Krystle said, "Even though I like sharks, I didn't want to watch 'Shark Week' because it would make me nervous. It was scary to iump off the boat the first time, but once I was underwater, I felt fine. I'm glad my dad was with me."

Discovery Channel last month.

Seminole beadwork on pool cues. See DIVING, page 3

## Old Anhinga Trading Post Building Demolished



The Anhinga Trading Post is removed to make room for the Hard Rock Hotel & Casino. The

new Anhinga will open within a year.

#### New Store to be completed within Year

By Michael Kelly HOLLYWOOD — All good things must come to an end . . . or at least moved to a new location. The Anhinga Trading Post, a landmark store selling traditional Seminole clothing, jewelry, and more on the Hollywood Reservation for over 20 years, is being demolished to make room for the Hard Rock Casino and Hotel

But fear not shoppers. For the next six to eight months, a white widebody trailer will substitute until the new store is constructed. The new Anhinga Trading Post will be located on the corner of Stirling Road and State Road 7 (441), next to Café 441.

Store owner Virginia Osceola, sitting among unpacked boxes of Seminole clothes, was sad to see the old building removed, but looks forward to the new store.

"I really will miss the old building. It was emotional to see it torn down, but I know it means progress," She added, "Right now, I have

about a third of my inventory here from the old store; the rest is in storage,' Asked what type of store she wants built, Virginia replied, "I would

like to have a two-story building. I

wouldn't mind setting up the store on the first floor and having an office on the second, but I'm in negotiations with my husband Joe Dan about that.' Virginia gained experience in retail by assisting her parents, who just

happened to own one of the largest craft shops on the Miccosukee "I helped out at their store

since I was eight years old. I grew up in retail. They taught me so much and I believe that's why I've done so well here," said Virginia.

Special features at the old Anhinga Trading Post were the antique framed windows and front door that Virginia had purchased while traveling

See Anhinga, page 4

# Video to Emphasize Native American Contributions to the Armed Forces

By Michael Kelly **HOLLYWOOD** — Sergeant Major



Stephen Bowers, Governors Council on Indian Affairs Veteran's Service Officer, Charles Hiers, Council Assistant, and Sergeant Major Robert L. Ampula, Regimental Adjutant with the United

Robert L. Ampula, Regimental Adjutant with the United States Military, is currently doing research on Native

Americans and Native Alaskans who served from World War I to the present. The pur-

pose is to develop a video that will show young officers and soldiers the significant contributions Native Americans have made to their country.

**SGM** Ampula met with Stephen D. Bowers, Governors Council on Indian Affairs Veteran's Service Officer for the Seminole Tribe of Florida, to discuss the matter.

According to SGM Ampula, "There's little information on the important contributions Native Americans in the military have accomplished. The purpose of the video is to instill a sense of pride, knowing people from so many ethnic backgrounds contributed to the

armed forces." SGM Ampula is searching for materials such as photographs, video footage, diaries, or letters to be reviewed for the video. Of special interest are individuals who have received awards for heroism such as the Distinguished Service Cross, Navy Cross, Flying Cross, or

the Silver Star. He would like to visit each reservation and interview (on or off camera) tribal members who served in the armed forces.

If you would like to participate in this highly important project, please contact Sergeant Major Robert L. Ampula at (210) 221-8455, DSN or email at robert.ampula@CEN.amedd.army.mil.

You may also contact Stephen Bowers at (954) 966-6300 ext. 1480, or email at sbowers@semtribe.com.

## Senior Arts and Crafts Sale at the Senior Center

By Michael Kelly **HOLLYWOOD** — Seniors from the Hollywood reservation held

browsed at the many tables. There was something for everyone. President Moses Osceola stopped by

Sales were brisk as shoppers

an Arts and Crafts Sale Sept. 4 at the

Senior Center, displaying traditional

Seminole skirts, dresses, bracelets, wood carvings, Seminole dolls, and

to do some shopping. "I wanted to pick up a few things. I especially like the shirts with the Florida State colors," said Osceola. I had the honor of modeling

a traditional medicine man cotton garment created by Maggie Osceola. According to Mabel Osceola, it can take anywhere from one to five days to fully complete a Seminole dress or shirt, depending on how much intricate patchwork design is included.

The Seminole clothes can See CRAFTS, page 3



President Moses Osceola looking at the merchandise.

## The Tooth Killer

#### \* Dr. Dean Chavers ©2003

I am so thankful to have almost all my teeth. But having them all at my age, past 60, is not something that is guaranteed to everyone in Indian Country. As the joke goes, the Indian guy compliments his girl friend on the condition of her teeth. "Honey, that's a pretty tooth" he says.

My daddy, Luther Chavers, had false teeth from the first time I can remember him. He would take them out to clean them a couple of times a day. Daddy had been dissolute most of his adult life, and had not taken proper care of his teeth. So it is no wonder that he had to have false

Before I grew up, my mother also had to get false teeth. Before she got them, she had to have all her natural teeth pulled out, which is just the start of the agony, I suspect. Mom used to complain about toothaches often when I was a youngster and she had her natural teeth.

We always had some kind of tooth drops around, as poor as we were. Our neighbor, Jap Stewart (his real name was Jasper), had a formula for curing a bad cavity in a tooth. His formula called for packing the tooth with red pepper seeds, covering it with cotton or gauze, and letting the chemicals in the red pepper kill the root of the tooth. I never tried that. Jap lived to be an old man, and still kept most of his teeth. He had hard teeth.

My grandfather, Purcell Godwin, had some of the hardest teeth I have ever seen. When he died at the age of 77, he still had all his teeth. When he couldn't brush his teeth, he would take a handkerchief and clean them. He would wrap the handkerchief around his finger and run it all over his teeth. I don't remember him ever hav-

He undoubtedly got this genetically from his mother. Kitty Ma, as we called her, used to use a branch of a sweet gum tree to clean her teeth. She still had her teeth when she passed away in the early 1940s.

My grandma, Jessie Chavers Godwin, on the other hand, had false teeth as far back as I can remember. I think I got my genetic tooth makeup from her, because my teeth have always been soft. I chipped one of the front ones, for instance, opening a locket for a girl in high school. What a dumb thing to do. Luckily it was only a small chip.

I got lucky in high school. After I moved to a white community between my sophomore and junior years in high school, to live with my grandparents, my Aunt Claire paid for me to go to a dentist for a full checkup. I am forever grateful to her for that. The only thing I wish they had done is teach me how to floss my teeth. When I learned that trick, I knew I could keep my teeth. I have not even had a cavi-

I have been meticulous about taking care of my teeth for over 40 years now, and it has been that and good luck that have let me keep my teeth. Before that, I tried to get rid of some of them, and succeeded.

My good friend Hartman Brewington got a new air rifle for Christmas when we were about 10 years old. I bet him that it wouldn't hurt me if lie shot me in the back through my denim jacket on with me standing 50 feet away. He bet me it would hurt. I walked down the road in front of my Aunt Margaret's house, turned my back, and waited for him to shoot. He put the air rifle on his cousin Hardy's shoulder and hesitated. After several seconds he hadn't shot, so I turned to the left to see what was going on.

His shot hit my left canine in the middle, clean as an arrow, and split it up to the gum. That is one of the few dumb tricks I have ever pulled that I wish I could take

We told Mom that we had jumped



a mud puddle and I fell and hit my tooth, and she believed it. A few days later, when the swelling had gone down, she took me to the tooth killer dentist in Lumberton and he pulled the tooth. I learned later that this tooth killer dentist was the same one that had pulled the wrong tooth out of Jap Stewart's mouth. So instead of losing only one bad tooth, Jap lost a bad one and a

This tooth killer dentist's answer to any problem was to pull the tooth. He was a real butcher. Later, my left lower middle molar got a cavity; he pulled it, instead of filling the cavity. I can still feel the pain of him pulling that tooth. Every time I have some hard food to hit that bare gum and irritate it, I want to slap that guy.

His attitude seemed to be, "Well, these are just Indians, and they don't deserve good dental care." Lucky for me, when I moved to the white community, they thought I was just a white boy with a

tan. The white dentist in Petersburg, Virginia was really good for me.

While my grandma lost her teeth before she was 50 years old, both her sisters kept their teeth. Aunt Margaret dipped snuff every day of her life, ate fat meat, and lived to be 96. Aunt Mattie also dipped snuff, ate rice every day (consequently suffering from pellagra), and lived to be 88.

So some people in a family get hard teeth, and some get soft teeth. Grandma's brother Durant kept his teeth, but her other brother Thomas lost his. When I visited Uncle Thomas for the first time in 1965, where he lived in Sylacauga, Alabama, I met his three daughters for the first time, and they all had hard teeth.

Uncle Thomas Chavers left North Carolina after World War I, and never came back except to visit. He married a woman from Alabama and had four children. When Uncle Thomas came to visit us in North Carolina, he never brought his children.

But they used to love to have me to come visit them in Alabama. Ruth, Marian, and Edith were wonderful people. I still have not met their brother Thomas Jr. or any of his children. I wonder if they have good teeth.

My current dentist, Dr. Steven Holbrook, is a wonderful tooth doctor. I go to see him, actually his dental hygienist, every six months. She is meticulous about doing all the preventive work and detecting any problems.

There are only two things I object to about those two.

One, they want to take x-rays every third or fourth visit. I sometimes object, because knowledgeable people have told me that too many x-rays are not good for you, and I believe them.

Two, Dr. Holbrook calls my teeth names. Every time he has me to open my mouth, for the past 18 years, he always says "Let's take a look at those puppies." I don't have any dog's teeth in my mouth.

I thought about this column because a friend of mine was complaining about his teeth. He explained that on his reservation, they can't keep a dentist. The dentists they get are always fresh out of dental school and there is never enough dental care. So he has in effect given up on taking good care of his teeth.

We need to fight harder to get more dentists working on Indian reservations. We need dentists as much as we need doctors. Good sound teeth are essential for good health.

There has to be some kind of relationship between bad dental health and the high rates of diabetes and general bad health that are ravaging Indian people. I don't know what it is, but I believe the relationship is there.



## house **CHE-KE**

## The Seminole Tribune

f you need a reporter or you would like to submit an article, birthday or poem to the Seminole Tribune, please contact the Editor Michael Kelly at (800) 683-7800 ext

1267. Email mkelly@semtribe.com, fax (954) 967-3482, or mail to: The Seminole Tribune, 6300 Stirling Road, Hollywood, Florida 33024. (800) 683-7800.



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### Letters & E-mail

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#### Sho Naa Bish Sha (Big Thank You) to the Don Shula Hotel Staff!

Dear Ms. Linda Harvey, General Manager:

I have just returned to my office from a five-day stay at your beautiful hotel. The Seminole Tribe of Florida held our Annual Miss. Seminole and Junior Miss Seminole Princess Pageant. I would like to thank your staff. They were just

They couldn't have been more helpful, and courteous. Everything went off without a hitch. Sometimes, I think your staff was more worried about the pageant than we were.

I told Heather just to go with the flow. She was sweet, but I told her, there was nothing she could do about the rain. We just moved the Luau inside. Juliadi was another story. She was always there making sure things were going smoothly. Monica and her banquet team were on the ball at the banquet Saturday night. I guess we weren't used to such prompt attention. If you turned your head your plate was

Ray, the Office Manager, was on top of everything. Whatever list I requested, I received. What ever question I asked, he was gracious. He knew his job.

I was sitting here thinking of what went wrong, off schedule, or was messed up, but I couldn't think of one

Please give your staff four stars. As Juliadi witnessed first hand, I am a person who is hard to please, but your staff was very efficient. One more thing,

my officials from the Seminole Tribe of Florida were also pleased. We have made friends for life. Sho Naa Bish Sha (big thank you)

Wanda F. Bowers, **Princess Committee Chairman** 

Hi, my name is Davide Calabria, to write a book about the Seminoles. Do you mind if I look to your website www.seminolatribe.com and perhaps

translate something.

