www.seminoletribe.com Volume XXIV • Number 14 October 17, 2003

Red Ribbon Week to be Kicked Off in Big Cypress with a Parade

By Marilyn Tiger

BIG CYPRESS — The Big Cypress Reservation will kick off Red Ribbon Week Oct. 27-29 with their First Annual Red Ribbon community parade. The week will be highlighted with various drug prevention events. In addition to the parade, other events scheduled include a community wide door decorating contest, poster contest, community/ staff softball game and other drug awareness events.

The Big Cypress community will be doing their part in bringing drug prevention awareness to the youths of the reservation while getting the message to

the youth that today is the day we make choices for tomorrow - stay drug free!

The purpose of the Red Ribbon Awareness Campaign is to present a unified and visible commitment toward the creation of a drug-free America. The campaign was started when drug traffickers in Mexico City murdered Kiki Camarena, a

In 1985, this began the continuing tradition of wearing and displaying red ribbons as a symbol of intolerance towards the use of drugs.

See RED RIBBON, page 3

Brighton Celebrates Indian Day

BRIGHTON — This year's Indian Day was a two-day fun-filled time for the Brighton Community. Both young and old came out to join in the activities, and most were in their traditional dress, which really captured the true meaning of "Indian Day."

Brighton Reservation began their Indian Day festivities on Friday, Sept. 26, with a two-person scramble-blind draw golf tournament at Okeechobee's Golf & Country Club. In the

evening, tribal members gathered at Stardust Lanes for the Indian Day bowling tournament. Everyone entering the bowling tournament had to be in traditional dress to be eligible to bowl in the first game. On Saturday, Sept. 27, Indian Day activities carried on.

The day began at 5:30 a.m. for all of those early rising anglers and 5K walkers and runners.

Log Peeling pro Howard Osceola.

See BRIGHTON, page 15

Council Meeting Coverage

By Alexandra Frank

HOLLYWOOD — On Sept. 29 the Seminole Tribe of Florida held a regular council meeting at the tribal auditorium. There were 29 New Items for the council to either pass, table, withdraw, or

One item to be passed is the Per Capita Distributions of the Tribal Gaming Revenue for the fiscal year Oct. 1, 2003 through Sept. 30, 2004. The increase is slated to be raised to \$500 per tribal citizen. In addition, a pending review of loan request overflow will take place before any business loan's are approved.

On a more personal note Steven Bowers Liaison for the Governors Council on Indian Affairs introduced two individuals to the Tribal Council. Belinda Keiser is the President of the committee for Broward Days and she brought with her another committee member Elizabeth

Ms. Keiser was given formal introductions to Chairman Mitchell Cypress, Vice Chairman Moses Osceola, Brighton Representative Roger Smith, Big Cypress Representative David Cypress, Immokalee Representative Elaine Aguilar, Council Liaison from the Naples community O.B. Osceola Jr., Ft. Pierce Liaison

Sally Tommie, Tampa Liaison Richard Henry, Secretary Treasurer Priscilla Sayen and General Council Jim Shore and his Executive Assistant Agnes Motlow.

Ms. Keiser thanked Steven and she thanked Chairman Cypress, the Tribal Council, and Councilman Max Osceola Jr., for having Elizabeth and herself as their guests.

She continued with the fact that Broward Days was a success and that they were very appreciative for everything the Tribal Council and the Seminole Tribe has done for them.

Broward Days is a group of volunteers that have about 650 members and travel to Tallahassee to file issues that they believe are issues of concern. These issues are about the community, they deal with issues about children and the elderly. They can deal with issues regarding the economy of the state and ultimately our Everglades preservation and restoration.

Ms. Keiser wanted to again thank the Tribal Council for its leadership role in its strong support for Broward Days, which resulted in their ability to do good work in Tallahassee last year.

The tribe hosted a luncheon for the counties Senate President Jim King.

See COUNCIL, page 4

Women's Wellness Conference: The Power of Prayer

By Melissa Sherman

MIAMI LAKES, FL — "With prayer, anything is possible," explained Yvonne Courtney, event coordinator. "As women, we must be well within ourselves. We are the strength of the community and to our families, and it all starts within us." After Yvonne's warm welcome, she introduced Rev. Bernie Goddard from Oklahoma who started off dinner with a prayer.

After dinner, the Republic of Tea representatives Barbara Graves and Kristen Onholt gave us a lesson in the different types of teas and how to prepare them. At our tables, we received different samples such as Red Tea, Ginger Peach, White Tea, Green Tea and Black Tea, just to name a few.

While we sipped, Barbara Graves explained about the medicinal values teas give us by releasing cancer causing free radicals. The White Tea has the

highest level of disease preventative antioxidants known as polyphenols; the downy white leaves are only harvested by hand two days out of the year, right before the leaf opens. Barbara passed the different teas around in a bowl for us to touch, smell, and to view their variety of

After our tea and relaxation, Rev. Bernie Goddard spoke about the power of prayer. Bernie has had anything but an easy life. What helped her get through her adolescence? Her mom. When she was three, she accidentally swallowed glass and told her mom happily, "Momma, I'm going to go with the Lord." Bernie was raised in the fire and brimstone days of her daddy's preaching and was excited to go to heaven.

After explaining what happened to her mom, her mom replied, "Child, go

See WELLNESS, page 4



Tous Young, Anahna Sirota, Tarina Young, and Dee Dee Tiger adorned with face-painting during Indian Day in Hollywood.

Indian Day at Hollywood Reservation

Big Cypress Reservation to House Largest Illuminated Motocross Track in the World

BIG CYPRESS —

The Big Cypress Motocross track made its debut for Motocross enthusiasts on Oct. 4, at the Big Cypress Reservation. There was plenty of food and refreshments for visitors, live music supplied by the Cow Bone Band, and seven champion wrestling matches, including a Coffin Match featuring Vicious Vinnie. Guided swamp buggy rides provided by Billie Swamp Safari took visitors through the future Big Cypress Motocross grounds.

The 85-acre motocross facility, which will house the largest outdoor illuminated track in the world, will offer a 5,000-seat stadium throughout the 1.5-mile track for spectators. The outdoor track will be constructed and designed by one of South Florida's Top Motocross Track Designers, Greg Barker.

Barker, who is well known in the Motocross community for his challenging and exciting tracks, also designed the Super Motocross Track, Pepsi Air Dania, in South Florida.



Jason Metz catching some air during his practice run.

door motocross track that will be both a very competitive and safe track. Once we get the green light from everyone, it will only take me around six to eight weeks to complete the track," said track designer Barker.

The Big Cypress Outdoor Motocross track is a true "Outdoor Track" rather than other tracks found throughout the U.S. because of its unique fast-paced makeup and large variety of challenging obstacles Indoor tracks, which have jumps closer together and lower speeds, are far from what will be constructed here.

The 1.5-mile track will be a larger, faster track that enables riders to actually reach third and fourth gear speeds, whereas other tracks never give riders many opportunities to break second or third gear. The facilities will also come complete with a campground, large grass area parking, a quad sand drag strip, a pee wee track for youths, vendor huts, outdoor TV screens, and a gator pit for reptile enthusiasts.

'The practice track is fast See MOTOCROSS, page 7

All Around Cowboy and Cowgirl Award Won by Naha Jumper and Billie Tiger

By Emma Brown

Before the EIRA sends their finalists to California for the Indian National Finals Rodeo, a year-end banquet was held in their honor. Contestants, along with their families and guests, gathered at Sonny's B-B-Q on Saturday Oct. 4 to celebrate the 2002-2003 rodeo

The banquet room was completely filled as the year-end awards were given to champions and reserve champions of the Kids Rodeo events and the Open rodeo

Alex Johns, President of the EIRA, presented the champion and reserve champion awards, and presented appreciation plaques to those people that assisted the directors with making the association successful.

The last award given was for the All Around Cowboy and Cowgirl for the season. The All Around cowboy title went to Naha Jumper and the All Around Cowgirl title went to Billie Tiger.

Each of the EIRA directors were recognized and given a beautiful jacket for all of the long hours spent in making sure that the association is a great reflection of the Seminole Tribe and to the sport of rodeo.



Alex Johns, Naha Jumper, Trina Bowers and Billie Tiger.

Good Luck to all of the contestants competing at the INFR in California. The EIRA greatly appreciates the support of the following people: Mitchell Cypress, Moses Osceola, David Cypress, Max Osceola, Roger Smith, John Wayne Huff, Alex Johns, Johnny Jones, Paul Bowers, David DeHass, and 5

See EIRA, page 6

By Dr. Dean Chavers - Copyright, 2003 A year ago, I heard one of the

most amazing presentations I had heard in a long time. Kevin Dahl, the Executive Director of NATIVE Seeds Search of Tucson, made the speech before a group of Department of Agriculture employees called the Animal Plant Health Inspection Service (APHIS)

My friend and fellow tribal member Colonel Locklear is the Native American representative to APHIS. Colonel has spent his whole career working for USDA. He was hired right out of college, and has become an expert on the many roles that the USDA provides the American public, from inspecting meat products to preventing hoof and mouth

Colonel brought Mr. Dahl to the APHIS meeting. I did my workshop on getting Native students into college. Then Mr. Dahl shocked me and the room full of 50 staffers when he said that NATIVE Seeds had found and was preserving over 250 varieties of beans that were indigenous to the Southwest.

SEARCH (which stands for Southwestern Endangered Aridlands Resource Clearing House) is dedicated to finding, growing, preserving, and disseminating the many varieties of crops that were indigenous to the Southwest BC (before Columbus got lost). They preserve the many varieties of corn, beans, squash. Chile, watermelons, gourds, and other crops that farmers in the Southwest have grown for hundreds of years.

One of their brochures points out that only nine plants now account for more than 75% of the world's food supply The potatoes that are one of the nine are really the cause of the fat teenager who sued McDonald's. It wasn't the Big Macs.

Rice, another one of the nine, is also very high in carbohydrates, which I have learned lately is one of the main causes of obesity, along with overeating. (I have taken advantage of this knowledge by cutting out carbohydrates and losing 10 pounds in the past two months.)

Mr. Dahl pointed out that only 25% of the agricultural crops species available a hundred years ago still exist today. We are becoming highly dependent on fewer and fewer plants, which is a dangerous and unhealthy situation.

NATIVE Seeds Search is a nonprofit organization dedicated to preserving the traditional crop varieties of the American Southwest and Northwest

Mexico. This is the home of the tribes in and around the Sonoran Desert. These tribes include Navajo. Apache, Hopi, Havasupai, Hualapai, Mojave, Chemehuevi, Quechan, Cocopah, Maricopa, Pima, Tohono O'odham, Yaqui, Tarahumara, Mayo, and Warihio. The area goes from Las Vegas, Nevada, to Durango, Mexico.

So far, they have collected over 2,000 different seeds, which they propagate each year in their 60 acre farm. From the farm, they sell or provide seed stock to a wide variety of Native farmers and gardeners across the Southwest. Mr. Dahl said they provide over 4,000 free seed packets each year to Native Americans. In addition to growing the seed, they run a retail store, publish a seed catalog, and operate a website where people can order seeds (www.nativeseeds.org).

Since they are a nonprofit, they rely on donations and memberships to make up half their annual operating budget. The rest of their budget comes mainly from grants and from sales of seeds from the farm to the public. People who want to grow purple beans, or spotted lima beans, or striped sunflowers, only have to contact them to get the seeds.

They have been going for 20 years so far. Last year they grew 336 different varieties of seeds on their conservation farm, which is at Patagonia, Arizona. They have found uses for some of the plants besides eating. The staff several years ago collected seeds from a striped sunflower on the Havasupai and started growing it. A few years ago the sunflowers in Australia started having blight, which was caused by a rust, a plant fungal

The USDA found that the Havasupai striped sunflower was the only one that resisted rust. By crossing the Havasupai plant with others, the resulting plants were the only ones that could resist the Australian rust, and it has replaced the former Australian varieties.

They sell seven varieties of pumpkins, 11 different varieties of squash, and an amazing 67 varieties of corn, including four types of popcorn! They have 12 varieties of black-eved peas. The most amazing thing to me, a person born in river bottom country in North Carolina, is that they have plants that will withstand the desert conditions of the Southwest and

Among the most amazing plants is a variety of corn that matures in only

60 days, and beans that thrive in the desert at temperatures of 112 degrees and need only nine inches of rain to mature. Their catalog, which comes out each year, now lists 25 different types of plants they have for sale, including sorghum, greens, garbanzos, amaranths, cotton, fava beans, indigo, and lentils.

Four people in the Tucson area started organization 20 years ago in response an agriculture project on the Tohono O'odham Reservation. According to Director of Conservation Susan Nelson, "Some of the elders talked about crops they had known as kids that they couldn't find seeds of any more." The organization has functioned as a steward ever since, according to Nelson. Most of the plants they preserve are ancient seeds.

Native people cultivated most of the plants in the Southwest long before they had contact with Europeans. In addition, the organization also preserves seeds that were introduced by Europeans and adapted to the Southwest climate by Native peoples. These include wheat, watermelon, and sorghum.

Native people living in the Southwest can order up to three packets of corn per variety and up to two packets per crop of other varieties for free. If they want to order more, they can do so for half price, according to Evelyn Rens, the

The work of NATIVE Seeds is very much tied to preserving the Native culture. Thus the seeds, the land, and the propagation of ancient plants are part of preserving Native people themselves. They preserve seeds by freezing for up to ten years, then grow some of the crops to keep the variety of that crop going.

I love to hear about people who understand the earth and the demands it makes on us. I fear that MacDonald's, Monsanto, and the other huge food giants are leading us astray. We should be preserving the diversity and delightfulness of the earth. The Creator allowed us to have all the beautiful foods, flowers, herbs, spices, and trees.

We have given up so many of them because we are content to eat a Big Mac and fries. (I do not eat at McDonald's, by the way.) If you want to get the NATIVE Seeds catalog, contact Evelyn at 526 N. Fourth Ave., Tucson AZ 85705, phone (520) 881-4804, e-mail erens@nativeseeds.org.

November about the Native Americans and pilgrims who first settled in North

resenting the Native Americans and I

would like to know if your tribe does any

community outreach projects where you

can send a representative to do a discus-

sion on your culture or to teach the chil-

these children and they are very interested

in learning about your history and people.

a.sheridan2@verizon.net

We do have an "Outreach

Program" offered here at the Museum.

Thank you for your time and considera-

Ph. 727-434-6060

This is a huge celebration for

dren a Seminole Indian dance?

Sincerely, **Angie Sheridan**

Email:

This unit culminates in a special

My daughter's class will be rep-

6300 Stirling Rd. Hollywood. FL 33024 • tribune@semtribe.com

America.

What Are You Thankful For?

The Thanksgiving holiday is just around the corner and we at the Seminole Tribune would like to know what our readers are thankful for.

From Oct. 17 to Nov. 14, you may submit a letter to the Seminole Tribune. We will include as many letters as we can in BOTH the Nov. 7 and 26 issues. Because space may be limited, we'll do our best to fit as many as we can.

You may send your letters via email to Virginia Mitchell at vmitchell@semtribe.com, fax at (954) 967-3482, or drop it off at the Communications Department on the 2nd Floor (Room 235) between 8:00 a.m. - 5:00 p.m.

Announcement Form

Attention Tribal Members and employees: If you would like to submit an announcement (birthday, baby, marriage, etc.) to the Seminole Tribune, and to insure correct spelling, please fill out the information provided below. If you have any questions about deadlines, etc., please call the Seminole Tribune at (954) 966-6300 ext. 1267, between 8:00 a.m. and 5:00 p.m. Our fax number is (954) 967-3482. Thanks.

Please Write Your Announcement Below (Please Print Clearly)

ADDRESS: PHONE: MOTHER: FATHER: CHILDREN: GRANDPARENTS:

CLAN: (OPTIONAL) grims or the Native Americans and is involved in various arts and crafts from each culture. Additionally the children If you would like your photos mailed back to you, please include your mailing address. perform a 'praise dance' and a play.

