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2003 Election: Cypress Voted Chairman, Osceola Voted President

HOLLYWOOD — Mitchell Cypress was elected Chairman and Moses "Moke" Osceola was elected President in a historic election.

The election was notable for two reasons: 45 candidates vied for the Board and Council seats and approximately 72%



Chairman Mitchell Cypress

of eligible Tribal voters turned up at the polls.

Cypress was elected in a landslide, garnering 55% of the popular vote against five other candidates. Andrew J. Bowers, Jr. came in second with 23% of the popular vote.

Moses Osceola won a close race in which the votes were split over the top four candidates. Osceola won with 21% of the popular vote, while Richard Bowers, Jr. and Tony Sanchez both received 17% of the popular vote.

On the Council side, Hollywood Councilman Max B. Osceola, Jr. and Big Cypress Councilman David Cypress retained their seats.

Osceola beat out six other candidates by garnering 46% of the popular vote. Cypress was re-elected with 65% of the popular vote.

In Brighton, Roger Smith unseated John Wayne Huff, Sr. by seven votes to win the nine-candidate race for Brighton Council Representative. Overall, Smith won 27% of the popular vote, Huff received 24% of the vote.

On the Board side, Hollywood Representative David DeHass retained his seat, winning 52% of the vote in a four-candidate race.

Big Cypress Representative Paul Bowers, Sr. also retained his seat by winning 61% of the vote in the three-candidate contest.

The Brighton Board Representative position, which was vacated by Alex Johns, was won by Johnny Jones, who received 32% of the vote.



President Moke Osceola



Maggie Osceola shares a smile with Elsie Willie and her grandchildren.

Hollywood Mother's Day Luncheon

HOLLYWOOD — On May 10, a Mother's Day luncheon was held at the Hollywood Gymnasium. The gym was filled with flowers, and the music was provided by Paul Buster.

Hollywood Councilman Max Osceola and Board Representative David DeHass shared a few words with event attendees. They wished every mother, sister, daughter, grandmother, and cousin a Happy Mother's Day and treated all Seminole women over eighteen to a special gift.

Husbands and sons served the lunch buffet of ribs, ham, and chicken strips with all the fixings up. This was done to show respect towards the women of the tribe because, as Max pointed out, they are the clan keepers and the voice of the tribe.

I hope women from all reservations enjoyed the special day set aside for them. Our mothers and grandmothers deserve this special day, thank you each and everyday.

Stanlo Johns Retires, 38 Years with Cattle & Range

By Alexandra Frank
BRIGHTON — On April 28, a retirement party was held for Stanlo Johns for 38 years of service as Reservation Coordinator of the Seminole Tribe's Cattle and Range program.

The first to speak on behalf of Stanlo was C & R Director Don Robertson. Don started working at C & R about 13 years ago. Don said he knew Stanlo from way back, so they were not strangers when he started working for the tribe.

Don wished Stanlo the best of luck in his future endeavors and reminded Stanlo that he promised to help when it came time to ship out cattle.

Brighton Board Representative Alex Johns said that Stanlo's involvement has been



Stanlo Johns stands with from front: Naynay Braswell, Janice Braswell, Jade Braswell, and Jay Braswell.

instrumental to the cattle program. Stanlo helped pave the way for many projects that the tribe has been involved in. Although Stanlo worked for C & R for 38 years, he was involved in the workings of the tribe for a much longer time.

Alex said that a lot of institutional knowledge will be lost with Stanlo's retirement. Alex also thanked Stanlo for helping him on the subjects of politics, family, and the tribe.

Alex presented a special gift to Stanlo, a custom ordered saddle inscribed with Stanlo's name and the Seminole Tribe of Florida, Inc. seal.

Board President Mitchell Cypress came forward to share a few words about the man of the hour.

In 1978, the Tribe was contracted by the BIA to start a program called Natural Resources. Individuals were needed to help coordinate the program.

See STANLO, page 3



The fog did little to stop the Sobriety Walk.

Big Cypress Walks for Sobriety

BIG CYPRESS — On May 3, the early morning fog did not stop a group of Seminole and non-Seminole walkers from participating in the Walk for Sobriety.

The 3-mile walk started by the old Bingo Hall building, and ended at the entrance to Billie Swamp Safari. At least 15 walkers participated in the event, which was organized to promote a healthy lifestyle.

At the end of the walk, a breakfast buffet awaited the walkers while Suzanne Davis, Allied Health Manager, thanked everyone for their participation.

Suzanne led a health education session on the importance of maintaining weight, losing weight, and being at the right weight. Important, in respects to issues such as, the heart, diabetes, and prevention of arthritis.

One of the first things people do to lose weight is eat less food and they stop eating the right way. They think if they skip breakfast or lunch and just have dinner, that's a lot less food.

This is the wrong way to lose weight. Suzanne shared some ideas about the importance of small meals throughout the day. This helps keep sugar levels even, maintains strength and helps keep a person focused.

Suzanne also brought some healthy snacks, and wanted everyone to understand that she was talking about snacking, in regards to eating five or six times a day.

This does not mean eating five or six full meals a day, but small, healthy snacks in between a full meal. This means a snack between breakfast and lunch,

lunch and dinner, dinner and bedtime.

Suzanne asked if anyone knew what a healthy snack was. The walk participants named bananas, apples, fruits. Some said cheese and crackers, while some said baloney sandwiches.

Being health conscious is not only important for adults, but it is important for families. Parents must encourage children to eat the same way also.

One snack Suzanne brought was triple layer energy bars. Snack bars are becoming the snack of choice because they have vitamins, balanced carbohydrates, fat, and protein.

When the body is fed something like an energy bar, it digests slowly, as opposed to a glass of juice which quickly raises blood sugar and quickly comes back down.

With an energy bar, fruit is good because it has a lot of fiber, which takes a while for the body to digest. This will sustain you until lunch or dinner, and you won't have to eat as much.

People trying to lose weight cut down on eating so much that, pretty soon, their will power runs out. They become so hungry, they sit down and eat more than they would have before starting the diet.

Which is what the energy bar is trying to prevent. Suzanne had a couple of different flavors. She said that the bars are sweet and that children will probably like them.

Suzanne asked nutritionist Jeanne Hatfield to find energy bars that were healthy and tasted good. Jeannie came back with some, which Suzanne gave out at the walk.

See SOBRIETY, page 3

Jo Jo Osceola Competes in the 2003 FHSA

By Paula Cassels
FORT LAUDERDALE — The heat was on when Jo Jo Osceola participated in the FHSA Class 1 A Region 4 Championship Track Meet, held on May 2 at the Hill Family Track Complex. Osceola is a 10th grade student

at University High of Nova Southwestern in Davie.

This track meet is the second most important meet for JoJo and the rest of Broward's high school super runners, pole vaulters, and discus throwers, as the winners will go to compete in the state

finals.

JoJo and her teammates competed in the girls 4x800 Meter Relay heat. They didn't qualify for the state, but broke their school record by four seconds, which is a great achievement.

Track and Field coach DiNi Cola said JoJo is a talented and focused runner and this is her first year running track. Cola said JoJo has experience running cross-country, which is good exercise to keep in shape, but isn't the same as running track.

Cola added he encourages all his runners to participate in as many track meets as they can, to get experience on different tracks.

Later that night, bad weather delayed the meet for three hours as thunder and lightning rumbled over the track and field complex.

Students were allowed to run in the rain, but not in the lightning. Before the heat, a lot of runners put their shoes in plastic bags to keep them dry. Running in wet shoes and wet clothes can be uncomfortable or cause them to slip.

JoJo ran in the Girls 1600-meter run, came in with a time of 5:48.94, and placed 6th out of 16 entries. She also ran in the Girls 3200-meter run, came in 12:58.57, and placed 6th out 16 entries. Congratulations JoJo Osceola.



Paula Cassels

4 X 800 Meter Track Team and JoJo Osceola.

Happy Mother’s Day

Dear Moms,

We want you to know that we are thinking of you, and we want to remember to say, "THANK YOU" for the many things you have done for us. You raised, directed, and guided us to where we are today. Without your help, where would we be?

As we look around, we realize that many familiar faces are now missing. Faces we will never see again on this earth. I wonder, is there a job that they left unfinished that I could complete? Much knowledge regarding our past has gone with them. Knowledge which is lost forever. Things that we did not take time enough to listen to when they wanted us to spend time with them and we were to busy. Because we did not take the time not only are we the losers, but our children will never know those things that could have been left to them in words from their foremothers.

Why do we wait until a person dies to say the beautiful things about them that we feel? Why do we say them to others after they are passed from this earth's life? Why do we not tell them while we have them with us? Why?

So, now today I want to say on this Special Day, "I am glad that you are here to hear me say these words. I hope that you, have a good time. THANK YOU for what you have done for us. THANK YOU for your wonderful smile, your handshake, your pat on the back, and your hugs. THANK YOU for letting us know that you care for us - sometimes by just being there. Sometimes by just not saying anything after we have been mean or cruel, or just simply by your quiet smile, and the tears falling, you are saying, 'I love you even when you are mad at me!'"

Mom, THANK YOU for encouraging me to keep on going, for your twinkling eyes, even when you are going through great and many hardships and heartaches. THANK YOU for giving your last dollar to your son, daughter or grandchild, even though you know that they will not ever give it back to you. I have seen you give your last dollar to someone you did not even like or had very little respect for just because they needed it. You knew that they were some other mother's son or daughter. Mom, it did not go un-noticed. Your children, your friends, your church, your enemies, and your Heavenly Father saw you do this kindness.

Mom, please forgive us for not taking the time to tell you that you set an example for us and yet we did not follow it and forgive us for being ungrateful and inconsiderate in that manner. We want to thank all of you Ladies who have been Mothers to us even though you did not actually give us birth. We especially want to say "THANK YOU" our Dear Precious Aunts.

As we grow older, we become a little wiser and we begin to understand how important education can be. We also are able to understand how it can deceive, fool and confuse us. But, a good talk with Mother can always discern the truth to us

as she gives us advice, counsel and strength from The WORD of The Almighty Creator, GOD.

Many younger people feel because their Mom is a senior citizen that she no longer has anything good to offer because times have changed and they have married into other cultures and a lot of their friends are not Native Americans. They think that their Mothers and Grandmothers can no longer teach them anything.

Back in the days when we lived in Chickees, we did what the white people call hospitality. Our Mothers would bring out the sofkee, coffee, water, or whatever we had to share, and we would shared it with those who would come to visit with us. Today, that friendship gesture is fading away. What is happening to us?

Several of us have lost the most important person in our lives, our MOTHERS! Today we gather to pay tribute to the Ladies who have continued to carry on the Mother tradition as best as possible. These Ladies have become and will continue to be the MOMS in our lives, if we will let them. To these Ladies, we want to say "THANK YOU! WE LOVE YOU" even though we may not have said it to you before.

We also want to encourage younger Mothers who today seem to have lost the dreams and aspirations of what being a MOTHER really means. Most have lost that especial Mother's way of making a house a home!

THANK YOU, MOTHER, for telling me about JESUS; for dragging me off to church every Sunday morning, Sunday night, Wednesday night, and every night during revival; for exposing me to the people who most influenced my life; for telling me that I am here because the Father of all mankind placed me here to be with others, even though our skins are different; for telling me to love them, even though, they mistreat me, make fun of me and hate me for telling me to pray for them; for telling me that even though I may not be as educated as others, and they are hateful, cruel and rude, I am still to love them, just as God still loves them; for telling me that I am not to become prejudice like them, but that I am to show mercy and pity them and pray for God to change their hearts bitterness and discrimination; for telling me that I am to be kind, tender hearted, and forgiving just like God is to me.

For JESUS CHRIST sake.

