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Okeechobee Honors Seminole Artist

By Susan Etxebarria
OOKEECHOOBEE CITY, FL — A tribute to Seminole artist, Jimmie Scott Osceola, and the Seminole Tribe of Florida was the focus of a city park celebration held in Okeechobee City on May 19. Two significant actions took place that day showing that the city applauds the achievements of the Tribe and its Brighton neighbors.

A proclamation on the part of Okeechobee City Council declaring Saturday as Jimmie Scott Osceola Day was announced at the regular meeting on May 16. After the city meeting Jimmie's brother, Joe Dan Osceola, remarked it was the first time in all these years that the Seminole Tribe was invited to a city meeting.

In addition to honoring Jimmie Scott Osceola at the celebration the organizers pulled off another surprise. City Council Member Dowling Watford gave the symbolic keys to the city to Seminole Tribe of Florida's Chairman Mitchell Cypress, who accepted them on behalf of the Tribe.

Giving anyone the keys to a city is considered a big honor reserved for special individuals on special occasions. Council Members Lowry Markham and Shirley Brennan, Lydia Williams and Mayor James Kirk were also present.

Council Member Watford was instrumental in getting state funds allocated for the new state park at the site of the Battle of Okeechobee.

"When I was a kid growing up in Okeechobee I didn't know anything about the Seminole culture," he said. "They were my friends but when you're a kid you don't think much about that. Over the years I learned more. Now I have a family connection with four grandchildren in the Tribe. I have learned to really appreciate the Seminole culture."

This first-ever Okeechobee City event honoring the culture of the Tribe and one of its Tribal citizens may be the start of an annual celebration. That's what C. J. Rodriguez, owner of Dust Collector Antiques, Collectables & Fine Arts, said he hopes for. She was originally planning just an art showing of Osceola's fantastic work, especially his fine drawings in India ink, and she

Susan Etxebarria
Jimmy Scott Osceola and Okeechobee Council Member Dowling Watford.

enlisted the help of Council Member Lydia Jean Williams, who is also the executive director for Okeechobee Main Street, Inc.

Between the two women their efforts evolved into a week of celebrations. Besides the proclamation and the Saturday celebration, there was the monthly Okeechobee Main Street Mixer at the antique store on May 18, where Jimmie Osceola and his family members were introduced. There was a good crowd of appreciative people in attendance.

❖ See ARTIST, page 22

Seminoles, Floridians, Historians Commemorate New State Park at the Okeechobee Battlefield Site

By Susan Etxebarria
OOKEECHOOBEE, FL — "I didn't know what 'hallowed ground' meant until I went to Gettysburg," said Tribal citizen Willie Johns. "As I was standing here I understood this is what it meant. This is our hallowed ground. And, we are looking over the battlefield."

Johns was present at the Press Conference held May 25 on the grounds of the 145 acre site where Seminole warriors made their heroic stand against the armed forces of General Zachary Taylor on Christmas Eve, 1837. Stretched out before him was a large prairie of grasses surrounded by a perimeter of tree hammocks.

"All the major players were here," he said. "Alligator, Aripeka, Coacoochee. Everyone, but Osceola. In my mind I can see the battle and I can hear it. This was the pivotal moment where our leaders showed their force. Most of us are here today because of

Susan Etxebarria
Willard Steele shows historic map at Press Conference.

them. We are their descendants."

Joining together to celebrate the creation of the new state park that will forever memorialize the fiercest battle of the three Seminole Wars was a mix of people, all of whom were involved in some small and large way in accomplishing an almost impossible feat—convincing the state to purchase the land for posterity before it was sold for housing development.

The press conference was arranged by Shawn Henderson of President Moses Osceola's office and she eloquently introduced the guest speakers, many whose elation and emotion was evident.

"On this property here many soldiers gave their lives on both sides," said Okeechobee City Councilman Dowling Watford. "This place is an important part of Seminole history and State history. A project like this doesn't happen overnight. There have been many hurdles and I can't say enough, and I am so grateful."

❖ See OKEECHOBEE, page 24

Janice Billie
Tampa residents (L-R) Jane Osceola, Annie Henry, Bobby Henry, Susie Henry and Linda Storm.

Tampa Field Office Grand Opening

By Janice Billie
TAMPA — On the morning of May 17 the Seminole community of Tampa held an official grand opening for the new Tampa Field Office.

Tampa Tribal Council Liaison Richard Henry and staff welcomed Tribal officials, citizens and employees to the newly remodeled suite of offices to celebrate a milestone in the development of this Seminole community.

The visiting dignitaries in attendance were Chairman Mitchell Cypress, President Moses Osceola, Hollywood Council Representative Max Osceola, Brighton Council Representative Andrew Bowers, Ft. Pierce Liaison Sally Tommie and reigning Seminole Princes Christine McCall.

In the 25 years the Tampa Seminole reservation has been in existence the field office has been temporarily accommodated in various locations, once it was a two room trailer. This is the one that has been optimistically anticipated.

The new offices are located at 6401 Harney Road, minutes from the Tampa Hard Rock Hotel & Casino.

The building's grounds are accented by oak trees, however the non-descript exterior holds

no indication of the regally decorated offices within. Cherry wood framed historical photos of Seminoles and their way of life are prominently displayed in the halls and each office. The desks and trim are repeated in the same dark wood creating a stately ambience.

The departments presently located in the suite of offices are: Broadcasting, Education, Family Services, Culture, Housing and Health. The Broadcasting department's office includes a viewing room and the Culture department has a crafts room. There is also a spacious conference room in the center of the oval shaped layout.

Before the official ceremony began, guests arrived early to tour the rooms and visit with the residents and visitors. Old friends and relatives had the opportunity to catch up and share a good occasion.

At the appointed time the residents and guests gathered outside of the building to witness the grand opening. Once all the officials and senior Tampa residents were lined up the mike was turned over to Bobby Henry, medicine man and prominent resident of the Tampa community.

Dressed in traditional clothing highlighted by a plumed Seminole turban Henry eloquently

❖ See TAMPA, page 4

Tribal Citizen's Business Featured on Oprah

Submitted by Tennessee T-Cakes, Inc.

Seminole Tribal citizen Gladys Bowers Bratcher and business partner Frances Barkley's business Tennessee T-Cakes were featured on the Oprah Winfrey Show on May 16 during the segment titled "Best Cakes in the Country." According to Bratcher, the two had to hire additional employees for baking and office work.

The cakes were also featured on an episode of The Food Network's show Roker on the Road, which aired Sept. 12, 2005, and again in March 2006. This summer we will be featured again on The Food Network with a new show with current host Paula Dean's two sons called Two For the Road.

Tennessee T-Cakes, Inc. was created by Bratcher and Barkley in 1992. The two started baking t-cakes in a

Submitted by Tennessee T-Cakes, Inc.
(L-R) Frances Barkley and Tribal Citizen Gladys Bowers Bratcher.

home kitchen, but soon moved to the Nashville Business Incubation Center, which helps start up companies.

After five years Tennessee T-Cakes moved to its current location. The company has been at its current address, 200 Hill Ave, Ste. 3, Nashville, TN 37210, for about seven years. Although their kitchen is relatively small, the bakers can produce thousands of t-cakes in a short period of time.

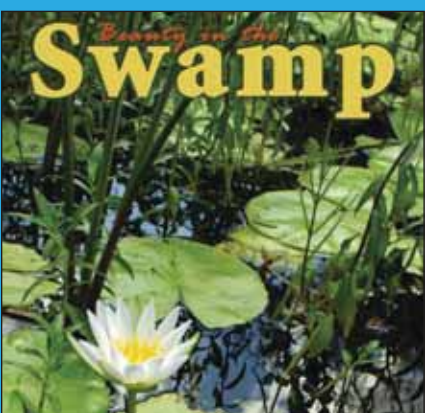
In the early years, Gladys and Frances spent a lot of time perfecting the recipe, researching ways of packaging, shipping, etc. They attend many networking functions and started exhibiting at upscale holiday shows in a number of different states.