Attention Tribal Members All Registered Tribal Members are eligible to receive a free subscription of *The*

Seminole Tribune. Please fill out the information below and mail, fax or email to: The Seminole Tribune 6300 Stirling Road, Room 225 - Hollywood, FL 33024

Name_ Tribal Roll Number ____ _____State _____Zip ____ Phone ____ E-mail Additional Info:

As soon as we receive this information, your subscription will be mailed to you.

To subscribe to the Seminole Tribune, please enclose a check, money order, or credit card number for \$30 per year. Payments can be mailed to:

The Seminole Tribune 6300 Stirling Road, Room 225 - Hollywood, FL 33024

Phone: (954) 967-3416 Fax: (954) 967-3482 tribune@semtribe.com

Thank you very much.

Phone: (954) 967-3416 Fax: (954) 967-3482 tribune@semtribe.com

The Seminole Tribune

The following deadlines apply to all submissions for inclusion into the *Tribune*:

> Deadline: October 24, 2003 Issue: November 28, 2003 Deadline: November 14, 2003

Issue: November 7, 2003

Issue: December 19, 2003 Deadline: December 5, 2003

Issue: January 16, 2004 Deadline: January 2, 2004

Issue: February 6, 2004 Deadline: January 23, 2004

Please note: Late submissions will be

posted in the following issue.



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> **Postmaster:** Send Address Changes to The Seminole Tribune, 6300 Stirling Rd., Hollywood, FL 33024.

etters & E-mail **Seminole Marketplace Scarf**

I am interested in the Seminole scarves you offer at your marketplace. What is the finished size of the scarves? Does the patchwork border come on all four sides? If not, is it possible to special order a scarf with the border on four

> If so, what would the cost be? Sincerely,

Anne Bucknam

The Seminole Market Place replies: Hello Anne. Thank you for your interest in a Seminole Patchwork scarf. The scarf only has three sides, and measures approximately 32x46x36.

If you would like patchwork on all sides, we can have it custom made for \$50.00. If you are interested please call me at (800) 683-7800 x1263 and I will be happy to help you further.

We have friends here from Vegas and they would like to come down and play Bingo. One of our friends is almost blind and we are wondering if you have TED machines to play Bingo.

It is a machine that the papers are programed into and then you only have to put the number in once and it will also tell you when you are waiting for a bingo and when you have a bingo.

Let me know if you have then so we can come down and play bingo there.

Carol camelk2@strato.net

Dear Carol,

We certainly do have bingo machines that the cards are programmed into and you then just hit the number and it will mark it off for you and it emits a sound when you hit a bingo.

Our bingo staff would be happy to explain the workings of the hand held machines for you when you get here. We look forward to meeting you then. Sincerely, Adam Sak

Director of Marketing Seminole Casino of Hollywood

Editor,

We are students from Oologah School in Oologah Oklahoma. We need info about your tribe for our Oklahoma history class or we will fail!

your tribe to R0DE0CLWN@aol.com we would really appreciate it. Keep in touch.

Have you searched our website for information? www.seminoletribe.com

you are supposed to answer? It would be helpful if I knew what time period, or if you were searching for information on a particular person (e.g. Osceola, Billy Bow Legs, etc.). If you can be a little

> Shawna Trnka Administrative Assistant

Hi, my name is Dawn and I am doing a research paper on the history of the Seminole people for my world history class. I just wanted to thank you for your website. It has given me a great place to

the website, I am trying to be a critical thinker and to keep in mind who wrote the history of the Seminole people.

the help you have given me.

Dawn Clark

I am making a request on behalf of Skycrest Christian School in Clearwater, Florida. Each year, the second

celebration called the 'PowWow of Praise', where each class represents either the pil-

If you could send information on

Also, exactly what are you looking for? Are there question for class that

more specific, that would be helpful. Thanks,

Ah-Tah-Thi-Ki Museum

As you suggested at the end of

Again thank you for the site and

Sincerely,

Good morning,

grade class does a special unit in

This is a fairly new program, and the

area of travel is limited. So, first we would need to know where your school is located, and also the dates you are looking at.

Angie,

I am going to forward your message to Anne McCudden, she is our Curator of Education, who handles this scheduling. Please keep in mind that there is a fee for this program. Sho-na-bish!

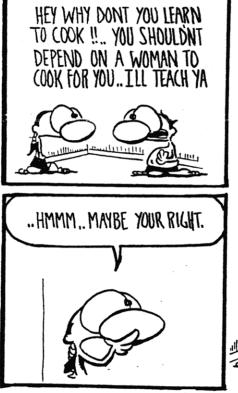
Shawna Trnka Administrative Assistant Ah-Tah-Thi-Ki Museum HC 61 Box 21-A Clewiston, FL 33440 863-902-1113

OTTER THANKS FOR THE FRYBREAD, BUCK. YOUR A GREAT COOK !!.. WISH I COOFD COOK "



GUESS ILL HAVE TO WAIT TILL I MARRY A GOOD INDIAN GIRL... ONE WHO MAKES GOOD FRYBREAD..







SHE MAY TRY TO

POISON ME ...

October 17, 2003 The Seminole Tribune



Guests could visit the Seminole Tribe exhibit located on the second floor of the museum.

Seminoles Preview IMAX Film Lewis and Clark: Great Journey West

By Alexandra Frank

FT. LAUDERDALE, FL — The Seminole Tribe of Florida, in conjunction with the Museum of Discovery and Science, is co-sponsoring a new IMAX film entitled Lewis and Clark: Great Journey West. Tribal citizens and tribal employees were invited to the Great Journey West Gala following the movie preview.

The event featured two shows, one at 6:30 p.m. and another at 8:00 p.m. During the evening, a silent auction was held while the shows were on. A dinner was held following the movie. There was a live auction featuring ten items including: an island cruise, a trip to New York to see the Miami Dolphins play, a cruise for two on a ship, and a 14-day luxury South African Safari for two.

The Seminole Tribe of Florida was sponsor of the gala, along with the primary sponsor, Mercedes-Benz of Ft. Lauderdale, Wachovia, TC2000.com, City Furniture, Austin and Christine Forman, City National Bank, JM Family Enterprises, Inc., Giant Bank, Stiles Corporation, Vista Healthplan, Publix Supermarket Charities, Barry Angelo & Boldt P.A., and Sports Authority.

The movie Lewis and Clark: Great Journey West featured tribes that either helped during the journey or were depicted as caretakers of the lands Lewis and Clark traveled through to get to the Pacific The movie shows beautiful scenery and the

expedition faced on their trek west. The movie is both educational and emotional. The route used to reach the pacific yielded plants

pitfalls of traveling in an unspoiled wilderness the

and animals not yet discovered. The terrain was charted and the elements noted.

The task of traveling with equipment through unknown territory and facing fierce weather did cause stressful situations and homesickness.

Sacagawea, who joined the expedition, is depicted throughout the film. She is characterized as an important part of the expedition because of her ability to lead the group through unknown terrain and her knowledge of some of the tribes they encoun-

The movie does a great job explaining the reasons why Lewis and Clark embarked on the expedition and what became of both explorers. The movie touches on Sacagawea's son, but was a little hazy on what happened to Sacagawea herself. It movie does not however give insight into

the results of the expedition and its findings, which resulted in a land grab explosion by hungry land seeking settlers. And it does not mention the negative impact the land grab forced on the Native Peoples of the region. Max B. Osceola Jr., Hollywood Council

Representative for the tribe upon learning about the new IMAX film thought this would be the perfect opportunity for the Florida Seminoles to share in their history and culture.

This has been accomplished through an exhibit of Seminole history by the Ah-Tah-Thi-Ki Museum that is now on display at the Museum of Discovery and Science. On hand are a canoe, patchwork, and tools used by the Seminole. Historical photographs with brief descriptions of the subjects taken

Ahfachkee Students Preview Lewis and Clark: Great Journey West Movie

By Alexandra Frank FT. LAUD-ERDALE, FL — The Museum of Discovery and Science is showcasing a movie at its IMAX Theatre titled Lewis and Clark: Great Journey West. The movie officially opens Oct.

Special guests from the Seminole Tribe of Florida, the Ahfachkee students, were treated to a special preview screening on Oct. 3rd.

The 170 students were first treated to the sights and sounds of the museum. The students had a chance to explore the museum and get a handson feel for some of the exhibits created for just that reason.

The movie scheduled for 11:30 a.m. captivated the audience with its vivid imagery and soothing tone of Jeff Bridges, who narrates the entire movie throughout.

The students could be heard remarking on sites

they found interesting like the panoramic view of the snow-covered mountains and the various animals

Each student enjoyed the interactive displays at the Museum.

shown. Some of the older students recognized the

charter the western hemi-

names of the tribes that Lewis and Clark encountered on their expedition west.

Principal Lee Zepeda had this to say about the visit the Ahfachkee Students had to the museum to preview the movie.

"It's really a unique opportunity to come and be a part of it. The tribe sponsored this film to come to this museum and they (the Museum) invited us to preview the movie. We've enjoyed it and had a great time."

Zepeda added, "It shows the importance that the Native Americans played in the Lewis and Clark exploration journey.

It is with those thoughts that hopefully the movie will resonate with the viewing public. The students were without a doubt impressed by what they saw and gained an understanding on the two men who helped sphere of these United

Halloween Candy Inspections

Now we've come to the best part of Halloween . . . CANDY! Halloween candy tampering is uncommon, but it's still a good idea to inspect your child's candy before they start to dig into all their treats. • Closely examine each piece of candy, throw away the ones

that are unwrapped, have tears or tiny pinholes in the cover, or look suspicious in any way. · Toss treats that aren't commercially wrapped, such as home-

made cookies and fruit, unless you know and trust the giver. If you are unsure of any candy, throw it out! If you would

like assistance is checking your child's candy, bring your treats to the Seminole Police Department and we will assist you in inspecting your

Halloween Safety Tips from SPD As we approach the Flame Resistant does not mean burn Trick or Treating season, it's proof, but the material of the costume won't catch easy to overlook common holiday fire as easily or burn as quickly.

> accompany children under 12. If you have a group of three or more children, consider bringing another parent or adult along. That way, one adult will be able to help out in an emergency, while the other stays with the kids. • The number of children hit and killed

· A parent or another adult should

by cars is four times higher on Halloween than on any other night. Therefore, carry a flashlight or "glow stick" when trick or treating with your child so you are visible to other trick or treaters

Remember to be safe and have fun.

What to Do about Increases in Insurance Cost

By Ken Goosens

[Editor's note. Ken Goosens works for the Tribe in Housing Finance and counsels Tribal members on loans and their credit. The opinions he expresses are his own.]

mishaps. Here are a few tips to protect your little

Halloween. Masks and over-sized costumes make it difficult for children to see and maneuver. To

prevent children from tripping on curbs, steps,

and the hem itself, keep pants, dresses and capes

to their costume above their ankles. If your child

is wearing a mask, make sure it is the right size.

The eye and mouth holes should be long enough

• Keep children away from jack-o'-

lanterns and other open flames. If you're buying a costume, make sure it's labeled "flame resistant".

for them to see and breathe through properly.

• Falls are a major cause for injuries on

ghosts and goblins on their big night.

This summer my automobile insurance company sent me a renewal notice increasing the cost of my insurance from about \$1600 to \$2100. That's a whooping 31% increase, despite having filed no claims, got no tickets, and not changed the coverage.

You probably have had large increases too, because in 2002-2003, the State of Florida has seen fit to grant auto insurance companies large increases in rates. Yet, when I was done getting automobile insurance, I paid \$1300 – almost a 19% decrease instead of a 31% increase.

What can you do when your insurer wants to charge you much more?

First, get out your old policy and compare the costs to see exactly what went up. Then call your insurer and ask for an explanation. Minimally, make sure the information the insurer is using to justify the increase is true.

In my case, I confirmed that their records showed no claims and no tickets. The reason they gave for the increase was that the State of Florida had granted two increases in the last year, and the last one was an increase of 8.5%. However, the increase on my bill was far in excess of what the State allowed. How could that be? The State only approves an overall or average increase, and leaves it up to the insurer how to raise rates for individuals, which might be more or less than the average.

Then they said that they had changed underwriters, who are the people who decide how risky individuals are. Not much I could do about that, if the new underwriters thought I had not been paying enough for the risk I posed. Next, treat the increase in costs as an oppor-

tunity to comparison shop by getting quotes from

You want to get quotes from other insurers who are less expensive not because they offer less insurance, but charge less for the same insurance. On your renewal offer, you will see a breakout of the

types of coverage by amount and cost. Use this to make sure you are comparing apples to apples.

You can get individual quotes from other insurers, but a more efficient way is to use a service that gets quotes from many companies. In my case, I went to an Internet site that is highly rated for its comparisons of different insurance companies: www.insweb.com. The site gave me a quote from General Electric (GE) Auto and Home Insurance that was less than what I had paid last year.

I told the site to refer my inquiry to GE, who contacted me and completed the automobile insurance application. The agent even came up with a better quote \$100 less! GE guaranteed the rate quote for 60 days and would let me take out a one-year policy rather than a six-month policy. So I know my policy won't possibly increase for a full year, instead of hav ing two chances to increase during a year.

The rate guarantee proved to be beneficial too. While I was still applying for the insurance, GE was granted a rate increase by Florida that didn't apply to me. However, I did ask GE what my insurance cost would have been with the increase, which was still significantly less than what I paid the year

What started out as a painful increase in insurance cost turned into a pleasant and surprising decrease. The moral of my story is that you don't have to accept higher charges for your insurance. You can and should look for better insurance.

The worst mistake you can make, however, is simply to pay the bill every year your insurance sends you. Whenever you get a renewal bill, first compare cost and coverage to last year. If the cost jumps significantly or if you haven't looked at other insurers for a few years, comparison-shop. You migh save thousands of dollars - in my case, \$800 less in

Actually, I owe my previous auto insurer a special and sincere thanks for hugely raising the cost of my automobile insurance when I hadn't done a thing to merit an increase.

So, thanks, Kemper Insurance. If you hadn' raised my bill, I wouldn't have looked elsewhere and wouldn't have found an even better insurance compa-

Red Ribbon

Continued from page 1

Red ribbons will be made available throughout the reservation for community members so that they can show their support in living a healthy and drug free lifestyle. For more information, you may contact Marilyn Tiger at the family services office at (863) 902-

Those interested in learning more about this campaign should request a copy of the free brochure for at-risk Youth Catalog, Red Ribbon

To order your free Red Ribbon Resources catalog, write to the bureau for at risk youth, 135 Dupont Street, P.O. Box 760, Plainview, NY 11803-0760, or call (800) 99YOUTH or visit www.redribbonresources.com

"Red Ribbon Week" Begins Oct. 27!

Activities for "Red Ribbon Week" Oct. 27 - 31

Tue., Oct. 28

Mon., Oct. 27

DSO from 3:00 p.m. to 6:00 p.m. A Dinner and Talent Show will be held at the Tribal Auditorium. Dinner starts at 6: 00 p.m. Talent show will follow immediately after. Age groups are: (2-10), (11-17), and (18 and up). PRIZES will be awarded following the Show.

"Drug Free" Poster Contest will be held in the

*Deadline for talent show applications is Oct. 21, pick up forms at Family Services or at the DSO.

Wed., Oct. 29 Thur., Oct. 30 Fri., Oct. 31

Girl Talk group at 4:00 p.m. at Family Services Pizza Party at Family Services from 3 - 5 p.m. Winners of the poster contest to be announced. PRIZES awarded

Kids Group at 3:30 p.m. in the DSO

for 1st, 2nd, and 3rd place! For more information and registration, please call Family Services at (954) 964-6338. Red Ribbon Week is sponsored by Family Services, Recreation

Department, and the Seminole Police Department.

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Ahfachkee students enjoy the sights and sounds of the Museum of Discovery and Science.

Council

Continued from page 1

He proudly has his gift in his office he received from the tribal council and the Seminole tribe. Mr. King remarked that the luncheon and the presentation of the gift was an event that he really appreciated.

The Broward Days committee forms small teams and they go up to talk to the legislator. The committee of Broward Days gives companies the opportunity to meet with the legislator in small groups and go to lunches with them. Sometimes later on after hours these groups can sit down and talk about things that they feel is in the best interest of the State of Florida.