For telling me to love them and their families and to ask God to change them to be more like Him, their Creator and mine. To make us loving and happy instead of miserable and mean. We know that God will judge both them and us. For pointing me toward educational goals. It encouraged me to do the same with my children, and now with my grandchildren, as the Tribe needs leaders to take the places of those who grow to old to serve the people. Our nation needs a president to lead America back to God's ways and out of evil ways that have made our nation a curse word around the world just as the Holy Bible said would happen if a

nation turned its back on God. We need Bible and prayer back in our educational system so that we can again become good instead of bad.

Mothers, I want to encourage our children and grand-children to reach out to all of the available resources, to take advantage of the schools, scholarships and grants that the Tribe, the church, and the nation offer. In your decision, pray and ask God to help you, your children, and grand-children to make decisions that will make a difference; that will make your goals even more meaningful in helping others live a happy joyful and Godly life.

Mothers, During the past few years, we have all lost many precious relatives. Many were the times when we just wanted to give up, but someone always came by and encouraged us to take another step. Usually it was our Mother or the ones who filled the empty spaces our Mothers left behind. The ones who took us under their wings, like our Precious Aunts, etc. They would say, "Do not look back, keep going forward." I know God sent these special people to us when we needed them to give, share, and be compassionate and. kind in our time of anguish, hurt and deep depression.

Mothers, As I look around at the many empty seats where our loved ones who are gone now used to sit, with the chain broken or the link missing and wonder who will come and occupy their place in our lives? Who will encourage us and our young ones when they will no longer listen to us? Who will fill these vacant chairs and places in our hearts and lives?

Mothers, In this mode, I think of our precious Senior Citizens. I think about the hard work and the foundation they established. Our people kept the freedom and privileges we enjoy today through our faith and moral strength. Keep the Godly Christ like strength and spirit of sharing the family festivals so that we will be less lonely and so will they.

Mothers, THANK YOU for teaching us to utilize the skills and knowledge we possess.

For teaching us to be patient and to realize that sometimes things are worth having and because they are worth having - sometimes they take much longer to acquire.

Mothers, THANK YOU for giving me life and for always being there for me through your whole life. Especially for those times when no one else in the world would help me, listen to me, talk to me or love me and even more importantly, THANK YOU for loving me when I was mean, cruel, and heartbreakingly unlovable.

MOTHER, you were always there! You always loved me, NO MATTER WHAT whether I was good, bad, or indifferent.

WE LOVE YOU VERY MUCH, MOM.

HAPPY MOTHERS DAY.
Cecil and Alma and family.
May 7, 1994

Letters & E-mail

Hi,

In April, my wife and myself are visiting Florida for two weeks with two friends. We are very interested in visiting the Billie Swamp Safari.

We will be staying on the Gulf Coast just south of Clearwater, so we would like to stay overnight in two of your chickee huts.

Your web site is very informative, but I would be grateful if you could just confirm a couple of points:

How long a drive, both in hours and miles, is it approximately to the Safari from Clearwater?

Are we still ok for availability of accommodation? We would most likely be wanting to travel down on the 20 April and stay overnight.

Looking forward to hearing from you

Bruce MacQuarrie and Kim Norton
sellbruce@supanet.com
Sellindge, Ashford
Kent
UK

Marketing Director Lucy Evanicki responds:
It is approximately 2 1/2 to 3 hour drive from the Clearwater area to Billie

Swamp Safari. Just take I-75 south all the way to Exit 49, then turn left, going north, and follows the signs 19 miles to the park entrance. The signs are every 2 1/2 miles. I do not know how many miles it is from Clearwater to the Safari.

Please email or call Billie Swamp Safari to make your overnight reservation at billieswampsafari@semtribe.com or (863) 983-6101 outside the US or (800) 949-6101 inside the US.

We look forward to your visit!

To Whom It May Concern.

Hi, my name is Vicki, I am a 37 year old Australian female looking for a genuine Native American Indian male to come to Australia for a one month holiday. Applicant must have certain qualities. Holiday, pay, and accommodation included.

This person will be very well cared for.

I am genuine, so for further information contact me on indianmusic@netscape.net
Can you help me please.

Thank you for your time,

Vicki bowrogers@kooee.com.au

Dear Sir or Madam:

My name is John Wigdahl, and I am a senior at Minnewaska Area High School in Glenwood, Minnesota.

I am taking an AP English course, and just finished reading the book *Their Eyes Were Watching God*. Rather than writing a paper on literary elements of the book, as we usually do, we are instead doing a research paper on something from it. The novel is written by Zora Neale Hurston, was published in 1937, and takes place in the Everglades of Florida.

The topic that I chose to research was the Seminole Indians. The Seminole Indians are in a part of the book when a hurricane is coming, and they say they are going to higher ground because the swamp will not be safe. Because of their movement, the rest of the town takes extreme caution.

I have found your website to contain some great information. However, I am still looking for more. I was wondering if you could tell me of some sources where I might find some (websites, books, or even an email interview would be greatly appreciated).

The problem that I am facing right now is that my information must relate directly to the book. Which means that the information I most desire about the Seminole Indians of the Florida area should be from the 1920's and 1930's. I would love to know about the Florida Seminoles during the 1920's-30's and their cultures/customs and stories.

Thank you very much for your time. I hope to hear from you soon.

John Wigdahl
johnwigdahl@hotmail.com

Hello,

My name is Annette Bouw, and I am a 7th grade Social Studies teacher in Elizabeth, NJ. I am writing to you on behalf of myself and Marilyn Tavormina (a Language Arts and Reading teacher).

We are writing to you today, as we are very interested in seeking out an opportunity to work with and/or teach native american children on a 2 week volunteer basis on your reservation in the summertime. We do not know if you have any summer programs, or if one could be set up, but we would be very happy to hear from you on this matter.

There is also a possibility that a third teacher(Darlene Cornacchia - sci-

ence/reading) might be available as well.

We are very interested in Native American culture and would be honored to work with such a great people. The only thing we would require, of course, would be some type of housing (room/board). I also have a 9 year old son, whom I would love to bring so that he too might have the opportunity to learn about your culture and customs.

Please let me know if there are any possibilities for this summer. I thank you very much and look forward to hearing from you.

Regards,
Annette Bouw
abouw1@yahoo.com

I purchased a long skirt, from a small Seminole village, when I gained employment at the Rod and Gun club in Everglades City....It was required for a waitress. The men purchased shirts from the village.

My skirt was worn very little, because there was a fire started by a cigarette in the newly built motel, adjacent to the old club, where even Pres. Truman had come to fish at one time. So we, the seasonal help, no longer had a job. And we moved on....

I have kept this skirt over the years. It is in mint condition, made with the strips of material, sewn together...with solid burgundy, and various colors of ric rac...

This was made for us tourists, and not a tribal thing...But I thought maybe that it might be something that the tribe would like to have back...It was made in the 70's

Please let me know if this would be of any interest to you...I will be happy to mail it.

It has no buttons or zipper. We had to use a pin.

Thank you
Dana Michaels
bayoulady573@webtv.net
New Orleans

Correction

In last issue’s story “Iron Man Anthony Maus,” Maus’s mother, Marie Billie, was incorrectly identified as living on the Tamiami Trail. Billie passed away a number of years ago.

The Tribune deeply regrets this error and any hurt it may have caused Billie’s family and friends.

Thank You



Beverly Tommie and Kevin Tommie would like to thank all the people of the Brighton Community and everywhere else for their support and prayers for our their son Travoris S. Moss, who fought in the war in Iraq.

Travoris was with the Army’s 1st Brigade 3rd Infantry Division Unit #93211 Group from Fort Stewart, GA.

Travis was born in Fort Pierce where he attended school for several years. He then moved to the Brighton Community when he was fourteen years old and attended Okeechobee High School up until April of his senior year and then graduated from Westwood High School in 2002 in Fort Pierce. Travoris also worked at the Brighton Gym.

Again, we would like to thank every one of you for your prayers. Special Thanks goes out to Arika Buck, Diane Smith and Nadine Adam Osceola Kimberly and all of the other high school students from Okeechobee High School and the Freshman campus who constantly ask about our son day after day.

Thank you,
Kevin Tommie and Beverly Tommie

From Mom!

I was so glad when I heard his voice, it was the same Sunday morning that the POW was rescued.

I couldn’t believe it was him calling because I hadn’t heard from him since he had gotten deployed in January and I may have talked to him a few times.

But I had missed my son so much words could never explain this because Travoris was my only child and I was so scared inside because I knew he was going to fight. But thank God, when he called me he said “Moma it’s over, I fought, and it’s over” he was telling me how he had taken down other enemies and how they couldn’t sleep for staying up guarding each other while some of them can get a little sleep.

He said “Moma I haven’t bathed in a month I have lost weight I was so scared but I thank everyone for their prayers because we did lose a few of our men and it was very sad”. So my son should be in the United States in a few weeks.

Thanks,
Beverly Tommie



Ah-Tah-Thi-Ki Museum Wins MAP Grant

BIG CYPRESS — The Ah-Tah-Thi-Ki Museum was awarded the Museum Assessment Grant. The \$1,775 grant is done in conjunction with the Institute for Museum and Library Sciences, and the Association of American Museums.

The IMLS, the federal side of the grant, gives the money. The AAM administers the grants. It takes about two years to apply, and helps the museum receive accreditation, which is 4-5 years down the road.

The two-year process involves the museum staff and tribal members. There is a book that must be filled in regarding questions pertaining to finance, security, collections, personnel, etc. This is done to see if the museum is following procedure correctly.

Ann McCuding, Curator of Education, applied for the grant. The grant awarded to the museum is an Institutional Grant.

It is a general "how is your museum doing" type of grant. There are other grants, which look at governance and collections.

Governance grants look at who is running the museum, the collections grant looks at the collections a museum has. The Institutional Assessment is a generic grant, it looks at everything in respects to the museum.

Ann applied for the grant last December and an award came through on April 24. There is an 18-month to 2-year

time frame this must be completed within

The grant is awarded every year. 65 applicants were awarded this year by the IMLS, and every one of them receives a different amount. Generally, it is about \$2,000 to cover the expenses of the self-assessment when it is completed.

A third party person will come out to review the museum and determine if things are being done correctly. That money is used to pay for their airfare and to deal with them.

The grants are open to any type of museum. Although Ah-Tah-Thi-Ki is not small in respects to budget, museums that are a little on the small side apply for museum assistant program grants.

They are generally for museums that have recently started up during the last couple of years and are trying to get a hold of their operations. Soon, the Ah-Tah-Thi-Ki Museum will be an accredited facility.

The Museum also recently applied for a National Park Service grant in conjunction with the Tribal Historic Preservation Office this past July.

The Tribal Historic Preservation Office was switched over to Billy Cypress and Bill Steele, and the grant they applied for will be awarded this July.

The grant will be used to reaffirm the establishment of the historical preservation office. It will cover every aspect of the program, from training to items such as pencils and chairs.

The Seminole Tribune

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Stanlo

Continued from page 1

The late Fred Smith, late Josiah Johns, and Stanlo were handling the Cattle Program, but when the Natural Resources program was contracted, they received more funding.

This allowed the Natural Resources program to open a new position, Reservation Coordinator, on the Big Cypress and Brighton reservations. Around this time, Mitchell began working for the Land Use program.

Mitchell was hired as the Reservation Coordinator for B.C., and Stanlo was named the Brighton Reservation Coordinator. Mitchell was a little unsure of how to work in the tribal system and said that Stanlo probably got tired of him calling every day. Mitchell had questions about many things, such as when to take a soil sample or when to fertilize.

Stanlo would answer the questions or come down to show Mitchell and others how to do various tests. Mitchell got to know Stanlo better, although Mitchell had grown up knowing who Stanlo was.