Actually it is my first book, but I'm also a Good News Hunter for C@C@O the Newsletter of Good Comic News of Alcatraz www.alcatraz.it. The idea of writing a book about you comes from there.

**Davide** 

Dear Davide,

Yes, you may translate something from our website www.seminoletribe.com. Good luck on writing a

> Sincerely, Shawna Trnka Administrative Assistant Ah-Tah-Thi-Ki Museum

#### Yatahay Brothers and Sisters,

I am trying to find someone to help me here. I have just recently moved from Arkansas to Thonotosassa, Fl. I have Seneca ancestry and I am also a member of an inter-tribal council of Arkansas, of which I carry the chair position of the Warrior's Society.

I would also like to ask if someone could put in prayers of our Spiritual Leader, "Chief Woableza." He was badly hurt (beat up), but is now slowly on recovery thanks to prayers and the

For additional information about our brother, contact Lee "Standing Bear" Moore, number is (501) 623-6723.

My Name is Charles "LoneWolf" Black. I would love to be able to get in contact with my brothers and sisters in Florida. I follow my path in which the creator guides and directs me not for myself, but for the people. I need some guidance and direction, to get in touch with the people, could you possibly help

My walk is very spiritual and it's time for me to gain more knowledge of other traditions, customs and ceremonies. I'm also in need of sage, for my prayers and smudging.

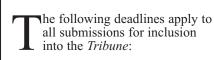
I pray that the direction the Creator gave me to email you sheds more light for me. May the light of the Grandfather bless your day, as it blesses the mother with warmth that all share. We

> Mitakyu Yassin, Charles "LoneWolf" Black

#### **Correction**

In the September 5th issue of the Tribune an announcement for a memorial pool tournament was listed for Mary Tigertail. The right name is Mary Tiger; we apologize to Mary Tigertail and her family for this error.

Softball player Kristen Billie, daughter of Esther and John Billie Jr. was identified as Christine Billie in the NAYO Fastpitch story.



Issue: October 17, 2003 Deadline: October 3, 2003 Issue: November 7, 2003

Deadline: October 24, 2003

Issue: November 28, 2003 Deadline: November 14, 2003

Issue: December 19, 2003 Deadline: December 5, 2003

Issue: January 16, 2004 Deadline: January 2, 2004

Please note: Late submissions will be posted in the following issue.



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The Seminole Tribune

is a member of the Native American Journalists Association, the Florida Press Club and the Associated Press Letters/emails to the Editor must be signed and may be edited for publication. Subscription rate is \$30 per year by mail.

Make checks payable to *The Seminole* 

Tribune, 6300 Stirling Rd., Hollywood,

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#### OTTER



...BAD NEWS ...HE'S TRYING TO TELL US HIS COMPUTER IS DOWN AN' HE'LL E-MAIL US AS SOON AS HIS HARD DRIVE IS FIXED!



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**September 26, 2003** 

# Casey Bowers *Smiles* at Governor's Council Youth Conference

By Wanda Bowers

**HOLLYWOOD** — My son Casey had a chance to go to the Governor's Council Youth Conference this year in Tallahassee. He must have had a good time. He came home talking about going back next year already.

I'm glad he had a good time and that he thinks good of himself. I think that's the first sign of success; to think good of yourself first and the rest just falls into place.



"The Governor's Council Youth Conference was a great experience

All the children had to write a poem about anything. Some wrote about love, war, family, or sorrow. Casey must have been in a good mood or maybe just high on life as they say. Anyway he wrote a poem about his smile.

My Smile

It lights up the day as the sun does. Big and strong as a brick wall. My Smile - it shares my face with my dimples.

Showing its beauty to the world one smile at a time.
My smile makes people smile back.
Going through the day non-stop like a butterfly with unlimited

My smile brings out the goodness in people.

When my smile turns to a frown, it's like day turning into night - from bright to dark.
When I don't smile, it's like a caterpillar at night.
But when I do, it's like a butterfly flying in the sunshine.
When I smile, it's like a rose in the sunlight, showing its beauty to everyone who passes by it.
Too pretty to steal, but too beautiful to pass without noticing it.
My smile glides through the air as a fish glides through the water.

Casey McCall

## Chef Jimmy Osceola Returns from Croatia

By Michael Kelly HOLLYWOOD

— For the past three months, Jimmy "Jimbo" Osceola had the opportunity to polish his culinary skills by studying with some of the finest chefs in the picturesque town of Supetar, located on the island of Brac, in Croatia.

A student at the College of Culinary Arts at Johnson & Wales University, Osceola is looking forward to graduating soon. His current Café 441 has been doing well, but Osceola is thinking bigger.

"I'm going to open a restaurant at the Hard Rock Hotel. It will feature grilled steaks, barbeque, chicken, and much more. It will be a great opportunity to display all that I've learned, both in the classroom and with professional chefs."

the classroom and with professional chefs."

Jimmy continued, "The one thing I noticed when I was in Supetar was that almost all food is grilled, including meats, poultry, fruits, vegetables, and fish. The people there eat incredibly healthy."

The ancient town of Supetar is very old and



Jimmy Osceola looks forward to opening his new restaurant.

was not made for cars. Roads are narrow so most people ride scooters or bikes. "Most people walk in the town. You don't see many overweight people there," said Jimmy.

Unlike the hectic pace of South Florida,

things are a tad slower there. "The lifestyle is very low-key. After 1 p.m., everything closes down until late afternoon. It's tropical, but not hot and humid like here. It was so nice sometimes I felt like I was in "Fantasy Island."

Surprisingly, the language barrier was not as difficult for Chef Osceola. "The people there speak Croatian, but some speak English. At the hotel, the prep cooks spoke English, but not the chefs. They had to translate for me if I had a question for the head

Jimmy's goal is to learn how to prepare all types of foods. "The key is to learn to prepare and cook a wide variety of ethnic foods. This way, if I want to travel to other countries, I'll be able to cook anything," said Jimmy.

The quaint Mediterranean town of Supetar.

## \* Board

Continued from page 1

Diving

Continued from page 1

included: Approval of Authority to review proposal with Brickell Bay Entertainment Company, to remove resolution establishing Fort Pierce Community Board Liaison as locally elected position.

The AMF Bowling Worldwide, Inc. Resolution proposed by Rufus Tiger will place 30 lanes in Immokalee and 30 lanes in Brighton. The proposal only mentioned the 30 lanes for each site,

Krystle is actually a Junior Open Water

Krystle, who turns 13 next month, has five

diver, which means she can dive in waters up to 60

feet deep. Once she turns 15 years old, she can take

the open water test and then dive in deeper waters.

dives under her belt and looks forward to adding to

According to her father, "She wants to dive for lob-

per, angel fish, lobster, and even a nurse shark.

sters. I wouldn't be surprised if she becomes a

that total. On her first dive, she saw parrot fish, snap-

but Vice President Mitchell Cypress wanted a total cost package for each proposed bowling center.

Cypress expressed his concerns that the proposed resolutions be worded as reviews or investigations into the businesses brought before the Board.

Anna Townsend, the new BIA

Superintendent, was introduced to the Board of Directors by Joe Frank, Acting BIA Superintendent. She will fill the position that was once held by Leland Keel.

The Board of Directors will hold another regular meeting on Oct. 10 at the tribal auditorium.

diving. "He said it was so much fun to scuba dive; to see all the fish and beautiful coral reefs," she said. But if Krystle wanted to become certified, she would also need to study in the classroom.

"It took a full week to become certified.

There were classes you had to take. You really had to study hard in order to pass. I'm glad I did," said

The Recreation Department wants to introduce scuba diving into the Seminole communities. "I really like getting the kids involved in outdoor activities. Once the kids get certified, we can start planning dive trips. There's great diving right here off Hollywood Beach and Ft. Lauderdale, or we can go to the Keys. There's so many places to go," said Young.

marine biologist. She loves the ocean and wants to see sharks."

Krystle was inspired by her father to take up

proigad.
ent.

Gett
r Fran



Alexandra Fra Leona Tommie Williams (center, floor) and the Hollywood Pre-School staff celebrate Hawaiian style dur-

Warm Welcomes, Alohas, and Leis

Given at Pre-School Open House Luau

Olivia Cypress and family won 1st place.

By Alexandra Frank
HOLLYWOOD — On
Sept. 4, the Hollywood Pre-School
held an Open House, complete
with a luau theme. It was a great
way for parents to meet teachers,

other parents and students.

Upon entering the preschool, parents/guardians and students were given leis, raffle tickets, and gift bags. The dining room and classrooms were decorated in a colorful Hawaiian motif.

Parents/guardians were allowed to visit their child's class-room and observe the various teaching tools and discuss with teachers the techniques used in the school's curriculum.

Before dinner, Leona

Tommie Williams shared a few words with those in attendance, welcoming the parents and students to the open house. Leona then called upon Jimmy Hank Osceola to give the evening's prayer. She also introduced Moses

B. Osceola, President of the Seminole Tribe, Inc.
Osceola shared some words with the assembled group, thanking Jimmy Hank for the prayer and



Alexandra Frank Carla Cypress and Blue Jay with children.

related that it was a positive message sent out on behalf of the students and staff.

Osceola complimented the staff for the work

they put into the Open House and remarked how he was a pleasantly surprised at the luau theme. He commented on how great it is to see a positive atmosphere and knows Leona and her staff has worked hard for the event.

Osceola stated that the Tribal Council will do whatever it takes to take care of the needs of the pre-school students. The staff was encouraged and grateful by the President's kind words.

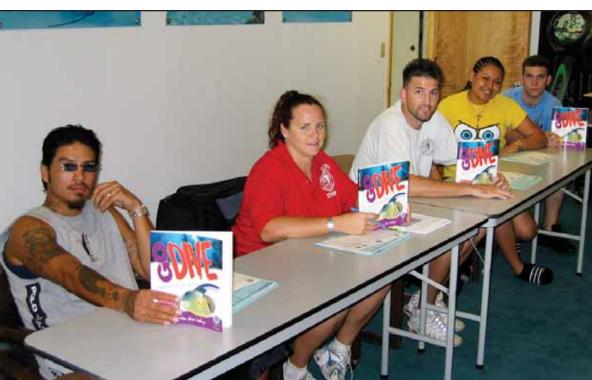
Parent Advisory Committee Board members Francine Sayen, Amy Latchford, and Tammy Osceola were present and thanked the parents/guardians for attending the Open House and hope they continue to be active in pre-school events.

The evening was filled with Door Prizes and a contest for the "Best Dressed Family" in Hawaiian inspired outfits. First place was won by Olivia Cypress, while second place was shared by Carla Cypress, Bobby Frank, and Sherrie Robbins.

If you hear of an Open House event on your

It's a great way to get to know teachers, other families, and enjoy an evening out.

reservation, make plans to attend.



Michael Ke

Getting ready to dive into their homework: (L-R) Elliot Young, Kristin Duda, Harry Kennedy, Tiffany Frank, and Bobby Jackson.

## Seminoles Learning to Scuba Dive

By Michael Kelly

**PEMBROKE PINES, FL** — For the next three weeks, eight individuals will do their best to become certified scuba divers. Attending classes twice a week for the next three weeks will be no picnic though.

The scuba training classes, sponsored by Recreation Department Director Moses Jumper and Housing Department Director Joel Frank Sr. will require lots of classroom time and homework. After the classroom, it's off to the swimming pool to learn the basics, and then for the final test, the ocean dive.

The eight aspiring scuba divers are: Joel Frank Sr., Harry Kennedy, Kristin Duda, Bobby Jackson, Tiffany Frank, Elliot Young, Lawrence Ballentine, and Bo Young.

Once certified, each member will receive a log book. Divers are required to log in their hours after every dive. The reason is to show dive masters you have the necessary experience to dive in less than picturesque surroundings.