Ms. Keiser mentioned that Broward Days is ready to again go up to Tallahassee and the legislator and bring on issues to the Governor and Lieutenant

Council member Max Osceola Jr. and Steven Bowers were given credit for guiding the Broward Days committee through the process of working with the Seminole Tribe. Ms. Keiser received applause for her speech and the resolution that brought before the tribal council to continue to support Broward Days is still under consideration.

The Tribal Council also approved 22 New Items from a Consent Agenda the definition of a Consent Agenda is as follows:

The following items are of a routine, admi

The following items are of a routine, administrative nature and having been previously discussed by the Tribal Council need no further discussion. Therefore, these items constitute the consent agenda and will be presented and voted on as one item. The next scheduled Regular Council Meeting is scheduled for November 14, 2003.

Managing Your Money Wisely

By Alexandra Frank

MICCOSUKEE — Have you ever looked at your checking account in the middle of the month and wondered where all your money has gone to? Don't worry. You're not the only one asking yourself this question.

William Osceola, Seminole Trail Liaison for

"Managing Your Money Wisely" seminar at the
Miccosukee Resort, featuring guest speaker Lester
Brown and his wife Carolyn Brown.

The seminar targeted Seminole Tribal citi-

zens between the ages of 18 to 65 and shed light on money woes and pitfalls many fall into. Some of the topics covered included: Attitudes about money, Making effective choices about spending money, Credit repair, Personal financial strategies, Investment 101, and Learning how to save.

William Osceola started off the seminar by

saying, "It's very important for all of us to manage our money better. We spend it without having anything to show for it. I would like to see them with a savings account or a checking account with an ATM card. "This is my goal," said Osceola.

"This is my second seminar and there will

be more in the future. Right now, I'm just glad we have this going on today. I'm glad that you are here because it's important for you. We have Information here for everybody to use," said Osceola.

Osceola then introduced Lester Brown.

Brown encouraged the attendees to invite other interested individuals to the seminar so that they could share in the information being given.

Research shows that 85% of Americans are in serious debt and do not have any money saved. The object of the seminar was to accomplish two things: How to become debt free and how to save and invest.

Lester asked the attendees if they had children and how old they were. He offered a plan that parents could use to help their children. By the time they are 28 years old, they could be millionaires. If the child is eleven, they could be a millionaire by the time they reach their 30's. Surprisingly, not much money is needed.

Compound interest is the interest you get

from putting money in the bank. It's the interest you make off of that interest. In other words, every time you put money in the bank, you get interest from it.

Lester continued that he could show partici-

pants how to look for banks that pay interest on a quarterly basis. If you get interest once a year, you're not making as much money as you could be making. But if you get interest on a quarterly basis, you'll get more money in return. These were just some of the objectives to be accomplished at the seminar.

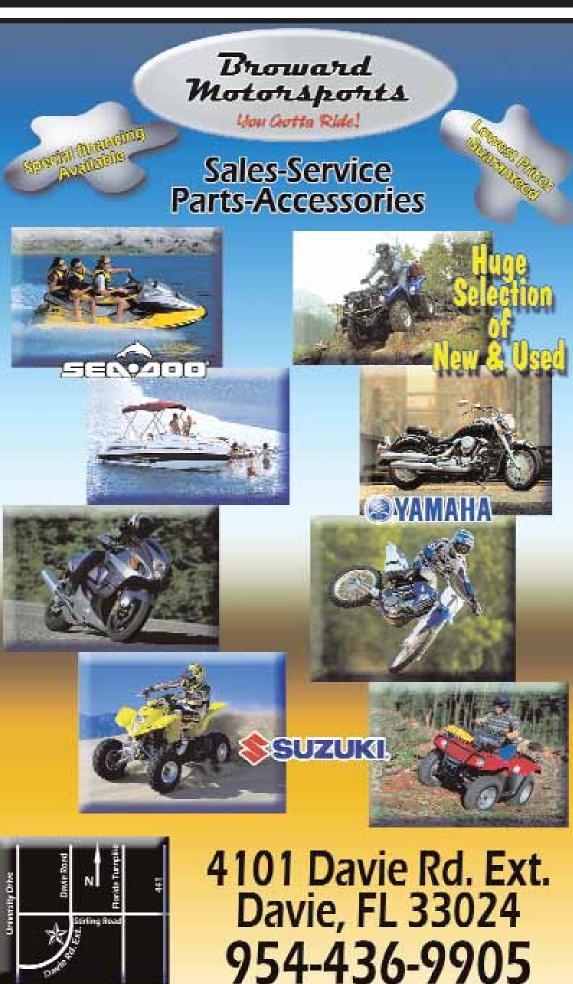
"It doesn't matter how much money you

make because there are people who live paycheck to paycheck. It doesn't matter how much money they have. Even if they make \$4,000 to \$5,000 a month, and you double that to \$10,000, they still live paycheck to paycheck," said Brown. This happens due to more expenses than income and mismanagement. It's their attitude towards money and the way they think about money.

The main object of the seminar is to leave with a plan where the participants will never be broke again as long as they live.

The plan laid out to the participants involved a changing of attitudes and breaking habits about money that are no longer relevant. It was about developing new attitudes about your finances that are necessary for a better way of life. Most importantly, it was about planning for a successful financial future.





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Melissa Sherma

Women's Wellness Conference coordinator Yvonne Courtney welcomes the participants.

Wellness

Continued from page 1

get the oil." Bernie was sad. She knew she was going to live now, once her mom anointed her with the oil. That wasn't the first time her mom saved her. She stayed home and prayed for her well-being as she caroused the town; escaped rape, murder and other curveballs life threw at her.

Before Bernie became a Reverend, she worked at a police department. When she applied for the job, they warned her that her family could be in danger from her career in law enforcement. She thought, "It would not happen to me." Then the unimaginable happened, her son was murdered because of her career. What got her threw this? Prayer.

Bernie also gave us a piece of advice, "Be very specific of what you pray for." She used to pray every day for this red Cadillac she saw around town. She asked God, "Why won't you let it be possible?" Finally, the Cadillac went up for sale, but after getting a closer look at it, it had many problems, and she was grateful not to have the car. Bernie revised her prayer.

After dinner, Marla Dale, Mary Olitzky and Hanna Marchel from Hollywood Family Services handed out large construction paper stars and instructions to choose words to describe ourselves or how we would like to be, along with crayons, glitter, beads, and glue. We were instructed to play, create and have fun, something we rarely have time to do in real life. Once we finished, we marveled at our creations. We concluded the evening with a few door prizes and made plans to walk in the morning at 7 a.m.

After breakfast, our session began with Barbie Johnson, a certified fitness trainer, massage therapist and nutritionist with a lesson in "Climbing our own Mountains."

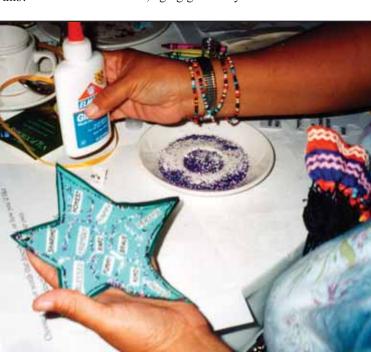
Barbie told us to do five things: Keep it simple, break it into small steps, choose a starting point, monitor our progress, and redefine our goal if necessary, and set a realistic deadline. After a short break we learned about "Caring for your greatest asset – your temple."

The new improved food pyramid, vitamins, and the amount of calories needed for women, were a few of the topics discussed. For example, Barbie explained that, "M&M candies are like football

fields. To burn off the calories of one M&M, you must walk the entire length of a football field." We gasped in amazement. She also showed us how to take our heart rates and how to figure out our normal range during workouts.

When we returned from lunch we were unknowingly going to participate in a chair workout. After everybody donned two paper plates, Barbie cranked up the music and started the routine, "Fan your face, fan your friends, and fan your fanny," yelled Barbie as we fanned our faces, friends, and fannies. Those paper plates actually gave some good resistance, not to mention our legs marching stomping and kicking all while sitting down.

Later we learned about stress management through exercise and relaxation. In addition, the topic we all avoid, aging gracefully was discussed. We



Melissa Sherma

Attendees decorated construction paper stars with positive words.

talked about hormones and menopause, which vitamins can help and even about hormone replacement. Barbie shared a story about her near-death experience a year ago from a bladder infection that turned to toxic sepsis. She pulled out of it thanks to prayer from her family and encouraged us to be right with God. Yvonne Courtney closed the evening after dinner with a few last words from Rev. Bernie Goddard.

The next morning, we gathered for heart-touching testimonials at the Healing Circle, hosted by

Candice Kranitz. After a lot of laughs, tears and hugs from the group, Yvonne gracefully made sure we all received facials and massages provided by the Don Shula Health Cub.

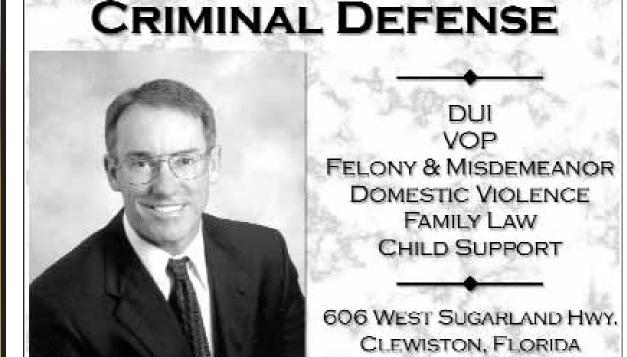
We all left the conference a little smarter, with a touch more inner-peace, and were incredibly grateful for people in the Seminole Tribe like Yvonne Courtney.

The Tribal Council was so pleased with the outcome of the conference they granted Yvonne two more Women's Wellness conferences to honor women within the Tribe. A special Wellness Conference for foster families who have children in DCF placement will also be held in the near future.

If you have any questions, please contact Yvonne Courtney at (954) 964-6338 extension 116 or email her at courtney@semtribe.com.



Yvonne Courtney (R) calls Helene Buster to pick up here patchwork



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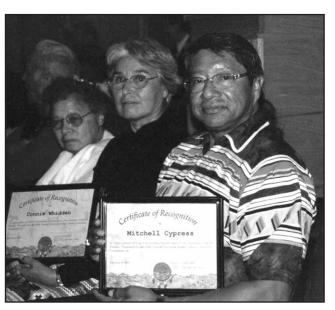
(Front) Edna McDuffie, Chairman Mitchell Cypress, Martha Jones, (2nd row) Debbie Hamilton, Terry Hahn, Lawanna Niles, Nancy Motlow, Cornelia Osceola, Mable Haught, Willie Gopher, David Cypress, Vicky Aquado, Barbara Boling, (3rd row) Jeanne Hatfield, Sally R. Tommie, Dale Grasshopper, Connie Whidden, Dorothy Tommie, Paul Bowers, Roger Smith, Lorene Gopher, Jack Smith Jr., Daniel Gopher, Moses Osceola, Clarence Johnson.

American Indian Elders Conference

By Jeanne Hatfield and Debbie Hamilton

OKLAHOMA CITY, OK — Tribal elders from all reservations attended the Fifth Annual American Indian Elders Conference Sept. 9-11, sponsored by the Chairman's Office and Health Department. The conference theme was "Elders Are

The main goal of the conference was to recognize the differences American Indian elders make



Connie Whidden and Chariman Mitchell Cypress hold up their certificates.

in the lives of others as they strive to improve their own lifestyles. This was the Seminole Tribe of

Florida's second trip to this conference. Monday, Sept. 8 - The group arrived Monday evening just in time for a healthy dinner at the Oklahoma City Macaroni Grill. Jeanne Hatfield, the nutritionist, suggested the Macaroni Grill since it is a favorite among the participants as well as an easy place to make healthy meal choices. Approximately 30 people enjoyed a nice dinner while Jeanne mingled among the participants, assisting them in selecting tasty healthy meals and answering questions. After dinner, some of the participants went back to the Marriott Hotel to turn in early while others opted to visit the 'Lucky Star Casino' and try their luck.

Tuesday, Sept. 9 - Vicky Aguado, ed Fitness Instructor, began the day encouraging the group to start the morning off with a refreshing walk. The fitness session consisted of stretching exercises and a 2-mile walk at a pace comfortable for each person.

After the walk, the group headed back to the hotel to prepare for the first day of the conference. Day one began with a demonstration by the Chickasaw Nation Color Guard and followed by opening remarks by Dr. Charles Grim of Indian Health Services. Corie Moran Adakai was the Keynote speaker.

There were many workshop sessions to choose from, including: Being a Good Role Model & Preventing Diabetes in your Family, Achieving Harmony in a Caregiver Relationship, Senior Express Exercise Program, and Pain Management. After a day of health education and exhibits, we had dinner at the County Line Bar-B-Q Restaurant. Again, Jeanne Hatfield was on hand to offer suggestions for healthier meal options while enjoying bar-

beque. Wednesday, Sept. 10 - Once again, the group met for the early morning walk, led by Vicky Aguado. The conference agenda continued to offer

very interesting subjects like: Alzheimer's Workshop, The American Cancer Society Workshop, and Tai Chi (a Chinese form of gentle movement exercise).

While regular conference participants had lunch on their own, the Seminole Elders enjoyed a well-balanced meal at Red Lobster. Connie Whidden, Health Department Director, offered welcoming remarks and health updates. Rev. Bill Barnett of Seminole Nation, special guest of Vice Chairman

Moses Osceola, gave a prayer to bless the meal. Chairman Mitchell Cypress, Vice-Chairman Moses Osceola, Councilman David Cypress Councilman Roger Smith, Representative Paul Bowers, and Council Liaison Sally Tommie then presented inspirational remarks. Next, staff members gave health

updates. Vicky Aguado (Fitness Instructor) discussed the importance of fitness and Jeanne Hatfield (nutritionist) talked about the importance of personal nutrition consultations. Next, Debbie Hamilton (Big Cypress Health Educator) discussed the Reservation Rally and upcoming events. Edna McDuffie (Community Out-Reach) followed up by encouraging the group to join all of her upcoming walks. Barbara Boling (Brighton Health Educator) discussed important lab values related to Diabetes, and Suzanne Davis offered additional healthy lifestyle suggestions. Chairman Mitchell Cypress gave closing remarks. After lunch, the group headed back to the Hotel for more conference sessions.

In addition, the Seminole participants traveled to the National Cowboy and Western Heritage Museum and Santa Fe Home Store, which everyone enjoyed.

That evening, the group dressed in Tribal attire to attend the outstanding Elder Awards Ceremony and Dinner. This was a very special evening. For their exceptional contributions to their Tribe, Chairman Mitchell Cypress and Health Director, Connie Whidden, were presented with

National Outstanding Senior Achievement Awards. The evening's special guest speaker was a USN NASA Astronaut, Commander John Bennett Herrington. NASA selected Commander Herrington in April of 1996. He served as a member of the Astronaut Support Personnel team responsible for Shuttle launch preparations and post-landing operations. In November 2002, he was aboard the STS-113 Endeavor as the first Native American in space. Commander Herrington provided the audience with a fascinating recount of his travels in space.



Chairman Mitchell Cypress stands with the first Native American in space, Commander John Bennett Herrington.

Thursday, Sept. 11 - The group met for the last walk in the morning before packing up and getting ready to head back home. The trip was a huge success and many seniors said they look forward to



Tampa Community Appreciation Event

By Randi M. Simmons

TAMPA — On Aug. 30, Seminole Tribe community members gathered together out at Jerry Henry's place, often referred to as Crazy J's Ranch, for a fun-filled afternoon of barbeque and horseshoes. The festive occasion, sponsored by Brighton Representative Roger Smith and Board Representative Johnny Jones, was a great way for the community to get together.

Both Roger Smith and Johnny Jones spoke about the progress the Tribe is making and thanked the community for their continued support. Community members applauded, returning the favor.