Mitchell said that they began to travel to cattlemen's conventions, where Stanlo learned new ideas that benefited the tribe. Stanlo not only focused on the cattle program, he was involved a lot with the tribe. He did not care if you were a cattle owner, or from Brighton, he helped anyone who was Seminole.

Mitchell said that Stanlo was not going to totally retire, he would be involved in the sugarcane business with his brother, Billy Joe. Mitchell wished the best for Stanlo and his family and thanked him for all his work for the Tribe.

Alex Johns introduced Tommy Mann, a longtime friend who started working for the Tribe in 1972. He was hired when a cattlemen's meeting was held in B.C.

Tommy had just finished school and was looking for a different kind of job. He attended a cattlemen's meeting that determined who would get a job in the cattle program, and received help from Stanlo.

Stanlo knew how to work the political system of the cattle program. With his help, the program did well and prospered. Tommy thanked Stanlo for all the work he performed towards the improvement of the cattle program.

Alex then introduced Big Cypress Board Representative Paul Bowers, Sr., who thanked Stanlo for all the work he had performed for the Tribe over the past 38 years.

Then, Stanlo rose to speak, and said that, over the years, he has learned a lot by working with C & R program, the Natural Resources program, and the Tribe itself. He learned by going out to various locations and working with individuals, not only in the cattle program, but other Tribal programs as well.

Stanlo said that a person has to like the job they do, especially when it comes to working with cattle.

Stanlo thanked everyone for coming out to his retirement party. Johnnie, Stanlo's wife, was also honored for sticking by her husband all these years.

The Cattle and Range program has lost an important employee with knowledge about cattle, but the Tribe still has a valuable resource for Stanlo. He may have retired from the work force, but not from his family, friends, and fellow Tribal members. Good luck, Stanlo.



All smiles from left to right: Alex Johns, Don Robertson, Stanlo Johns, Johnnie Johns, Mitchell Cypress, Paul Bowers, and Richard Bowers.

B.C. Seniors Mother's Day Celebration

By Paula Cassels

BIG CYPRESS — On May 8, a Mothers Day Celebration was held at the Hot Meals building. All of the senior women attending the celebration received a carnation corsage to wear.

The Hot Meals staff decorated the tables with place mats that read "Happy Mother's Day" and large beautiful flower arrangements, which were later given to the older senior women.

Jack Gorton started the celebration activities with three games of Bingo, followed by a dart throwing competition for the men and women.

The luncheon was catered by the "Rib Cage," which is owned and operated by tribal member Cleveland Baker, Jr. They served a delicious buffet of beef brisket, roast chicken, pork loin, yellow squash, and white rice with brown gravy.

After lunch, President/Acting Chairman Mitchell Cypress attended the celebration just in time for the pool competition. Cypress said it is always nice to see everybody together, and wished all the women a Happy Mother's Day.

During the pool competition, the senior women received Wal-mart gift certificates for Mother's special day.

Special thanks to President/Acting Chairmen Mitchell Cypress, Council Representative David Cypress and Board Representative Paul Bowers for sponsoring the Mother's Day Celebration.

Bingo game Winners: Lydia Cypress, Mary Robbins.

Darts

Senior Women: 1) Nelli Bain, 117 pts 2) Louise Billie, 77 pts 3) Daisy Jumper, 74 pts.

Senior Men: 1) Tommie Billie, 233 pts. 2) Russell Osceola, 161 pts. 3) Joe Billie, 123 pts.

Pool Tournament

Senior Men: 1) Joe Billie 2) Russell Osceola 3) Mitchell Cypress.

Senior Women: 1) Louise Osceola 2) Lydia Cypress 3) Louise Billie.



Bingo Game Winner Mary Robbins.



Participants of the Walk for Sobriety gather at the Billie Swamp Safari.

Sobriety

Continued from page 1

The snack bars are a healthy alternative to candy and potato chips, are sweet, and filled with vitamins and minerals. Energy bars can be found at grocery stores, drug stores, and health food stores.

There are many types of energy bars to choose from regarding price and taste. Some energy bars have a lot of protein, needed by competitive athletes. This means some bars may be loaded with extra sugar, so read the labels to see what bars will work for you.

Energy bars can be beneficial to Diabetics, one a day was suggested for everyone.

Water is also an important factor in maintaining healthy bodily functions.

The body should be flushed with eight to nine glasses a day. It helps metabolize fat, helps get rid of all the waste products, keeps the body flush, and keeps you full so you do not eat as much.

Suzanne listed foods with a high water content. She mentioned apples, cucumbers, watermelon, and lettuce.

The lesson for the day was: eat foods to help lose weight, and drink water when exercising

and losing weight. People become dehydrated easily when they lose weight, because they don't drink enough water.

Suzanne answered questions about water intake and what precautions a person with diabetes should take when exercising. Suzanne said that an 8 oz. glass of water 8-9 times a day is sufficient.

Suzanne said diabetics should be cautious when exercising, especially if they are on diabetic medicines. If a diabetic skips a meal, and they exercise, their sugar will drop.

Everyone was encouraged to have an energy bar before a work out, and even during a work out. People can pass out from low sugar, and even go into a coma, if the sugar gets extremely low.

There are also nutritional drinks that can be used as a snack or a fortifying agent when working out. Suzanne suggested checking the carbohydrates and sugar content, because some drinks are used to gain weight.

Suzanne noted that caffeine can be a dehydration component. Caffeine cannot take the place of water, so be careful.

The Walk for Sobriety was just more than getting up early in the morning to show support for a clean lifestyle. It was also educational for individuals maintaining a healthy, sober outlook on life.

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Meet Tampa Officer Ben Taylor



By Paula Cassels
TAMPA — Assigned to the Tampa Reservation, Officer Ben Taylor answers calls for emergency services and performs criminal investigations. Officer Taylor started working with the Seminole Law Enforcement on Feb. 20, 1991.

Before joining the Seminole Police Department, Officer Taylor attended the University of Texas in Arlington, Dallas County community college and Texas Fire Training School.

Officer Taylor graduated from the Police Academy in Texas in 1983, and was appointed Fire Marshal in Sunnyvale, Texas.

Taylor continued his career in Texas and worked at Dallas County Hospital District Police Department, City of Sweetwater Police Department, Dallas County Fire and Rescue Service, and the Dallas County Sheriff's Office.

Taylor attended Hillsborough Community College and the National Law Enforcement Academy in Gynco, Ga. for specialized training that was sponsored by the Seminole Tribe and the Bureau of Indian Affairs.

Taylor said he enjoys working at the Tampa Reservation and considers himself very privileged to work with such a great group of professional officers. He has also worked on all the reservations and has met many great community members.

Taylor said he has been especially grateful to serve and help protect the Tampa community the past 12 years.

We are glad to have you aboard, Officer Ben Taylor.

Paula Cassels
Officer Ben Taylor


Seminole Police Crime Report

HOLLYWOOD — On May 1, 2003, Seminole Police on the Hollywood arrested white male Robert Reitano for bringing drugs onto the reservation. Reitano came to the police station to pick up personal items from a friend who the police department arrested for delivery of drugs into the reservation.


When Robert entered the police station, Sgt. Aaron Wright, newly formed Narcotics Unit Sergeant, noticed a smell consistent with marijuana coming from his clothes. Sgt. Wright, along with Officer Steve Rubino, Cpl. Shawn Goddard, and K-9 Gator went to Reitano's truck that was parked in the front parking lot. K-9 Gator detected drugs to be in the truck.

After a search was conducted, Reitano was charged with Cocaine, Methadone, and drug paraphernalia.

If you see him, call SDLE. He has been trespassed from all Seminole Lands.



Robert Reitano has been banned from all Seminole lands.



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Seminole Police Department Crime Statistics

The Following information is provided by The Seminole Department of Law Inforcement.
Drug Dealers beware, we practice zero drug tolerance.

Hollywood

April 2003

Classification of Offenses	Total Number of Offenses	Total Clearances		Total Value Property Stolen	Type of Weapon Used				Total Arrests	Juvéniles		Adults		Race			
		Arrest	Exception		Firearm	Knife/Cutting Inst.	Other Dangerous	Hands, Fist Feet		Male	Female	Male	Female	White	Black	American Indian	Oriental
Murder																	
Sex Offense																	
Robbery																	
Aggravated Battery	1	1					1		1				1		1		
Battery	6	3	1					6	3			3		2	1		
Burglary	5																
Larceny	6	2							1			1			1		
Motor Veh. Theft																	

Classification of Offenses	Total Offenses	Total Arrests	Juvéniles		Adults		Race										
			Male	Female	Male	Female	White	Black	American Indian	Oriental							
Criminal Mischief	2																
Fraud	0																
DUI		3			3		1	1	1								
Stolen Property																	
Weapons Violation																	
Liquor Law Violation																	
Miscellaneous		10			9	1	7	1	2								
Drugs (Poss./Sale)		12			1	7	4	7	5								

Narcotics Confiscated During Arrests		
Drug Type	Amount	Value
Marijuana	31.02 grams	\$92
Cocaine	0	\$0
Crack Cocaine	8 grams	\$50
Alprazolam (Xanax)	251.5 pills	\$6105
Oxycodone	67	\$1675
Oxycontin	43	\$1075
Amphetamines	129	\$3225
Other Narcotics	524	\$12716

Big Cypress

April 2003

Classification of Offenses	Total Number of Offenses	Total Clearances	Total Value Property Stolen	Type of Weapon Used				Total Arrests	Juvéniles		Adults		Race				
				Firearm	Knife/Cutting Inst.	Other Dangerous	Hands, Fist Feet		Male	Female	Male	Female	White	Black	American Indian	Oriental	
Murder																	
Sex Offense																	
Robbery																	
Aggravated Battery	1	1		1				1				1			1		
Battery	3	1	2					3	1			1				1	
Burglary	2		0														
Larceny																	
Motor Veh. Theft	6		1	25,000													

Classification of Offenses	Total Offenses	Total Arrests	Juvéniles		Adults		Race										
			Male	Female	Male	Female	White	Black	American Indian	Oriental							
Criminal Mischief	3	2			2				2								
Fraud	0																
DUI																	
Stolen Property																	
Weapons Violation																	
Liquor Law Violation																	
Miscellaneous		3			2	1	1		2								
Drugs (Poss./Sale)		1			1				1								

Narcotics Confiscated During Arrests		
Drug Type	Amount	Value
Marijuana	6 grams	\$20
Cocaine	0	\$0
Crack Cocaine	0	\$0
Alprazolam (Xanax)	0	\$0
Oxycodone	0	\$0
Oxycontin	0	\$0
Amphetamines	0	\$0
Other Narcotics	0	\$0

Brighton

April 2003

Classification of Offenses	Total Number of Offenses	Total Clearances	Total Value Property Stolen	Type of Weapon Used				Total Arrests	Juvéniles		Adults		Race				
				Firearm	Knife/Cutting Inst.	Other Dangerous	Hands, Fist Feet		Male	Female	Male	Female	White	Black	American Indian	Oriental	
Murder																	
Sex Offense	1	1	0				1	1				1			1		
Robbery																	
Aggravated Battery	1	1				1		1				1				1	
Battery																	
Burglary	1		\$700														
Larceny	2		\$362														
Motor Veh. Theft																	

Classification of Offenses	Total Offenses	Total Arrests	Juvéniles		Adults		Race										
			Male	Female	Male	Female	White	Black	American Indian	Oriental							
Criminal Mischief	2																
Fraud	0																
DUI																	
Stolen Property																	
Weapons Violation																	
Liquor Law Violation																	
Miscellaneous		1			1		1										
Drugs (Poss./Sale)																	