Currently, they bake the t-cakes in the classic original flavor, but have recently added flavored t-cakes such as lemon, key lime and truffle. To order t-cakes or for more information, please visit www.tntcakes.com.

Photo Quiz



Can you guess who I am?



Tribal citizens may pick up a complimentary copy of the 2006–January 2007 Seminole Tribal calendar at your reservation’s field office.

This year’s calendar features the Big Cypress reservation’s Ah-Tah-Thi-Ki Museum and Billie Swamp Safari.

All others may purchase calendars for \$10 by ordering online at www.seminoletribe.com/marketplace or by calling Darline Buster at (954) 966-6300, Ext 1266.

Previous Photo Quiz



Laura Mae Jumper Osceola

The Seminole Tribune

If you need a reporter or you would like to submit an article, birthday wish or poem to *The Seminole Tribune*, please contact the Editor-In-Chief Virginia Mitchell at (800) 683-

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Happy Father’s Day!

Father’s Day.... this brings many memories to mind. Many of us were lucky to grow up with our dads and our uncles who, in our culture, reprimanded their brother’s or sister’s kids. There were times when I would see my uncle running after one of his nephews, chasing him with a stick ready to scratch him and make him behave. I would laugh until they were running after me.

There were good times, too, like hunting in the hammocks looking for deer or anything we could find for dinner maybe wild turkey, turtles or herons. I remember sitting around a fire and listening to the stories our dads had to tell of days gone by. We thought those moments would never end.

We have a lot to be grateful for today. Our Tribe has come a long way and I am very proud to be Seminole. Our culture and traditions have always kept us pushing forward. We must always remember from where we have come, so that we can be successful in where we are going.

I wish you a very wonderful day and the goodness of children and grandchildren to make you feel special and loved. God bless our dads and uncles!

Mitchell Cypress, Chairman
Seminole Tribe of Florida

As we approach Father’s Day, I hope each of us are making plans to treat our fathers to a very special day! Make it the best you can because your dad is a once in a lifetime opportunity—you’ll only have him in your life so show him just how much you appreciate and love him!

I am also aware too that not all parent-children relationships are at their best; however, the good Lord tells us to forgive and to restore. I pray that where these difficult situations exist that healing will come about so that a good relation-ship can result for you.

On this Father’s Day, I will remember my dad, as many of you will also whose dad has passed on, all the good as well as the not-so-good times we enjoyed together. I will remember that my dad wanted the best for his children and worked his hardest to do the best he could for us. He told us to go to school and get an education so that earning a living wouldn’t be as hard for us as it was for him as he could barely read and write.

I am proud of my dad, as I know you are of yours, for what he was able to accomplish, for his encouragement, his love and the fact that he made sure that we were on the right track of life by doing all the fatherly things including whippings, which none of us enjoyed. Most of all I thank God that my dad passed away a Christian man because I know that he is alive and well in that wonderful place called Heaven.

So on Father’s Day, let us thank God for our dads and give him a great day off! May God bless you always!

Moses Osceola, President
Seminole Tribe of Florida, Inc.

Survey of the Seminoles of Florida

By Roy Nash
[Editor’s Note: This is a verbatim re-print of a survey of the Seminole Indians by Roy Nash conducted on behalf of the Bureau of Indian Affairs in 1930. This is Part 5 of a series The Seminole Tribune will re-print in its entirety. Please see the June 30 issue of The Tribune for Part 6.]

Excerpt 16. Part 1: The Physical Environment

SEMINOLE SURVEY OF 1930 By Roy Nash

CHAPTER II A TYPICAL CAMP OF 1930 SECTION 3: FAUNA

A scientist is concerned with everything; an Indian is concerned with anything he can make use of. I shall discuss the Floridian fauna only from the Indian’s viewpoint: Things he can eat, things he can wear, things he can sell, and things that menace him or his property.

MAMMALS

Of the mammals which furnish the Seminole pelts which can be converted into cash, the raccoon is the most important. One otter is worth many coon skins, but otter are getting scarce. Mink in the extreme south are fairly common but do not figure in the exchequer. Buckskin brings him in some money; deer however, are worth more for their meat than for their hides. Skunks he does not bother with. The red and gray fox, wolf, wildcat, bobcat and panther he kills too infrequently to count as assets. Black bear are fairly common in the Big Cypress and there are some north of Okeechobee, but they are not worth much.

Venison is the Seminole’s chief article of meat diet derived from the wilds. Deer are still plentiful in the Everglades, the Big Cypress, and north of Okeechobee. If he were approaching the limit of his food supply, the Seminole easily could add great quantities of rabbits which to-day he does not consider worth expending ammunition upon. Opossum, moles, shrews, bats, weasels, squirrels, mice, and rats exist but do not enter into the Indian’s domestic economy.

BIRDS

The avifauna is the glory and the grace of these dismal swamps where dwell the Seminoles. Herons, bitterns, coots, ducks, the cormorant, the Everglade kite brighten the monotony of these dreary wastes, gay things like autumn leaves sailing down the wind. Gone, however, are the brightest of the lot, the flamingo, the scarlet ibis, the roseate spoonbill—to bright to be tolerated by the master of the signboards, the motor car, and moonshine.

So far as sustaining life goes, the Seminole could supply himself abundantly with most delicate meat if the deer were exterminated; wild turkeys, curlew, the whooping cranes, quail, duck, and other luxurious morsels would still suffice. The egret, once a considerable source of Seminole revenue, no longer can legally be killed for its plumage; the number is increasing, and this bird is no longer in danger of extinction.

REPTILES

The reptile fauna of south Florida includes the crocodile, alligator, 9 lizards, 30 snakes, and 14 turtles. Alligators furnish the Seminole with the one source of cash income which can legally be hunted the year round; they are, however, no longer abundant. Large turtles furnish a delicate item of diet. The water moccasin and rattlesnake occasionally, but not often, ring down the final curtain upon his nomadic career.

FISHES

One fine thing which has resulted from the drainage canals in south Florida is the concentration of the finny tribes in waters where they can be readily caught. The Tamiami is always lined with fisherman. Fresh-water species include large and small-mouthed black bass, pike, perch, jack, bream, shell cracker, red-breast, stump knocker. Harper, of the Geological Survey, says a million dollars’ worth of catfish are shipped annually from Okeechobee alone. In the commercial side of fishing, however, the Seminole takes no part; nor are fish much of an item in his diet for the reason that his camps are far from the canals and lakes for the most part. He is permitted plenty of water—but not water that anybody else wants. When the tourist lets his brain dwell upon the dangers that lurk in the melancholy reaches through which he speeds on the Tamiami Trail at 60 miles an hour, he is apt to fix upon the rattlesnake as the black beast of the picture. The rattlesnake is a house pet compared with sand flies, horse-flies, or mosquitoes. Let me turn over the pen for two paragraphs to Zane Grey:

On the afternoon of April 12 we anchored off the mouth of Chatam River from the mangroves. They arrived 10,000,000 strong. It was impossible to keep them out of the saloon, and we were soon driven to our staterooms. They darkened the outside of the window screens and kept up a loud whine. Ordinarily mosqui-

toes never interfered with my activity, if they did sometimes hamper my enjoyment. But in the Everglades mosquitoes must be reckoned with. At times they were horrible. On a windless night like this, if a man were caught out unprotected, they would kill him.

All the way down (Lostmans River) the hot breeze blew on my face, with its tidings of inscrutable things. And as I pondered I watched the huge horseflies that swarmed like bumblebees round our speed boat. They flew like a humming bird. They had the speed of a bullet, the irregular flight of a bat. They were of many sizes and colors, and some were truly wonderful. I saw one fully 2 inches long. It alighted on my knee. It had a purple head, amber wings and a body that begged description. It was veritably the king of all flies, beautiful, yet somehow hideous. I shuddered as I saw it feeling for a place to bite through my clothes. Finally I hit it with my hat —knocked it down hard in the boat; yet it buzzed up and streaked away, high in the air. The Everglades bred that fly; and there seemed something significant in the fact.