Speaking of applause,

barbeque chef Jerry Henry's grilled ribs and chicken were quite the hit. The food went as fast as Jerry could grill it. And according to one tribal member, "It just tastes soooo good when he cooks food on the

Special t-shirts in selected colors were given out, each with the phrase "Sho-Na-Bish / Council & Board", complete with a sporty baseball cap and tribal council logo.

Afterwards, it was time to work off the barbeque with a horseshoe throwing contest. In the Mens' group, Jimmy Osceola Jr. captured first place, followed by Ronnie Doctor, Bobby Henry, and Phillip Smith.

Andrea Holata waits her turn as Joanie Henry pitches her horseshoe.

On the Women's side, first place belonged to reining champ Joanie Henry, followed by Andrea Holata, Mayra Simmons, and Alana Henry.

The adults weren't the only ones having fun. The children got a chance to cool off on the waterslide play gym. Also on the menu were door prizes and Tampa Liaison Richard Henry calling numbers for some bingo games.

As usual, everyone a great time . . . except for those darn mosquitos!

Brighton Fire Rescue Open House

BRIGHTON — On Friday Sept. 19, Brighton's Fire Rescue team celebrated their open

house, serving hot dogs and hamburgers to community members and school kids. They shared demonstrations of their new equipment for everyone.

The children were able to climb aboard the new Fire Engine #7 and get a sense of what a firefighter's job is all about. The team also exhibited their new extrication equipment used to cut away pieces of a vehicle to free a

Fire Engine #7 makes its debut to the Brighton community. trapped person. The Fire Rescue team has also worked very hard making their station look like new with a new

coat of paint, and some "fire house" touches.

Some may wonder what our firefighters do when they are not responding to an emergency call. We discovered that they are definitely great snake

wranglers. They have assisted the community on many occasions with getting rid of the ground rattlers that have been around a

great deal lately.

We greatly

appreciate our Fire Rescue Team and all that they do. If you happen to see one of them in the community, please let them know that they are appreciated. The Fire Rescue Team, Keith Yates Supervisor, Mike Hopkins-Firefighter/EMT, Levy Pearce-Firefighter/EMT, Donnie Arnold-Firefighter/EMT.

and Josh Evleth-Firefighter/EMT, wishes to thank Roger Smith and Johnny Jones for their assistance and support at making their open house a success.



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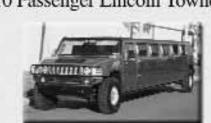
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October 17, 2003

* EIRA

Continued from page 1

Year End Champions: Bareback Champion: Alex Bareback Reserve: Adam

Turtle Saddle Bronc Champion: Robert Youngblood Saddle Bronc Reserve: Sydney Gore Steer Wrestling Champion:

Jeff Johns Steer Wrestling Reserve: Robbie Chalfant Calf Roping Champion: Josh Jumper

Calf Roping Reserve: Naha

Jumper Breakaway Champion: Lizzie Dixie Breakaway Reserve: Shelby

Osceola Team Roping Champions: Josh/Naha Jumper Team Roping Reserve: Amos/Billie Tiger Barrel Racing Champion: Tess Ducheneaux Barrel Racing Reserve: Boogie Jumper Bull Riding Champion: Justin Gopher

Bull Riding Reserve: Happy Jumper

Kids Year End Champions:Mutton Busting Champion: Blevins Jumper Mutton Busting Reserve: Kelton Smedley Pony Riding Champion: Seth Randolph



EIRA Directors.

Pony Riding Reserve: Hilliard Gopher Calf Riding Champion: Josh Johns Calf Riding Reserve: Brantley Osceola Steer Riding Champion: Dayne Johns Steer Riding Reserve: Ethan Gopher Jr. Bull Riding Champion: Jerome Davis Jr. Bull Riding Reserve: Chad Fish Barrels 4-8 champion: Nauthkee Henry Barrels 4-8 Reserve: Andre Jumper Barrels 9-12 Champion: Shyla Jones Barrels 9-12 Reserve: Ethan Gopher

Barrels 13-18 Champion: Jade Braswell Barrels 13-18 Reserve: Leanna Billie



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* Motocross

Continued from page 1

and is a TRUE motocross track. If the final track is anything like the temporary one that I tested today, it will likely be the top track in the Southeast," said 1995 Pepsi Air Dania Track Champion, Jason Metz after his trial run.

"The temporary motocross track was constructed when we saw that there was a need for something immediately. The only southern track (Air Dania) will be closing. We saw this as a great opportunity to introduce the practice Motocross track to enthusiasts. We are working diligently throughout the 85-acre land that the Seminole Tribe dedicated for this project. I want to leave the environment undisturbed as little as possible. I believe in doing things efficiently and environmentally friendly as possible. The less asphalt the better," said Brian Penick, owner of the Pepsi Air Dania track and now Consultant and Park Manager of the Seminole Big Motocross.

"One of my main concerns on this project is I want people to recognize and respect the Seminole land while they visit the park. A 25 mile per hour

speed limit means 20 to 25. Another concern includes people's safety while they are on the track. Full body gear will be enforced with youth safety courses provided by the park before they ride. I'm also glad to see that the tribe has showed much interest in the park. One hundred helmets custom painted by artist Jessie Vega were given to Seminole Ahfachkee School students who designed the helmets themselves. The kids were very excited to get on the practice track. Overall, I feel the turnout today for the walk through went very well. We had a large crowd of 100 to 150 people that showed up. It wasn't that we had a lot of people that made the turnout good, but we had the right kind of people from the Motocross industry attend the event, which is always good for publicity," said Big Cypress Motocross Park Director Jack Gorton.

The target date for completion of the track is Feb. 2004. The temporary practice track will be open to the public by early Nov. 2003.

For information on park membership, or weekend park fees, contact: Seminole Tribe Motocross (863) 983-1894 Address Hc61 Box 46 Clewiston, Fl. 33440.

Revival at Big Cypress New Testament Baptist Church

BIG CYPRESS — The Big Cypress New Testament Baptist Church will be having a Revival Oct. 15-19. Evangelist Clifford Springwater of Tulsa, Oklahoma will be preaching nightly. Service will be starting at 7:00 each evening.

You are invited to come and hear the Gospel. Pastor John Shomo

Big Cypress New Testament Baptist Church Schedule:

Sunday School - 10:00 a.m. Sunday Morning Worship - 11:00 a.m. Sunday Evening Service - 6:30 p.m. Wednesday Evening Service - 6:30 p.m.

New Addition to Brighton Cultural Education

BRIGHTON — The Brighton Culture and Education Department would like to welcome Shelly

Walker to their staff. Shelly is the new Pull-Out Program Director for the Brighton Reservation.

Shelly has a Bachelor of Science degree in Management of Human Resources at Palm Beach Atlantic College. She has been working in the education/human service field for the past 10 vears as an education director for a substance abuse treatment facility and as a director in a training program for individuals with disabilities. She was even a junior/senior high school music teacher!

Shelly comes to us from Loxahatchee, Florida and was first introduced to the Seminole

occasions to visit Reverend Crenshaw and his family in Hollywood, Florida.

Shelly also spent several summers at the Brighton Reservation with the Crenshaw family teaching vacation Bible school. Shelly said some of her fondest memories are from the time she spent on the reservation. She also added that she is very impressed with the Brighton Pull-Out program, and is very happy to be given the opportunity to work with the staff and children of the Brighton Reservation.

Feel free to stop by or call the Education Department at (863) 763-3572 and introduce yourself to Shelly. She looks forward to working with the parents and community to ensure the well-being of the Seminole children.

Welcome aboard Shelly.



Shelly Walker

Conversations on Higher Education

By Dora Bell, Higher Education Advisor **HOLLYWOOD** — Parents are the most influential people in children's lives. As parents of future higher education students, it is important that you are involved in their activities and in their school

progress Planning for college is a process where students, schools and colleges work together. The Seminole Tribe of Florida offers the additional help of the Education Department that will assist interest-

ed Seminole students to find a good college match. Even though high school juniors are very close to becoming adults, they still need their parent's support to go successfully through the college admission process. Sometimes high school counselors are overworked and do not give individual attention to each child. That is why it is so important to make sure that students take the necessary steps that will

lead them to college at the right time. It is important that students gain confidence and familiarity with test taking practice. The PSAT, the SAT practice test, is administered by high schools in the month of October to the junior class to practice

for the SAT exam. Be sure your child communicates with his/her counselor about this test and makes arrangements to take it.

High school seniors who aspire to be admitted to a four year college or university must take the SAT or/and the ACT test. Some schools prefer one over the other. It is best to take both. These tests may be taken many times and scores usually improve as the student becomes more comfortable with the test

The Education Department is planning to attend the NACAC/Broward County National College Fair on Wednesday, Oct. 22, 2003, where more than 200 institutions will be present. We also plan to organize a Campus Tour to the University of Florida (UF) and to Florida State University (FSU) in March. We hope students from all reservations will join us. High school students of all ages are welcome

to attend. If you have any questions, please contact me at (954) 233-9541. My office hours at the DSO Building in Hollywood are from 8:00 a.m. to 5:00 p.m. Thank you.

Ruben Burgess Is a Star Student

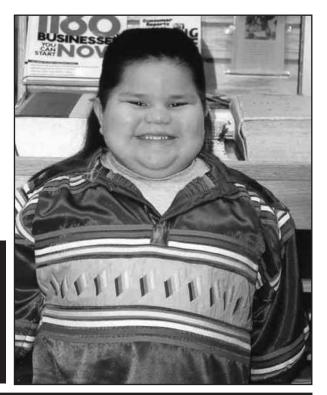
BRIGHTON — Congratulations to Ruben Burgess for receiving the Star Student award during September at Seminole Elementary.

Ruben, a kindergartener at Seminole Elementary, is from the Brighton Reservation and is the son of Charlotte Burgess, and Grandson of Willie and Lorene Gopher.

Congratulations Ruben for your award, and keep up the good work!

Hollywood Employee Halloween **Party and Costume Contest**

> In: The Auditorium At: Noon On: Oct. 31



To All Seminole High School Students:

The **Department of Education** is inviting you to attend the

NACAC/Broward County National College Fair at the Greater Fort Lauderdale Broward County Convention Center

Date: Wednesday, October 22, 2003 Time: 5:00pm- 8:30pm

Fair workshops will provide critical college information to students and parents More than 200 universities and technical institutes will be represented

For parent participants, this event will count as one of the two mandatory PAC meetings if you register with Dora Bell, Higher Education Advisor, please phone (954) 233-9541

Students who come prepared with 5 written questions for specific colleges will automatically be included in a raffle for a gift certificate. For help with questions,

All students must be accompanied by a parent or guardian

visit the following website: www.campustours.com Transportation and dinner will be provided for all registered participants.



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Job Opportunities

For an application or more information, please contact the Human Resources Department at 954-967-3403, The Seminole Tribe of Florida is a DRUG FREE WORKPLACE, Drug Screening is a requirement of employment, WE EXERCISE NATIVE AMERICAN PREFERENCE.

HOLLYWOOD

Position: Tutor Dept: Education Position Opens: 9-22-03 Position Closes: 10-6-03 Salary: Negotiable with benefits

Position: Project Coordinator Dept: Housing Position Opens: 10-13-03 Position Closes: 10-27-03 Salary: Negotiable with benefits Position: Budget Analyst

Dept: Accounting
Position Opens: 8-4-03
Position Closes: 8-18-03
Salary: Negotiable with exp. with benefits
Position: Outreach Worker
Dept: CAA

Position Opens: 9-2-03
Position Closes: 9-15-03
Salary: \$8.00/hr with benefits
Position: Maintenance Mechanic
Dept: Housing

Position Opens: 7-14-03 Position Closes: 7-28-03

Salary: Salary negotiable with benefits

Position: P/T Environmental Housekeeper
Dept: Health
Position Opens: 9-2-03
Position Closes: 9-15-03

Salary: \$18,720.00 annually with benefits

Position: A/R Manager

Dept: Accounting

Position Opens: 8-4-03

Position Closes: 8-18-03

Salary: negotiable w/exp. w/benefits

Position: Microcomputer Support Specialist Dept: Information Systems Position Opens: 7-7-03 Position Closes: 7-21-03

Salary: \$35,000 - \$42,000 annually with benefits

Position: Fitness Trainer Dept: Recreation Position Opens: 9-8-03 Position Closes: 9-22-03 Salary: negotiable with benefits

Position: Background Investigator Dept: Compliance & Regulations Position Opens: 9-15-03 Position Closes: 9-29-03 Salary: Salary negotiable with benefits

Position: Telecommunications Specialist Dept: Information Systems Position Opens: 8-4-03 Position Closes: 8-18-03 Salary: \$34,000.00 annually with benefits

Position: Rough Carpenter Dept: Housing Position Opens: 9-2-03 Closes: 9-15-03 Salary: Negotiable with benefits

Position: Admin Assistant 1

Dept: Utilities Position Opens: 8-25-03 Position Closes: 9-8-03 Salary: \$27, 893.72 annually with benefits Position: Office Clerk III Dept: Family Services Position Opens: 9-2-03 Position Closes: 9-15-03 Salary: negotiable with benefits

Position: Programmer/Analyst Dept: Information Systems Position Opens: 3-31-03 Position still available Salary: Negotiable with benefits

Position: Purchasing Agent (non-Certified)
Dept: Seminole Police Dept
Position Opens: 8-11-03
Position Closes: 8-25-03
Salary: Negotiable with benefits
Position: Water/Sewer Coordinator
Dept: Utilities

Position Opens:8-25-03
Position Closes: 9-8-03
Salary: Salary negotiable with benefits
Position: Reporter/Editorial Ast.
Dept: Communications

Position Opens: 9-2-03 Position Closes: 9-15-03 Salary: Negotiable with benefits. Position: Finish Carpenter Dept: Housing

Dept: Housing
Position Opens: 9-2-03
Position Closes: 9-15-03
Salary: negotiable with benefits
Position: A/P Manager
Dept: Accounting
Position Opens: 9-22-03
Position Closes: 10-6-03

Salary: Negotiable with benefits

Position: Safety Officer
Dept: Human Resources
Position Opens: 5-5-03
Position still available

Salary: negotiable with benefits

Position: Tribal Clerk Dept: Sec. of Tribal Council Corporate Board Position Opens: 10-13-03 Position Closes: 10-27-03 Salary: Negotiable w/benefits

Position: Counselor II Dept: Family Services, Health Position Opens: 7-7-03 Position Closes: 7-21-03 Salary: negotiable with benefits

BIG CYPRESS

Position: Secretary Dept: Natural Resources Dept. Position Opens: 9-22-03 Position Closes: 10-6-03 Salary: negotiable with benefits

Position: Tour Guide Dept: Ah-Tah-Thi-Ki Museum Position Opens: 10-13-03 Position Closes: 10-27-03 Salary: Salary: \$7.50/hr with benefits

Position: Administrative Assistant Dept: Family Services Position Opens: 8-18-03 Position Closes: 9-2-03

Michael's Decoration

Salary: negotiable with benefits

Position: Dir. Family Services Dept: Family Services Position Opens: 9-15-03 Position Closes: 9-29-03 Salary: Salary negotiable with benefits

Position: Instructional Aide Dept: Ahfachkee School Position Opens: 3-10-03 Position still available Salary: negotiable with benefits

Position: Firefighter/EMT (P/T)
Dept: Emergency Services
Position Opens: 3-10-03
Position Still available
Salary: negotiable w/experience w/ benefits

Position: Career Firefighter/EMT Dept: Emergency Services Position Opens: 7-21-03 Position Closes: 8-4-03 Salary: \$31,500 annually with benefits

Position: Maintenance Worker Dept: Ah-Tah-Thi-Ki Position Opens: 8-25-03 Position Closes: 9-8-03

Salary: \$16,640 annually with benefits Position: Operator Maintenance Trainee Dept: Utilities

Position Opens: 7-28-03 Position Closes: 8-11-03 Salary: \$18,720.00 annually with benefits Position: Elementary Educ Teacher Dent: Ahfachkee

Position: Elementary Educ Teacher Dept: Ahfachkee Position Opens: 8-25-03 Position Closes: 9-8-03 Salary: negotiable with benefits Position: Elem. Music Teacher

Position: Elem. Music Teacher Dept: Ahfachkee School Position Opens: 4-7-03 Position Closes: 4-21-03 Salary: negotiable with benefits

BRIGHTON

Position:P/T Firefighter/EMT
Dept: Emergency Services
Position Opens: 3-10-03
Position still available
Salary: negotiable w/experience w/ benefits

Dept: Utilities
Position Opens: 4-28-03 /// Position Closes: 5-12-03
\$ 18,700 annually with benefits.