Narcotics Confiscated During Arrests		
Drug Type	Amount	Value
Marijuana	0	\$0
Cocaine	0	\$0
Crack Cocaine	0	\$0
Alprazolam (Xanax)	0	\$0
Oxycodone	0	\$0
Oxycontin	0	\$0
Amphetamines	0	\$0
Other Narcotics	0	\$0

Immokalee

April 2003

Classification of Offenses	Total Number of Offenses	Total Clearances	Total Value Property Stolen	Type of Weapon Used				Total Arrests	Juvéniles		Adults		Race				
				Firearm	Knife/Cutting Inst.	Other Dangerous	Hands, Fist Feet		Male	Female	Male	Female	White	Black	American Indian	Oriental	
Murder																	
Sex Offense																	
Robbery																	
Aggravated Battery																	
Battery	2		1				2										
Burglary	1		\$883														
Larceny	1		\$200														
Motor Veh. Theft	1		\$8,000														

Classification of Offenses	Total Offenses	Total Arrests	Juvéniles		Adults		Race										
			Male	Female	Male	Female	White	Black	American Indian	Oriental							
Criminal Mischief	0																
Fraud	0																
DUI																	
Stolen Property																	
Weapons Violation																	
Liquor Law Violation																	
Miscellaneous																	
Drugs (Poss./Sale)																	

Narcotics Confiscated During Arrests		
Drug Type	Amount	Value
Marijuana	0	\$0
Cocaine	0	\$0
Crack Cocaine	0	\$0
Alprazolam (Xanax)	0	\$0
Oxycodone	0	\$0
Oxycontin	0	\$0
Amphetamines	0	\$0
Other Narcotics	0	\$0

Tampa

April 2003

Classification of Offenses	Total Number of Offenses	Total Clearances	Total Value Property Stolen	Type of Weapon Used				Total Arrests	Juvéniles		Adults		Race				
				Firearm	Knife/Cutting Inst.	Other Dangerous	Hands, Fist Feet		Male	Female	Male	Female	White	Black	American Indian	Oriental	
Murder																	
Sex Offense																	
Robbery																	
Aggravated Battery																	
Battery	1	1					1	1				1		1			
Burglary																	
Larceny	8	3	\$6,068														
Motor Veh. Theft																	

Classification of Offenses	Total Offenses	Total Arrests	Juvéniles		Adults		Race										
			Male	Female	Male	Female	White	Black	American Indian	Oriental							
Criminal Mischief	0																
Fraud	1																
DUI																	
Stolen Property																	
Weapons Violation																	
Liquor Law Violation																	
Miscellaneous																	
Drugs (Poss./Sale)																	

Narcotics Confiscated During Arrests		
Drug Type	Amount	Value
Marijuana	0	\$0
Cocaine	0	\$0
Crack Cocaine	0	\$0
Alprazolam (Xanax)	0	\$0
Oxycodone	0	\$0
Oxycontin	0	\$0
Amphetamines	0	\$0
Other Narcotics	0	\$0

Your Money - Life Insurance

By Ken Goosens

[Editor's note. Ken Goosens works for the Tribe in Housing Finance and counsels Tribal members on loans and their credit. The opinions he expresses in this column are his own.]



Planning for our own death is not a pleasant subject. Yet not planning for it can cause great harm to those we want most to protect – our children and spouses.

Financially, death is a two-edged sword that cuts deeply into the lives of those who survive us.

First, they lose the benefit of the income we have.

Second, they inherit our debts. This burden of debt can be doubly devastating – the survivors have to take on debts at the very time the family income may drop drastically.

When a person dies who owns a house with a mortgage, those who inherit the house also inherit the debt on the house, and have to be able to make those mortgage payments or lose the house. The same is true for an automobile. Currently, the Seminole Tribe may forgive debts to the Tribe when a person dies, but that is the exception and could be changed.

Life insurance can be a good solution for the financial consequences of death. Life insurance pays the surviving heirs (the “estate” of the dead person) cash when a person dies. Through the life insurance, we can still provide for those who are financially dependent upon us even after we die.

Who needs to buy life insurance?

Foremost of all, financial providers – people who have income used to provide for others. Insurance is needed is when those we provide for would suffer financially from our death. Who gets insured, and how much insurance is purchased, should be based on the amount of income and debts a person has. The more a person’s income supports other people and the more debts a person has that would pass on to heirs, the more insurance is needed.

Note that if a young child has no income and no debts, there is little need to insure the life of that child.

What kind of life insurance should you buy?

First, **get comprehensive life insurance** that covers death from as many causes as possible, which should as lease include death from accidents and health problems. Do not buy specialized life insurance has covers only limited causes of death, such as accidents (called “acci-

dent life insurance”), travel (called “travel cancer insurance”), or particular diseases, such as cancer insurance.

Second, **buy insurance that pays for death** - so called “term” life insurance. You can buy life insurance that pays for other things, such as insurance that accumulates a “cash value” that you may get if you surrender the insurance or survive. This is called “whole life insurance”. The problem with such insurance is that the non-death benefits cost real money. For the same amount of premium, you can buy a much larger death benefit with term insurance – which is the main need for life insurance.

Most people want a guaranteed cost for a fixed number of years (such as 10 or 20) or one with a fixed cost where the amount of insurance starts declining with age.

How much does life insurance cost?

The cost varies greatly, depending on the risk of dying. Persons who apply for life insurance are rated for their risk, based on a questionnaire and on a physical examination. The actual amount paid will depend on age, sex, medical history, family history, and current health.

Persons who are riskier may be either denied life insurance or charged a higher premium. Some factors that add significantly to risk include smoking tobacco, being over 50, having diabetes, being grossly overweight, or having been diagnosed or treated for alcoholism.

Do not lie on this questionnaire. A fraudulent application may invalidate the policy, and thus put you in the position of paying for a policy that will result in no benefits.

Persons who are young and healthy can get \$100,000 of life insurance for around \$12 per month. A person around 50 who is very healthy (takes no medication, has no tobacco, never abused drugs, never used tobacco, doesn’t have high blood pressure, etc.) might pay twice that. Getting insurance when you are young and healthy is not only cheaper, but secures insurance for later, when you might need it most but not qualify.

How can you get the best buy for life insurance?

The mantra to shop around for the best price applies well to insurance. Quotes for the same insurance vary by two and three times as much. There is, however, the added wrinkle that you want to get insurance only from a company that will actually remain solvent, so that you can collect on a claim. Get insurance from a company with a long history and one that has a strong financial rating.

Is the optional life insurance offered by the Seminole Tribe for employees a good deal?

Sometimes yes and sometimes no. The group life insurance offered earli-

er this year asked very few questions and required no medical examination. The fact that you could easily enroll meant that the insurance was an excellent deal for people who would have difficulty qualifying.

But persons who could pass the rigorous application and screening process of life insurers might purchase life insurance for significantly less. In my case, I had just purchased private life insurance, and the cost of life insurance through the Tribe was over four times what I paid.

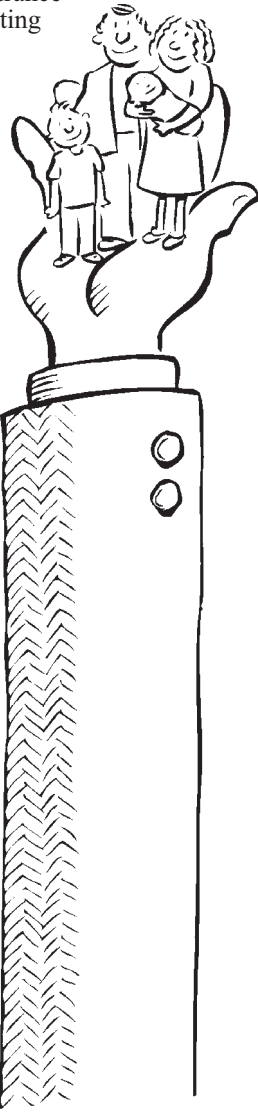
If you are healthy but bought life insurance without comparing costs to other providers, check out alternative insurance companies. If you find a better deal, cancel your existing insurance only after you obtain insurance elsewhere.

How do you go about checking out life insurance with different companies?

You might contact an insurance agent where you already have other insurance, or an independent agent who will compare many insurance companies for you. Generally, there is no charge for applying for life insurance.

One good website for comparing insurance companies and getting free quotes is www.reali-aquote.com.

After you fill out a fairly detailed questionnaire, insurance companies will either decline to give a quote or estimate you what they will charge if you pass their medical examination. To get quotes, you do not have to identify yourself and you have no obligation to submit the information you filled out to any insurance company. You do not have to apply through Realia to get that price. If you choose, however, you may apply through Realia for insurance from a particular company.



Plan and Research Your Vacation On-line

By Melissa Sherman

It’s that time of year again, time for hours of “Are we there yet?” and “I have to go to the bathroom.” You guessed it, it’s family vacation time.

Naturally, you want to get the most bang out of your buck. The more you save on travel arrangements, the more “Stuff” you can buy yourself when you get there!

You don’t always have to book your vacations through a travel agent’s office, you can do the homework yourself and perhaps save some money and know a little about your options before you get there.

I’ve been to a few sites and these are the results I’ve come up with using prices on two imaginary vacations, each one at different times of the year: summer, when it is cheapest to travel, and December, the most expensive time to travel.

For each quote, I have the same

number of travelers leaving from the same airport: two adults and one child leaving from the Miami Airport going to our favorite Caribbean destination, Jamaica. **Expedia.com** After keying in which airports I wanted to use, how many travelers and the length of our stay, a number of hotels appeared.

From there I selected one that fit my needs the best, this included sumo wrestling, a flying trapeze, a juggling class and, of course, the all-inclusive plan for all-you-can-eat food and drinks.

Some of the other great features included: 4 swimming pools, water sports, a beach, and babysitting services. This is how I found the Starfish Trelawny, located only 15 miles from the airport.

Expedia.com offered the best prices for December and July, they also had the best website features. December 14 -21 would cost \$949.89 each person, and July was \$823.84 each.

Expedia shows the most pictures out of all the websites. Live telephone agents are available at an 800 number, and I also used the handy currency exchange calculator.

A few other unique features

included a sight seeing booking area, transportation and a cancellation waiver, these features can be added right to your vacation costs so you can pay for your vacation all at once.

Expedia also features a map driven by Microsoft’s Map Point, allowing you to navigate anywhere on the globe. Travel alerts are posted as needed. A SARS warning was posted about traveling to certain areas, but did not apply to this trip.

The flight itinerary posted which

airline and the exact flight times. A four day weather forecast was also available. Passport help was also right on hand. **Orbitz.com**

Orbitz.com was the second best site I found, the prices were slightly higher, December is \$976 each and July would be \$851 per person.

This site also has a flight itinerary, hotel details with elaborate information on the facilities, amenities, restaurants, bars and entertainment.

You can also select your room upgrades. Hotel pictures were limited, but they offer reviews on the hotel from previous guests.

This site offered a few unique features, travel wallet is one where you can order foreign currency, travelers cheques or cash passports. Star tracking is another showing pictures of Hollywood stars spotted traveling. Or you can go to Airport intelligence and meet airport girl, who gives you the inside scoop around the terminals, this is only available for American airports.

A few other sites that are worth mentioning are Hotels.com, Hotwire.com, Priceline.com and vacations.net.

Always be sure to confirm your reservation with the airlines and hotels to prevent any misunderstandings. Print out and bring with you any paperwork stating your confirmation and sales receipts.

Always bring your bank information, I would also recommend using a credit card so you have some consumer protection, making it easier to get your money back.



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2nd Annual Seminole Miccosukee Bowling Tournament

KENDALL — Approximately 100 anglers showed up at Don Carty Lanes for the 2nd Annual Seminole Miccosukee Bowling Tournament.

“Everyone had a blast!” said organizer Miguel Cantu. Cantu said that flyers for the next tournament, which will be held at the same time next year, will be going out in a couple of months.