Excerpt 17 Part 1: The Physical Environment

SECTION 4: THE CHANGES OF 50 YEARS RAILROADS

When Clay MacCauley made his Seminole survey in 1880, the southern end of railroad construction was Orlando. Since then the Florida East Coast has pushed railroads to Key West, and down along the eastern shore of Lake Okeechobee. The Seaboard Airline has crossed his habitat with a line through Seabring, Okeechobee City, Palm Beach, and thence down the east coast; and with another line down the west coast that runs through Arcadia and Fort Myers to Naples. The Atlantic Coast Line has driven one line down the west coast to Marco, and another south through the Big Cypress Swamp to Everglades, with a branch that sweeps around the southwest shore of Lake Okeechobee and taps the sugar country.

ROADS

A hard-surface road now cuts the Indian country from Fort Pierce through Okeechobee City to Arcadia and the west coast; the Tamiami Trail cuts square across the southern end of the Everglades; and a third traverse hard –surface road, already completed from the east coast to Clewiston, will within a few years will afford a swift crossing from Palm Beach to Fort Myers. Hard-surface roads run north and south along both coasts. A hard-surface road runs north from Okeechobee 20 miles to Fort Drum. The Connors Highway connects Okeechobee City to Palm Beach. A hard-surface road runs out from Stuart to Indian Town. And it seems only a question of time until the hard-surface road along the Miami Canal, already built to the Dade County line, will be continued north to Lake Okeechobee through the heart of the Everglades, becoming immediately a main north and south thoroughfare.

A good gravel road runs from Everglades through Immokalee to La Belle; and a very wretched road continues north from Fort Drum to connect with the Tampa-Melbourne hard-surface road. Numerous trails which are all impassible in the wet season, but which will afford entrance to the Indian country in the hunting season, cut the Seminoles habitat in all directions.

CITIES

Within this half century, too have sprung up on the maritime fringe of the Seminole’s habitat the most popular winter resorts in eastern United States; Fort Myers, Miami, Fort Lauderdale, Palm Beach, and a score of lesser names.

Miami had the largest numerical increase of any city in Florida during the period from 1920 to 1930, with 81,000 additional citizens on her roster for the last census. Miami now has 110,637 residents. The population of the entire state of Florida is now 1,468,211 a gain of 51.6 percent in 10 years.

AGRICULTURAL AND ANIMAL HUSBANDRY

Northwest of the Kissimmee Prairies has developed in the last century what is the very heart and core of the Florida citrus industry. Sugar and truck gardens have ringed nearly three-fourths of Lake Okeechobee. The best of the land between the Atlantic Ocean and the Everglades has been occupied by truck farms and citrus orchards. All the good grazing lands have been stocked with the white man’s cattle.

WHAT REMAINS OF THE SEMINOLE?

Having set down these facts, one unacquainted with the region might imagine that nothing remains for the primitive hunter. Yet the final fact—most important of all to him—is that there remains in the year 1930 in South Florida an area as large as the state of Connecticut, not less than 5,000 square miles, where the Seminole’s only competitors are white trappers living the same mode of life as himself. More than half this wilderness is so forbidding, so difficult, that the Seminole is the only man in Florida who can wrest a living from it. To his camps in the Big Cypress, the Everglades, Indian Prairie, and along Cow Creek we shall now turn.

Letters & E-mail

Please send all letters to 6300 Stirling Road, Hollywood, FL 33024
✦tribune@semtribe.com✦

Dear Editor,

I just heard recently that the Seminole Tribe may be going class three gaming, to include blackjack, within your casino.

Thank You,
Paul N. Remkes

Dear Mr. Remkes,

The change to Florida’s constitution is to allow class three style slot machines only, no table games were approved. The change is scheduled to go into effect on July 1. At this point that timing looks unlikely.

Sincerely,
Robert F. Moreland
VP, IT Operations
Seminole Tribe of Florida Gaming

Dear Editor,

Does Coconut Creek Casino have video poker machines?
Sincerely,
Charles Glassburn

Dear Mr. Glassburn,

Thank you for your inquiry into video poker at Seminole Coconut Creek Casino. At this time we have 18 poker machines at the property. They are located at the center of the casino floor and any of our staff can help you locate them.

Sincerely,
Steve Bonner
General Manager
Coconut Creek Casino

Dear Editor,

I am trying to find the meaning of the word Chalo. I think it is Seminole. There is a festival with name Chalo Nitka, commonly called day of the big bass.

Do you know how I might find out what Chalo is referring to specifically?

Thanks,
Carri Stover

Dear Ms. Stover,

Chalo does mean bass in our Seminole Creek language.

Sincerely,
Lorene Gopher
Director of Cultural Programs

Big Cypress Trading Post Turns Two

By Iretta Tiger
BIG CYPRESS — Free hot dogs, free soda and free cake. If you were in Big Cypress on May 19 you were probably one of the lucky ones enjoying this celebration.

The occasion was the second anniversary of the Big Cypress Trading Post. The post actually opened on May 17, 2004. It is run by the Tribal Board.

Since it's opening the Trading Post has nearly tripled its income. Not bad for a two year old.

"This store has come a long way," said Cheryl Bolton, business and economic development manager for the Seminole Tribe of Florida, Inc.

More importantly is the role the Trading Post plays within the BC community. When hurricane Wilma struck, the post helped to provide fuel, food and ice. Today the Trading Post is very prepared for the next hurricane; it



Iretta Tiger

Trading Post staff served up complimentary hot dogs to patrons.

was upgraded with a new generator. When the power goes out it will only be out for a few minutes.

❖ Council

Continued from page 1

It was explained by Representative Max Osceola that that the Tribe leases the food court to an outside vendor and has no say in this matter so it is up to individual members to make inquiries and strike a



Susan Etxebarrria

Wade Micco introduces himself at the podium. All the students took turns introducing themselves to the Tribal Council.

deal with the vendor.

"The food court is leased for," said Osceola. "Christine went to the vendor and negotiated a price for the space and then brought it to the Council and anyone can do that."

She will also pay the Tribe a percentage for the license of the sales of the tobacco products.

Two resolutions approving loans to Tribal citizens were discussed at some length.

Resolution 24

Approved 5-0 was the resolution that reads as follows: "Theodore Nelson Sr. Loan Application and Rehabilitation and Repair of the off Reservation Home of Minor Tribal citizens, Wilma Scott Nelson, David James Nelson and Robert Henry Nelson."

Tribal Treasurer Mike Tiger said the Nelson home was destroyed by fire on Aug. 20, 2003 and the Nelson family has been trying to get their insurance carrier to adequately cover the costs of repair ever since. Their insurance provider would only cover a fraction of the repairs, but the Nelsons have estimated they will need more.

After many hassles they have hired an attorney to sue the insurance provider to recover the costs of repair. Meanwhile the family has had to live at various locations which consequently has been disrupting their children's education. Representative Max Osceola said the Tribe is committed to assisting families and protecting their welfare.

"They have been living here and yon," said Osceola "The loan will be in the best interest of the minor Tribal children."

A special exception was made to the Tribe's standard loan program to allow this loan. The loan will be 30 years with 10 percent interest with the understanding that whatever costs can be recovered from the insurance provider will be applied to the loan.

Resolution 25

A personal business loan approved 5-0 was made to Billy Joe Johns of Brighton for the purchase of land in Alabama for the production of timber and cattle. The loan makes the Tribe the mortgage holder and if the loan defaults the land and assets go back to the Tribe.

Johns was praised for his success as a cattleman and businessman. Johns is making a sizeable down payment and has proven his ability to repay loans. Representative Bowers pointed out that Johns is doing what the cattle program was originally designed to do.

"It was supposed to teach you to learn enough about the cattle business to be able to go out on your own," he said.

Resolution 21

In anticipation of creating a charter school at Brighton this resolution would have defined educational services "to be provided and not to be provided to Tribal member's descendants that are not eligible for enrollment in the Seminole Tribe of Florida," according to the resolution text.

Representative Moses Osceola said the matter is already addressed by the Constitution and indicates what "we can do and not do." Representative Max Osceola said if the policy seems ambiguous then the policy should be clarified.

The resolution failed 4-1, with Representative Bowers offering the only affirmative vote.