Position: Video Programmer, P/T

Position:Operator Maintenance Trainee

Position:Video Programmer, P/T Dept: Broadcasting Position Opens: 4-28-03 Position Closes: 5-12-03 Salary: \$8.00/hr.

Position:Residential Coordinator Dept: Housing Position Opens: 9-22-03 Position Closes: 10-6-03 Salary: \$24, 960 annually with benefits

Position:Director of Recreation Dept: Recreation Position Opens: 9-22-03 Position Closes: 10-6-03 Salary negotiable with experience with benefits

Position:Community Health Rep. Dept: Health Position Opens: 10-13-03 Position Closes: 10-27-/03 Salary: negotiable w/benefits

Position:Medical Assistant
Dept: Health
Position Opens: 10-13-03
Position Closes: 10-27-03
Salary: \$20,800. - \$22,880 annually with benefits.

Position:Transporter
Dept: Health
Position Opens: 9-8-03
Position Closes: 9-22-03

Salary: \$18, 720 - \$20,592 annually with benefits Position:Ast. Director of Recreation Dept: Recreation Position Opens: 9-22-03 Position Closes: 10-6-03

Salary negotiable with benefits

Position:Director of Recreation Dept: Recreation Position Opens: 9-22-03 Position Closes: 10-6-03 Salary negotiable with experience with benefits

Position:Secretary/Outreach Worker Dept: CAA Position Opens: 9-2-03 Position Closes: 9-15-03 Salary: \$13.00/hr with benefits

Position:Counselor II Dept: Family Services Position Opens: 10- 13-03 Position Closes: 10-27-03 Salary: Negotiable with benefits

Position:Teacher Aide (3)
Dept: Preschool
Position Opens: 8-18-03
Position Closes: 9-2-03
Salary: negotiable with benefits & education

Position:Electrician
Dept: Housing, travel to all Res.
Position Opens: 6-30-03/// Position Closes: 7-14-03

Salary: \$29, 120.00 annually with benefits

Position:Water Resources Mgt. Coord. Dept: Water Resources Dept. Position Opens: 4-28-03 Position Closes Salary: \$ 30, 000 annually w/ benefits.

Position:Career Firefighter/EMT Dept: Emergency Services Position Opens: 7-21-03 Position Closes: 8-4-03 Salary \$31,500 annually with benefits

Position:Tribal Outreach Worker II Dept: Family Services, Health Position still available. Salary Negotiable with benefits

COCONUT CREEKPosition:Surveillance Specialist

Dept: Gaming
Position Opens: 10-13-03
Position Closes: 10-27-03
Salary: \$19,760 annually with benefits

FORT PIERCE

Position:Sr. Counselor Dept: Family Services, Health Position Opens: 12-9-02 Position still available Salary Negotiable with benefits

IMMOKALEE

Position:Counselor II Dept: Family Services, Health Position Opens: 6-23-03 Position Closes: 7-7-03 Salary negotiable with benefits

Position:Cultural/Lang. Instructor Dept: Culture Education Position Opens: 2-24-03 Position still available Salary negotiable with benefits

Position:Maintenance Worker Dept: Recreation Position Opens: 12-19-01 Position still available Salary \$14,500 with benefits.

Position:Operator Maint. Trainee Dept: Utilities

Position:Surveillance Operator Dept: Compliance & Regulation Position Opens: 8-18-03 Position Closes: 9-2-03 Salary: \$19,760.00 annually with benefits

Position still available \$ 18,700 annually with benefits. Position:Nutritionist /Health Educator Dept: Health Position Opens: 1-6-03

Position:Counselor 11 Dept: Family Services, Health Position Opens: 6-16-03 Position Closes: 6-30-03 Salary negotiable with benefits

Position still available Salary negotiable w/benefits

TAMPA

Position:Surveillance Technician Dept: Gaming Compliance Position Opens: 9-2-03 Position Closes: 9-15-03 Salary negotiable with benefits

Hard Rock Casino

Position: Security Shift Supervisor Dept: Security Location: Seminole Hard Rock - Hollywood, FL Posting Date:Oct. 13, 2003 - Oct. 31, 2003

Position: Security Supervisor Dept: Security Location: Seminole Hard Rock - Hollywood, FL Posting Date: Oct. 13, 2003 - Oct. 31, 2003

Position: Security Officer Dept: Security Location: Seminole Hard Rock - Hollywood, FL Posting Date:Oct. 13, 2003 - Oct. 31, 2003

Position: Computer Operations Engineer (i-series operator) (NEED FOUR (4) OF THIS POSITION)
Department: Information Technology
Location:Seminole Hard Rock - Hollywood, FL
Posting Date:Oct. 13, 2003 - Oct. 31, 2003

Position: Project Manager - Casino & Finance Department: Information Technology Location: Seminole Hard Rock - Hollywood, FL Posting Date: Oct. 13, 2003 - Oct. 31, 2003

Position: Receptionist/PBX Department: Gaming Human Resources Location: Seminole Hard Rock - Hollywood, FL Posting Date: Oct. 13, 2003 - Oct. 31, 2003

Please forward resumes to jfaccadio@semtribe.com or fax (954)364-4137 attn: Jeanne Faccadio

Police Jobs

Position: Police Officer Starting Salary: \$35,992.95 Locations: Big Cypress, Hollywood, Immokalee Police Officer position available. Must already have/his certification. Needs to be a citizen or have alien resident card, 19 years or older, with a high school diploma or GED. Shift work. Excellent benefits. If you are interested please call (954) 967-8900.

RAFFLES

LES* YOUTH "GYMRAT" BASKETBALL TOURNAMENT
CAR SHOW / BAR-B-QUE COOKOFF

SATURDAY, OCTOBER 25, 2003
HOLLYWOOD GYMNASIUM
TUDGING 6:00 PM 10 7

1ST ANNUAL KEITH OSCEOLA MEMORIAL

HOLLYWOOD GYMNASIUM YOUTH BASKETBALL 10:00 AM 1^M AND 2^{MD} PLACE TEAMS - PLAQUES 10 AND UNDER - 14 AND UNDER - 17 AND UNDER DEADLINE FOR ENTRY - OCT. 22 5 P.M.

BAR-B-QUE COOKOFF* 12:00 NOON
JUDGING 3:00 PM
1⁵⁷ PLACE - 600,00 AND TROPHY
2ND PLACE - 400,00 AND TROPHY
3ND PLACE - 200,00 AND TROPHY

"All Contestants will cook at the Hollywood Gym and be responsible for their our grill and I slab of pork ribs.

Table: Will to Partidad

Tables Will Be Provided.

Hollywood Gym (954) 989-9457 CAR SHOW 4:00 PM TO 6:00 PM REGISTRATION
JUDGING 6:00 PM TO 7:00 PM
JST PLACE - 300,00 AND JACKET
2** PLACE - 200,00
3** PLACE - 100,00

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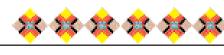
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What's Your Fitness IQ?

Almost everyone has a fitness goal they want to reach. The first weapon in your arsenal should be knowledge. How much do you know about weight loss and fitness? Take this short quiz before you start one more diet or buy one more infomercial gadget. There are no prizes except for your health. If you score between

13-16, then you are a very knowledgeable person and you're probably doing fine. If you score between 9-12, then you know a little bit and just need to study up a bit more. 6-8 you should be doing more research and consulting with an

expert. 6 or less you should probably hire a personal fitness trainer and a nutritionist to help you get

1. During exercise in the heat:

a) Blood is diverted from the muscles to the skin

b) Stress on the cardiovascular system decreases c) Fluids should be restricted to allow the body to adapt to dehydration

d) Only warm fluids should be taken during to first

2. The most important component of a weight loss program is:

a) Cardio

b) Strength Training c) Eating a Healthy, Low-Calorie Diet

d) All of the above 3. The "energy currency" of the cell is

b) Glycogen d) Protein

4. To burn more fat, you should exercise: a) At a high intensity

b) Until you drop

c) At a low intensity

d) Doesn't matter 5. Many women tend to bulk up when they lift heavy

b) False

6. Consuming carbohydrate during endurance exer-

a) Causes hypoglycemia

b) Reduces muscle glycogen utilization

c) Raises blood glucose d) Does not effect performance

7. Doing yoga and/or Pilates will lengthen my muscles, giving me the long, lean look of a dancer

% of all dieting programs fail to allow its

b) False

b) 57

users to lose weight and keep it off.

9. To lose weight, you should keep your calories:

b) Between 900 and 1200

c) At 1500 or below d) At least at your Basel Metabolic Rate

10. The best way to tell if you've had a good

strength-training workout is: a) If I'm sore the next day

b) If my muscles feel shaky after my workout

c) If I've lifted enough weight to make my last repetition very difficult, but not impossible d) If my muscles look bigger after my workout

11. The Institute of Medicine issued new exercise guidelines to maintain recommended weight to: a) 60 minutes of moderate activity every day

b) 30 minutes of moderate activity every day c) 30 minutes of moderate exercise 3-5 days a week d minutes of moderate exercise every day

12. Which of the following is NOT a real weight loss a) TrimPatch - "Recommended by over 1,000 physi-

b) Hunger Switch -"...if you're fat, it's not your

c) Thin 'n Pretty - "Start losing inches immediately...with this weight loss lotion!"

d) Weight loss Necklace - "For optimum weight loss, wear your jewelry for 10 days straight!"

13. Low-carb diets are the best way to lose weight a) True b) False

14. In order to lose a pound of fat, you have to burn extra calories above your Basal Metabolic Rate.

b) 1000 c) 500

d) 5000

15. The best time of day to exercise is: a) There is no best time

b) Evening - your energy is high

c) Morning - you burn more fat on an empty stomach d) Mid-day - working out before lunch will curb your

16. The only way to get a flat belly is to:

a) Do ab exercises every day b) Lose body fat

c) Do weighted abdominal exercises d) Do Pilates or Yoga

a. During exercise in the heat, blood that was transferring oxygen to the muscles is diverted to skin to eliminate heat. This competition for between the muscles and skin places a greater demand on the cardiovascular system. At the same time, the blood

volume is decreasing because of sweat losses.

d. While it's possible to lose weight by dieting or doing cardio, a combination of those plus weight training is the most effective way to lose weight permanently.

a. The energy- rich compound adenosine triphosphate, or simply ATP, is

the fuel used for all the energyrequired processes within the cell. The energy released from the ATP is used to power all body functions, so ATP is considered the "energy currency" of the cell

d. It doesn't matter. If you burn off more calories than you consume over the course of a week or two, you will start burning fat stores, even for daily activities.

b. It is very difficult to build big muscles, for both women and men. Women don't have enough testosterone to build huge muscles. If you tend to 'bulk up' when you lift heavy weights, it's possible that you're simply gaining muscle faster than you're losing body fat. This is a common occurrence and you don't want to stop lifting! That added muscle will end up helping you lose more body fat so be patient, make sure you're doing enough cardio (3-5 days a week) for weight loss and your body will start chang-

b. Carbohydrates during exercise lasting at least an hour may enhance performance by providing glucose for the muscles to use when their glycogen stores have dropped to low levels. Practically speaking, people can exercise longer and or sprint harder at the end of exercise

b. It is impossible to 'lengthen' your muscles without a surgical procedure. You can make your muscles bigger or smaller and you can make your muscles more flexible with yoga and Pilates, but you can't lengthen them. Think of it this way...if your muscles actually grew longer, wouldn't your bones have to grow too? Note: Yoga and Pilates are great for reducing stress, increasing flexibility and working on your balance and torso strength. However, it won't change the length of your muscles. a. While 99% of dieters fail to permanently

lose weight on diet and exercise programs, it isn't fair to say that 99% of diet/exercise programs fail. It isn't the fault of the program; it's the fault of the dieter. All diets will work for a short period but they won't work in the long-term because people don't want to follow them as much as they want to keep eating the way they always have.

d. Your Basal Metabolic Rate (BMR) is the number of calories your body MUST have to function correctly. If you go below your BMR, you risk sending your body into starvation mode, which will slow your metabolism down and stall any attempts at

c. Muscle soreness is not an indication of success. It's normal to be sore after you begin lifting weights or when you significantly change your routine. If you're sore on a regular basis, you need to back off. To make sure you're challenging your muscles, use enough weight that you can ONLY complete the desired number of repetitions (usually between 8 and 16). If you can do more reps, you need to add more weight.

a. The Institute of Medicine says we need 60 minutes of moderate exercise like swimming, jogging, walking etc. in order to maintain a healthy weight. While these guidelines are no doubt on target, plenty of Americans barely get half the recommended amount of exercise and may cringe at these new, tougher guidelines.

d. It's hard to keep up with all the strange weight loss products out there. Remember that the FDA does NOT regulate weight loss products and supplements and that most of them are fraudulent. There is NO SUBSTITUTE for exercise and eating healthy, so keep your money instead of giving it to these whacked out money-grubbers. Stay on your toes by visiting DietFraud.com.

b. A diet low in carbohydrates is typically high in fat and protein, which is bad for your heart and your arteries. These diets also often restrict healthy fruits, veggies and whole grains and you know those are good for you. Avoid diets that restrict entire categories of food...you need carbs for energy!

a. You have to burn 3500 calories in addition to your BMR in order to lose a pound of fat. It's easiest to do this with a combination of diet and exercise. If you cut 250 calories from your diet and burn 250 calories with exercise each day, you'll lose about a pound a week. Don't try to lose more than 2 pounds a week or you may go below your BMR, which can actually hurt your weight loss goals.

a. The only 'best' time to exercise is the time you WILL exercise. There's no proof that prove that you burn more fat in the morning or that evening exercise is better because you're more awake. Fit exercise into your schedule and your own body clock and you'll be better able to stick with it.

b. We ALL have six-pack abs. They aren't 'created' by doing ab exercises...they already exist. The reason most of us can't see our abs is because they're covered by a layer of fat. Ab exercises are important for a strong torso, but if you're doing them to lose fat over your abs, you're setting an impossible

The full quiz by Paige Waehner can be taken online at: http://exercise.about.com/library/Quiz/quiz2/blfitIQ.

If you have any questions on exercise or healthy eating, please contact Kenny Bayon at kbay07@aol.com.

Newly Hired Dental Receptionist Clairta Osias

months ago

HOLLYWOOD — Clairta Osias is the newly hired dental assistant / receptionist with the Hollywood Dental Health Department. She started working for the Seminole Tribe six

Clairta's duties at the dental office include obtaining patient charts, setting dental appointments, and assisting the dentist with procedures when

Clairta arrived from Hatit in 1992 and she now resides in Miami with her husband Frantz and 8-year-old son Hubert.

Clairta studied at the Con Court Career Institute for six months and later worked her internship at the dental office of



Dr. Todd Smith in Miami. Clairta says it was her son Hubert, who encouraged her to go back to school and start a new career. When Clairta isn't at

work, she enjoys spending time with her family, watching television, helping her son with his homework, or surfing the web on one of their four home computers. Clairta said she has

learned a lot about the Seminole culture and enjoys working with the Seminole community. In the future, Clairta would like to continue her education and earn a law

If you would like to contact the dental office, or set up an appointment, please call (954) 964-3411 Monday through Friday between 8:00 a.m. and 5:00 p.m.