Tiffany Frank and Bobby Jackson are extremely excited about becoming certified divers. "The first place we want to dive is Australia. It has all the beautiful coral reefs," said Tiffany.

Instructor Lisa O'Connor mentioned to the

Instructor Lisa O'Connor mentioned to the aspiring divers that you need to be aware of the diving conditions, such as rip currents and more. To dive in such an environment; you really need to be experienced.

The future scuba divers are eager to learn. Stay tuned on their progress!

The Seminole Tribune **September 26, 2003** 



Michael Kelly

The last remnants of Anhinga. The normally filled parking lot is empty.

### \* Anhinga

Continued from page 1

Wanting to bring the expensive windows to the new location, workers delicately jack hammered away, hoping to remove them. But unfortunately, the windows were thoroughly entrenched at the old location and had to be demolished. It's the price you pay for progress.

Virginia considered packing everything up and waiting until the completion of the new store, but thought people might think she was out of business.

So until the new Anhinga Trading Post is completed, feel free to stop by the large white trailer and browse the many Native American art, crafts, and



Virginia Osceola takes a break from unpacking.

Michael Kelly





## Crafts

Continued from page 1

come in every color under the sun. Edna Frank explained that she enjoys using bright colors when creating her Seminole

"It's fun to get creative, using the different fabrics and colors. The preferred material for our clothing is cotton because it's durable and keeps cool, which is ideal when you live in Florida.'

Edna continued, "The clothes are very durable too. If you hand wash them and dry them on a cloth line, they can last for years. They can get passed down from generation to generation.'

Some seniors plan on selling their Seminole clothing during American Indian Heritage Month, November 14-16, at the AH-TAH-THI-KI Museum in Big

For shoppers, it's a great opportunity to purchase gifts for Christmas or even for yourself.

Edna Frank and her display of Seminole wear.



## **New Fire Truck Unveiled in Big Cypress**

there were over 100 people attending the fes-

By Marlin Billie
BIG CYPRESS — Students from the
Ahfachkee School and the Big Cypress community celebrated the unveiling of a brand new fire truck. Armando Negrin, Fire Rescue Supervisor,

tive occasion. "The children were very excited and enjoyed seeing all the different features of the new fire truck. We simulated saving someone from a car accident. The kids especially liked the foam spray, which we use to put out fuel fires," said

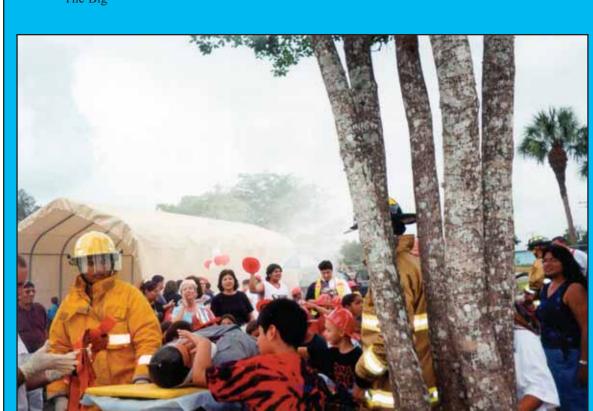
He continued, "The most common fires out here in Big Cypress are brush fires and vehicle fires." The Big

Negrin.

Cypress Fire Station hopes that the community will take pride in the new bright red fire truck. If you didn't get a chance to see it, feel free to stop by and



The new firetruck is unveiled.



Ahfachkee Students watch the Big Cypress Fire/Rescue Team simulate life-saving techniques.

## Looking For a Few Good Men and Women

By Stephen D. Bowers **HOLLYWOOD** 

The Seminole Tribe is looking for a few Good Seminole men and women, who have served in the Armed Forces, to assist the original Color Guard. This is due to the increased demand for the famous Seminole Tribe of Florida Color Guard.

If you are a tribal member and served in the Armed Forces of our country, WE NEED YOU! The demand for the famous Seminole Color Guard has gotten so big that we cannot attend every single request

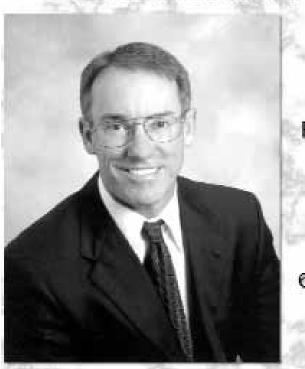
that we receive. You must have flexible hours from work or be available on the weekends. We will furnish the uniform. If the trip is out of town, we will provide transportation.

You will meet new and exciting people. If you are interested and qualify, please call Stephen D. Bowers at 954-966-6300 ext: 1480. Thank you.



Chairman Mitchell Cypress, Big Cypress Board Representative Paul Bowers, Governors Council on Indian Affairs Veteran's Service Officer Stephen D. Bowers

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Jane Freeman shares a laugh at the Senior Arts & Crafts Sale.

The Seminole Tribune

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## Red Ribbon Week Begins October 20

UNITE for a

**By Tony Roberts** 

Office Auditorium.

**HOLLYWOOD** — From October 20-24, Family Services and the Recreation Department will host Red Ribbon Week at the Dorothy Scott Osceola (DSO) Building and Tribal

There will be plenty of fun activities, including a Talent Show for children of all ages. There will be a Poster Contest, Pizza Party, and much more. 1st, 2nd, and 3rd place prizes will be awarded for the talent show and poster contest.

Join us in the fight against drugs. We must do more than "Just Say No!" For more information, please contact Tony Roberts, Family Services Counselor at (954) 964-6338 ext. 158 between 8 a.m. and 5 p.m. A Little History

In 1985, the assassination of Drug Enforcement Agent Enrique "Kiki"

Camarena at the hands of a drug cartel in Mexico forced members of the National Federation of Parents (NFP) into action. Enrique's death enraged many Americans, and students in Kiki's hometown of

Drug Free World

Calexico, California began to wear red ribbons in his memory. The message of the ribbons was simple: Students and parents taking a stand against the loss of

life and energy.
That message and

its symbol, the red ribbon, spread rapidly. In 1988, NFP took the Red Ribbon Celebration nationwide and major events began touching millions of Americans each

Today, the annual celebration, held each October, is a major force for raising awareness and mobilizing communities in the fight against drugs.

NFP serves as a resource for parents and its partners by linking them to information and resources. National Family Partnership is a true voice for parents and families on drug and alcohol prevention issues.

For more information, call or write to: Informed

Families Education Center - 2490 Coral Way, Suite 501 - Miami, FL 33145 - Phone: 305-856-4886 - Toll Free: 800-705-8997 - Fax: 305-856-4815 www. nfp.org - e-mail: mosendorf@informedfamilies.org.

## **Our Children, Our Future: Questions** & Answers about Foster Parenting

What is a Foster Parent?

A foster parent is someone who agrees to take care of a child or children that cannot stay with their parents due to different reasons. Usually the child has been removed from the home by the Department of Children and Families (DCF). A potential foster parent can be married or single and does not have to have children of his or her own. What do I have to do to be able to have foster chil-

A home study and a background check are conducted. A home study is the chance for the counselor to talk with the family members about what to expect and gets to know how the members of the household relate to each other. Different aspects of being a foster parent are discussed. The background check involves assessing the safety of placing the child in a home. All adults in the home will need to have a background check.

How is foster care different for Native children?

There is a law called the Indian Child Welfare Act (ICWA) that says that Indian children need to stay within Indian homes whenever possible. This is very important so that the child can still be raised in his or her culture. In order for this to happen, there must be enough Tribal foster

How long do I have the child?

There are two types of placements. When a child is first removed from the home, the parents are asked where they want the child to be placed. Relatives and clan members are listed and contacted to see if they are interested in caring for the child.

While this is going on, the child needs to be in an approved emergency placement. This is a foster family that keeps the child from one night to possibly a few weeks. Once a home is found with a relative or a non-relative foster home, the child is then placed. This is a long term foster home. This

could be for six months

to over a year. Some placements can result in adoption, depending on what happens with the par-If you are interested in

becoming a foster parent, or have any questions, please contact Family Services at (954) 964-6338. Thank you for your interest.

## 2004 Native American Art Festival

**BIG CYPRESS** — The AH-TAH-THI-KI Museum invites you to join in the celebration of American Indian Heritage Month, Friday, Saturday and Sunday, November 14-16, from 9 a.m. to

Palmetto Basketry, Sweet Grass Basketry, Patchwork Sewing, Beadwork Woodcarving, Doll Making, Storytelling, Seminole Food, Southeastern Dancing, Pow Wow Dancing

All activities are free with admission to AH-TAH-THI-KI Museum, \$6 adult, \$4 seniors, students, and children under 6 free. Seminole dancing will take place Saturday & Sunday afternoon at the museum ceremonial grounds

**Directions:** On the Seminole Big Cypress Reservation, west of Fort Lauderdale, take I-75 (Alligator Alley) to Exit 49, (Miccosukee Service Plaza), then north 17 miles.

For information call (863) 902-1113 or (954) 965-2424.

#### **Upcoming Events at the** Ah-Tah-Thi-Ki Museum **Big Cypress**

Oct 11-12, 2003 - Seminole Arts School Learn how traditional Seminole crafts are made. Enrollment is limited.

Nov 14 - 16, 2003 - American Indian Arts Celebration

Demonstrations and sales of wood carving, sweet grass baskets, patchwork sewing and beadwork.

Jan 31 - Feb 1, 2004 - 6th Annual Kissimmee Slough Shootout and Rendezvous Seminole crafts, sutler wares, and Second Seminole War-

era battle reenactment. For more information, contact Brian Zepeda at (863) 902-1113, or www.seminoletribe.com/calendar.

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## **EIRA Buckle Series**

By Emma Brown

**BRIGHTON** — The Eastern Indian Rodeo Association held their final Kid's Buckle Series Rodeo in Brighton on September 6th. This was the last of three rodeos that offered young competing cowboys and cowgirls a chance to win a brand new

The EIRA would like to thank all of the directors and volunteers who donated their time to putting on the successful Buckle Series Rodeos.

Results from the Sept. 6 Kid's **Buckle Series** 

**Dummy Calf Roping:** 1st Place - Blevins Jumper, 2nd Place - Kalgary Johns, 3rd Place - Baylie Pohle, Pee Wee Mutton Bustin: 1st Place -Kelton Smedley, 2nd Place -Blevins Jumper, 3rd Place -Kenny Duchene. Calf Riding: 1st Place - Josh Johns, 2nd Place - Andre Jumper, 3rd Place - Frank Huff. Pony Riding: 1st Place - Austin Holmes, 2nd Place - Jacoby Johns, 3rd Place- Seth Randolph. Steer Riding: 1st Place- Ethan Gopher. Sr Breakaway: 1st Place-Joe Hipp, 2nd place- Hilliard



**Dummy Calf Roping** 

Gopher.. **Sr Steer Undecorating:** 1st place- Benny Hernandez, 2nd Place- Georgie Williams, 3rd Place-Paige Pohle. Sr. Team Roping: 1st Place-Georgie/Bucky Williams, 2nd Place- Georgie Williams/ Paige Pohle, 3rd Place- Benny Hernandez/ Joe Hipp. Pee Wee Barrels: 1st Place- Kalgary Johns, 2nd Place- Baylie Pohle, 3rd Place- Blevins

Jumper. Jr. Barrels: 1st Place-Acealyn Youngblood, 2nd Place- Nautkie Henry, 3rd Place- Andre Jumper. Sr. Barrels: 1st Place- Paige Pohle, 2nd Place- Jennifer Devoe, 3rd Place-Shyla Jones.