Resolution 20

In regards to this resolution on the consent agenda, Danny Jumper explained the resolution would give him the authority to organize a special committee with representation from all reservations for organizing activities to celebrate the 50th anniversary of the signing of the Tribal Constitution on August 21, 1957. It passed.

At the close of the meeting, Education Director Lorene Gopher brought the school children forward to the podium to introduce them selves indi-



Kassandra Baker takes her turn at the podium while Education Director Lorene Gopher looks on. Susan Etxebarrria

vidually to the Council. Each one approached the microphone and spoke their names and grades in Creek.

"It is good to see the younger generation getting involved in the Tribal Council," said Chairman Mitchell Cypress. "I think the Brighton youth are doing a good job learning their language."



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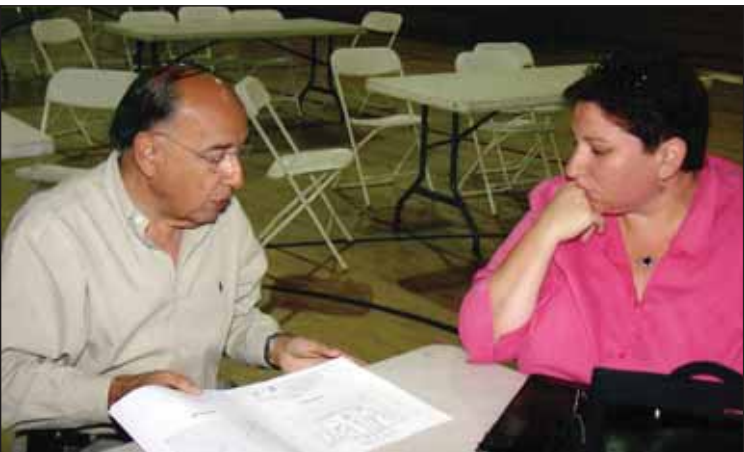
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The hiring of an attorney is an important decision that should not be based solely upon advertisement. Richard Castillo worked as a Public Defender in Broward County from 1990-1996 and has been in private practice for nine years. In 1995 he was voted the Trial Attorney of the year. He graduated from Capital University in 1989 and was admitted to the Florida Bar in 1990, Federal Bar in 1992, and the Federal Trial Bar in 1994.

Immokalee Master Plan Meeting

By Judy Weeks
IMMOKALEE — Director of Public Works Susie Kippenberger announced a meeting at the gym on May 15 for the community to receive a progress



Hilario Candela (left) discusses architectural issues.

report on the Immokalee Master Plan. With regard to commercial development, Cheryl Bolton, representing the Board, opened the meeting with a review of the plans for the convenience store. Distributing an aerial survey which included a site plan, she discussed delays caused by wetland impacts and waste water distribution. “Things are finally beginning to come together and hopefully the plans will be certified within the next few weeks and then can be let out for bids,” she said. “If all goes well, a ground breaking may take place by late August.” Bolton concluded by showing slides of the progress taking place at the Hollywood convenience store. Addressing the Seminole Tribe’s Security Improvements, Alan Kopalka took the floor. Holding up a very attractive architectural rendering, he remarked that several options were being examined, including a privacy wall to surround the community and restrict traffic flow and visitor access. Security barriers and camera coverage were also possibilities. The Immokalee housing development update was presented by Amy Yzaguirre. She stated that while 30 new houses have been mentioned, actually only 10 are proposed at this time and six renovations to enlarge current family residences are in the works. “Blacktopping for driveways and improved landscaping in our community are being contracted at

this time and should begin in the not too distant future.” she said. “Utilities is working on a survey for new construction, which must be completed before the laying of roads. If this is completed by August, the roads may get underway in September,” said Yzaguirre. “A tentative deadline for the completion of the first ten homes was set for May 10, 2007. Personally, I do not see this happening since the roads won’t even begin until this fall.” The proposed plans for the new Immokalee Sports Complex and Youth Center were presented by Hilario Candela, on behalf of Panther Development Investments. A fellow of the Institute of Architecture, he had prepared a very compact and attractive rendering of the proposed project. His aim was to develop a campus with green space and connected buildings to make a town center effect, which could become a hub for the community. The gymnasium, with a wrap around track and locker rooms, would occupy one side. This facility would be connect-



Immokalee community members and Tribal employees attended the informative Master Plan meeting.

ed by covered walkways on either side of the park to the youth center. A swimming pool with seven lanes, diving board and water park would be placed at the rear of the complex in order to afford a properly guarded and controlled atmosphere. The architectural rendering was very well received. It was noted that it was close enough to residences for walking or bicycling without being an invasion of privacy. On behalf of the Utilities department, Joel Kippenberger, announced that every effort was being made to eradicate the rodents from the community. Unfortunately, it was going to take some time, in order to protect the residents’ pets and small children. However, he was very confident that they were getting the upper hand on the situation. Immokalee Council Liaison Ralph Sanchez made numerous inquiries concerning ongoing projects. Susie Kippenberger addressed these issues. “The new Administration Building should be ready for occupancy by the end of May. The interior designer is furnishing it now and we are looking to set a date for the grand opening sometime near the beginning of June,” said Kippenberger. “A trailer has been ordered for the expansion of the preschool space because the actual construction of a new facility is a few years down the road. Your new church is in the designing process at this time,” she added. With respect to an inquiry about a generator for the new Administration Building, she said that it has been ordered and should be installed before the hurricane season gets underway. The meeting was very productive and informative. The community members appeared very satisfied with the progress that has taken place and are in accord with the future developments.



Alan Kopalka leads the discussion on possible security improvements for the community.

❖ Tampa

Continued from page 1

expressed his thoughts and feelings on this day. Prefacing his speech by the statement, “I’m going to speak Indian because I am an Indian.” Henry eloquently expressed not only the journey that culminated in the opening of the field office but the journey of the Seminole in general. He made a point in explaining in the Indian way buying or owning land was not a concept of Indian people, it has become a practice due to the necessities of a new way of life. His message emphasized the importance of preserving the culture of the Seminole, and knowing when change is necessary for the good of the tribe and moving forward in that knowledge. Following Henry, Chairman Cypress, the council representatives and Liaison Richard Henry all took a few minutes to talk about events of the last 25 years and the changes the Tampa reservation community have seen. This new office is one change everyone agrees rings in a new era for the residents it will serve. After the ceremony the gathering retreated to an area across the street where a picnic style lunch was set up and served by the community members.



The Culture department craft room.



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The Seminole Tribe of Florida's Family Services Department welcomes back The Summer Youth Work Experience and Internship Program!

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This two-month program is designed to provide paid Internships and Work Experience for High School and College Seminole (and other Native American) Students to work within the Seminole Tribe of Florida, gaining meaningful employment experience and knowledge of the workings of the Seminole Tribe of Florida.

The program provides for flexible scheduling, competitive wages, and a variety of employment opportunities! Seminars will be held during the Summer Work Program calendar on professionalism, resume building, and successful interviewing.

Applications can be found at the Tribal Headquarters Office in Human Resources, any Education Department office, and the Family Services Department offices. Application deadline is May 22. For any questions on the application, please call (954) 965-1300, Ext. 175.

Sponsored through the Family Services Department's Adult Vocational Programs. Please return all applications to Jasmine Porter, Adult Vocational Administrator, Family Services Department, 3006 Josie Billie Ave., Hollywood, FL 33024. (954) 965-1300, Ext. 175.

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March, Music and Multi-Cultural Exchange

By Robert C. North Sr.
HOLLYWOOD — The month of April brought yet another March and Music event to the Hollywood reservation ball field, but with a multi-cul-

through five year old classes to partake in the day's festivities. These youth had front row seats for the opening band, Hybiskus.
Hybiskus is headed by Seminole Tribal citi-



Ardijah members perform a traditional Maori dance.

Robert C. North Sr.

tural twist. The featured event of April's March and Music was the well traveled indigenous "poly-funk" band, Ardijah, providing a mixture of traditional Cook Island/Tahitian music and the sounds of international funk and reggae bands.