Dr. Brian C. Rush Presents Free Spinal Exams

HOLLYWOOD — On Sept. 30, Chiropractor Physician Dr. Brian Rush and massage therapist Josh Plate offered free massages to tribal members and employees at the tribal auditori-Individuals spoke with

Dr. Rush about what to do about

mild aches and pains. "As a chi-

ropractor, I target pressure points with specific adjustments to help patients relieve headaches and stress," said Dr. Rush. Josh Plate, a well-known massage therapist at the Bally's sport gym in Pembroke Pines, primarily worked with the tribal members and employees. Everyone seemed to thoroughly

employee was almost speechless as he relaxed in the orthopedic Remember, while a massage feels good, it does not always address the problem associated with neck pain. Chiropractic care has reported

significant improvement in neck

enjoy their free massage. One

function and a reduction in neck pain whereas those taking painkillers do not. Tribal member Anthony Frank said Dr. Rush

has helped him with an old leg injury. Before receiving chiropractic care, Anthony could not move his leg

much or bend over. Anthony receives chiropractic care twice a week and home excises to limber his body. Anthony



Anthony Frank enjoys his free massage.

says the pressure and stress are gone and he can touch his toes, thanks to Dr. Rush.

Many factors are responsible for lower back pain, improper sitting or lifting trauma, or inherited spinal abnormalities. The chiropractic approach is used to help restore a more normal motion and position of affected areas.

Malaria Cases in Palm Beach County

Seminole Tribe of Florida community members should be aware that (8) confirmed cases of locally acquired malaria have been reported to the Florida Department of Health.

The Palm Beach County Health Department confirmed the eighth case of malaria in a 26 year old male from western Lake Worth. He is undergoing treatment and is expected to get better. A medical alert remains in effect for Palm Beach County for mosquito-borne diseases.

Because of the close proximity of the Hollywood, Big Cypress and particularly the Brighton Reservations to Palm Beach County, all community residents are being advised to avoid mosquito bites. The Seminole Health Department continues to advise the public to remain diligent in their personal mosquito protection efforts. These should include the "5" D's" for prevention:

Dusk and Dawn (avoid being outdoors when mosquitoes are seeking blood, for many species this is during the dusk and dawn hours)

Dress (wear clothing that covers skin) **D**EET (use mosquito repellants including DEET [N, N diethyl- m -toluamide] on skin and

pyrethrins on clothing when you are outside) Drainage (check your home to rid it of standing water in which mosquitoes can lay their

keys to prevention

Elimination of breeding sites is one of the

Tips on Eliminating Mosquito Breeding Sites Clean out eaves, troughs and gutters. Remove old tires.

Turn over or remove empty plastic pots or pans. Pick up all beverage containers or cups. Check equipment which may collect water. Remove vegetation or obstructions in drainage ditches that prevent the flow of water.

If a person has been severely ill with high fever, vomiting, dizziness, headache and teeth chattering shivers they should report to the Seminole Health Department or their nearest hospital. Malaria is a parasitic disease carried by the Anopheles mosquito and can be treated.

If you have any questions contact the Environmental Heath Services at (954) 962-2009.

HAVE YOU BEEN INJURED?

Automobile Accidents Medical Negligence Nursing Home Abuse/ Neglect Slip & Falls **Traffic Violations Criminal Infractions**



Anthony "Tony" Scalese Tribal Member Pueblo of Isleta

As a Native American, I respect your special needs and concerns. If you or a family member have been injured, please call for a free, confidential consultation. No fee unless money recovered. We will work to protect your legal rights.

> The Law Offices of Anthony V. Scalese (954) 436-6200

499 N.W. 70 Ave. Suite 106, Plantation, Florida 33317

The hiring of a lawyer is an important decision that should not be based solely upon advertisements. Before you decide, ask us to send you free written information about our qualifications and experience. The Seminole Tribune October 17, 2003

<u>Sports v Ham-pa-leesh-ke v Vkkopvnkv</u>

2nd Annual Martha Tiger Memorial Pool Tournament

BIG CYPRESS — The Senior Enrichment Center in Big Cypress hosted the 2nd Annual Martha Tiger Memorial Pool Tournament on Thursday Sept.

scotch doubles were played as the seniors remembered and paid tribute to Martha.

Winners were as follows: Women 60 and over: 1st place - Betty Osceola, 2nd place - Louise Billie, 3rd place – Patsy Billie,

4th place – Annie Jumper. **Women 55 – 59:** 1st place Juanita Osceola, 2nd place -Mabel Osceola, 3rd place -

Louise Osceola, 4th place – Daisy Buster, 5th place – Ruby Osceola. Men 60 and over: 1st place – Joe Junior Billie, 2nd

place – Bobby Clay, 3rd place – George Billie, 4th place – Dan Bowers, 5th place – Billie Men 55 - 59: 1st place - Russell Osceola, 2nd place – Ronnie Doctor, 3rd

place - Sammy Nelson, 4th place – Paul Bowers Sr., 5th place - Leroy "Keno" King. Scotch Doubles: 1st place

 Leroy King / Louise Billie, 2nd place – Russell Osceola / Juanita Osceola, 3rd place – Joe Junior Billie / Annie Jumper, 4th place – Sammy Nelson / Betty Osceola, 5th place – George Billie /



and Annie Jumper.

18. Seniors from all reservations and Trail were invit-

Luncheon was served during the event, which got underway at 10 a.m. Both singles and

BC Staff and Community Softball Game

Louise Osceola.

By Chris Scanlon, Big Cypress Family Services BIG CYPRESS — Big Cypress community members and staff answered the challenge and stepped up to the plate on Saturday, August 23 for a friendly yet competitive game of soft-

More than 50 participants and fans came out to the baseball field to play or cheer for two evenly matched teams made up of community members, including Angela and Melissa Tiger, Jeremiah Hall, Rev. John Solom, Arnold Cypress, and Big Shot, and staff from departments including the Clinic, EMS, SPD, Recreation and Family Services.

The staff team, which included community members Lydia Cypress and Harley Roberts, scored five runs in the first inning and jumped out to a 9-2 lead after two innings. Nevertheless, the community team, with the addition of Chairman Mitchell Cypress at first base, held their ground and rallied late to tie the game at 12 going into the final inning.

The staff team could only manage one more run, while the Community team scored two in the bottom of the 9th inning to take the

After the teams congratulated each other, talk of rematch began right away. However, the aroma of a barbecue lunch, provided by Ronnie

Billie with help from Caroline and Roger Billie, quickly made everyone forget about the game. Grilled hot dogs, hamburgers, and chicken were the perfect ending to a fun day of competition and



Moses Jumper (aka "Big Shot") pitches to Lydia Cypress.

The next game is scheduled for Nov. 1, at the Big Cypress softball field. Game time is 10:00 a.m. The staff team is hungry for a rematch and challenges community members to come out and step up to the plate!

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Lady Seminoles Nearly Capture Native American World Series

Amanda Smith, Ginger Jones, Pam Matthews, and Theresa Clemmons named to the All-Tournament team.

By T.W. Trueblood

SALT LAKE CITY, UT — From Sept. 26-28, the goal for the Lady Seminoles softball team was to win the Native American World Series in Salt Lake City, Utah. And they nearly did! From Brighton, the Lady Seminoles played inspired softball, often dis-



Rita Gopher helps pitch the Lady Seminoles to the World Series.

playing their offensive prowess and stern defense. In the Lady Seminole's first game, they

shutout the Native Fireworks from Idaho, defeating them by mercy ruling 10-0 in 41/2 innings. Nicki Osceola led the offense going 3-3 with a triple and two runs scored. Carla Gopher and Dana Osceola each went 2-2, while Theresa Clemmons added a solo In the second game, the Lady Seminoles

dropped a wild slug-fest against the Rez Ballers from Washington 21-16. Pam Matthews went 3-4 with a double and home run and Theresa Clemmons added two home runs, going 2-3. Farrah Jones collected three hits, including a double. Rita Gopher went 2-4, and Kasey Baker added an RBI hit for the Seminoles. After being knocked down to the loser's

bracket, the Lady Seminoles got back on track by defeating the Playmakers from California 17-7. In the mercy-ruling victory, Ginger Jones led the offense going 3-4 with four runs scored. Amanda Smith and Rita Gopher each went 3-4. Leigh Ann Osceola was perfect at the plate, going 3-3. Pam Matthews and Amanda Smith were an offensive force, each crushing 3-run homers for Brighton

The Lady Seminoles continued the offensive show by blasting Medicine Creek from Washington in four innings 20-3. Amanda Smith, Ginger Jones, Pam Matthews and Dana Osceola all went 3-4. Farrah Jones, Carla Gopher, and Amanda Smith each added triples. Theresa Clemmons went 2-3 with a homer

and scored two runs for Brighton.

With the Lady Seminoles on a roll, they got a rematch against last year's defending champions, Rez Bailers. Finding themselves down 7-6, the Brighton hitters got hot, scoring 7 runs in the top of the 6th and cruised to a 15-9 victory. Theresa

Clemmons led the offense going a perfect 4-4 with a double and three runs scored. Carla Gopher also went 4-4, while Farrah Jones went 3-4 with a double and triple. Joleigh Jumper added a solo home run and Dana Osceola added a double in the win. Revenge is so sweet!

The Lady Seminole's first game on Sunday pitted them against the High Rollers from Arizona. Brighton saved their best inning for last. With the scored tied at five, the Lady Seminoles pushed across five runs, doubling up the High Rollers 10-5. Joleigh Jumper led off the inning with a single and Nicki Osceola reached first on an error. With two outs, Rita Gopher was walked to load the bases. Amanda Smith hit an RBI single scoring Jumper. With the bases loaded again, Ginger Jones came through with a grand slam. Pam Matthews nearly hit for the cycle, going 3-4 with a double, triple, and

home run. Brighton eventually won 10-6. As the day progressed, there were only three teams left in the tournament, two of which were the

Lady Seminoles and the Minnesota Stars. The Lady Seminoles wasted no time pounding out 19 runs for a 19-11 victory over the fading Stars. Amanda Smith added a 5th inning Grand Slam, while Joleigh Jumper and Pam Matthews each went 3-4. Pam Matthews added a triple. Both Carla Gopher and Theresa Clemmons added doubles. The Lady Seminoles did an awesome job battling back into the winner bracket. The Seminoles

game. The ladies finally ran out of gas, losing 13-3. Amanda Smith led the offense hitting a three run home run in the 3rd inning. Coach Goodwin was extremely proud with the Lady Seminoles performance. "The defense was

faced a fresh All-Nation team in the Championship

responsible for the Seminoles going so far. They made numerous double plays and made some outstanding catches," said Goodwin. Amanda Smith, Ginger Jones, Pam

Matthews, and Theresa Clemmons were named to the All-Tournament team and received special recognition for their efforts as well as receiving All-Tournament sweatshirts. Way to go Lady Seminoles and congratula-

tions on a job well done! Special thanks to Richard Osceola, Parker Jones, and Roger Smith for providing their support of the Lady Seminoles.

Brighton's Lady Seminoles Finish 2nd

CHEROKEE, NC — On Sept. 13, the Lady Seminoles from Brighton traveled to Cherokee, North Carolina for their annual slow-pitch softball tournament. The Lady Seminoles did an outstanding job, finishing in 2nd place out of 12 teams. The only defeat came at the hands of the Renegades, a team from Oklahoma.

The Ladies started off great with a 21-11 mercy rule victory over Big Fat Indians from Cherokee. Nicki Osceola led the offense with four

runs scored. Farrah Jones, Rita Gopher, and Leanne Osceola each scored 3 runs apiece. Kasey Baker and Trisha Osceola each scored 2 runs apiece. Brighton's big inning came right away with a 7-run first inning, followed by 6 more in the

In the second game, the Lady Seminoles defense shined, shutting out the Sluggers from Mississippi in an 8-0 victory. Joleigh Jumper led the offense scoring 2 runs. Amanda Smith, Ginger Jones, Farrah Jones, Rita Gopher, Leanne Osceola, Kasey Baker each scored one run in the win.

In the third round of the winner's bracket, the Lady Seminoles scored 2 runs in the bottom of the fifth inning to overcome a 7-6 deficit, earning a narrow 8-7 victory over Playerz from Mississippi. Amanda Smith had a triple, while Ginger Jones led the defense with six put outs and Nicki Osceola contributed four.

The Lady Seminoles moved on to face the Renegades from Oklahoma. Brighton had an early 2-0 lead but eventually lost 10-2. The nail in the coffin came after giving up 4 runs in the sixth and a lack of hitting. Ginger Jones led the offense going 3-3 with one run scored and a triple. Sister Farrah Jones hit a home run for Brighton.

After falling into the loser bracket, the Lady Seminoles had to dig down and show everybody what they were made of. And that's exactly what they did with a come from behind 17-16 victory. The ladies were close to another mercy rule victory leading the Sluggers from Mississippi in the fifth 15-6, but had to rally for 2 runs in the bottom of the seventh to squeak out the victory. Carla Gopher and Joleigh Jumper led the offense scoring 3 runs apiece. Sisters Nicki and

Leanne Osceola and Amanda and Trisha Smith/Osceola each scored 2 runs apiece. Carla Gopher hit a two run home run in the seventh to seal

The Brighton team found themselves in the Championship game against the Renegades from Oklahoma for the second time in the day. The Lady Seminoles fared a little better, but still lost 11-4. Amanda Smith hit a home run to lead the offense.

Coach Goodwin said he was extremely proud of the team's performance. The ladies really



Team unity pays off for the Lady Seminoles.

came together and played as a team and all had fun. They did an outstanding job defensively; made many

diving plays. Overall, the Lady Seminoles hit very well in the tournament. Rita Gopher and Diane Smith did a terrific job pitching throughout the whole tournament.

Rita Gopher, Trisha Osceola, Nicki Osceola, and Amanda Osceola were named to the All-Tournament team and received special recognition and an award. Congratulations Lady Seminoles. WAY TO GO!

The Lady Seminoles from Brighton would like to thank Richard Osceola, Johnny Jones, Parker Jones, and Roger Smith for making all of this possi-

Shootout - Dunk Contest - Free Throw Shootout (All

p.m. to the community, friends, and family. Contact:

Donna Turtle at (954) 559-4790 or Lila Osceola at

Place: \$1,000 Third Place: \$800

(954) 558-8470

M.V.P. - Men and Women

First Place: \$1,500 & Jackets - Second

All Tournament Team: Men and Women

The family will serve dinner Friday at 6:00

First Annual Cindy Osceola Memorial **Basketball Tournament To Be Held**

HOLLYWOOD — From Nov. 6-8, the First Annual Cindy Osceola Memorial Basketball Tournament will take place at the Seminole Gym in Hollywood. Deadline for Entries is Oct. 30. Legends Tournament (35 & Over) 6:00 p.m. Thursday, Nov. 6. Rules: All Indian 10-man Roster \$250 Entry

Fee. First Place: \$1,500 & Jackets, Second Place:

\$1,000. M.V.P: Men and Women All Tournament

Team

Saturday, Nov. 8 - 3:00 p.m. 3 Point



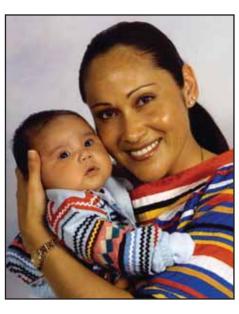
New Kid

New Addition to the Snake Clan Yes, I finally did it... I finally had

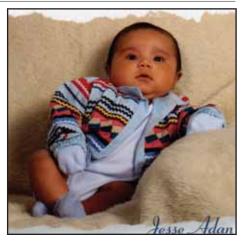
Wow, what an experience. Jesse Adan Sanchez was due to arrive on July 24, 2003. After a visit and okay from my doctor, I headed to Orlando on Monday, July 7, 2003 for the Youth Conference at the Hard Rock Hotel.

After driving for five hours, going from Estero, to Immokalee, to Hollywood, then finally to Orlando, we arrived at the Hard Rock at about 1 a.m. On Tuesday July 8, 2003, I finally got to bed at 3:00 a.m., but then at 5:20 a.m., I woke to the realization that my water was leaking!

I called my Husband, Tony, who was due in Orlando that Tuesday afternoon, and told him what was happening.