**September 26, 2003** 

Kid's Buckle Series Buckle Winners:

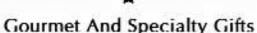
Dummy Calf Roping: Blevins Jumper Pee Wee Mutton Bustin: Kelton

Smedley Calf Riding: Andre Jumper

Pony Riding: Austin Holmes Steer Riding: Ethan Gopher Sr. Breakaway: Joe Hipp Sr. Steer Undecoration: Paige Pohle and Georgie Williams Sr. Team Roping: Georgie Williams/Paige Pohle Pee Wee Barrels: Kalgary

Jr. Barrels: Nautckee Henry Sr. Barrels: Jennifer Devoe

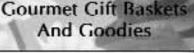
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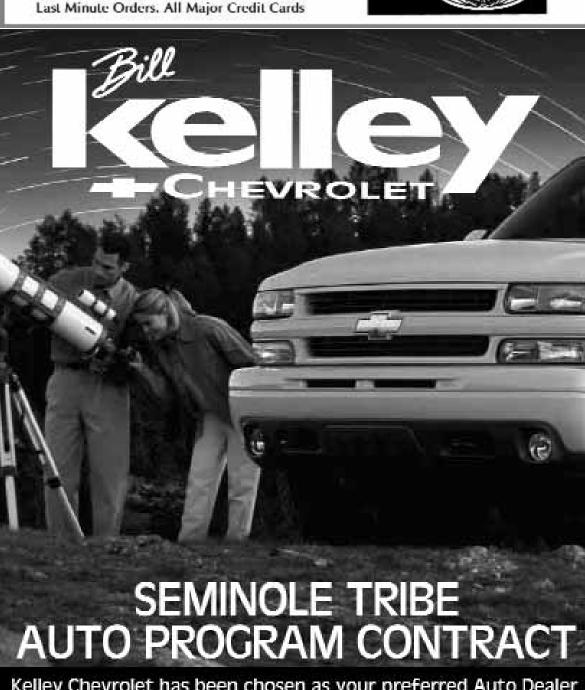


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#### **All Reservations**

Seminole Police Department Crime Statistics August 2003

Classification of		Total Value	Total	Juveniles		А	Race				
Offenses		Property Stolen	Arrests	Male	Female	Male	Female	White	Black	American Indian	Oriental
Murder											
Sex Offense	3	0									
Robbery											
Aggravated	2		1			1	1	1			
Battery											
Battery	10		5			4	1	2		3	
Burglary	3	4590									
Larceny	20	8981									
Motor Veh. Theft	5	117175									

Classification of Offenses	Total Arrests	Juveniles		Adults		Race				
		Male	Female	Male	Female	White	Black	American Indian	Oriental	
DUI	2			1	1	1		1		
Stolen Property										
Weapons Violation										
Liquor Law Violation										
Miscellaneous	16			11	5	7		9		
Drugs (Poss/Sale)	14	2		9	3	8	1	5		

Drug Type	Amount	Value
Marijuana grams	154.1	\$822
Cocaine grams	0.69	\$65
Crack Cocaine grams	7.22	\$450
Alprazolam (Xanax)	62 pills	\$300
Oxycodone pills		
Oxycontin pills		
Amphetamines pills		
Other Narcotics pills	5	\$20

#### It's The Law!

#### Drivers, take note...

Editors note: The Seminole Tribune is publishing laws from the Florida Statute book to provide our readers knowledge about laws they may not know

Title XXIII, MOTOR VEHICLES, Chapter 316STATE UNIFORM TRAFFIC CONTROL 316.172 Traffic to stop for school bus.

(1)(a) Any person using, operating, or driving a vehicle on or over the roads or highways of this state shall, upon approaching any school bus which displays a stop signal, bring such vehicle to a full stop while the bus is stopped, and the vehicle shall not pass the school bus until the signal has been withdrawn. A person who violates this section commits a moving violation, punishable as provided in chapter

(b) Any person using, operating, or driving a vehicle

that passes a school bus on the side that children enter and exit when the school bus displays a stop signal commits a moving violation, punishable as provided in chapter 318, and is subject to a mandatory hearing under the provisions of s. 318.19.

(2) The driver of a vehicle upon a divided highway with an unpaved space of at least 5 feet, a raised median, or a physical barrier is not required to stop when traveling in the opposite direction of a school bus which is stopped in accordance with the provisions of this section.

(3) Every school bus shall stop as far to the right of the street as possible and shall display warning lights and stop signals as required by rules of the State Board of Education before discharging or loading passengers. When possible, a school bus shall not stop where the visibility is obscured for a distance of 200 feet either way from the bus.

#### **Broward Fire Rescue Recognized by EMS Magazine**

Broward County Fire Rescue (BCFR) received an honorable mention in EMS Magazine's annual EMS Gold competition. The award gives national recognition to BCFR's achievements. Emergency Medical Service departments throughout the United States took part in the competition.

According to EMS Magazine editor Nancy Perry, more departments participated in this year's competition than in any other year in the magazine's history. The high level of participation this year represents the increasing quality of competitors nation-

Perry also said that BCFR, which was recognized in the September issue of EMS Magazine,

should be proud that it stood out among other departments for its commitment to clinical excellence in the provision of out-of-hospital emergency medical serv-

BCFR has used innovations such as pre-hospital clot busters, early transport to cardiac cath and stroke centers, pre-hospital research and early defibrillation community initiatives.

Other awards that BCFR has received include the International Association of Fire Chiefs Heart Safe Community Award in 2003, the Florida EMS Provider of The Year in 2000, and recognition from the State Department of Health in 1999 for injury prevention

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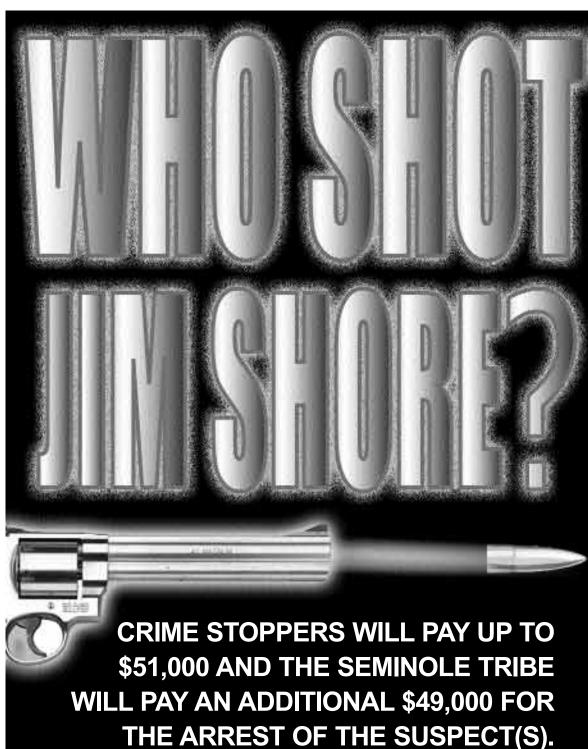
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ON WEDNESDAY, JANUARY 9, 2002, JIM SHORE, THE GENERAL COUNSEL FOR THE SEMINOLE TRIBE OF FLORIDA, WAS SHOT WHILE SITTING INSIDE HIS HOME. PLEASE HELP US CATCH THE CRIMINAL(S) AND BRING THEM TO JUSTICE! IF YOU HAVE ANY INFORMATION ABOUT THIS CRIME, OR IF YOU KNOW SOMEONE WHO DOES ...

PLEASE CALL AND **REMAIN ANONYMOUS!** 

**September 26, 2003** The Seminole Tribune

#### Job Opportunities

For an application or more information, please contact the Human Resources Department at 954-967-3403, The Seminole Tribe of Florida is a DRUG FREE WORKPLACE, Drug Screening is a requirement of employment, WE EXERCISE NATIVE AMERICAN PREFERENCE.

**HOLLYWOOD** Position: Check Dist. Clerk Dept: Accounting Position Opens: 8-11-03 Position Closes: 8-25-03 Salary: \$18,720 annually with benefits

Position: Sr. Accountant

Dept: Accounting Position Opens: 8-4-03 Position Closes: 8-18-03 Salary: Negotiable with benefits Position: Budget & Mgmt Analyst

Dept: Accounting Position Opens: 8-4-03 Position Closes: 8-18-03 Salary: Negotiable with exp. with benefits

Position: Surveillance Specialist Dept: Gaming Compliance Position Opens: 9-2-03 Position Closes: 9-15-03 Salary: \$9.50/hr with benefits

Dept: Information Systems Position Opens: 7-7-03 Position Closes: 7-21-03

Position: Microcomputer Support Specialist

Salary: \$35,000 - \$42,000 annually with benefits

Position: P/T Environmental Housekeeper Dept: Health Position Opens: 9-2-03

Position Opens: 8-11-03 Position Closes: 8-25-03 Salary: negotiable w/exp. w/benefits Position: Telecommunications Specialist

Dept: Information Systems Position Opens: 8-4-03 Position Closes: 8-18-03 Salary: \$34,000.00 annually with benefits

Position: Rough Carpenter Dept: Housing Position Opens: 9-2-03 Position Closes: 9-15-03 Salary: negotiable with benefits

Position: Admin Assistant 1 Dept: Utilities Position Opens: 8-25-03 Position Closes: 9-8-03 Salary: \$27, 893.72 annually with benefits

Position: Office Clerk III Dept: Family Services

Position Opens: 9-2-03 Position Closes: 9-15-03 Salary: negotiable with benefits

Position: Programmer/Analyst Dept: Information Systems Position Opens: 3-31-03 Position still available Salary: Negotiable with benefits

Position: Purchasing Agent (non-Certified) Dept: Seminole Police Dept

Position Opens: 8-11-03 Position Closes: 8-25-85 Salary: negotiable w/ben

Position: Water/Sewer Coordinator Dept: Utilities

Position Opens: 8-25-03 Position Closes: 9-8-03 Salary: negotiable with benefits

Position: Reporter/Editorial Ast. Dept: Communications Position Opens: 9-2-03 Position Closes:9-15-03 Salary: negotiable with benefits

Position: Building Custodian Dept: Building & Grounds Position Opens: 9-2-03 Position Closes: 9-15-03 Salary: \$24,960 annually with benefits

Position: Finish Carpenter Dept: Housing Position Opens:9-2-03 Position Closes: 9-15-03 Salary: negotiable with benefits

Position: Safety Officer Dept: Human Resources Position Opens: 5-5-03 Position still available Salary: Negotiable with benefits.

Position: System Implementation Specialist Dept: Information Systems Position Opens: 7-7-03 Position Closes: 7-21-03 Salary: negotiable with benefits

Position: Education Advisor Dept: Education Position Opens: 8-18-03 Position Closes: 9-2-03 Salary: Negotiable with benefits

Position: Counselor II Dept: Family Services, Health Position Opens: 7-7-03 Position Closes 7-21-03 Salary: negotiable with benefits

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Position: P/T Firefighter/EMT Dept: Emergency Services Position Opens: 3-10-03 Position still available

Salary: negotiable w/experience w/ benefits

Position: Operator Maintenance Trainee

Dept: Utilities

Position Opens: 4-28-03 Position Closes: 5-12-03

Salary: \$ 18,700 annually with benefits.

Position: Video Programmer, P/T Dept: Broadcasting Position Opens: 4-28-03 Position Closes: 5-12-03 Salary: \$8.00/hr.