The after school events were kicked off with field games initiated by the Boys & Girls Club. Tribal Youth together with multi-departmental staff continued on a community march for a positive future, free from deterrents such as alcohol and drugs. The Seminole Police Department assisted in clearing the route that the youth marchers took and a few officers joined in the march itself.

The Seminole Hollywood Preschool brought their three

zen, RC North and featured several of RC's original songs while warming up the growing youth crowd for Ardijah. Eric Bricker of the Family Services department plays the bass guitar while Robert North Sr. plays the drums for Hybiskus.



Hybiskus performed at the event.

Robert C. North Sr.

"It was awesome to open up for an indigenous band like Ardijah," RC North said after his performance. "Their music is always very positive and seems to have a 'healing vibe' to it. I was quite honored."

Ardijah opens with a traditional Maori warrior dance and song in the Maori language, which invariably mesmerizes on-lookers. Maori's are the indigenous people of New Zealand and the South Pacific. The Maori's are featured in the

2002 film "Whale Rider," in which some of their traditions and customs are further exemplified.

Roughly translated, traditional Maori warriors would use intimidation as a major weapon when opposing their enemies. The exaggerated faces of the dancers represent what they say their opponents head would look like on a stick after the warrior would sever it from the opponent's body.

After Ardijah's traditional dance and song, they performed several poly-funk tunes as well as old favorites like, "Somewhere over the Rainbow," featuring singer/saxophonist Ricco.

Family Services Prevention and Utilization Administrator Eric Bricker was immediately impressed with the band.

"The Ardijah show was an amazing example of the Native talent that exists out there," he said. "I think that the whole band provides young people with a positive role model that they can look up to."

The afternoon ended with a meal and a special gift giving event for the members of Ardijah and their promoters, Emergence Productions. Trail Liaison William Osceola bought traditional Seminole clothing as gifts for the special visitors. The Boys & Girls Club provided special Southwestern Indian jewelry to the Maori visitors as a way of saying thank you for their powerful music.

The March and Music series of community events was initiated by the Seminole Hollywood Prevention Planning Committee which is comprised of Tribal departments with special youth initiatives. These programs and departments include but are not limited to: the Boys & Girls Club, Education,



Robert C. North Sr.

Ardijah's drummer Ryan "Captain Funk" Monga.

Family Services, Health, Language & Culture, Recreation, Seminole Communications, Seminole Preschool, Seminole Police Department, Hollywood Council Representative Max B. Osceola and Hollywood Board Representative Gloria Wilson.

The March and Music series will conclude temporarily as a monthly event in June 2006.



Robert C. North Sr.

Tribal Youth, parents, grandparents and friends all enjoyed the show.

REQUEST FOR PROPOSALS RFP OT060730 MOSCAD INSTALLATION FOR THE DISTRICT'S SURFACE-WATER NETWORK

The Procurement Department of the South Florida Water Management District will receive sealed proposals at the 2nd Floor, B-1 Building, 3301 Gun Club Road, West Palm Beach, Florida, 33406, for MOSCAD installation for the District's surface-water network on July 7, 2006, at 2:30 P.M. local time, at which time proposals will be opened and publicly read.

An optional PRE-PROPOSAL CONFERENCE will be held June 7, 2006, at 2:00 P.M. 3301 Gun Club Road, West Palm Beach, FL 33406, Building B-1, 3B Bridge Conference Room. All proposals must conform to the instructions in the Request for Proposals and include a properly executed Contract Compliance Disclosure Form.

Solicitation documents will be available May 26, 2006 in the SFWMD Procurement Office, at the above address, by downloading a free copy from the District's website at www.sfwmd.gov, by calling (561) 687-6391. Interested respondents may also call the 24-hour **BID HOTLINE 800-472-5290**. The public is invited to attend the RFP opening. **Information on the status of this solicitation can be obtained at our web site – www.sfwmd.gov.**

For more information, please contact Don Hill, Contract Specialist at (561) 682-2045.

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Upgrading Your Technology

Story by Judy Weeks
IMMOKALEE — For the past several months, Jasmine Porter, adult vocational administrator of the Family Service department, has been arranging computer classes at various locations on the Seminole reservations.

These educational sessions have been geared to offer services to the beginner as well as the experi-

me or crash because I hit the wrong button. I knew nothing about electronics before this and am by no means a professional now, but I am comfortable getting the most out of my computer and am learning new uses for it everyday.”

Michelle Ford is manager of the Immokalee Preschool and uses a computer daily in her work and personal life. She thought she was computer literate



Instructor Roger Fabel assists Michelle Ford with computer basics.

enced student. Computer 101 familiarizes the student with the parts of the computer and their functions. By 201 they have learned to turn on the computer and are doing basic word processing.

Following the schedule of events, each additional class increases the students’ skills and prepares them for the greater technology that is available to them.

Experienced computer operators have found the classes to be very beneficial, as they have learned many new skills and programs that they previously felt were beyond their reach. As the classes advance, spread sheets, layouts, drawing, disk burning, music downloading, internet usage and setting up websites are addressed.

Instructor Roger Fabel of Protech Computer Systems has been teaching the courses and has an extensive background in computer usage, programming and construction. He is very adept at evaluating the students and brings them along at their own rate of speed.

For those who are expanding their skills, the monthly sessions are adequate. However, for those who need to know yesterday, he has given them one on one attention and brought them to their required levels. For some individuals, the knowledge of certain skills has been necessary to meet their job requirements.

As the students develop their new skills, they begin to recognize their computer needs. Many of them have now surpassed the capabilities of their older model equipment and are looking for more memory, high-speed and greater versatility. They want the newer, more advanced programs at their fingertips.

There is a multitude of brands, various capabilities, programs, and software available on the market in many price ranges. Naturally, in selecting a computer, you want to get the most up-to-date technology that is compatible to your needs for the best price with the longest warranty. This means different things for different people.

The students in the adult vocational program have discovered that they are able to design a computer to meet their own needs by purchasing the necessary elements separately and assembling their equipment in class.

Through this method, they are receiving high-end technology with high performance including Microsoft Office XP, an LCD monitor, twice as much cache and dual core, fire wire connection, additional auto jacks, fiber optics, Intel desk top or lap top, etc. With a universal serial bus (USB) port and additional space for memory they have room for expansion, which they can do at anytime without outside assistance. With a three year warranty and a cost that is far less than the retail market, designing and building your own computer has many advantages.

Nancy Motlow and Delores Alvarez chose to take advantage of this opportunity in Big Cypress a short time ago and not only enjoyed the experience of assembling their own instrument, but have everything they want at a price advantage.

Nancy Motlow said: “It was much easier than I thought and I feel like this is my baby. I built it myself and I am no longer intimidated by the thought of something so complicated. I wouldn’t hesitate to open it up and add new memory by myself or clean up the interior fans and cooling system. I’m completely at home with my system and no longer feel afraid to try new things on it because I know it isn’t going to bite

until she took the classes, but they have opened up a whole new world for her. Immediately, she realized how out-dated her equipment was and what she wanted from her computer.

After careful consideration and researching the market, she decided to build her own computer and with Roger Fabel’s assistance purchased all the components and set up a date for assembly. It took approximately one week for everything to arrive and three hours of assembly time.

Fabel checked out each individual component prior to assembly and even began to “burn in” some of the elements to insure immediate full usage of the unit.

Michelle Ford said: “I have a much larger screen, more memory than ever, lots of room for expansion, high speed video space for card flexibility to grow, virtual programming, and both hard drive and floppy disk. With most units on the market, the floppy disk is obsolete. I can still refer back to all my old records that I have been accumulating without having to transfer the information. I couldn’t find all these features with any computer on the market at an affordable price. Best of all I had the fun of doing this myself.”



Preschool Manager Michelle Ford gets familiar with the inner workings of the computer.

“When the big day came, I stood in awe in front of the big pile of boxes on the table that contained the parts for my new computer,” Ford said. “Under Roger’s watchful eye, I installed my CPU and memory on the mother board, assembled the dual layer DVD burner, hooked up my data cables to connect the high definition DVD burner to the mother board, mounted the hard and floppy drive, etc. and before you know it, I was enclosing everything in the thermal case.”