He jumped in his car and headed to Orlando! An ambulance transported me to Arnold Palmer Hospital for Women and Children. Thankfully, my sister was attending the conference and was able accompany me to the hospital. At about 12:30 p.m., the doctors gave me medication to help my labor "progress." After



approximately 10 hours of painful labor, it was finally time to "push."
All I can say is, "OH MY GOD,

What an Adventure!" At 3:01 a.m. on Wednesday, July 9, 2003, Jesse Adan Sanchez finally came into the world weighing 7 Pounds, 9 Ounces. Unfortunately, he developed Pneumonia after swallowing Amniotic Fluid and had to spend the first 10 days of his life in the Infant ICU for Intravenous Antibiotic Treatments. I was a wreck and feeling very helpless, but look at him now! Thank GOD for the doctors and

nurses at Arnold Palmer especially Dr. Amosu, Jesse's Pediatrician. We would also like to thank Max Osceola, Pat Diamond, Aida Rives (in Travel), Elaine Aguilar, Sheila Aguilar, and O.B. Osceola for taking care of things and making it easier for us to focus on our little Angel. I want to thank my sister, Marcella for being there for me and helping out with the girls, even though she did get into trouble for missing some of the conference. We love you Cella and we are going to miss you, you will forever in our

Just one last thought ... life may throw us some curve balls, but with the love and support of friends and family, we can make it through anything!

Finally a Mom Paula Bowers-Sanchez





Rayann Baxley! We love hearing your crazy

laugh! Stay sweet.

Love Mom, Dad, Chooge, Teja, Fat Boy, Weezel, and ALL your friends at Preschool!

Happy B-Day to Maria Moncada. Have a great one! From everyone at Preschool, Janine and family, and Katie and family!



Happy Birthday to Rickyjoe Alumbaugh (pictured with mother), who will be 8 years old on Sept. 20. We love you and wish you many more happy days.

Mom (Beverly) and Dad (Rick)

We (Jo-Lin Dawn Osceola and

John Morales, Jr.) would like to like to

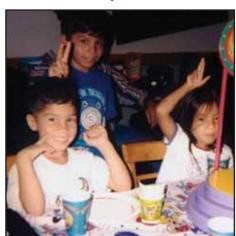
introduce Tiger John Osceola Morales

to Seminole Country. Tiger was born



Birthday to my two sons: Michael, who turns six on Oct. 12, and Erik, who will be five on Oct. 7. You are the two shining stars in my life.

I love you both and I wish you both a Happy Birthday! Love always, **Mom**



Belated Birthday wishes to Darwin Cypress (center standing), who turned 10 years old on Aug. 21 and **Aileen Cypress** (right), who turned 8 years old on Aug. 23. I love you both, **Aunt Beverly.**

Happy Birthday to Mom and Grandma (Betty Osceola).

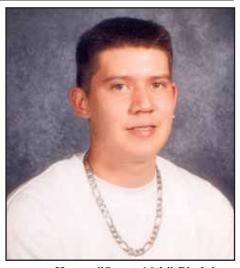
We just wanted to say happy birthday and that we love you. You mean the world to us.

Love Heather, Ida, and Chassidy

Six,

Baby boy, I wanted to let you know how much I love you and that I'm glad you're in my life. I want to thank you for being you and helping me grow to be a better woman.

Love always, **Heather Osceola**



Happy "Sweet 16th" Birthday to Wesley Bishop!

You have made it a long way by striving to become successful! I am very very proud of you and I want you to keep

We all wish you many more birthdays to come. We all love you very much! Sharon, Karen, Lydia, Mom, Dad, Grandparents and Great **Grandparents**. (Deer Clan)



We would like to wish our daughter Melinda a Happy 2nd Birthday on Oct. 23. Love you always,

Mommy and Daddy

We would like to wish our little sister Melinda a Big Happy 2nd Birthday.

With love from your little brothers, Anthony, Isiah, and Kenyen



Faith Little Bear Johns Newborn: 2-13-03 Weight: 10 pounds 21 inches. Parents: Marion and William Johns of the Hollywood Reservation

The Lord giveth . . . and the Lord taketh away

September 22nd, when I received the call that

changed my life and the lives of my family forever.

My sister... my friend... Jesse's Aunt Cella was gone.

that's what helps me through the rough spots. I am so

She helped bring him into this world, staying at the hospital for 23 hours and never once complained. She

continued to help me with him when we came home,

always available when I needed a sitter and those of

you who knew her, knew that she was always willing

Even though her life was cut tragically

to give a helping hand. That was Marcella, always

short, she lived a fulfilled life with her boys

(Quannah, Jeremy, and Brett), her grandchildren

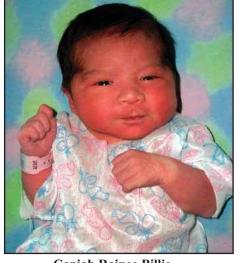
(Chesna, Quannah II and Luxie Simone), and finally

ready and willing to help.

thankful for the time she got to spend with my son.

Those words rang true on the morning of

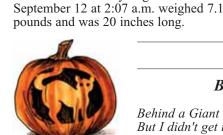
I think of all the good times we shared, and



Caniah Rainee Billie Born on Sept. 29, 2003, weighing 7 pounds, 2 ounces

We love you so much you have brought us so much joy!

Love Pete and Vanessa Aguilar



In Memory

her nephew (Jesse). She was so happy and proud that I had finally decided to have a baby, and she fell in love with him the first moment she saw him. I think he was sent to bring our family closer and make the bond between her and I stronger. We miss you, Marcella, but we know you are in a safe place and you'll be watching over us for the rest of our days. I

didn't say "Good-Bye", but rather "See you later, sis." It's hard to let go and realize that you will never get another chance to see or talk to a loved one when they are taken so suddenly. Cherish each day you have and don't let little things get in the way of telling your loved ones just how much they mean to you and how much you love them.

And a special thanks from the family to everyone that helped us in our time of need.

Mother

Within these walls, this prison my mind and thoughts run free. I think of Mom and days go by. And of what she meant to me. We were so much alike, the same in more ways than one. No one could change that. We were mother and son... I miss you Mom, I hope that you know through the years my love for you will continue to grow. You will always be thought of as the years go by. I shed these tears for you, as I sit here and cry. Nowhere in the world could you ever find a love like no other. That is the love that comes from your Mother. Mom, I love and miss you so much already!

Love, your Son, Quannah Bowers

Behind a Giant Wall

Behind a Giant Wall, there is a door. But I didn't get the key. The man who has it said "25 years." I heard that gavel land. I saw my city get smaller. And then I went through into that Giant Wall. I lost track of everything I knew. Would they still remember me? *Up at 6:00 a.m., lunch at 12, dinner at 5:30 p.m.* Work detail, talk about the same sh--, different day. I just wish that I wasn't there that day. To be behind a Giant Wall.

This is dedicated to those who are there, and those who've been. — Cagey '97-03

Control

One by one I took my pills eagerly. Swallowing death and sorrow happily. Uppers and downers, I knew the game. Percs and bars, I knew all their names. I didn't do coke, I didn't do weed, thought I was better. I only took pills, nothing was the matter.

In and out of hospital wards my family saying I'd gone overboard. Who were they? They didn't know anything. Cause I was in control of everything. Said, I needed pills to stay healthy. While making doctors and pharmacists

It sounds crazy, but they loved me. Why not? I paid the lease on their Mercedes.

Needed more than I could get. Cost more than I'd already spent.

My mom crying, "Her little girl is all she needs!' But I've got a pill addiction to feed.

My family begging me to stay, My addiction pulling me farther away. Now my family sees me laying there

Put there by my love for pills. Their crying cause I lost my fight, Unable to tell them that they were

Poems

All that's left is my story to share. So heed my warning, addictions don't play fair.

— A.J. Williams

Darkness and loneliness fill my cell With pain and fear to great to yell. I wait for the mailman to deliver to me As I wipe away my tears that no one will see. I pray so sincere with head raised above, "Please God, soon send a letter of love." I long to gaze upon pages so dear With riches to bring my loves ones near. Word of diamonds on pages of gold A message from heaven as their story is told "We love you, miss you, pray you'll be free." A treasure – filled envelope just for me. Please bring memories of joy I once knew Family, friends and things I would do. The darkness and pain of my cell will prevail As my name, again, was not called at mail!

By Quannah Bowera

Someone Write!

Quannah Bowers 967757 F.S.P / Main Unit 7819 NW 228th Street Raiford, FL 32026-1180

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Seminole Hard Rock Hotel & Casino on Schedule for Spring 2004

By Michael Kelly
HOLLYWOOD — Along
State Road 7, passersby can't help but
notice the towering hotel being constructed. Massive trucks kick up dust
as they make their way to the unfinished hotel.

It wasn't that long ago bulldozers were merely leveling the
acreage needed to start building. But
now, the completion date for the
Seminole Hard Rock Hotel & Casino
moves closer each day as substantial
progress continues.

progress continues.
Standing atop the 12th floor, you start to see how impressive the Hotel/Casino complex will be.

Construction workers are busy putting up sheet rock, metal framing, and wiring. Peering through dust tinted windows, you can see the Tribal office, partially hidden by trees. The enormous lake created on the corner of State Road 7 and Stirling Road can hold the Lock Ness Monster.

When completed, the 15-story hotel will offer guests 500 rooms, including 64 suites, a 115,000 sq. ft casino, a lagoon-style pool and spa, restaurants, lounges, over 40,000 sq. ft. of meeting space, retail shopping, and more.

Maybe I should start making reservations now.

reservations now.















Indian Day Celebrated in Tampa



Roger Smith models Nancy Frank's medicine

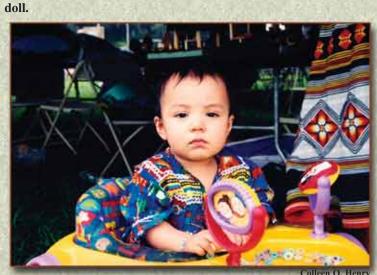


Barbara H. Cypress pitches horseshoes.





Kaylin Henry with Colleen O. Henry's prize-winning Seminole



Angel Dillon: being cute is serious business.

Yat-ke-to-she En-nok-ta-ke

By Randi M. Simmons

TAMPA — On Sept. 27, the Seminole community celebrated National Indian Day at Jerry Henry's Place in Riverview, FL. Many exciting events filled the day, beginning with the log-skinning contest for the men and the horseshoe competition for the women.

The arts and crafts were set up for display under one of the big tents. Culture Department employee Joanie Henry worked tirelessly to coordinate the event, assisting others with the wonderful variety of patchwork, beads, sweet grass baskets, Seminole dolls, drawings, woodcarving, chickee models

All the participants received t-shirts and a certificate for entering. The winners received specially designed ribbons of the Seminole Tribe colors. In addition, a Seminole clothing contest would take place later in the day for all.

The dinner feast, prepared by the community members, consisted of many traditional recipes. Some observed a demonstration as John Wayne Huff and his wife Vicki as they fixed up a big

batch of swamp cabbage.
Linda O. Henry made some delicious chicken and dumplings. While Annie Henry and Susie Doctor made fry bread and pumpkin bread, Nancy Frank cooked up some tasty beef noodles. There were many delicious choices of

Many of the Indian Day Events had some memorable moments. In the Women's Skillet Toss, people had to run for cover as two of the handles ended up breaking off pans. Jackie Smith took first place with a skillet toss of 43 feet, 8 inches. Education Advisor Lynn Himebauch surprised everyone, taking first place in the seniors skillet toss. Kaylin Henry took first in the girl's skillet toss division.

It turned out to be a great day as the rain stopped by mid afternoon. Women entering the log-skinning contest competed against each other, hoping to debark half a log as fast as they could. Jackie Smith had an amazing score in the event, finishing in less than two minutes, 1.49 minutes to be exact!

The men competed at log skin-

ning, spear and tomahawk throwing, and archery with targets. There was a whole variety of skilled events for people of all ages. Some women decided to try the spear throwing for distance. Regina Ranamneh (Tribal guest) threw a stunning spear throw that everyone will remember for many Indian Days to

The smaller children were happy to play in the water slide gym or jump around in the bounce house. Some of the boys decided to play football with Randy Santiago (Hard Rock Gaming) or do some archery with Christopher Jimmie. Many of the younger girls were content to making daisy bracelets and other beaded necklaces.

Meanwhile, judges Sgt. Dan Harris (S.P.D.), Scott Love (Goodyear Tire and Auto), Lynn Himebauch (Education, Big Cypress) had the fun yet difficult task of selecting winners in the arts and crafts contest. The winners posed for pictures, along with their

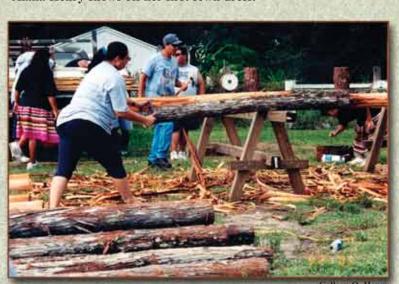
Richard Henry (Tampa Liaison) and his crew selected the door prizes. There were all kinds of neat gifts ranging from kids toys to handy items for the home or to wear. The finale was the clothing contest and awards.

It was truly a great time of being together. In fact, everyone wished for more than just one Indian Day a year.



Alana Henry shows off her first sewn dress.





Carmelina Machevelli log peeling contest.



off their beading skills.

Dy Lanie Henry and Danelle Thomas show



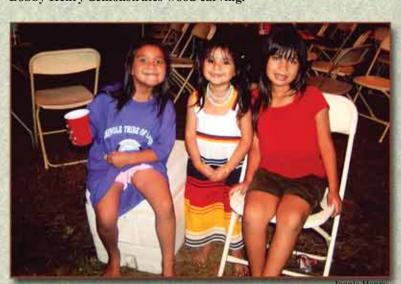
Clothing Contest (L-R): Trystyn Storm, Kesiah Osceola, Carris Colon, Christina Clark, Danelle Thomas, and Ryanna Thomas.



Archery Competition: Richard Henry looks on as Jimmy Osceola takes aim.



Bobby Henry demonstrates wood carving.



Just Chillin' Out: Ryanna, Ruby, and Danelle Thomas.



Jamie Walking Stick and Kanika Walking



Boys Spear Competition: Ricky Dillon, III.



Careful with the hat, son. I made it!





Vivian Delgado winds up.. and hits the tar-



By Michael Kelly HOLLYWOOD — Rain turned to sunshine as the Hollywood Reservation celebrated Indian Day in grand fashion, complete with a thunderous fireworks dis-

Held on Sept. 26, hundreds of tribal members participated in a wide variety of events. Inside the gym, an arts and crafts show displayed Seminole art, such as: beading, dolls, wood carving, patchwork, dresses, skirts, and more. Artists of all ages enjoyed showing off their creative drawings and paintings.

Jessica Osceola made a pencil drawing of one of her favorite subjects, a Seminole doll. Other proud artists included Allison Billie and her color-pencil drawing and Trevor Osceola, who created his very own Seminole vest. His mother, Melissa Osceola got in the act too, carving a knife out of cypress.

For the younger children, a bounce house, inflatable slide, and merry-go-round were set up on the outdoor basketball court. The fearless children cascaded down the slide, sometimes tumbling down, as parents watched anxiously. Of course, the children simply got up, laughed, and looked forward to doing it again.

Outside, the light drizzle of rain couldn't damper the enthusiasm of the stickball and ball throwing contests. Different age groups took aim at a peeled target on a standing cypress tree. The men took aim at the small target using the traditional stickball sticks while the women threw a leather-wrapped ball.

Vincent Micco displayed his stickball marksmanship as he was the first person to hit the target square on. Ronnie Doctor followed by connecting, as did Hollywood Representative Max Osceola Jr.

Max added a twist to the contest by flipping the ball backwards. . and hitting it too! Soon other tribal members made attempts at the backwards throw, but to no avail. Max may need to give lessons!

On the ladies side, Mabel Osceola, Maydell Osceola, Rosetta Jumper, and a host of others displayed their throwing skills and accuracy at hitting the target. Marlene Smith was the first woman to hit the thin cypress tree. If the Florida Marlins need more pitching, they'll know where to look for talent.