Position: Education Advisor Assistant Dept: Education

Position Opens: 9-2-03 Position Closes: 9-15-03

Salary: \$29,120 annually with benefits

Position: Office Clerk (Temp) Dept: Community Care /Elderly Position Opens: 8-11-03 Position Closes: 8-25-03 Salary: negotiable

Position: Materials Developer 1 Dept: Preschool Position Opens: 8-11-03 Position Closes: 8-25-03

Salary: negotiable w/exp and qualification w/benefits

Position: Skilled Laborer Dept: Housing Position Opens: 9-2-03 Position Closes: 9-15-03 Salary: negotiable with benefits

Position: P/T Administrative Assistant Dept: Indian Medicine Program Position Opens: 6-23-03 Position Closes: 7-7-03 Salary: negotiable

Position: P/T Assistant Director Dept: Indian Medicine Program Position Opens: 6-23-03 Position Closes: 7-7-03 Salary: negotiable

Position: Secretary/Outreach Worker Dept: CAA Position Opens: 9-2-03 Position Closes: 9-15-03 Salary: \$13.00/hr with benefits

Position: Outreach Worker Dept: CAA Position Opens:9-2-03 Position Closes: 9-15-03 Salary: \$8.00/hr with benefits

Position: Part Time Secretary Dept: Indian Medicine Program Position Opens: 6-30-03 Position Closes: 7-14-03 Salary: \$10/hr, no benefits

Position: Teacher Aide (3) Dept: Preschool Position Opens: 8-18-03 Position Closes: 9-2-03 Salary: negotiable with benefits & education

Position: Electrician Dept: Housing, travel to all Res. Position Opens: 6-30-03 Position Closes: 7-14-03

Salary: \$29, 120.00 annually with benefits

Position: Water Resources Mgt. Coord. Dept: Water Resources Dept. Position Opens: 4-28-03 Position Closes: 5-12-03 Salary: \$ 30, 000 annually w/ benefits.

Position: Career Firefighter/EMT Dept: Emergency Services Position Opens: 7-21-03 Position Closes: 8-4-03 Salary: \$31,500 annually with benefits

Position: Tribal Outreach Worker II Dept: Family Services, Health Position still available. Salary: Negotiable with benefits

**BIG CYPRESS** Position: Administrative Assistant Dept: Family Services Position Opens: 8-18-03 Position Closes: 9-2-03 Salary: negotiable with benefits

Position: Firefighter/EMT (P/T) Dept: Emergency Services Position Opens: 3-10-03 Position Still available Salary: negotiable w/experience w/ benefits

Dept: Emergency Services Position Opens: 7-21-03 Position Closes: 8-4-03 Salary: \$31,500 annually with benefits Position: Maintenance Worker

Position: Career Firefighter/EMT

Dept: Ah-Tah-Thi-Ki Position Opens: 8-25-03 Position Closes: 9-8-03 Salary: \$16,640 annually with benefits

Position: Transporter Dept: Health Position Opens: 8-25-03 Position Closes: 9-8-03 Salary: \$18, 720 - \$20,592 annually with benefits

Position: Instructional Aide

Dept: Ahfachkee School Position Opens: 3-10-03 Position still available

Salary: negotiable w/exp. with benefits.

Position: Elementary Educ Teacher Dept: Ahfachkee Position Opens: 8-25-03 Position Closes: 9-8-03 Salary: negotiable with benefits

Position: Community Health Rep. (2) Dept: Health

Position Opens: 8-25-03

Position Closes: 9-8-03

Salary: \$20,800 - \$22,880 annually with benefits

Position: Operator Maintenance Trainee

Dept: Utilities

Position Opens: 7-28-03 Position Closes: 8-11-03

Dept: Emergency Services

Position Opens: 7-21-03

Salary: \$18,720.00 annually with benefits

Position Closes: 8-4-03 Salary: negotiable w/exp. w/benefits Position: Elem. Music Teacher Dept: Ahfachkee School Position Opens: 4-7-03

Position: Administrative Assistant

Position Closes: 4-21-03 Salary: negotiable with benefits Position: Office Clerk Dept: Building Official

Position Opens: 7-28-03 Position 8-11-03 Salary: \$20,800.00 annually with benefits

FORT PIERCE

Position: Sr. Counselor Dept: Family Services, Health Position Opens: 12-9-02 Position still available Salary: Negotiable with benefits,

**IMMOKALEE** Position: Counselor II Dept: Family Services, Health Position Opens: 6-23-03 Position Closes: 7-7-03 Salary: negotiable with benefits

Position: Cultural/Lang. Instructor Dept: Culture Education Position Opens: 2-24-03 Position still available Salary: negotiable with benefits

Position: Maintenance Worker Dept: Recreation Position Opens: 12-19-01 Position still available Salary: \$ 14,500 with benefits.

Position: Surveillance Operator Dept: Compliance & Regulation Position Opens: 8-18-03 Position Closes: 9-2-03 Salary: \$19,760.00 annually with benefits

Position: Operator Maint. Trainee Dept: Utilities Position still available Salary: \$ 18,700 annually with benefits.

Position: Nutritionist /Health Educator Dept: Health Position Opens: 1-6-03 Position still available Salary: Negotiable w/benefits

Position: Counselor 11 Dept: Family Services, Health Position Opens: 6-16-03 Position Closes: 6-30-03 Salary: negotiable with benefits

**TAMPA** Position: Surveillance Technician Dept: Gaming Compliance Position Opens: 9-2-03 Position Closes: 9-15-03 Salary: negotiable with benefits

#### Hard Rock Casino Hollywood

Position: Director, Training & Development Department: Corporate Gaming Human Resources Location: Hollywood – Corporate Gaming Administration Reports to: Senior Vice President of Human Resources Date Needed: Immediate

Position: Director, Tribal Career Development Program Department: Corporate Gaming Human Resources Location: Hollywood – Corporate Gaming Administration Reports to: Senior Vice President of Human Resources Date Needed: Immediate

Position: Staff Accountant

Department: Finance Location: Hollywood – Corporate Gaming Administration Reports to: Corporate Controller Posting Date: September 12, 2003 – September 16,

#### **Police Jobs**

Position: Police Officer Starting Salary: \$35,992.95 Locations: Big Cypress, Hollywood, Immokalee Police Officer position available. Must already have/his certification. Needs to be a citizen or have alien resident card, 19 years or older, with a high school diploma or GED. Shift work. Excellent benefits. If you are interested please call (954) 967-8900.

#### Position Closes: 9-15-03 Salary: \$18,720.00 annually with benefits Position: Administrative Assistant Dept: Real Estate Services

## Health Corner v Chaneegé enchogé v Cvfeknetv onakv

# Do's and Don'ts of Dining Out

By Kenny Bayon, C.F.T.

HOLLYWOOD — Here is a helpful guide that should help your approach towards going out for lunch or dinner. Included are some of the most popular types of restaurants that we all enjoy, but need a little help understanding what's good and what's not.

If you go to an Italian restaurant, try and structure the meal the way they do in Italy in courses, with a modest serving of al dente pasta topped with a healthy tomato sauce,

followed by a main course of meat or fish and fresh vegetables (including either leafy green ones like escarole or spinach, or crucifers like broccoli—plus a salad dressed in olive oil). In Italy, you don't sit down in front of a

huge dish of pasta with a bottomless breadbasket and call it dinner. That's why Italians can eat pasta twice a day and not suffer the obesity rates we see in the United States. Request half-orders: You can request a half-

order of pasta as your appetizer in many restaurants. If you try this, you'll see that it satisfies. It's important to eat enough good fats (the entrée and the olive oil) and good carbs (the vegetables and the salad) to counter the starches in the pasta.

We all tend to assume that restaurants serving Asian food are healthy. The various Asian national diets tend to be heavy on fish and vegetables, light on heavy meats or sweets. But that's not always the case in Asian restaurants in America. Here are things to watch out for:

Oversized portions: One major difference is portion size. We are accustomed to a lot more food on our plates. And because everybody hates waste, we tend to finish what's there.

Bad carbs: Another significant difference is in the rice. Asians have always used the whole grain, including the fiber, which requires the digestive system to work harder to get at the starch. In this country, and increasingly in many Asian cities, a more processed variety of white rice is used. That change substantially increases the glycemic load of a meal. I suggest staying away from rice altogether. Instead, order a double serving of vegetables, or limit portions of rice by eating servings no bigger than a ten-

Hidden sugars: Something else you may not realize is that MSG, the flavoring agent, is made from beets. The beet is a healthy vegetable, but it has a very high glycemic index. Beets are loaded with sugar, in other words, though it is disguised fairly well in your average Chinese take-out dinner.

Greek or Middle Eastern

Going to Greek or Middle Eastern restaurants is a great choice because these cuisines employ lots of olive oil —always a plus. You can have hummus (paste made from chickpeas) on pita bread, which is a big improvement over white bread and butter, and it's more flavorful, too. You'll find

good, whole grains such as tabbouleh and couscous, which take the place of potatoes or rice. These cuisines usually rely on spices and condiments rather than sweeteners to make the dishes taste good.

**Fast Food** 

If you want to eat healthfully at a fast-food restaurant, start by eliminating all the main attractions. What you can't have:

No burgers. Too many saturated fats in the meat and the cooking oil; too many carbs in the bun. No fish. The breading and the cooking method make it even more fattening than

the burger. No chicken nuggets or fried chicken. Like

the fish, they're a lot of deep-fried bread over a little meat—all cooked in a trans-fatty substance. No fries. The worst part of the meal from

the glycemic-index point of view (both the potatoes and the ketchup).

No soda. It's a pure sugar rush. Look at how fast-food restaurants emphasize their worst fare-

even the offer to "super size" is simply a way to sell you excessive amounts of the cheapest part of the meal, the soda

American

A cheeseburger, French fries, and a Coke may be the pinnacle of American cuisine.

Here's how to eat it right: Have a burger made from a good cut of meat, like sirloin, which is much leaner than common ground beef.

Instead of a bun, have it on whole-wheat pita or sourdough bread. Better yet, do

away with the bun altogether. The ketchup should go. Even if you don't

use much, it's loaded with sugar. Tomato slices are fine. Lettuce, pickles, and onions are perfect. Mustard's great and so is mayonnaise (as long as you don't overdo it). Remember to use the regular kind, not the low-fat. Regular mayonnaise is high in fat, but it is predominantly soybean oil, a

The fries are diet wreckers, thanks to their starchy nature, but also because they're cooked in bad fats. Potato chips are a wiser choice. Frenchfried sweet potatoes are better yet, if cooked in monounsaturated oil.

Best of all: Find another source of vegeta-

The cola must be replaced with a diet drink at the if you can't go all the way to water. French, Mexican, and other cuisines

Because the South Beach Diet is designed to be practical and user-friendly, it's easy to stick to the rules even if you dine out often. Of course, you still have to watch what you're doing. Here are a few strategies that can help you eat wisely even when

Have a snack before you go. Eat something 15 minutes before you arrive at the restaurant. Just a little snack—a protein of some kind. A piece of lowfat cheese is good because you can carry it in your handbag or briefcase. It will begin the process of filling you up; when it's time to order, you won't do so while feeling ravenous. Load up on fiber. Instead of a snack, consid-

er having a spoonful of Metamucil in a glass of water 15 minutes before you eat. It will lower the glycemic index of any meal. When you swallow that spoonful, the fiber forms a slippery lump that makes its way through your digestive tract, clearing out anything in its path. When you take some before eating, the fiber gets mixed in with the food and has the effect of slowing the digestive process.

Preempt the chips and the breadbasket. Bread and chips are loaded with bad carbs. Many people on the South Beach Diet take the preemptive measure of telling the waiter to skip the chips and breadbasket altogether, which is a great idea as long as your fellow diners don't mind. If they do, you can always ask them to take their bread, and then banish the basket.

Start with soup. The moment you arrive, order soup, preferably a clear broth or consommé. The point of this, besides being filling, is that it extends your eating time. Starting a meal with broth begins the process of satisfying your hunger and initiates the signals to your brain that you are on the road to fullness. Anything that takes the edge off

your hunger now is good. It will keep you from eating more than you really need when the food arrives.

Drink water. As for drinks, start with water as soon as you're seated, but feel free to have a glass or two of red wine (which is actually good for your health and not terribly fattening). Avoid white wine, spirits, or, worst of all, beer.

Stay away from rice and potatoes. Order a double serving of the vegetables instead. And never order anything that's fried. Roasted, broiled, braised, baked, steamed, even sautéed is all right. If there's a sauce, ask for it on the side. That doesn't mean you won't have any, but I guarantee that you'll be satisfied using half of what they would have ladled onto your plate.