Mixed Teams - 1 (2,625) Rose Jones, Farrah Jones, Parker Jones, Elton Shore 2) (2,594) Ronnie Doctor, Mary G. Osceola, Mabel Osceola, Christian Osceola 3) (2,558) Jeannette Cypress, Patricia Wilcox, Kevin Tommie, Danny Tommie 4) (2,556) Greg Kelly, Candy Osceola, Amy D., Miguel Cantu 5) (2,528) Ruby Osceola, Terri Frank, Oliver Wareham, Robert Frank 6) (2,490) Celeste Osceola, Denise Morin, Cicero Osceola, Andre Jumper 7) (2,498) Trisha Osceola, Brett Osceola, Marcy Osceola, Mitch Osceola 8) (2,480) Maydell Osceola, Jimmie H. Osceola, Donna S. Turtle, Victor Manriquez 9) (2,470) Dora Tiger, Linda Tommie, Rufus Tiger, Miguel Cantu 10) (2,468) Mary Bowers, Margrett Billie, Eugene Bowers, Phil Bowers
Mixed Doubles - 1 (1,442) Diane Smith/Roger Smith 2) (1,399) Patricia Wilcox/Remus Griffin 3) (1,365) Mary G. Osceola/Chris Osceola 4)

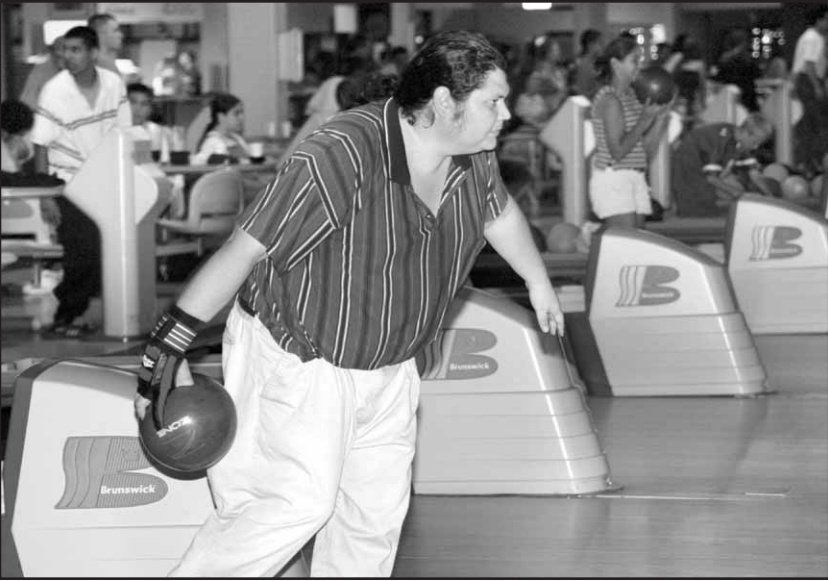
(1,324) Sonya Johns/Toby 5) (1,317) Maydell Osceola/Jimmy Osceola 6) (1,309) Farrah Jones/Elton Shore 7) (1,303) Ruby Osceola/Oliver Wareham 8) (1,299) Jennifer Cypress/Raymond Tigertail 9) (1,298) Amanda Smith/Derrick Thomas 10) (1,282) Terri Frank/Robert Frank

Men’s Doubles - 1 (1,424) Rylan Kirkland/Delwin McCowan 2) (1,408) Oliver Wareham/Robert Frank 3) (1,360) Greg Kelly/Miguel Cantu 4) (1,323) Jimmy Osceola/Victor Manriquez 5) (1,318) Eugene Bowers/Tom Ellison 6) (1,297) Marcy Osceola/Mitch Osceola 7) (1,287) Kevin Tommie/Danny Tommie 8) (1,274) Duane Jones/Jessie Urbina 9) (1,256) Don Osceola/Jeremy Bowers 10) (1,248) Matthew Cypress/Hyde Gopher 11) (1,246) Alvin Buster, Jr./Amos Billie 12) (1,232) Ronnie Doctor/Christian Osceola 13) (1,223) Derrick Thomas/Neil Baxley

Ladies Doubles - 1 (1,325) Jeannette Cypress/Patricia Wilcox 2) (1,319) Symphonie Jumper/Susan Tiger 3) (1,284) Ruby Osceola/Terri Frank 4) (1,259) Margaret Billie/Rhonda Billie 5) (1,248) Dana Osceola/Linda Tommie 6) (1,241) Alma Johns/Sonja Johns 7) (1,235) Donna Turtle/Maydell Osceola 8) (1,221) Emma Urbina/Stacy Jones & Dee Dee Kelly/Patti Wilson 9) (1,197) Erin Buster/Alfreda Muskett 10) (1,196) Mary Gay Osceola/Mabel Osceola 11) (1,195) Rose Jones/Farrah Jones 12) (1,184) Rachel Cypress/Mary Bowers

Men’s Singles - 1 (699) Robert Frank 2) (688) Randy Wilson 3) (684) Danny Jones 4) (682) Eugene Bowers 5) (677) Jimmie Osceola 6) (664) Amos Billie 7) (662) Cicero Osceola 8) (661) Matthew Cypress

Ladies Singles - 1 (693) Jamie Kirkland 2) (692) Amanda Smith 3) (691) Donna Turtle 4) (679) Dana Osceola 5) (677) Denise Morin & Ruby Osceola 6) (Jeannette Cypress 7) (673) Brett Osceola



Oliver Wareham goes for a strike.

Alexandra Frank

Cinco De Mayo All-Indian Rodeo

IMMOKALEE — On May 3, the Immokalee Rodeo Arena hosted the Cinco De Mayo Rodeo.

Although the threat of a storm cloud loomed, people were warming up horses and getting the chutes ready for sheep, cows, and horses.

The sheep were the first to enter the chutes to be used in the children’s “Mutton Bustin” event.

The children who entered the event are required to hang onto a sheep for about 30 seconds. Those sheep are fast, and some start to jump, so it is not an easy task to ride a sheep. This event was followed by the Pony Riding, Calf Riding, and Steer Riding.

Steer Riding is an event features older youth riding a young steer for 6 seconds. This can be dangerous because some of the young steers have horns.

Steer wrestling, Bareback riding, and other events filled in the rest of the evening’s events.

The rodeo showcased the best up and coming cowboys and cowgirls from the Seminole Tribe and other Indians from the U.S.

Listed below are the winners of the varied contest held at the Cinco De Mayo All-Indian Rodeo.

Kids Events
Mutton Busting: 1) Kelton Smedley - score 30.0, points 10. 2) Nicco Osceola - score 10.27, points 9. 3) Frank Huff - score 9.10, points 8. 4) Nick Dehass - score 7.61, points 7.

Pony Riding: 1) William Bearden - score 60, points 10. 2) Hilliard Gopher - score 56, points 9. 3) Jacoby Johns - score 49, points 8.

Calf Riding: 1) Josh Johns - score 6.2, points 10. 2) J.J. Johns - score 2.85, points 9.

Steer Riding: 1) Ethan Gopher - score 6.6, points 10. 2) Dayne Johns - score 5.64, points 9. 3) Justin Aldridge - score 2.78, points 8.

4-8 Years Barrel Racing: 1) Zane Ducheneaux - score 18.185, points 10. 2) Nauthkee Henry - score 23.838, points 9. 3) Acealyn Youngblood - score 25.672, points 8. 4) Andre Jumper - score 27.706, points 7.

9-12 Years Barrel Racing: 1) Ethan Gopher

- score 21.347, points 10. 2) Shyla Jones - score 21.797, points 9. 3) Stormin Youngblood - score 30.266, points 8.

13-18 Years Barrel Racing: 1) Jade Braswell - score 18.287, points 10. 2) Leanna Billie - score 18.740, score 9.

Bareback Riding: 1) Alex Johns - score 76, points 10. 2) Adam Turtle - score 72, points 9.

Steer Wrestling: 1) Robbie Chalfant - score 7.27, points 10. 2) Naha Jumper - score 8.35, points 9.

Saddle Bronc Riding: 1) Sydney Gopher - score 61, points 10. 2) Robert Youngblood - score 59, points 9.

Calf Roping: 1) Naha Jumper - score 19.96, points 10. 2) Josh Jumper - score 25.62, points 9.

Women’s Breakaway Roping: 1) Shelby Osceola - score 4.505, points 10.

50 + Over Breakaway Roping: 1) Paul Bowers Sr. - score 6.71, points 10.

Team Roping: 1) Josh Jumper/Naha Jumper - score 8.17, points 10. 2) Marvin Bowers/Trina Bowers - score 19.525, points 9. 3) Parker Jones/Johnnie Jones - score 22.005, points 8. 4) Willie Johns/Rudy Osceola - score 22.11, points 7.

Women’s Barrels: 1) Tess Ducheneaux - score 17.432, points 10. 2) Boogie Jumper - score



Pony riding was an event entered by Seminole youth.

Alexandra Frank

17.800, points 9. 3) Brenda Youngblood - score 18.226, points 8.

Bull Riding: No qualified rides.

Seniors 2nd Annual Pool Tournament

By Paula Cassels

BIG CYPRESS — On April 30, Big Cypress Hot Meals held the Seniors 2nd Annual Pool Tournament/ April Birthday luncheon.

The tournament featured Women’s 55-59, Women 60 and over, Men’s 55-59, and Men’s 60 & Over and Scotch Doubles divisions.

Seniors from the B.C., Hollywood, Brighton reservations, and Miccosukee, came to compete in the tournament.

As the tournament rolled in to action, Cecilia Solano handed out navy blue polo shirts to participants and visiting seniors.

This year the tournament had a twist, all seniors with April birthdays were honored at the Hot Meals. Cecilia baked a special birthday cake for the seniors decorated with a mini pool table on the top.

At lunch, Rev. Salaw Hummingbird blessed the food and everyone attending the tournament. Then, the Hot Meals staff and the C.C.E. helpers served ribs and potato salad.



Sammy Nelson lines up his break shot.

Paula Cassels

Dayne Billie Wins 10K Run

VIDALIA, GA — Seminole Tribal citizen Dayne Billie placed first in his division of the 26th Annual Vidalia Onion Run. Billie is the son of Rebecca Billie of Hollywood.

Dayne, 17, is a senior at Mel Blanc. This is the second year Dayne has entered the run. Billie placed first in the 15-19 age division of the 10K run.

Dayne is an active runner in his school’s cross-country team and enters in various runs when they come up, and he always wins first place in those runs.

Congratulations, Dayne on your recent win and keep up the good work on future runs.

Dayne Billie competes in the 10K run at the 26th Annual Vidalia Onion Run.



Team Bonawitz Captures Second Tournament



Ernie Tiger

Bass Buster Tournament winning anglers

By Ernie Tiger

BIG CYPRESS — April 12 was an almost perfect morning, with clear skies and a light breeze, setting the mood for the second of the three series Big Cypress Fishing Tournament that morning. Anglers anxious to get underway were the first to zoom off to their favorite fishing locations along the L-28 interceptor.

Hoping to try new waters to climb in the points standings, Steve Young and I decided to put in at the ramp south of the water-lock. The water conditions down south were a little cloudy, but the fish bite was on.

Within the first two hours, we had caught a respectable weight-in amount of five fish. Though we respect fish consistently all day long, we could not hook the big fish we needed to move up to the top five payout places.

After catching our five fish down south, we pulled the trolling motor and headed north past the water-lock to finish up the day.

Professional angler Marty 4Killer was invited to fish against novice and veteran BC anglers. Marty, who competes in professional FLW and BASS tournament circuits, has qualified for the FLW Championship tournament, the Red Man All-America, and made the Ranger Millennium Top 10. Although Marty only competed for sport and not money during this tournament, he offered all anglers \$50.00 dollars for every pound they get over his total weight of the day.