“Who would ever have thought I could mention these things, let alone know what they are and what they do?” she asked.

“The best was yet to come. When it was all assembled, we hooked it up and I hesitatingly turned it on. Hurrah, it lit up, we initialized it and I was ready to go to work! I can’t believe I built my own computer and it can do anything I want it to! I feel like it’s my birthday,” she said.

If you would like to expand your technology by taking classes or building your own computer designed to your needs, please call Jasmine Porter with the Family Services department, at (954) 965-1300, Ext. 175.

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PM Session:
6 p.m. - 11:30 p.m.

Friday, June 30
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VIP: \$20
AM Session:
11 a.m. - 4:30 p.m.
PM Session:
6 p.m. - 11:30 p.m.

Saturday, July 1
General Admission: \$8
VIP: \$20
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PM Session:
5:30 p.m. - 11:30 p.m.

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Explanation of the Historical Value of the Cowkeeper Letter

By Willard Steele, Tribal Historic Preservation Officer

The Seminole Tribe’s Ah-Tah-Thi-Ki Museum has acquired an historical document that is of considerable significance to both the Seminole people and to Florida history. Dated Feb. 9, 1774, this letter was written by the Lieutenant Governor of the territory of British East Florida John Moultrie. It is addressed to “The Cowkeeper and other Headmen and Warriors of the Creek Nation.”

The Cowkeeper was the first leader, and founder, of the Seminole Tribe. Like George Washington, he was the Father of his country. He led a band of Creeks from the Town of Oconee, in Georgia, to Florida sometime around 1740. As a lifelong ally of the British, he aided General Oglethorpe in attacking the Spanish at St. Augustine.

The Cowkeeper settled his people on the rich prairie lands south of Gainesville, Florida. He established a town there called Cuscowilla, or Alachua. This was the first settlement of the people who would become known as the Seminoles.

At Cuscowilla the Seminoles gathered stray Spanish cattle that roamed over the prairies. These cattle were the last vestiges of the old Spanish ranchos that once fed St. Augustine and the abandoned missions.

True to his name, the Cowkeeper had hundreds of head of cattle grazing on the prairies around Cuscowilla. These large herds were the envy of their white neighbors in Georgia. This led to a series of conflicts between the Georgians and the Seminole peoples. Cattle rustlers coming from Georgia under the guise of defensive military expeditions, returned home with hundreds of head of Seminole cattle.

Cowkeeper’s family would remain in the area for the next one hundred years. Payne’s Prairie, just north of Cuscowilla, was named after the Cowkeeper’s nephew, Payne.

Payne’s nephew, Micanopy, had his name applied to the town that now sits on the ancient remnants of Cuscowilla. Micanopy’s nephew was Billy Bowlegs. All of these men were famous leaders of the Seminole people and can be seen in the pages of the history books as the legacy of the great Cowkeeper.

This letter was written at such an early point in the history of the Tribe that Moultrie still refers to them as members of the Creek Nation. The term Seminole was not yet in common use.

At the time that the letter was written, a questionable land deal that involved 2.1 million acres of land that was claimed by both the Creeks and the Cherokees, had led to an outbreak of frontier violence that was threatening to become open warfare.

The English government was concerned that the Creeks were going to unite with the Cherokee and Shawnee people against the English colonies. Thirteen white settlers and five Creeks had already been killed when this letter was written. The English wanted to know if the Cowkeeper’s people were preparing for war.

The British had a reason to be concerned. As a leader, the Cowkeeper had maintained the west side of the St. John’s River as the “Indian shore;” or the national boundary of the Seminole Nation. Just before he died, the Cowkeeper claimed to have killed 86 Spaniards defending this land, and that his only regret was in not having killed an even one-hundred. He asked his family to kill another 14 that his soul might rest more easily. The threat of war with Cowkeeper was a cause for serious concern.

The letter that the museum has acquired was written during the brief period between the administrations of Governors James Grant and Patrick Tonyn, and hence was written by the Lieutenant Governor John Moultrie.

He began with... “I send you bad news. I have heard that some of your nation have struck the Great King’s children in Georgia and spilt their blood upon the ground. The white people grew angry and killed some of them.”

He reminded the Cowkeeper of the professed friendship between their people and went on to say... “Now is the time to try whither we spoke the truth or told a lye, and whither our hearts, our hands, and our tongues went together. If it is only some madmen and young fools that have done this mischief, they only are to blame; and they only ought to suffer for it. If you still hold your White brothers by the hand, tell me so, and let us try to cover the blood that has been spilt, and let us make the path clean, and safe to walk in again. Until I hear from you, or know whither ‘tis peace or war, I shall only

Talk to the Cowkeeper and other head men and Warrior of the Creek Nation

Men and Warriors,
I send you bad news. I have heard that some of your nation have struck the Great King’s Children in Georgia, and spilt their blood up on the ground. The white people grow angry and have killed some of them.

You know that I have always told you that I loved my people, and that I loved your people, and that I wanted to see them live like Brothers, and that our Children should grow up together on the same land. This is the great King’s desire, who will be sorry and angry to hear this bad news.

Let us like good men and wise men, and like men that love our people, force the hatchet out of the hands of madmen and fools.

When any of you have met me, I have told you that I was your friend and that I loved your people. You told me that you were my friends and loved my people.

Now is the time to try whither we spoke truth or told a lye, and whither our hearts, our hands, and our tongues want together.

If it is only some madmen and young fools that have done this mischief, they only are to blame and they only ought to suffer for it.

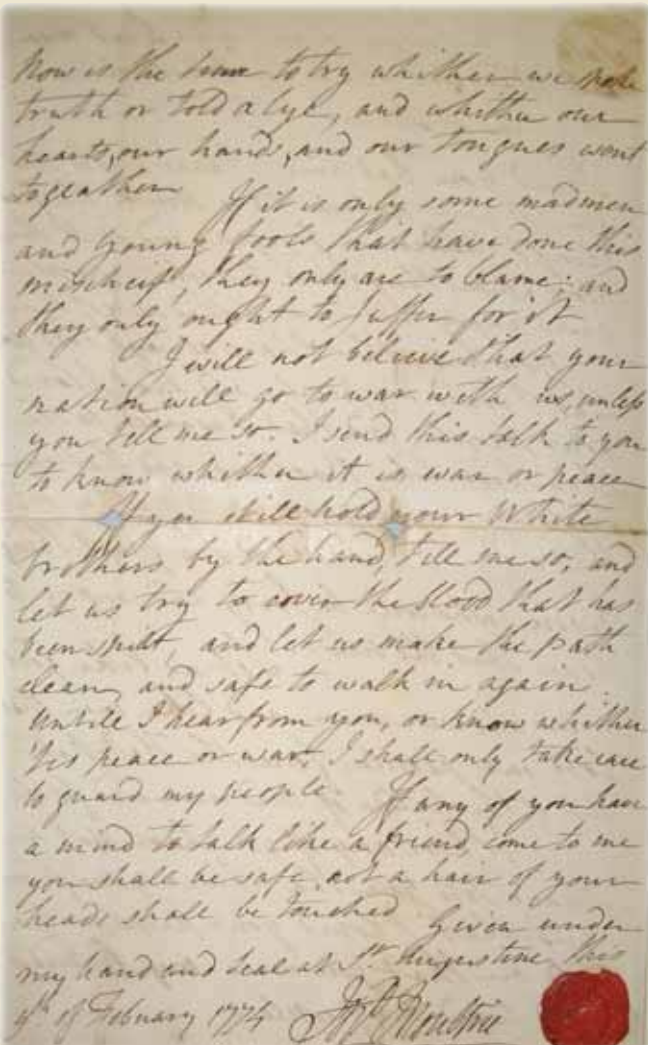
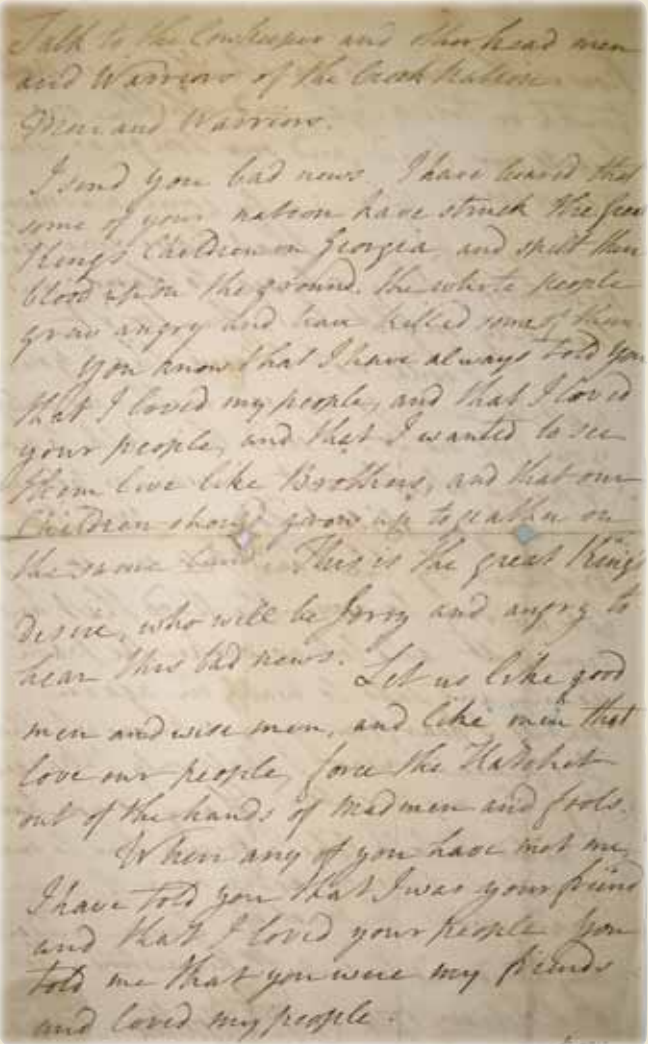
I will not believe that your nation will go to war with us, unless you tell me to. I send this talk to you to know whither it is war or peace.