After lunch, the charcoal gray skies were replaced by bright sunshine. Dozens of people gathered around a chickee, located by the baseball field, and watched Betty Osceola, Cornelia Osceola, Annie Jumper, and Iretta Tiger create both fry bread and pumpkin bread. Lighting the fire under the chickee proved to be not only a chore, but potentially dangerous, at flames almost reached the top. The cold bottles of water were a welcomed relief from the sweltering temperatures in the

chickee.

The log peeling contest was a battle of skill and speed. Both men and women, young and old, rolled up their sleeves and got down to business, peeling away the layers of cypress bark. The peeled trees are later used to build chickees.

The joy on everyone's faces didn't go unnoticed by Hollywood Council Representative Max Osceola Jr. "Today reminds me of the original field day we use to have. Everyone is having a great time, doing things together, from the arts and crafts to stickball," said Max Osceola.

After the exhausting log peeling event, participants had the opportunity to take their aim at archery. Ronnie Doctor scored a bulls-eye . . . well more like a rump's eye, hitting the target in the rear area. Carol Cypress was able to hit the mark as well. After the adults finished, the children got their chance to show off their skills.

Recreation Department employee Steve Young and John Waterhouse, a master instructor and Indigenous Games Archery instructor for the Seminole Tribe, assisted participants. Both stated that many of the youngsters have the potential to be quite good. In fact, the Recreation Department now has archery classes scheduled every Monday from 6:00-7:00 pm.

As the events came to a close, both Max Osceola and David DeHass spoke about the importance of Indian Day and were extremely pleased by the huge

"It's so vital that we pass our arts and crafts skills to the next generation. We must maintain our culture," said Osceola.

He continued, "It was such a pleasure seeing both the boys and girls playing stickball. No one was afraid to get dirty, whether it was log peeling or stick-ball. Even seeing the men making fry bread was a great

For Max Osceola, who was instrumental in putting the Indian Day festivities together, was moved by the outpouring of community spirit. He commented, "Without question, this was one of the most attended events we've ever had. And you know what? Today wasn't about who was best. It was about keeping our traditions alive and well. The enthusiasm from the community was overwhelming. It's been such a special day for

me." Max wanted to thank all the volunteers who spent so much time making sure Indian Day at the Hollywood Reservation would be memorable. And with the support of the whole community, it was.



Max Osceola, Jr., stickball star.



Annie Jumper displays her pride.



Having fun in the rain.



Things get hot under the chickee.



Betty Osceola with her collection of beaded necklaces.



Kesera Cypress is trasformed into a smiling tiger.



Huston Osceola just loves rabbits.



Even the ladies find it appealing!



Ready.. Aim.. Bullseye!



Trevor Osceola created his own patchwork vest.



Sisters Taylor and Jessica Osceola preparing frybread.



Tribal Seniors display traditional Seminole dresses and skirts.



Cornelia Osceola and Betty Osceola are frybread profes-

The Seminole Tribune October 17, 2003



Turtles.. Start your engines!



Alex Johns peels away at the cypress.



Paulette Smith and Sandy Osceola ready their turtles.

Brighton

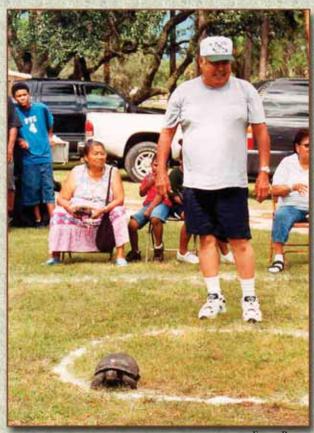
Continued from page 1

Over 40 walkers and runners turned out to the Indian Day 5K Walk & Run. Once the fish were all weighed in, lunch was served and door prize tickets were given to any tribal member wearing traditional clothing.

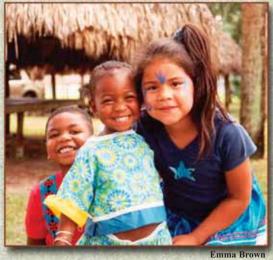
After lunch, the activities resumed with the men and women's log peeling contest and the kids fishing tournament. Under the tent, the Senior Citizens played bingo, while out in the open field, the men's archery contest was underway.

In the late afternoon, activities such as

coed horseshoes, turtle races, pumpkin and fry bread contests, and regular bingo took place. In the evening, a great supper completed the festivities. The hard work and dedication by community leaders and members made this year's Indian Day per-



Sammy Gopher presides over the turtle races.



The Baker children are full of smiles on Indian Day.



Kevin Tommie is all business in the Log Peeling contest.



The crowd anxiously awaits for the outcome.

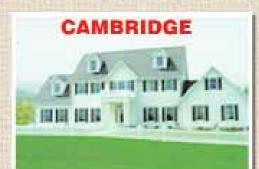
Look What We Have for You





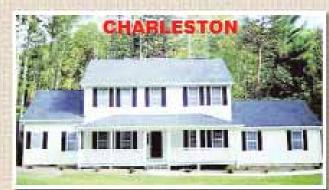
















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Big Day in Big Cypress for Incentive Award Winners

By Holly Billie

BIG CYPRESS — It was a proud day for parents and community members of the Big Cypress Reservation as several students were recognized for their academic and community achievements. The awards ceremony/dinner was held Aug. 14, 2003 at the Big Cypress Recreation Center. Leroy "Keno" King, who emceed the event, introduced the students to much applause. Big Cypress Board

Representative Paul Bowers Sr. and Big Cypress Council Representative David Cypress were on hand to congratulate the students and thanked them for the great

work they do for the community.

Among the students highlighted

were: Timmy Cypress Billie, Walter (Junior) Tommie, Jr., and Bertha Ballentine. Each received awards for Social Skills Development, Community Involvement, and Academic

Both Walter and Timmy were singled out for their compassion and service to the community by delivering meals to elders and to those homebound in the community of Avon Park through the "Meals on Wheels" program. They participated in the work program at ARC (Association of Retarded Citizens),

worked on lawn maintenance sprinklers, and assisted in making T-shirts for the Brighton Youth Conference.

Bertha created arts and crafts to sell at community functions in Clewiston to help raise money for the Sunrise Community outings. She also visited elders and hospitals with the staff and participates in local church programs.

All three also are contributing members of their communities and represent the Seminole Tribe in a positive way.

We should be very proud of their personal accomplishments as well as their contributions to the Seminole Tribe.

Georgia



L-R: Jr. Miss Seminole Stephanie Hall, Bertha Ballentine, Board Rep. Paul Bowers Sr., Junior Tommie, Timmy Cypress Billie, Councilman David Cypress, Miss Seminole Cherelee Hall

Academic Effort

Bionca Acosta 2nd Grade Ahfachkee School Anthony Balentine 3rd Grade Ahfachkee School Jessalyn Balentine Freshman Brenau Academy -Gainesville, GA

L.T. Balentine 10th Grade Hidden Lake Academy Lariah Balentine 2nd Grade Ahfachkee School Tana Bear-Osceola 3rd Grade Ahfachkee School Isaac Bettelyoun 3rd Grade Ahfachkee School Megan Bettelyoun 3rd Grade Ahfachkee School Myra Bettelyoun 4th Grade Ahfachkee School Alfred Billie 4th Grade Ahfachkee School April Billie 8th Grade Ahfachkee School Natalie Billie 6th Grade Clewiston Middle School Nelson Billie 3rd Grade Ahfachkee School Tiffany Billie 7th Grade Ahfachkee School Alex Cypress 7th Grade Calvary Christian School - Rapid City, South Dakota & Ahfachkee School Anthony Cypress 1st Grade Ahfachkee School



Symphony Osceola

Billy Cypress 6th Grade Clewiston Middle School Dillon Cypress 3rd Grade Ahfachkee School lan Cypress 4th Grade Ahfachkee School Kira Cypress 4th Grade Eastside Elementary School Michael Cypress 4th Grade Eastside Elementary -Clewiston, FL

Reggie Cypress 4th Grade Ahfachkee School Robb Cypress Senior Bachman Academy - McDonald,

Robert (Junior) Cypress 7th Grade Ahfachkee School Robert Cypress B. 7th Grade Clewiston Middle School Ryan Cypress 4th Grade Ahfachkee School Terinna Cypress 5th Grade Eastside Elementary School Clewiston, FL

Ashley Escobar 4th Grade Ahfachkee School Ildy Garcia Junior The Gow School, South Wales, NY Stephanie Hall 7th Grade Ahfachkee School Rashaun Jim 1st Grade Ahfachkee School Keith Jumper 4th Grade Ahfachkee School William "Korliss" Jumper 2nd Grade Ahfachkee School Maranda Osceola 6th Grade Ahfachkee School Bradley Osceola 2nd Grade Ahfachkee School Owachige Osceola 11th Grade Pinellas County Schools Kaylvnn Pewo 8th Grade Admiral Farragut Academy - St. Petersburg, FL & Osceola Middle School, Okeechobee,

Ann Tiger 7th Grade Ahfachkee School Lorelei Tommie 2nd Grade Summit Montessori School -**Broward County**

Regan Whitecloud 2nd Grade Calvary Christian School -Rapid City, South Dakota & Ahfachkee School

All A's & B's

Christian Alexander Kindergarten Ahfachkee School Katherine Bert Kindergarten Ahfachkee School Chief Billie Kindergarten Ahfachkee School Darryl Billie Kindergarten Ahfachkee School Leauna Billie Kindergarten Ahfachkee School

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Caitlin Cypress Kindergarten Ahfachkee School Darlah Cypress Kindergarten Eastside Elementary

Tatiana Herrera Kindergarten Ahfachkee School Nathaniel Jim Kindergarten Ahfachkee School Michelle Jimmie Kindergarten Ahfachkee School Anthony Joe Kindergarten Ahfachkee School Dorian Jumper Kindergarten Ahfachkee School Candelario Landin Kindergarten Ahfachkee School John McInturff Kindergarten Ahfachkee School Jason Melton Kindergarten Eastside Elementary School Kaitlin Osceola Kindergarten Ahfachkee School

Pre-Kindergarten Awards Christopher Alexander Ahfachkee School Akira Billie American Heritage School Tyrus B lilies Ahfachkee School Sierra Bowers Ahfachkee School Michaela Cypress Ahfachkee School Tai Cypress American Heritage - Boca/Delray Bly Davidson Ahfachkee School Callie Joe Ahfachkee School Eden Jumper Ahfachkee School Natomah Robbins Ahfachkee School Ignacia Rodriguez Ahfachkee School Nicholas Zepeda Grace Lutheran Pre-School

All A's & B's

LeAnna Billie Freshman First Indian Baptist School -

Dawna Cypress 7th Grade Ahfachkee School Tyler Cypress 2nd Grade Ahfachkee School Herschel Frank 6th Grade Ahfachkee School Christopher Joe 2nd Grade Ahfachkee School K'ahna Jumper 4th Grade Ahfachkee School Katinna Jumper 1st Grade Ahfachkee School Jason Melton 4th Grade Eastside Elementary School Ragan Osceola 3rd Grade Grand View School -Tallequah, Oklahoma

Sarah Osceola 1st Grade Ahfachkee School Travis Pacheco 1st Grade Pitts Middle School, Pueblo,

Savannah Tiger 1st Grade Ahfachkee School Catlen Tommie 4th Grade Ahfachkee School Trisha Walker 7th Grade Ahfachkee School

Absent 3 Days or Less

Rashaun Jim 1st Grade Ahfachkee School Kaitlin Osceola Kindergarten Ahfachkee School Klaressa Osceola 8th Grade Clewiston Middle School Symphony Osceola 1st Grade Ahfachkee School Megan Otero Senior Brenau Academy - Gainesville, GA Savannah Tiger 1st Grade Ahfachkee School Tequesta Tiger 2nd Grade Ahfachkee School Demetria Tigertail 7th Grade American Heritage School Kellie Tigertail 9th Grade Brenau Academy - Gainesville,

Perfect Attendance

Christopher Joe 2nd Grade Ahfachkee School Anthony Joe Kindergarten Ahfachkee School Bradley Osceola 2nd Grade Ahfachkee School Owachipe Osceola Junior Ahfachkee School & Pinellas County Schools

Improved GPA

Jessalyn Balentine 9th Grade Brenau Academy -Gainesville, GA

Tiffany Billie 7th Grade Ahfachkee School **DeForest Carter** 4th Grade Eastside Elementary School Robert "Junior" Cypress 7th Grade Ahfachkee School Ryan Osceola 7th Grade Clewiston Middle School Kellie Tigertail 9th Grade Brenau Academy - Gainesville,

Advanced/Honors Classes

Ayze Henry Freshman took this course at Edison Community College while enrolled at Ahfachkee School: American Cinema

Megan Otero Senior took these courses at Brenau University while enrolled in Brenau Academy's High School: 1. First-Aid 2. College Algebra 3. Pre-Calculus

A Average

Dawna Cypress 7th Grade Ahfachkee School Megan Otero Senior Ahfachkee School Catlen Tommie 4th Grade Ahfachkee School

B Average

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Kane Bettelyoun 3rd Grade Ahfachkee School



Akol Billie 3rd Grade American Heritage School

Jackson Billie 9th Grade Pinellas County Schools

Issiah Billie Senior Clewiston High School & Ahfachkee

Justina Jo Billie 4th Grade Mel Blount School - Vidalia,

Dannee Billie 4th Grade Ahfachkee School

Jon Ross Billie 5th Grade Ahfachkee School

Megan Otero

LeAnna Billie 9th Grade First Indian Baptist School -Shawna Billie 3rd Grade Ahfachkee School

Aiden Bowers 1st Grade Ahfachkee School Alanis "Emilee" Bowers 2nd Grade Ahfachkee School Meredith Bullard Sophomore Ahfachkee School DeForest Carter 4th Grade Eastside Elementary School Jalen Cypress 3rd Grade Ahfachkee School Tyler Cypress 2nd Grade Ahfachkee School Herschel Frank 6th Grade Ahfachkee School

Jonathan Harjo Sophomore Ahfachkee School Nauthkee Henry 3rd Grade Ahfachkee School Colby Herrera 2nd Grade Ahfachkee School Susie Jim 1st Grade Ahfachkee School Monique Jimmie 3rd Grade Ahfachkee School Christopher Joe, Jr. 2nd Grade Ahfachkee School K'ahna Jumper 4th Grade Ahfachkee School Katina Jumper 1st Grade Ahfachkee School Kelcie Jumper 5th Grade Ahfachkee School Andre Landin 4th Grade Eastside Elementary School & Ahfachkee School

Dare'Rick McInturff 1st Grade Ahfachkee School Jason Melton 4th Grade Eastside Elementary School Klaressa Osceola 8th Grade Clewiston Middle School Mario Osceola 4th Grade Ahfachkee School Ragan Osceola 3rd Grade Grand View School -Tallequah, Oklahoma

Ryan Osceola 7th Grade Clewiston Middle School Sarah Osceola 1st Grade Ahfachkee School Symphony Osceola 1st Grade Ahfachkee School Thalia Pacheco 4th Grade Sunset Park Elementary School - Pueblo, CO

Travis Pacheco 7th Grade Pitts Middle School - Pueblo,

Cooper Rivers 3rd Grade Ahfachkee School Breanna Robbins 5th Grade Ahfachkee School Jonathan Robbins th Grade Ahfachkee School Tucomah Robbins 3rd Grade Ahfachkee School **Derrick Tiger** 1st Grade Ahfachkee School Savannah Tiger 1st Grade Ahfachkee School Tequesta Tiger 2nd Grade Ahfachkee School Kellie Tigertail Freshman Brenau Academy - Gainesville, Tyler Tigertail 3rd Grade Grand View School - Tallequah,

Catlen Tommie 4th Grade Ahfachkee School

Danni Jae Tommie 3rd Grade Ahfachkee School Trisha Walker 7th Grade Ahfachkee School Special Awards and Accomplishment

Ryan Osceola 7th Grade - Clewiston Middle School Web Wonders Science Program **Megan Otero** Senior - Brenau Academy Varsity Letter - Volleyball Salutatorian Senior Class President Governor's

Kellie Tigertail Freshman - Brenau Academy Community Award

Graduation Award

Issiah Billie Ahfachkee School Robb Cypress Bachman Academy Megan Ótero Brenau Academy

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