None of the anglers netted enough weight to top the professional angler, but there were a few teams that did not fall too far behind.

“I was very happy to be invited to the Seminole Tournament. These waters are an untapped fishery,” said 4Killer, after taking first place in the day’s tournament.

Many anglers competing in the series repeated the same tactics they used in their tournament by staying in the Northern waters, which left a large amount of southern waters open to the fishermen.

While two of the top five place winners fished the southern waters, a majority of the big bass caught in the tournament were landed in the Northern L-28 Waters.

The Big Bass of the Tournament was netted by Chucky Osceola and Fred Haberman, who tipped the digital scale at 7 lbs., 4 oz., collecting the impressive Josiah Johns Big Bass Trophy.

Cementing their position in first place was Team Bonawitz, who now lead the Tournament in

points with two first place wins under their belt. This team is showing they’re not moving out of first unless someone nets in a stringer of hogs.

Making their presence known for the first time in this tournament were bass angler veterans Howard Tommie and Tommie Billie, who netted in 13 lbs., 11 oz. and a Big Bass of 5 lbs., 10 oz. to take second place in this tournament. The win will help them make up ground lost by not competing in the first tournament.

Pulling in at third place were Don Michael and Darrell Phillips, who weighed in with an impressive stringer of fish of 12 lbs., 9 oz. and the second largest bass caught in the tournament at 6 lbs., 9 oz.

Bass Tournament Results

1) Ken Bonawitz/Mark Bonawitz W-14 lbs., 10 oz. BB- 3 lbs., 15 oz. 2) Howard Tommie/Tommy Billie W-13 lbs., 11 oz. BB-5 lbs., 10 oz. 3) Don Michael/Darrell Phillips W-12 lbs., 9 oz. BB-6 lbs., 9 oz. 4) Chris Osceola/Sam Nelson-W 11 lbs., 14 oz. BB-3 lbs., 10 oz. 5) Moses Jumper/Mike Tiger W-11 lbs., 1 oz. BB- 4 lbs., 5 oz. 6) Ricky Doctor/Mike Cantu W-10 lbs., 7 oz. BB-3 lbs., 13 oz. 7) Steve Young/Ernie Tiger W- 9 lbs., 15 oz. BB 2 lbs., 15 oz. 8) Chucky Osceola/Fred Haberman W-8 lbs., 4 oz. BB-7 lbs., 4 oz. 9) Fred Phillips/Tom Koenes W-7 lb., 7 oz. BB- 5 lbs., 15 oz. 10) Ted Nelson/Ted Nelson Jr. W-7 lbs., 4 oz. BB-2 lbs., 2 oz. 11) Joe John/Julie John W- 7 lbs., BB- 2 lbs., 2 oz. 12) Mike Woodham/Samantha Rhymes W- 6 lbs., 12 oz. BB- 2 lbs., 1 oz. 13) Bronson Hill W-6 lbs., 9 oz. BB- 3 lbs., 8 oz. 14) Josh Jumper/Cicero Osceola W 6 lbs., 3 oz. BB-4 lbs., 4 oz. 15) Allen Ulrici/Jason Ulrici W-4 lbs., 1 oz. BB-1 lbs., 7 oz. 16) Tate Osceola/Nestaly Torres W-1 lbs., 11 oz. BB-1 lbs. 17) Naha Jumper/Jason Grasshopper Marty 4Killer W-15 lbs., 2oz. BB-5 lbs.,11 oz.

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10th Annual Seminole Wellness Conference

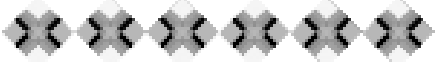
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July 13-18, 2003

Deadline For Applications: June 06, 2003

Due to the limit of participants, when you register for the 10th Annual Seminole Wellness Conference, you must commit yourself to participate for the duration of the conference. Those who are active in support groups, have participated in treatment centers, and pursuing a healthier drug and alcohol free lifestyle will have first priority if registration exceeds the limit. It is the conference attendee’s responsibility to make proper arrangements with your supervisor concerning absence from work. A letter of notification will be sent to confirm that you are a participant in this year’s conference. Lack of participation will result in a letter to your supervisor.

For An Application Please Contact:
Hollywood
Clinic-Reception Desk: (954) 962-2009
Ralph Billie: (954) 963-7429
Brighton
Michele Thomas W : (863) 763-4128 Ext. 128
Rita Gopher W : (863) 763-4128 Ext. 129
Big Cypress
Clinic-Reception Desk: (863) 983-5151
Helene Buster: (863) 983-5798
Immokalee
Billie Napper: (239) 657-6567
Miccosukee
Andy Buster W: (305) 223-8380
Ft. Pierce
Sally Tommie W: (954) 967-3700
Tampa
Tom Ryan W: (813) 621-2811



19 Tips for Muscle Growth



By Kenny Bayon, Certified Personal Trainer
Rep after rep, set after set, day after day. There's nothing worse in the pursuit of fitness than wasting your time in the gym. If you're like me, you want results fast. That's why I have come up with 19 time-saving tips (in no particular order) to help make your training efforts more productive, whether your goal is to increase muscle mass, reduce fat, improve endurance or a combination of all three.

1. Get It Done Fast
If you're fast on workout time, the most expedient approach calls for training your upper and lower body using two exercises considered the kings of resistance training: squats and bench presses. Doing both during the same workout will engage more major and ancillary muscle fibers than any other two exercises you can do. After a 5-8 minute warm-up to raise core temperature, do six sets of eight to 10 reps of each exercise (do the benches first), then get the heck out of the gym. This workout will heighten your body's anabolic drive, which translates to more muscle.

2. Essential Protein
Protein is the building block of muscle, so if you're lifting heavy you'd better be eating heavy. According to a study in the Canadian Journal of Applied Physiology, if you're interested in putting on muscle, you'll need 1 1/2 to 2 grams of protein per kilogram of body weight a day. This translates into 0.68 to 0.90 grams per pound of body weight. For metric-challenged Americans, one gram of protein per pound of body weight will ensure optimum protein synthesis without risk. Remember, the low number is for people who just want to lose weight or maintain what they have. The latter number is to gain muscle mass.

3. The Fast and The Furious
Expand your aerobic capacity and fat-loss potential by combining prolonged sub maximal training--that's between 60 percent and 80 percent of your maximum heart rate--with high-intensity interval training. The resulting physiological adaptations help to reduce lactate accumulation by preventing its formation and facilitating its clearance. To combine sub-maximal and high-intensity training into a single session, try running (30 to 45 minutes) with 100-yard sprints at every mile at least once a week.

4. A Cycling Approach
Try creating a simple four-week training cycle in which you alternate between heavy, medium and light training sessions for each body part. Each heavy day, push your limits in order to build strength and muscle, leaving your medium and light days for developing tendon and ligament strength as well as cardio endurance. A cyclic approach such as this one will allow you to gain muscle mass and strength, while keeping your metabolism churning so you continue to get leaner. And you'll be a lot less likely to over-train in the process.

Once you're past the beginning phase of

resistance training, something along the order of three months, avoid working a body part with the same routine two times in a row. Change the routine completely, swap one movement for another from the previous workout, or change the order of exercises from your last workout. This approach will prevent your muscles from getting lazy, keeping their adaptation response at an optimal level, which means continued muscle development.

5. Moderate Fat Intake
If you eliminate all fat from your diet, you may lose that gut, but only temporarily, and at the expense of muscle gain. The great fat-acceptance cycle has been spinning for generations, from zero tolerance to occasional monstrous greasy binges. The best plan focuses on moderation. This means eating a reasonable amount of daily fat, but choosing unsaturated sources (known as omega-3 and omega-6 fatty acids) such as salmon, mackerel, natural peanut butter, olive oil and avocados, and avoiding saturated artery cloggers such as red meat, salad dressings, mayonnaise and butter. You need healthy fats to regulate hormone production, reduce muscle inflammation (especially after training), protect your joints, and provide the satisfaction you get from eating a big, well-deserved meal. Experts advise an equal balance among the three types of fats. This provides the medically desired 2-1 ratio of unsaturated to saturated fats, and will provide the greatest benefits these fats have to offer.

6. Priority Training
If you notice that one body part, or portion of a body part, begins to lag in development compared to the other muscle groups, try a priority-training approach. Always train the weak or slow-growing muscle first in your workout. For example, if your quadriceps is kicking but your hamstrings are lacking, then begin the workout with hamstring exercises. Then you can blast your quads.

7. The Extra Boost
To help endurance and accelerate fat loss, add one long run a week (1-2 hours) to your training efforts. Speed doesn't matter on these runs. Build distance very gradually, increasing weekly by no more than a mile (or 10 minutes).

8. Power Up
If you can't get in five or six small meals per day, eat between-meal protein shakes. This will keep your energy levels up, your amino-acid pool steady and your muscles growing.

9. Get Fibered Up!
Wanna stay lean and healthy? It's old news, but it's not going away: Fruits and vegetables are great for you. If you still don't buy it, take it from someone a lot smarter than we are. "We don't understand everything about fruits and vegetables, but we do know that the quarter of the population eating the most get half the cancer of the quarter eating the least," says Bruce Ames, Ph.D., professor at the University of California, Berkeley, and renowned antioxidant authority. "So get at least five portions of fruits and vegetables every day." Vegetables are also loaded with fiber, and recent research shows that people who eat plenty of fiber -- including legumes such as beans and peas -- stay thin, even if they don't pay attention to the rest of their diet. This might be

because fiber-loaded foods digest slowly and help satisfy hunger, and satisfaction is one of the keys to maintaining a weight-loss program.

10. Continuing Education
An easy and inexpensive way to stay updated on the latest health and fitness information is to peruse the magazine rack of your local bookstore. The exercise/health/fitness section is usually filled with dozens of publications. Or perhaps subscribe to some magazines such as Muscle and Fitness, Men's Health, or Shape. And if you're really serious, then perhaps you can take a college course or attend local, regional or national fitness seminars.

11. Recover Faster
Eating immediately after a workout and then again two hours later is one of the best habits you can adopt to spur muscle growth. The first two hours after a workout offers a window of opportunity in which your muscles replenish and store glycogen at almost twice the rate they otherwise do. A study at the University of Texas showed that a combination of protein and carbs will expedite energy uptake faster than if you ate them separately.

12. Calf Blast
To maximize calf development, you should train both the soleus muscle and the gastrocnemius muscle that rides above it. Straight-leg calf raises target the gastroc, but to hit the deeper-lying soleus you must bend the knee 45 degrees, which calls for seated calf raises.

13. Burn Calories in the Sand
By running barefoot on soft sand, you'll expend 1.6 times more energy than you would on a hard surface, so it's a real calorie burner. Limited traction and poor stability make the aerobic demands enormous. But don't try sand running until you've done some conventional running first. Even guys accustomed to long runs should curtail their usual distances and pace the first time they hit the beach. If the going is too tough, zigzag between soft and hard sand.

14. Just Say No -- to Fried Food!
Almost every food, whether it's steak, chocolate or red wine, has some nutrients to contribute. However, one thing is absolute: Fried foods are garbage! Potato chips, French fries and onion rings are pregnant with saturated fat and calories, yet they contain zero healthy or muscle-promoting nutrients. But fret not, potato lovers: Sweet and baked potatoes (minus the sour cream, cheese and/or bacon bits, of course) offer great, low-fat and highly nutritious alternatives. The potato skin, by the way, is the most nutritious part.

15. Intensity Fix



If your muscle growth is starting to lag, the easiest way to change your intensity level is to shorten the rest interval between sets.