Information provided by the South Beach

## **Hollywood Diabetic Day**

By Paula Cassels

HOLLYWOOD — On Sept.10, Health Educator Shannon McKeown hosted Diabetic Day in the conference room of the Seminole Health Department building.

Tribal members were treated to an early morning breakfast designed for diabetics. It featured low fat breakfast foods like 2% milk with cereal, fresh fruits, bagels with cream cheese, hard-boiled eggs, low fat sausage, orange juice and coffee. Shannon stated, "It is important for diabetics

to eat a balanced breakfast of proteins and carbohydrates to control blood sugar levels.

Shannon explained how diabetics who eat only foods that contain simple sugars and carbohydrates like candy, cakes, soda, fruits, bagels, and yogurt for breakfast causes blood sugar levels to go Most diabetics check their blood sugar level

once every day, while some diabetics take blood sugar medicine to control their blood sugar. Tribal members attending Diabetic Day received a blood sugar test and urine test.

Shannon educated tribal members by putting

together an "Understanding Lab Values Comprehension Checklist." This checklist served as a reminder to keep the focus on goals to lower blood

Shannon recommended tribal members to have an HbA1C test every three months and to keep a record of how their blood sugar has done in the past. It is important to control blood sugar levels, and (triglycerides) fat in the blood.

to see how well they are working. For best results, you need to keep a normal range of 30 or below. The best things you can do for your kidneys is to control your blood sugar. Shannon included a discussion on eating too

The Micro albumin test checks the kidneys

much cholesterol; cholesterol can clog up arteries and increases the risk of heart attack, stroke, high blood pressure, and diabetes.

If you interested in learning more about diabetes, or would like to set up an appointment at the Health Department, please contact Health Educator Shannon McKeown at (954) 962-2009 ext. 113 between 8 a.m. and 5 p.m.

## Prevention - A New Tradition

October is National Dental Hygiene Month and to celebrate, the Seminole Dental Program would like to announce its new prevention program slogan, Prevention . . . A New Tradition.

The new program, designed by Seminole tribal member Erika North Dietz, will be the cornerstone of dental prevention programs and projects geared toward the prevention of dental diseases, such as Early Childhood Caries (the name of dental cavities found in children under the age of six years), dental decay in school children and adults, and periodontal disease (disease of the gums). Several projects and

programs are already in progress. This includes the education of prenatal and new mothers in regards to proper oral care and feeding practices for their new babies. It also entails the prevention of ECC, the application of fluoride varnish for preschool children, the application of dental sealants on permanent teeth of school children,

The most important task of a Dental Hygiene Professional is to educate, empower, and assist patients in the prevention and control of

> Hygiene Professionals at the Seminole Dental Program available to assist you in Dental Disease Prevention.

dental disease. There are three Dental

Vicky Aguado, RDH, AS works at the Big Cypress Reservation Dental Program on Monday and Thursday, and at the Brighton Reservation Dental Program on Tuesday and Wednesday. Belkys Bueno, RDH, AS is at the Big Cypress Reservation Dental Program on

Tuesday, and Kerri Descheene.

RDH, BS is at the Hollywood

Reservation Dental Program Monday through Friday. Schedule an appointment with one of these Dental Hygiene Professionals and join the Seminole Dental Prevention Program in beginning a new tradition ... prevention!

## Walking Counts Pedometer Contest

**HOLLYWOOD** — The Pedometer Contest is back! The Florida Coast to Coast Tour will take you from Fort Lauderdale to Naples and back for an imaginary walk across the Sunshine State, totaling Brand new pedometers will be programmed

for you by Health Educator, Shannon McKeown. The program will last for five weeks and miles will be turned in every Monday until late November. There will be an Awards Ceremony Luncheon with over \$1,000 in prizes.

All participants will be given T-shirts and

certificates. There will be a Junior Division for ages 20-49 and a Senior Division 50 and older. The first three participants from each division that reaches Naples and then Fort Lauderdale will be the winners of a great prize package. Remember, the later you sign up, the farther

behind you will be in the contest. So register as soon as you can. This Program is for tribal members only. Thank you.

To register, stop by the Medical Clinic, or call Shannon McKeown at (954) 962-2009 ext. 113. between 8:00 a.m. and 5:00 p.m.

#### A "Healthy" Website for Native Americans The Office of Disease Prevention and Health Indian and Alaska Native community leaders,

Promotion (ODPHP), U.S. Department of Health and Human Services (HHS), delivers reliable health information to American Indians and Alaska Natives on the healthfinder® Web site, the Federal Government's award-winning gateway to reliable health informa-

A special section at www.healthfinder.gov/justforyou highlights the 20 most important topics of interest for these populations, based on their recommendations. The full healthfinder® site brings together information on over 1,100 topics from over 1,700 government agencies and nonprofit organizations.

The American Indians and Alaska Natives section includes a total of over 170 topics. The 20 featured topics reflect discussion with American

patients, and students. Summary information and reports about this and other ODPHP projects and activities are available online at http://odphp.osophs.dhhs.gov/projects.

ODPHP partnered with the Indian Health Service (HHS); the Office of Minority Health (HHS); the American Public Health Association's American Indian, Alaska Native, and Native Hawaiian Caucus; and the National Museum of the American Indian, Smithsonian Institution, to improve health information for American Indians and Alaska Natives on healthfinder®.

For more information, comments, or suggestions, you may contact Leslie Hsu at Ihsu@osophs.dhhs.gov or call (202) 401-0732.

# South Beach Diet Is Hot; Here's Why

By Kenny Bayon, C.F.T.

**HOLLYWOOD** — Everyday, people are looking for the magic antidote for losing weight. We all know that there's more than that to accomplish this feat. Weightlifting, cardiovascular exercise, eating the right foods and positive attitudes are important for losing weight and living a healthy lifestyle.

To me, the most important aspect of maintaining a healthy lifestyle is a person's diet. This is something that is always going to be part of life no matter where you are or what you do. Everywhere a person goes, the one common factor we all have is that we all get hungry. We all have to eat, which makes the decisions that we make even that more

For years, I've been telling people that eating is a lifestyle that you have to lead, not a fad diet that comes and goes. I started to hear about this diet that was very good. After doing some research, I found out that it was very similar to the teachings that I have been preaching for years.

Based on the best-selling book by Arthur Agatston, M.D, a cardiologist, he decided to develop an eating plan that would improve the cholesterol and insulin levels of his patients with heart disease. Now, the South Beach diet has grown into something much bigger. That's because the plan Agatston created not only improves cholesterol and insulin levels, but it also has helped many people lose weight.

"We've had people lose anywhere from five to 100 pounds on the diet," says Agatston, who is director of the Mount Sinai Cardiac Prevention Center in Miami Beach, Fla. "That's great, but what it is really good at is improving heart patients' lipid

In clinical trials, people on the South Beach diet see dramatic reductions in LDL (bad) cholesterol and increases in HDL (good) cholesterol. And they do so without much calorie counting.

Agatston's book about his plan, The South

Beach Diet: The Delicious, Doctor-Designed,

Foolproof Plan for Fast and Healthy Weight Loss, has become a best seller and it appears to be poised to overtake the controversial Atkins diet in populari-

"My medical orientation has always been in prevention," he says. "The diet grew out of frustration in seeing more and more patients becoming obese, having metabolic syndrome and diabetes, and all the heart disease associated with those condi-

Despite the South Beach diet's glitzy title, Agatston's research and inventiveness is well respected in cardiology circles. Among other achievements, he is one of the developers of the electron beam tomography scan, or EBT, a screening method used to detect coronary artery disease and other diseases. EBT scans for this purpose are given a score on the "Agatston Scale," to gauge the severity of the disease.

'This plan really does meet several criteria for a health-promoting diet," says Cindy Moore, RD, a director of nutrition therapy at The Cleveland Clinic in Ohio and a spokeswoman for the American Dietetic Association (ADA). "It appears to be scientifically based. It is rich in vegetables, fruits, whole grains, and lean protein, and it doesn't omit any major food groups.'

So what is the South Beach diet all about?

In the first phase of the South Beach diet, which lasts two weeks, you eat normal-size helpings of lean meats, such as chicken, turkey, fish, and shellfish. Unlike the Atkins diet, you can eat vegetables. Also included are nuts, cheese, and eggs. A salad with real olive oil dressing is fine. Coffee and tea are OK, and lots and lots of water is required. "The goal is to eat three balanced meals a day, and to eat enough so that you don't feel hungry all the time," Agatston says. Forbidden in those first 14 days, however,

are fruit, bread, rice, potatoes, pasta, or baked goods. No sugar, ice cream, cookies, or cake. And no alcoholic drinks of any kind (wine, fruit and

whole-grain breads may be added back to the diet in

subsequent phases).

Highly processed carbohydrates cause a cycle of overeating, says Agatston. White bread, for example, is digested quickly, resulting in a spike in insulin levels. Once the carbohydrates are used up, he says, you're left with too much circulating insulin, which causes your body to crave more food. Eating simple carbohydrates makes you want to eat more simple carbohydrates, and in the process, you gain weight, disrupt your lipid levels, and expose your cardiovascular system to unnecessary stress.

A typical South Beach diet breakfast is two eggs and lean bacon. Lunch is salad greens with grilled chicken. A small amount of dry-roasted nuts makes up an afternoon snack. Dinner is lean meat again with fiber-rich vegetables. Cheese and low-fat yogurt are allowed, as is sugar-free gelatin for

According to Agatston, at the end of two weeks, most South Beach dieters are eight to 14 pounds lighter. He says the weight loss doesn't happen because you're eating less, but rather because eliminating simple carbohydrates has broken a bad eating cycle. As a result, you'll continue to lose weight after the initial two-week period ends. "I would like to see more backing to that specific weight-loss claim," says Moore, of the ADA. "While the first two weeks are heavy on protein, I'm not convinced that dropping carbohydrates would be enough to induce ketosis.

It's a well-established fact that rapid weight loss can be achieved when your body does not have carbohydrates to digest. This state is called ketosis. Moore adds that despite the many positive aspects of Agatston's South Beach diet, you would be wise to work closely with a registered dietitian or your doctor with any diet that induces ketosis because the body is shedding water and, according to Moore, this might cause an electrolyte imbalance without proper hydration. The second phase is similar to the first

phase, but you'll start to reintroduce some of the banned foods. You can start eating high-fiber carbohydrates, such as whole-grain breads, which raise your insulin levels in a much milder way that do

simple, starchy carbs. "We don't want prolonged, severe weight loss," says Agatston. "You stay on the second phase

only until you reach your goal weight." The third phase of the South Beach diet is really all about weight maintenance, which Agatston describes as a "way of life." Should your weight

begin to climb, you simply repeat the process. "What's become clear recently is that the epidemic of obesity is caused partly by government health organizations promoting a carbohydrate-rich, low-fat diet, the kind you see in developing countries like China," says Agatston. "But those recommendations are based on people eating very high-

fiber diets with low protein.' In the U.S., a carbohydrate-rich diet translates into lots of highly processed, low-fiber carbo-

hydrates. "The food we eat has often already been digested in

the factory," says Agatston. "Eating white bread is like eating table sugar." Though Moore agrees that the South Beach diet can be healthy, she reiterates the need for dieters to see a dietitian before trying it. "The skill of a dietitian is to work within the parameters of what an individual needs," she says. "It's fine to use this diet for weight loss, but no diet fits everybody.

Please consult your local reservation nutritionist to make sure this is something that is good for you to try. Also, it's very important to remember that this does not take the place of working out.

For that reason, you need to work with someone to

make sure the general diet is tailored to your partic-

If diet is number one on the list of attributing weight loss, then working out is number two. Yes, your diet is important, but so is training hard at least five days a week.

The Seminole Tribune

## Education v





September 26, 2003

## Parent/Teacher Night Slated for Oct. 4

**HOLLYWOOD** — A "Parent/Teacher Night" is scheduled for Saturday, Oct. 4, at the Hollywood Gymnasium from 5p.m. to 8 p.m.