If you still hold your White brothers by the hand, let me to, and let us try to cover the blood that has been spilt, and let us make the path clean, and safe to walk in again. Until I hear from you, or know whither ‘tis peace or war, I shall only take care to guard my people.

If any of you have a mind to talk like a friend, come to me you shall be safe, not a hair of your head shall be touched.

Given under my hand and seal at St. Augustine. This 9th of February 1774.

Gov. Moultrie



take care to guard my people.”

The new Governor Patrick Tonyn arrived in March. On the 14 he met with the Cowkeeper and other leaders. Outright war with the Seminoles was averted, but violence continued to plague the frontier until the next year, when an overwhelming conflict, the American Revolution, engulfed the frontier in flames. Remembered as an international conflict, it was an Indian war as well.

The letter that the Tribe has acquired appears to be the actual letter that was sent to the Cowkeeper. It was originally a folded, closed and sealed page. It has the equivalent of two written pages; is addressed on the outside and has a red wax seal. They did not use envelopes at that time, instead they would fold the sheet of paper into a makeshift envelope.

Officials would keep copies of their

correspondence in a letter-book. These were the carbon copies of their time. The letter-book copy appears to be located in the Colonial Office records of the British Government. These records are located in London, England. J. Leitch Wright refers to that letter on page 108 of his book “Creeks and Seminoles.”

The Cowkeeper is gone and the town he built is turned to dust. Many of the towns that his children and children’s children built were burnt to the ground by waves of armies. It is an amazing thing that an object as frail as a piece of paper has outlasted all else. Like a letter long lost in the mail, this letter to the Tribe’s founder and first government has been re-delivered.



Melissa Sherman

Willard Steele explains the significance of the Cowkeeper letter.

Ah-Tah-Thi-Ki at Okalee Celebrates One Year Anniversary Museum Unveils New Cowkeeper Letter Exhibit

By Melissa Sherman

HOLLYWOOD — May 17 marked the one year anniversary of the Ah-Tah-Thi-Ki Museum at Okalee. For this occasion a special

reception was held at the museum to celebrate and to unveil a new exhibit. The exhibit showcases a hand-written speech by Governor John Moultrie to “Cowkeeper and Other Headmen of the Creek Nation.” The letter is dated 1774.

Upon entering the museum a crowd of people circled the entrance of the round Treasures Gallery. Peeking through the crowd you could catch a glimpse of the museum’s Executive Director Tina M. Osceola next to the glass display case holding the letter, explaining to the crowd the significance of the artifact after the unveiling.

Tribal Historic Preservation Officer Willard Steele explained how he managed to come across this rare find in a stamp auction.

According to Steele, stamp number 160 in the catalog was up for auction just like all of the other stamps in that catalog. Except there was a letter attached to the stamp and the letter was the contents of a

cal document has great significance to both the Seminole people and to Florida’s history, circa the 1770s.

The display will be featured in the round gallery until Aug. 17.



Melissa Sherman

Anne McCudden and William Osceola.

According to Anne McCudden, new exhibits are scheduled to make be featured in the round gallery every three months until 2010.

During the evening museum staff explained the history and shared some interesting facts about Cowkeeper and the letter. Many staff members paired up one-on-one with museum goers to discuss the letter, while others enjoyed complimentary refreshments and hors d’oeuvres.

Interim Museum Director Anne McCudden says it seems like yesterday when she was primping the clothing displays and hanging the last paintings a few hours before the museum opened its doors. Now, a year later, Executive Director Tina M. Osceola, Manager Barbara Butera and McCudden took turns cutting the cake for the crowd to complete the celebration.

“We will have to pretend to blow out the candles, I just cringed thinking about having an open flame in the museum, so these are not candles, they are imitation chickee logs,” said Tina Osceola.

For more information about the Cowkeeper letter please see the article to the left.



Melissa Sherman

Visitors peer through glass to read the letter.

speech delivered to “The Cowkeeper.”

Steele managed to win the document with the speech to Cowkeeper giving the letter a new home with the Seminoles. This histori-



Melissa Sherman

Les and Barbara Kraut, Audrey Buono (center) from Plantation.



Melissa Sherman

Director Tina Marie Osceola cuts the cake while Anne McCudden watches.



Melissa Sherman

(L-R) Janis, Savannah and Skip Amsdill of Hallandale.

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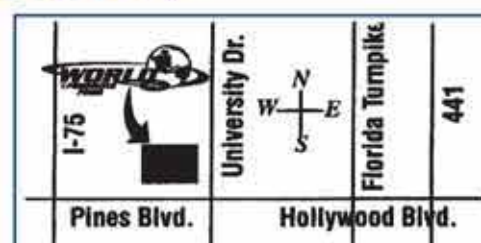
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Brighton’s Women’s Health Fair

By Susan Etxebarria
BRIGHTON — The Women’s Health Fair, sponsored by the Brighton Health Clinic, took place on May 25. It featured a cornucopia of healthy foods, snacks, gifts, as well as vital information. “We had a nice turnout,” said Health Clinic Director Barbara Bowling. “Once a year we try to bring to Brighton representatives from local and national agencies that can dispense information in regards to women’s health.”

This year there were 11 tables set up for agencies like the American Heart Association and the March of Dimes that offered pamphlets, fact sheets and a variety of healthy gifts for those who visited their booths.

Bowling said it is easier for women to talk to people about their health issues in a caring and concerned environment focusing specifically on women’s needs. Interesting tables of information were set up like a tour through five strategic areas of the clinic.

Upon arrival the visitors to the fair were given a sheet to cross off the name of each booth they visited. When they finished their tour they left the sheet

with their name and phone number to qualify for the door prizes given by the Seminole Tribe of Florida.

The health fair included a great opportunity to get a massage from Licensed Massage Therapist Mike Racine. Massage is often the answer for the relief of such things as migraines, neck and shoulder tension, muscle injury and discomfort.

Another great opportunity was a facial provided by Independent Beauty Consultant Jennifer L. Smith at the Mary Kay® booth. Bowling said the clinic wanted to include in the health fair “feel good” things like the massage and facial. She said it is important for women’s well-being to do things that make them feel good, too.