16. Kick-start Your Metabolism
If you want to maximize your muscle-growing or fat-loss efforts, never, ever, skip breakfast. Additionally, make sure that breakfast consists of complete proteins and complex carbohydrates, the best sources for stoking your metabolism at the beginning of the day, following a long night's inactivity. By the way, a Pop-Tart, even the low-sugar type, or a bagel with cream cheese, is not a good muscle-promoting breakfast.

17. Limbering Up
To keep from tightening up, spend 10 minutes after every run doing long, gentle stretches that work your calves, hamstrings, lower back and shoulders. After the age of 30, it's especially important to include upper-body stretches.

18. Quarter Repetitions
For the ultimate biceps pump, try preacher curls using the "21s" approach. After you've done a set of full-range reps of preacher curls, next do seven partial reps, from the bottom of the movement to its midpoint, and finish with seven more partials, from the midpoint to the top. Rest 90 seconds, then do another set. Try four sets in all, and burn, baby, burn.

19. Listen Up Before You Sit Up!
Unless you're already a super-athlete with a well-developed midsection, sit-ups can lead to a strained lower back and, at worst, lumbar injuries. Additionally, rather than hitting your abs for maximal development, sit-ups may shift exercise tension to your hip flexors. So stick to crunches, knee ups, leg raises, bicycles and any of the dozens more of safer, more effective abdominal-isolating exercises that I can show you.

References: Men's Fitness

Please e-mail any questions to KBAY07@aol.com.

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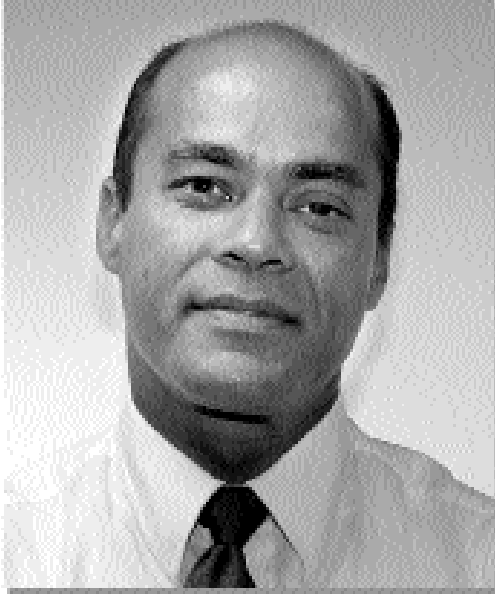
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Announcements v Ahnahhegeh v Nakorkerkecetv



Poems

Vision of Beauty
A vision faithful and strong . . .
And of the spirit.

A hard-won peace . . .
They said that the land would be ours
For as long as the grass shall grow
And the waters flow.
And yet it is they who seem to have for-
gotten
The grass and the waters
Have long memories.

The blue soldiers
Are supposed
To be gone.

That's what the treaty speaks of.

But tis no matter,
For the great spirit
Speaks to me when I play
And I am become afraid,
For I am young. A child chosen.

Ha, even my horse makes my enemies
afraid!
Onward! I like that, my thoughts in sacred
Childhood days. Sacred days of vision.

War and religion are of great importance.

I am not in vision now, as I was before.
No, this is real.
Yet, my brothers, the winged ones, speak
blessed
Words, and sing holy songs to me:
"All eyes stop to gaze upon
the holy visionary of human
goodness and purity in childhood."

Unity, loving hearts, sacred words.
Behold the vision fair, whispering
Of matters not of this world.

See and know sacredness, great power.
Nature. Earth mother. All things related.

You see, there are four quarters of the uni-
verse.
Send rain, cleanse me to the vision
With my favorite purification, sweet rain,
For ceremony is my kind of life,
And I highly revere it. Cleanse me
And make me free as my forefathers.

Make a golden sunbeam free wisdom
Upon my heart, and set me free.
You have the power to do so and only
you.
Let me give you thanks in the morning
and evenings
Of my prayers, let eagles watch over me.
Let me rise and soar above it all,
And see from star nations the holy vision.
This I pray in all earnestness.

Enlighten me, are we not all children of
one God?
And are we not all provided for?

Vision, vision of beauty.

Bring peace and harmony to my spirit,
As well as simplicity, calmness, and
honor.

Once, a lonely warrior of good heart,

Was seeking high and low
For a beautiful wife.
He paused for a while in a faraway vil-
lage,
When a fair young maiden
With long flowing black hair approached,
Appearing as if from nystic white clouds,
A vision of beauty, offering food and
drink,
Having seen that he was weary and weak
From the unbeaten path.
Behold, the fair young maiden—dressed
In white—with long flowing black hair,
Says: "It is I, the beautiful one, the one
Who has been awaiting your arrival
All this time, though you did not know of
me.
Your grandfather knows your good heart."
To which the lonely warrior responds:
"Well then, in our home, you will be for
me,
and I will be for you, the center of our
worlds,
in sacred unity, no dishonorable days,
in the good seasons of villages, will
we live in true love." And it was so.
Eternally.
In My dreams, there are shadows
Of the spirits of all things,
And my horses shadow dances about
In a rather crazy way,
And my holy power, as sacred as time is
old,
Prevents any harm from coming near me.

Yet, glimpse once again the holy vision!

It is what is in your heart that truly
counts.

Therefore, with much reverence,
Do I stand at the sacred fires
Of my thoughts, and express
Everlasting gratitude.

Eagle feathers rain down from the sky,
The goodness from up above, thus,
The quested vision. My offerings
Are meant for the powers, which
Are really one power – and so rejoice,
For all things are related!
In word and in thought do I give my
thanks.
And always does your holy presence
shine
For vision and prayers sake. Hear me
In my humble voice, a red child,
Bring me vision to behold your power.
Give me guidance and understanding
And courage to withstand the strong
winds
Of many troubles. Let me walk a good
path
In life and in love. Let me everyday
Pray to you and your wondrous comfort.
Make me a good person, capable
Of good accomplishment. Let my good
Way of life define my entire being,
For my spirit journey has taken me
To the purest of white clouds, to gaze joy-
fully
Upon thy sacred sphere cathedral, Earth
Mother.

Amen.

-Elgin Jumper
April, 2003

Livin n a dream

"Always chase your dreams. Never give up. If
you fail, try harder."
That is what you always told me, Sue.
I listened. I wish you were here.
Here I am. Dreaming of you. Me and
you.

We are in a pasture. Both of us.
You are bridle-less.
Saddle-less. And I, just a human
upon your back.
We fly across the sky. You seem to
never tire.
You keep running. Your breath
comes easily.
We must be in a dream. Your tail
flows behind you.
There are mountains to the right.
Grassy knolls to the left.
But we are in the sky. You jump
clouds effortlessly.
We move like one.
United.

We can't be torn apart. Nothing
can stop us.
Two determined beings in this dream and
world.
You stop. All of a sudden.
There are two paths. On bright and sunny.
The other bleak, dark and filled with lighting.
Oh, that hated word. Lighting. Why?
Why you Sue?
But we take the bright sunny side.
There are white fluffy clouds.

The sky is a beautiful baby blue.
You are bright red against it.
They say a sorrel is fast. You are. You live up
to it.

You are indispensable. You are Beautiful.
You are running blood.
"Trying hard is not enough. You've got running
blood."
That's what I heard a song say one time.
You had try and running blood.
You never gave up.
You were all heart and try.



Notice

I congratulate the winners of the recent election and
thank all the fine folks who supported me. I also thank
the recreation program’s personnel of the various com-
munities who were so helpful.

Andrew J.
Bowers, Jr.

Emergency Services
including fire and
ambulance are now
available 24 hours a day,
7 days a week on the
Brighton Reservation.

Education Advisory Community Meeting

The next meeting is
scheduled for Wednesday,
Sept. 3 at the Brighton Cattle
and Range at 10 a.m.



Happy Birthday
To our **Uncle Chunky!**
We love you!
Colby, Tatiana, Martina Herrera



Happy 4th and 3rd Birthdays to Kalani
and **Jaden Bankston** from your
Gramma and Poppa.

Happy Birthday to Brady!
We prayed for you to come
God sent you to us,
Our Miracle Baby!

Happy Birthday Brendan! Our
Baby Otter!
Grandma and Grandpa
Jimmy and Marie

Happy Birthday to Theresa C. Osceola
on May 18, 2003. A wonderful wife,
mother and aunt. Love your Brat Pack...
the Boss, Palee, Jolene, Elizabeth,
Michael and Savannah.

Happy 12th Birthday to Christopher D.
Clay on May 19, 2003. Love, your fami-
ly, **mom (Jolene), Mike, Haley, Shelby,**
Raegen, Grandma, Grandpa (Theresa
and Sandy), Egoosh Palee, Ahfutley,
Dick and crew, Shatee and family.

Anniversary

To **Nancy & Bo Jim**
Happy Anniversary! From the stories
you guys tell, you have come along way
to make it this far. It's an honor to be a
daughter-in-law to you guys. Ya'll have
been such a great asset in my life and
your son's life. Without you guys I don't
think we would've made our marriage
last. Thanks for the support you gave us
for the past 4 years of our relationship. I
wish you guys a "Happy Anniversary"
and many more to come so relax on your
anniversary and enjoy it while you can.
Thank you for everything you've done for
us. I love you both.
Love Always,
Edna C. Cypress-Jim

To my **mom and dad**
Happy Anniversary! I love you both
along with my lii' family with all my
heart that I don't have any room for
myself. **Mom & Dad**, you guys are the
sun in my sky when skies are gray. No
one knows how much I love and care for
you. I'll always love you for everything
you've done for me because I know it was
for the better and there are no words to
express it either. I am glad you both had
a heart to raise me. I know you guys raised
me to be a good man but I made my own
decisions to let you down and I'm sorry. I
have changed my life around for you and
my lii' family because without you guys
I'm nothing. I appreciate you both. I love
you mom and dad. Don't get too hot on
your anniversary night (just kidding).
HAPPY ANNIVERSARY!
LOVE ALWAYS,
Buddy

Wedding



Congratulations!

Jerome and Tonya Jumper
married on December 28, 2002 in
Greenville, South Carolina.
The happy parents are **Vincent**
and **Loretta Micco** of Hollywood and
Jimmy and Vonnice of Almond
Greenville, South Carolina.
Jerome graduated from Bob
Jones University with a Bachelor of Arts
Degree, Class of 2002. He also graduated
from Motorcycle Mechanics Institute in
December 2002.
God's blessing on you.
Congratulations to the newlyweds!

Happy Birthday

Happy Birthday to Grandma (Theresa
C. Osceola) on May 18, 2003. We love
you. Love **Ha'an, Ahtelhoy, Ahfutley,**
Chia, Footy, Shatee, Chagups, Dick,
Gunny, Faamooke, Choochahee,
Chehyyete, Palaageehee.

Happy Birthday to Dorothia Osceola
on May 30. Love **Palee and family, Jolene**
and **family, Elizabeth and family and**
Savannah and family.

Happy Birthday to Ms. Katrina I.
Huggins on May 10, 2003. You're grow-
ing up so fast. We love you. Love,
Savannah and family.

Happy Birthday to Ms. Kailyn J. M.
Huggins on May 25, 2003. We love you
very much. Love, **Savannah, Randelle**
and **Addison.**



Hey lil' sis,
Happy Birthday Baby Girl Amanda
Cypress
Love you lots!
Happy Mothers Day too!
Your sis
Jolene

Happy Birthday
To our **Aunt Nana!**
We love you!
Colby, Tatiana, Martina Herrera



Happy Birthday Mark Billie, May 2nd.
Love: Mary, Tana and Maranda.