Volunteers are needed: For stickball game and decorating, contact Holly Tiger at (954) 647-

For Fry bread and sofkee cooks, contact Barbara Billie at (954) 961-0574.

Assistants (parents, students) are needed at the sign-in table. Please contact Sharon Williams or Dora Bell at (954) 989-6840. If you need more detailed information, contact Virginia Osceola at

(954) 292-2597.

Parents, please come and participate; this will also count as attendance to a PAC meeting that is required for 2003-2004 school year. Parents and students are requested to wear their traditional Seminole garb at this event. Bring your own stickball rackets. If weather permits, we will have a stickball demonstration game.

Guest and introductions begin at 5 p.m. -**Dinner is at 6 p.m.** There will be an Arts and Crafts demonstration, orientation video, and tour of the Dorothy Scott Osceola (DSO) Building.

#### Call for Papers- Pathways: A Graduate Conference on American Indian Studies April 23-25, 2004

The graduate students of the American Studies, African American Studies and History Departments at Yale University invite submissions for the upcoming conference- Pathways: A Graduate Conference on American Indian Studies to be held April 23-25, 2004.

The purposes of this conference are: to provide a comfortable forum for graduate students working within some aspect of American Indian Studies (AIS) to share their work with one another, to foster student-to-student and student-to-professional relationships by encouraging networking and community-building for those working within AIS, to educate graduate students working in AIS about the process of professionalization through traditional and alternate career paths at colleges, universities, libraries, museums, tribal/national institutions, and non-profit organizations, to collaborate with undergraduates and members of local communities on issues pertinent to American Indian people and AIS, and to discuss, assess, and actively shape the future of AIS as a field.

Graduate student papers are invited on any topic within American Indian Studies from any disciplinary approach. Preference will be given to explicitly interdisciplinary work. We are especially desirous of papers that demonstrate and discuss emergent approaches in AIS, and/or those that demonstrate an active involvement with American Indian communi-

In order to foster a regionally diverse community of graduate student presenters, travel expenses will be paid for students whose papers are select-

Abstracts of 500 words should be mailed by October 15, 2003 to Angela Pulley Hudson, American Studies Department, Yale University, New Haven, CT 06520. E-mail by attachment or in the body of the message to: angela.pulley@yale.edu.

More information on the conference, including the keynote speaker, is forthcoming. Pathways is sponsored by The Beinecke Rare Book and Manuscript Library- Western Americana Collection, The Howard R. Lamar Center for the Study of Frontiers and Borders at Yale University, The Graduate School of Arts and Sciences, and The Association of Native Americans at Yale.

#### Virtual Counselor Benefits Students and Parents

Submitted by The School Board of Broward County, Florida

No one can argue with the fact that it is important for parents to be informed about how their child is doing, in school. But, we all lead busy lives and sometimes staying on top of things is not as easy as it sounds. It can be difficult to find time to schedule an. appointment to meet with a guidance counselor, but a new tool is bringing the counselor to par-

Broward Schools' new Virtual Counselor is putting important information at the fingertips of parents as well as students. Attendance records, test scores, class rank and more can all be found on-line. Virtual Counselor can be used at school, office, home or anywhere there is a computer with Internet access.

All parents or students need to do is log on to www.browardschools.com and a few clicks later, they have the information they are looking for. If they find something out of the ordinary, they can then schedule an appointment with a school guidance counselor.

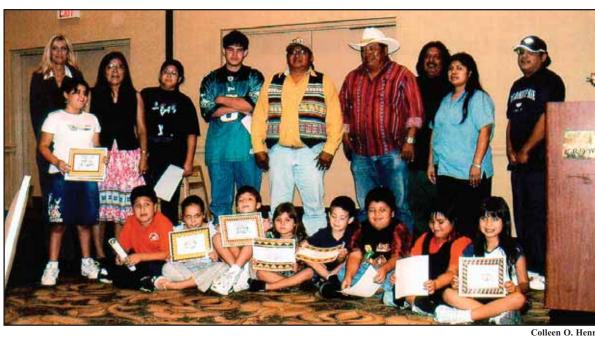
It is important to note that Virtual Counselor is a secure site. Parents and students must use a password assigned to them to access specific student information.

The Virtual Counselor is a project of Broward County Public Schools and IBM Reinventing Education. It is powered by the awardwinning Broward County Public Schools Data Warehouse, which is helping to raise student achievement and enhance school district efficiency by providing vital information to those who need it most.

Virtual Counselor is just one more example of the District's commitment to using emerging technology to benefit students.

If you would like more information about Virtual Counselor, contact Dr. Phyllis Chasser, 754-

ADMIT ONE



Front Row (L-R): Phaydra Clark, Jowl Foret, Brenna Walton, Joseph Santiago, Christina Clark, Ricky Dillon III, Ethan Smith, Trystin Storm, Danielle Thomas. Back Row (L-R): Cindy Corriher, Ed., Louise Gopher, Ed. Dir., Tiffany Foret, Joseph Santiago, Johnny Jones, Board Rep., Roger Smith, Coucil Rep., Richard Henry, Tampa Liaison, Carol Foret, Ed. Counselor, Danny Santiago, Ed.

#### \* Tampa

Continued from page 1

Ricky Dillon, Devin Doctor, Peter Foret, Tiffany Foret, Nicholas Frank, Andrew Henry, Dakota Henry, Jessica Motlow, Justin Motlow, Jacob Santiago, Joseph Santiago, Clayton Simmons, Sierra Simmons, Ethan Smith, Trystyn Storm, Danelle Thomas,

Athletics/Good Grades: Soccer: Boys -Joseph Santiago, Peter Foret, Clayton Simmons, Justin Motlow. Girls - Stacey Smith, Sierra Simmons, Jessica Motlow. Basketball: Boys - Joseph Santiago, Girls - Tiffany Foret, Sierra Simmons, Stacey Mith, baseball: Jacob Santiago, Joseph Santiago, Football: Peter Foret, Jacob Santiago, Mitchell Simmons. Karate: Boys - Aaron Frank, Kevin Frank, Nick Frank, Andrew Frank, Dakota Henry, Girls - Delaney Henry, Brenna Walton.

Wrestling - Mitchell Simmons, Volleyball: Jamie Henry, Sierra Simmons. Softball: Sierra Simmons. Archery: Kyle Henry, Joshua Smith. Cheerleading: Stacey Smith. Dance: Ohana Henry, Brenna Walton.

Everyone present had a delightful time. There were encouraging words and stories, including guest speaker Pro wrestler Kevin Donofrio. He spoke with the group, stressing the three important factors in achieving success: Conceive, Believe, and Achieve.

Also, recently appointed Director of Education Louise Gopher introduced herself and her assistant Cindy Corriher. They spoke about visiting each reservation, spending more quality time by checking actual progress of the education programs. Congratulation to all the students who excelled during the 2002-2003 school year!



Colleen O. Henry

Carol Foret and Christina Clark.

### Brighton Incentive Awards to be Held October 20

**BRIGHTON** — The Brighton Reservation Incentive Awards is scheduled for Monday, Oct. 20, at the Education Building.

The event will start at 10:00 a.m. with lunch

to follow. If you have any questions, please call Emma Brown, Education Advisor, at (863) 763-3572. Hope to see you there.

## PREFERRED -ULTIMATE TRAVEL &

**ENTERTAINMENT** 

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Life is too short to sit in the back . . .

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The hiring of a lawyer is an important decision that should not be based solely upon advertisements. Before you decide, ask us to send you free written information about our qualifications and experience.



New Kid



**HOLLYWOOD** — Please welcome a brand new face to the Hollywood Reservation - Helesi Tommie Two Shoes, who was born on July 22, 2003, weighing

Helesi is the daughter of Karen (Tommie) Two Shoes and Honwe Nupa Two Shoes of Wolf Point, Montana. The Maternal grandparents are Dorothy Tommie and Howard Tommie, both of Hollywood.

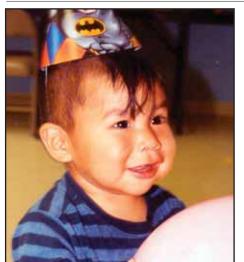
The paternal grandparents are **Minnie Two Shoes** of Wolf Point, Montana and John Francis Carmichael of Knoxville, Tennessee.

Congratulations to the Tommie's on your first baby, niece, and granddaughter.

Ronnie & Vince Present

The 2nd Annual Motorcycle & Car Show, Oct. 11, 2003 **Big Cypress** 

For Info Contact: Ronnie Billie - (239) 564-1114 Vince Micco - (954) 967-0634



Happy Belated first birthday to Gordon Anthony Jumper. I love my baby boy. You give my life peace and calm with your smile and presence.

As you grow taller and slim out, I miss my little morsel of a baby. Having you and your brothers makes me feel that much more blessed.

With lots of love and happiness to you from your Momma Carla Lena Cypress.

To my Special Baby **Stephanie** 

I hope you have a **Happy Birthday** on your day, the 17th. You are in my prayers daily.

Baby girl, you are growing up. I remember when you were little and we used to sit outside at night and talk. Stephanie, I'm proud of you. You

are continuing to grow up to be a positive,

responsible young lady with a lot of courage. I love you and miss you so Steph, I will be home in 20 months. We are going to move on. I love

you. Also, we have Kadin and them; I

can't wait! Love Mom and friend Carolyn.



Happy Birthday

Happy Birthday to my girls Jacee Tai Jumper, Aug. 26,2002 and Kalgary Ann Johns-Motlow, Sept. 17,

I thank God everyday for blessing me with two beautiful young girls.

God Bless, Love Always, Mom and Dad, Mimi and PaPa, Nana and Big PaPa.

To One of my Special Boys in my Life Beaver:

You are growing up so fast. You'll be 13 years old. I love you and miss you. I can't wait to get home so that we can work together and get counseling that we never got.

We have a lot of growing up to do together. I hope you have a special birthday with your friends. Be good because Carolyn, Steph and dad want you

I love you and will continue to be in my prayers. Also Happy Birthday **Timothy** on the 23rd.

Love mom and friend Carolyn



Happy Birthday to our baby girl Michaela Raquel. Have a Happy 5th Birthday on September 21. Mom (Michelle), Dad (Eugene Myron), loves

Happy Birthday Michaela Raquel, love Grandma Patsy.



To My Beautiful Daughter Michelle Doctor, I am so very proud of the person you are becoming every day. You are everything to me.

I love you and miss you. Stay strong and know that you can do anything when you put your mind to it.

I love you, Mom

Happy Birthday! I thank God you have made it another year. You are my pride and joy.

Rhonda

In Memory

In Loving Memory of Marie Billie February 1, 1960 - October 9, 2002

Dear Sweet Marie,

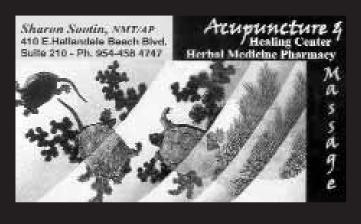
As we mourn your passing, we cherish all the wonderful memories we

You will always be in our heart and soul until one day we meet again . . . The Henry Family

#### **Need Stress Relief?**

Attention All Tribal Members and Employees! Stop by the Tribal Office Auditorium Lobby Sept 30, between 9:00 a.m. and 1:30 p.m. for a Free Massage, presented by Dr. Brian C. Rush. Plus, get a Free Health and Spinal Exam.

For more information, call the Hollywood Recreation Department at (954) 989-9457.



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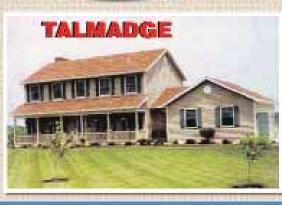


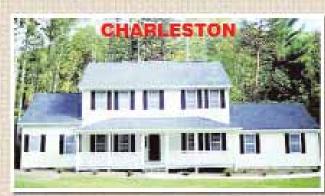
















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## Sports v Ham-pa-leesh-ke v Vkkopvnkv

# **Labor Day Bowling Tournament**

By Alexandra Frank

OKEECHOBEE — The Labor Day weekend is always an enjoyable time for Seminole citizens. There are golf tournaments, art festivals, pool tournaments, and especially the ever-popular bowling



10th/11th place winner Monica Johns.

tournaments. Many bowlers had participated in the other tournaments during the 3-day weekend. Stardust Lanes, located in Okeechobee, was

filled to capacity as Seminole citizens from five reservations came out to bowl for cash prizes.

Judging from the turnout, there's no doubt that the experienced bowlers are influencing the younger generation into picking up the sport. People of all ages, from 20 to 70, enjoyed the competition.

There are a few tournaments scheduled for later in September and October. Watch out for further announcements at the gym, Seminole Tribune, or on your local WSBC station.

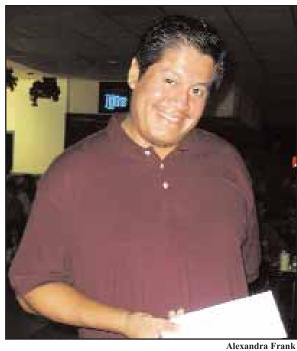
Below are the winners of the Labor Day Bowling Tournament. See you at the next one!

Regular: 1st Elbert Snow and Wendy Juarez 437, 2nd Terry Frank and Bobby Frank 406, 3rd Salina Dorgan and Thomas Cypress 356, 4th Alfreda Muskett and Amos Billie 350, 5th Stacy Jones and Duane Jones 346. 6th Pamela Jumper and Dwayne Billie 340, 7th Dana Osceola and Richard Osceola 336, 8th Donna Buck and Weems Buck 335, 9th Farrah Jones and Elton Shore 334. Tie 10th-11th Nadine Tommie and Pernell Bert, Monica Johns and Emery Fish 325, 12th Michele Osceola and Leon Wilcox 318. Tie 13th-14th Trisha Wilcox and Blake Osceola, Crystal Smith and Jamie Smith312, 15th Beulah Gopher and Delwin McGowan 308

**3-6-9:** 1st Tommie Micco and Damon Wilcox 479, 2nd Trish Wilcox and Sampson Gopher 477, 3rd Joyce Jumper and Weems Buck 429, 4th Lois Smith and Elbert Snow 426, 5th Terry Frank and Dwayne Billie 412, 6th Mary Jo Micco and Matthew Cypress 404, 7th Alice Sweat and Thomas Cypress 392. 8th Denise Morin and Gary Sampson 387, 9th Beulah Gopher and Bobby Frank 381, 10th Wendy Juarez and Archie Johns 370. 11th Crystal Smith and Miguel Cantu 367, 12th Rosie Billie and Leon Wilcox 363, 13th Alfreda Muskett and Parker Jones 361. 14th Tommie Billie and Danny Jones 360, 15th Dana Osceola and Merle Billie 354. No Tap: 1st Michelle Osceola and Jamie

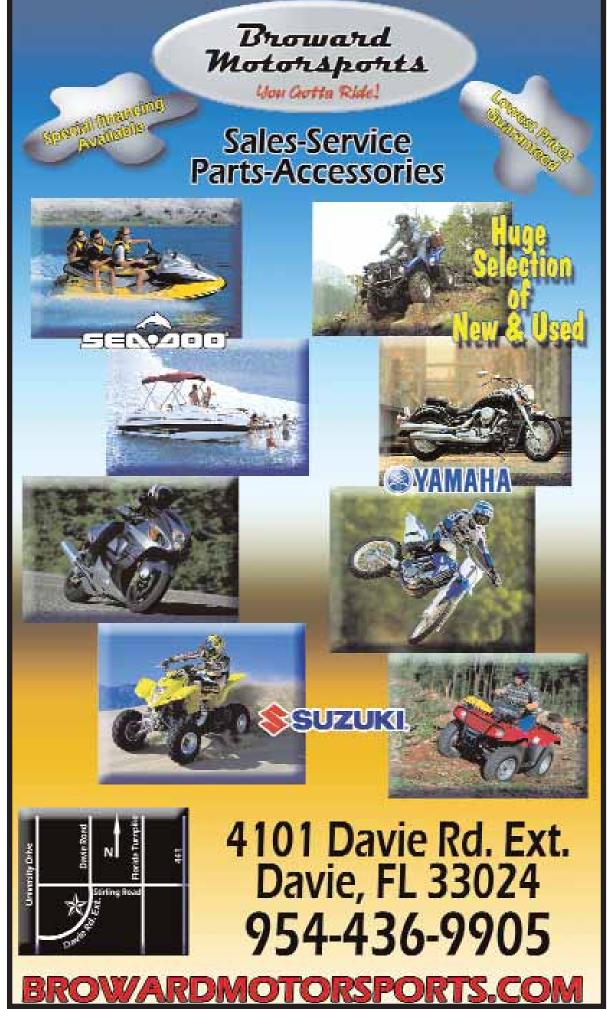
Smith 444, 2nd Tommie Billie and Leon Wilcox 440, 3rd Mary Jo Micco and Merle Billie. 4th Linda Tommie and Thomas Cypress 411, 5th Nadine Tommie and Amos Billie 408, 6th Dora Tiger and Sammie Gopher. 7th Shannon Holata and Elton Shore 386, 8th Monica Johns and Kevin Tommie 380. Tie 9th-10th Kasey Baker and Pernell Bert, Dawn Fertitta and Billy Micco 379. Tie 11th-12th-13th Pamela Jumper and Blake Osceola, Margaret Billie and Albert Snow, Mahala Madrigal and Bobby Frank 378. 14th Farrah Jones and Philmon Bowers 357, 15th Terry Frank and Delwin McGowan 366. Scotch: 1st Donna Buck and Delwin

McGowan 210, 2nd Diane Smith and Leon Wilcox 202, 3rd Mahala Madrigal and Kevin Tommie 197. 4th Rosie Billie and Miguel Cantu 180, 5th Trish Wilcox and Kassim Stockton 173, 6th Beulah Gopher and Michael Micco 170. 7th Denise Morin and Thomas Gopher 168, 8th Monica Johns and Blake Osceola. 9th Michelle Osceola and Bobby Frank 160. Tie 10th-11th-12th Margaret Billie and Dan Bowers, Mary Jo Micco and Gary Sampson, Mary Wilcox and Merle Billie 159. 13th Kasey Baker and Amos Billie 158, Tie 15th Shannon Holata and Weems Buck, Shannon Gopher and Rufus Tiger 153.



2nd place winner Bobby Frank.





## Tribal Members "Chalk Up" at 7th Annual Randolph Clay Memorial Pool Tournament

**HOLLYWOOD** — On August 30-31, tribal members "chalked up" for a Labor Day weekend of competition and fun at the Randolph Clay Memorial Pool Tournament. The annual tournament was hosted by the Hollywood Recreation Department and sponsored by Hollywood Council Representative Max B. On Friday, the tournament featured Seniors

(ages 50-59 and over), Youth Division (Under 18), and Seniors Scotch Doubles. On Saturday, it was the Adults Division (18 and over) and Adults Scotch The Labor Day participants enjoyed a full

weekend of fun and food. The pool tounement winners received trophies and cash prizes. **Tournament Results:** 

Women 50-59 1. Laura Clay 2. Mable Moses 3. Juanita Osceola 4. Jane Freeman

5. Ruby Osceola.

60+ Women 1. Annie Jumper 2. Betty Osceola 3. Alice Sweat 4. Rosie Billie

Men 50-59 1. Moses Osceola 2. Sammy Nelson 3.

Ronnie Doctor 4. Jimmy Bert 5. David Cypress.

**60+ Men** 1. Joe Jr. Bowers 2. Harley Jumper 3.

Alan Jumper 4. Eugene Bowers 5. Sammy Gopher.

Sr. Scotch Doubles 1. David Cypress / Laura Clay 2. Eugene Bowers / Jane Freeman

**September 26, 2003** 

3. Juanita Osceola / Harley Jumper 4. Ronnie Doctor / Mabel Moses 5. Joe Billie / Annie Jumper

Women's Division 1. Emma Jane Urbina 2. Linda Jones 3. Holly Tiger 4. Vivian Delgado 5. Virgina Billie.

Men's Division 1. Nick Tiger 2. Boogie Nunez 3. Jack Billie 4. Raymond Garza 5. Derrick Smith.

Scotch Doubles 1. Danny Billie / Brenda Cypress 2 Thersa Nunez / Boogie Nunez 3. Derrick Smith / Tonya 4. Jack Billie / Emma Jane Urbina 5. Elrod

Bowers / Holly Tiger. Youth Girls 1. Mela B. 2. Diedra H. 3. Janet M. 4. Nina G. 5. Jessica T.

Youth Boys 1. Miguel M. 2. Little Ray Y. 3. Jerone

W. 4. Raymond G. 5. Pierson H.

## Villarreal Finishes 3rd in U.S. Open



"Texas Tornado" Vivian Villarreal is now ranked #4 in the world.

ALBUQUERQUE, NM —"Texas Tornado" Vivian Villarreal, who is sponsored by the Seminole Tribe of Florida, finished third in the Women's U.S. Open 9-Ball Championships at the Sandia Casino on

Villarreal's high finish catapulted her above "The Black Widow" Jeanette Lee to capture the #4

Going into the tournament, Villarreal was only 15 points behind Lee in the WPBA rankings. Villarreal handled the job personally by beating Lee in a semifinals match that was described by the ESPN crew as one of the best matches they have ever

In fact, the Villarreal-Lee match will be more times (6) than the Finals match between Karen Corr and Ga Young-Kim (5)!

Sept. 29, 2003 at 9:30 p.m. – 10:30 p.m. (Monday) ESPN2

U.S. Open Semifinal #1 Villarreal v. Lee

Sept. 30, 2003 at 8:00 a.m. - 9:00 a.m. (Tuesday) **ÉSPN2** Ù.S. Open Semifinal #1 Villarreal v. Lee

Oct. 6, 2003 at 9:30 a.m. - 10:30 p.m. (Monday) ESPN2

U.S. Open Semifinal #2 Villarreal v. Kim Oct. 17, 2003 at 5:00 p.m. – 6:00 p.m. (Friday) ESPN2

U.S. Open Semifinal #1 Villarreal v. Lee Oct. 17, 2003 at 6:00 p.m. – 7:00 p.m.

U.S. Open Semifinal #2 Villarreal v. Kim Oct. 20, 2003 at 11:00 a.m. - 12:00 p.m.

U.S. Open Semifinal #1 Villarreal v. Lee

Oct. 20, 2003 at 12:00 p.m. - 1:00 p.m. (Monday) ESPN2 Ù.S. Open Semifinal #2 Villarreal v. Kim

Oct. 23, 2003 at 11.00 n m = 12.00 a m(Thursday) ESPN2 U.S. Open Semifinal #1 Villarreal v. Lee

Oct. 28, 2003 at 3:00 p.m. – 4:00 p.m. (Tuesday) ESPN Ù. S. Open Semifinal #1 Villarreal v. Lee

Eastern Standard Times. Dates and times are subject to change per ESPN.

#### Florida Championship Wrestling returns to Big Cypress

Florida Championship Wrestling returns to the Big Cypress Reservation on October 4, at the Herman Osceola Gym. FCW will be hosting a night

of Florida wrestling legends, including Sexy Texy Fife, Malia Hosaka, Barry Windman, Mike Graham, Cuban Assassin Midgets Little Kato, and Beautiful Bobby.

The show will start at 7:30 p.m. sharp. Vicious Vinnie swears to get revenge against Jack Gorton and claims Stan Frischman is next . . . so stay tuned! Look for more personalities to be added

#### Announcement

BRIGHTON — 1st Annual Joe Henry and Goby Tiger Senior Citizens Bowling Tournament in October (50 years and older).



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