Happy 1st Birthday to our little brother
Brendan.
We love you lots,
Brady and Bradley

Happy 4th Birthday to our big brother
Brady.
We love you lots,
Brendan and Bradley

Happy Birthday to our May babies.
Brendan and Bradley
All our love,
Mom and Dad

Happy 2nd Birthday to our cousin
Sheldon Osceola
Love ya,
Brady, Bradley, and Brendan

Happy Birthday Sheldon
Love,
Auntie and Uncle Will

Happy Birthday! Sheldon
We love you! Our Kiowa Otter!
Grandpa and Grandma
Jimmy and Marie



Bret Kyle Frank, Happy 4th Birthday
and many more! Your growing stronger
and smarter everyday! With much love
from all your family.

Births



New Kid on the Block

Introducing a special delivery
from the Easter Bunny to the Otter Clan,
Eden Dorothy Billie born April 20, 2003,
Easter night, weighing 6 lbs., 10 oz.
Proud mommy is **Rachel Ann**
Billie. Proud grandparents are **Steve**
Osceola and **Rita Billie.**



Welcome to “**Janae Lelani**
Bankston” born on January 17, 2003.
Weight: 8 lbs.
Parents: **Jana Billie** and **Walter**
Bankston. Grandparents: **Sonny**
and **Christine Nevaquaya** and late **Jonah**
Billie and **Karen Bankston.**

Hollywood Career & Health Fair, “Exploring Your Future-A Family Event”



June 5, 2003
From 4-8 pm



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and much more



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Job Opportunities

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<p>HOLLYWOOD Position: Counselor II Department: Family Services Position Opens: 4-28-03 Position Closes: 5-12-03 Salary: Negotiable and commensurate with experience.</p> <p>Position: Modernization & Maintenance Mgr. Department: Housing, Travel to all Reservations Position Opens: 1-20-03 Position Closes: 2-3-03 Salary: \$45,000 - \$55,000 annually w/benefits</p> <p>Position: Programmer/Analyst Department: Information Systems Position Opens: 3-31-03 Position Closes: 4-14-03 Salary: negotiable with benefits</p> <p>Position: Safety Officer Department: Human Resources Position Opens: 5-5-03 Position Closes: 5-19-03 Salary: Negotiable with benefits.</p> <p>Position: Voice Telecommunications Mgr. Department: Information Systems Position Opens: 3-24-03 Position Closes: 4-7-03 Salary: Negotiable with benefits</p> <p>Position: Electrician's Helper Department: Housing Position Opens: 2-18-03 Position Closes: 3-3-03 Salary: \$24,960 -\$33,280 (commensurate w/exp)</p> <p>Position: Background Investigator Department: Gaming & Compliance Position Opens: 4-28-03 Position Closes: 5-12-03 Salary: negotiable with benefits</p> <p>Position: Commission Officer Department: Gaming Position Opens: 3-3-03 Position Closes: 3-17-03 Salary: \$28,000 with benefits</p> <p>Position: Remediation Coordinator Department: Water Resources Position Opens: 4-28-03 Position Closes: 5-12-03 Salary: \$30,000.00 annually with benefits</p> <p>Position: Cultural/Lang. Instructor Department: Culture Education Position Opens: 2-24-03 Position Closes: 3-10-03 Salary: negotiable with benefits</p> <p>Position: Finish Carpenter (3) Department: Housing Position Opens: 4-7-03 Position Closes: 4-21-03 Salary: \$29,120.00 annually with benefits</p> <p>Position: Building Inspector (P/T) Department: Building Official Position Opens: 4-14-03 Position Closes: 4-28-03 Salary: \$20.00/hr, no benefits</p> <p>Position: Receiving A/P Assistant Department: Purchasing Position Opens: 4-28-03 Position Closes: 5-12-03 Salary: \$27,040 annually with benefits</p> <p>Position: Surveillance Operator Department: Gaming Compliance Position Opens: 3-31-03 Position Closes: 4-14-03 Salary: \$19,760 annually with benefits</p> <p>Position: Maintenance Sup. Coordinator Department: Housing Position Opens: 4-7-03 Position Closes: 4-21-03 Salary: negotiable with benefits</p> <p>Position: Surveillance Operator Department: Gaming Compliance Position Opens: 3-31-03 Position Closes: 4-14-03 Salary: \$19,760 annually with benefits</p> <p>Position: Travel Assistant Department: Travel Position Opens: 4-28-03 Position Closes: 5-12-03 Salary: negotiable with benefits.</p> <p>Position: Transcriptionist Department: Secretary Treasurer Position Opens: 4-14-03 Position Closes: 4-28-03 Salary: \$24,960.00 annually with benefits Position: Water Resources Mgt. Coord. Department: Water Resources Dept. Position Opens: 4-28-03 Position Closes: 5-12-03 Salary: \$ 30, 000 annually w/ benefits.</p>	<p>BRIGHTON Position: Commission Officer Department: Gaming Position Opens: 3-3-03 Position Closes: 3-17-03 Salary: \$28,000 with benefits</p> <p>Position: Maintenance Worker(Temp) Department: Buildings & Grounds Position Opens: 3-17-03 Position Closes: 3-31-03 Salary: \$16,640</p> <p>Position: P/T Firefighter/EMT Department: Emergency Services Position Opens: 3-10-03 Position Closes: 3-24-03 Salary: negotiable w/experience w/ benefits</p> <p>Position: Youth Support Advisor Department: Education Position Opens: 4-7-03 Position Closes: 4-21-03 Salary: negotiable with benefits.</p> <p>Position: Licensed Practical Nurse Department: Health Position Opens: 3-3-03 Position Closes: 3-17-03 Salary: negotiable with benefits</p> <p>Position: Operator Maintenance Trainee Department: Utilities Position Opens: 4-28-03 Position Closes: 5-12-03 Salary: \$ 18,700 annually with benefits.</p> <p>Position: Transfr. Station/ Op. Trainee Department: Utilities Position Opens: 4-28-03 Position Closes: 5-12-03 Salary: \$ 18,700 annually with benefits.</p> <p>Position: Counselor II Department: Family Services, Health Position Opens: 12-9-02 Position Closes: 12-23-02 Salary: negotiable with benefits</p> <p>Position: Surveillance Operator Department: Gaming Compliance Position Opens: 3-17-03 Position Closes: 3-31-03 Salary: \$19,760 annually with benefits</p> <p>Position: Life Guard (3) Department: Recreation Position Opens: 4-7-03 Position Closes: 4-21-03 Salary: \$20,800:00 annually with benefits</p> <p>Position: Carpenter's Helper (Apprentice) Department: Housing Position Opens: 4-7-03 Position Closes: 2-17-03 Position Closes: 3-3-03 Salary: \$20,880 - \$24,960 with benefits</p> <p>Position: Camp Counselor Department: Recreation Position Opens: 4-7-03 Position Closes: 4-21-03 Salary: \$7:00 - \$8:50 hourly</p> <p>Position: Skilled Carpenter Department: Housing Position Opens: 2-17-03 Position Closes: 3-3-03 Salary: \$ 29,120 – 33,280 annually with benefits.</p> <p>Position: Video Programmer, P/T Department: Broadcasting Position Opens: 4-28-03 Position Closes: 5-12-03 Salary: \$8.00/hr.</p> <p>Position: Video Programmer Department: Broadcasting Position Opens: 4-28-03 Position Closes: 5-12-03 Salary: \$8:00 - \$8:50 annually with benefits.</p> <p>Position: Tribal Outreach Worker II Department: Family Services, Health Position still available. Salary: Negotiable with benefits</p> <p>BIG CYPRESS Position: Elementary Teacher Department: Ahfachkee School Position Opens: 3-10-03 Position Closes: 3-24-03 Salary: negotiable w/exp. W/benefits</p> <p>Position: Firefighter/EMT (P/T) Department: Emergency Services Position Opens: 3-10-03 Position Closes: 3-24-03 Salary: negotiable w/experience w/ benefits</p> <p>Position: Instructional Aide Department: Ahfachkee School Position Opens: 3-10-03 Position Closes: 3-24-03</p>	<p>Salary: negotiable w/exp. with benefits.</p> <p>Position: Receptionist Department: Broadcasting Position Opens: 4-7-03 Position Closes: 4-21-03 Salary: \$16,640:00 annually with benefits</p> <p>Position: Middle School/Secondary Education Teacher Department: Ahfachkee School Position Opens: 3-10-03 Position Closes: 3-24-03 Salary: negotiable w/exp. with benefits.</p> <p>Position: Finish Carpenter Department: Housing Position Opens: 4-7-03 Position Closes: 4-21-03 Salary: \$29,120.00 annually with benefits</p> <p>Position: Tour Guide (1) Department: Ah-Tah-Thi-Ki Museum Position Opens: 9-30-02 Position still available Salary: \$15,184.00 w/benefits</p> <p>Position: Cultural/Lang. Instructor Department: Culture Education Position Opens: 2-24-03 Position Closes: 3-10-03 Salary: negotiable with benefits</p> <p>Position: Elem. Music Teacher Department: Ahfachkee School Position Opens: 4-7-03 Position Closes: 4-21-03 Salary: negotiable with benefits</p> <p>Position: Maintenance Worker Department: Ah-Tha-Thi-Ki Position Opens: 3-10-03 Position Closes: 3-24-03 Salary: \$16,640 annually with benefits</p> <p>COCONUT CREEK Position: Commission Officer Department: Gaming Position Opens: 3-3-03 Position Closes: 3-17-03 Salary: \$28,000 with benefits</p> <p>Position: Surveillance Operator Department: Gaming Compliance Position Opens: 4-21-03 Position Closes: 5-5-03 Salary: \$19,760 annually with benefits</p> <p>FORT PIERCE Position: Sr. Counselor, P/T Department: Family Services, Health Position Opens: 12-9-02 Position Closes: 12-23-02 Salary: Negotiable with benefits,</p> <p>IMMOKALEE Position: Counselor I Department: Family Services, Health Position Opens: 12-9-02 Position Closes: 12-23-02 Salary: Negotiable with benefits</p> <p>Position: Cultural/Lang. Instructor</p>	<p>Department: Culture Education Position Opens: 2-24-03 Position Closes: 3-10-03 Salary: negotiable with benefits</p> <p>Position: Maintenance Worker Department: Recreation Position Opens: 12-19-01 Position still available Salary: \$ 14,500 with benefits.</p> <p>Position: Operator Maint. Trainee Department: Utilities Position Opens: 6-6-02 Position still available Salary: \$ 18,700 annually with benefits.</p> <p>Position: Receptionist Department: Health Position Opens: 1-06-03 Position Closes: 1-20-03 Salary: \$20,800 - \$22,880 annually w/benefits</p> <p>Position: Nutritionist /Health Educator Department: Health Position Opens: 1-6-03 Position Closes: 1-20-03 Salary: \$Negotiable w/benefits</p> <p>Position: Video Programmer, P/T Department: Broadcasting Position Opens: 3-31-03 Position Closes: 4-14-03 Salary: \$8.00/hr.</p> <p>TAMPA Position: Video Programmer Department: Broadcasting Position Opens: 3-31-03 Position Closes: 4-14-03 Salary: \$8:00 - \$8:50 annually with benefits.</p> <p>Position: Surveillance Operator Department: Gaming Compliance Position Opens: 4-7-03 Position Closes: 4-21-03 Salary: \$19,760 annually with benefits</p> <p>Position: Transporter Department: Health Position Opens: 3-24-03 Position Closes: 4-6-03 Salary: \$18,720 annually with benefits</p> <p>Position: Surveillance Technician Department: Department of Gaming Compliance & Regulations Position Opens: 02/07/03 Position Closes: until filled Salary: Negotiable with benefits.</p>
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Police Jobs

Position: Police Officer
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Police Officer position available. Must already have/his certification. Needs to be a citizen or have alien resident card, 19 years or older, with a high school diploma or GED. Shift work. Excellent benefits. If you are interested please call (954) 967-8900.



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