“Everyone seemed to enjoy the health fair,” said Bowling.

She said the dementia demonstration offered by the Memory Van Alzheimer’s Association was new this year. It gives people a chance to see how it feels to have dementia, something we would not really know unless we are a victim. The Florida Gulf Coast Chapter of the Alzheimer’s Association laid out information that could be a life saver to caregivers of persons with the disease.

The Tribe’s nutrition table was intriguing. Registered Dietician Beth Morlang was offering information on weight loss, menopause and body mass index (BMI). Testing for BMI at the table was available to all who asked. By checking your BMI you will know if you need to lose weight, and how much weight, to be in a healthy normal range. The Lifestyle Balance Program at the Health Clinic helps you accomplish your weight loss goals.

While goody bags

were given out that contained wonderful gifts such as T-shirts, body lotion, sun block, multivitamins with folic acid, low calorie and low fat food samples, CD’s about domestic abuse and violence against women, there was lots of literature at every booth to stuff into cool backpack bags.

The America Heart Association provided fact sheets on topics like smoking, diabetes, blood cholesterol, and preventing strokes. One such fact sheet advises a simple step and a simple thing to do. It states: “High blood pressure, known as the “silent killer” because it usually has no symptoms, is the most important risk factor for a stroke. Get your blood pressure checked regularly.”

The American Cancer Society provided a fact sheet on why weight loss is a problem for cancer survivors. The March of Dimes offered practical advice about what kind of multivitamins can help ensure your good health and how and when to take them. A bottle of multivitamins was included in a cosmetic bag.



Barbara Bowling
Alzheimer's Association rep Henry Jones.



Barbara Bowling
(L-R) American Cancer Society rep Shannon Martin and Brighton Councilman Andrew Bowers.



Barbara Bowling
(L-R) Lorene Gopher and Dietician Beth Morlang.

Women’s Wellness Fair Returns

By Shelley Marmor HOLLYWOOD — On May 17 the Seminole Allied Health department hosted a Women’s Wellness Fair in the Hollywood Headquarters Auditorium. The department hosted the same fair last year, and it was such a success that it returned again this year.

The wellness fair was open to all Tribal citizens and Tribal employees, both men and women. There were informational booths that either sex could participate in. Some of these included a test for body symmetry by licensed chiropractor Dr. Joseph

Buckley from Pines West Chiropractic and several health-related games at the Tribal Environmental Health department’s booth. Pines West Chiropractic also had a massage therapist on hand offering complimentary chair massages.

However, since it was a women’s health fair many of the booths did center around women’s health issues. The Memorial Hospital Breast Cancer Center was on hand to provide information on how to do monthly self-exams. Other organizations, such as the March of Dimes, which aims to prevent premature births, was also represented.

In addition, the Seminole Police Department, Family Services department, Care Resources, Planned Parenthood, the American Diabetes Association and Surgical Consultants of Hollywood all also had booths as the Women’s Wellness Fair.

The Allied Health department also provided a complimentary healthy lunch of salad, fajitas and pita sandwiches to all attendees. They also gave out complimentary pink backpacks with the Health department logo.



Shelley Marmor
Employee Danielle Wright gets her blood pressure checked.



Shelley Marmor
Pines West Chiropractic provided free chair massages.


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Health Corner

Why Wear a Safety Belt



Submitted by SPD, Crime Prevention Unit

The Seminole Police Department and the Florida Police Chief's Association and the National Safety Belt coalition along with Stay Alive From Education, or S.A.F.E., are pleased to provide you with the following safe driver information which will have a lifesaving impact on you and your children.

WHY WEAR A SAFETY BELT?

To understand the value of safety belts and child safety seat use, it's important to understand some of the dynamics of a traffic crash. Every motor vehicle crash is actually comprised of three collisions.

The first collision is known as the car's collision, which causes the car to buckle and bent as it hits something and comes to an abrupt stop. This occurs in approximately one-tenth of a second. The crushing of the front end absorbs some of the force on the crash and cushions the rest of the car. As a result, the passenger compartment comes to a more gradual stop than the front of the car.

The second collision occurs as the car's occupants hit some part of the vehicle. At the moment of impact, unbelted occupants are still traveling at the vehicles original speed. Just after the vehicle comes to a complete stop, these unbelted occupants will slam

into the steering wheel, the windshield, or some part of the vehicle's interior. This is the human collision.

Another form of human collision is the person-to-person impact. Many serious injuries are caused by unbelted occupants colliding with each other. In a crash, occupants tend to move toward the point of impact, not away from it. People in the front seat are often struck by unbelted rear seat passengers who have become high-speed projectiles.

Even after the occupant's body comes to a complete stop, the internal organs are still moving forward. Suddenly, these organs hit other organs or the skeletal system. This third collision is the internal collision and often causes serious or fatal injuries.

SO, WHY SAFETY BELTS?

During a crash, properly fastened safety belts distribute the force of a rapid deceleration over larger and stronger parts of the person's body, such as the chest, hips and shoulders. The safety belt stretches slightly to slow your body down and to increase its stopping distance.

The difference between the belted person's stopping distance and the unbelted person's stopping distance is significant. It's often the difference between life and death.

FLORIDA LAW 316.614

Safety Belt Usage

(1) This section may be cited as the "Florida Safety Belt Law."

(2) It is the policy of this state that enactment of this section is intended to be compatible with the continued support by the state for federal safety standards requiring automatic crash protection, and the enactment of this section should not be used in any manner to rescind or delay the implementation of the federal automatic crash protection system requirements of Federal Motor Safety Standard 208 as set forth in S4.1.2.1 thereof, as entered on July 17, 1984, for new cars.

(3) As used in this section:

(a) "Motor vehicle" means a motor vehicle as defined in s. 316.003 that is operated on the roadways, streets, and highways of this state. The term does not include:

1. A school bus.

2. A bus used for the transportation of persons for compensation.

3. A farm tractor or implement of husbandry.

4. A truck of a net weight of more than 5,000 pounds.

5. A motorcycle, moped, or bicycle.

(b) "Safety belt" means a seat belt assembly that meets the requirements established under Federal Motor Vehicle Safety Standard No. 208, 49 C.F.R. s. 571.208.

(c) "Restrained by a safety belt" means being restricted by an appropriately adjusted safety belt which is properly fastened at all times when a motor vehicle is in motion.

(4) It is unlawful for any person:

(a) To operate a motor vehicle in this state unless each passenger of the vehicle under the age of 18 years is restrained by a safety belt or by a child restraint device pursuant to s. 316.613, if applicable; or (b) To operate a motor vehicle in this state unless the person is restrained by a safety belt.

(5) It is unlawful for any person 18 years of age or older to be a passenger in the front seat of a motor vehicle unless such person is restrained by a safety belt when the vehicle is in motion.

(6)(a) Neither a person who is certified by a physician as having a medical condition that causes the use of a safety belt to be inappropriate or dangerous nor an employee of a newspaper home delivery service while in the course of his or her employment delivering newspapers on home delivery routes is required to be restrained by a safety belt.

(b) The number of front seat passengers of a pickup truck required to wear a safety belt pursuant to this section shall not exceed the number of safety belts which were installed in the front seat of such pickup truck by the manufacturer.

(c) An employee of a solid waste or recyclable collection service is not required to be restrained by a safety belt while in the course of employment collecting solid waste or recyclables on designated routes.

(d) The requirements of this section shall not apply to the living quarters of a recreational vehicle or a space within a truck body primarily intended for merchandise or property.

(7) It is the intent of the Legislature that all state, county, and local law enforcement agencies, safety councils, and public school systems, in recognition of the fatalities and injuries attributed to unrestrained occupancy of motor vehicles, shall conduct a continuing safety and public awareness campaign as to the magnitude of the problem and adopt programs designed to encourage compliance with the safety belt usage requirements of this section..


(8) Any person who violates the provisions of this section commits a nonmoving violation, punishable as provided in chapter 318. However, except for violations of s. 316.613, enforcement of this section by state or local law enforcement agencies must be accomplished only as a secondary action when a driver of a motor vehicle has been detained for a suspected violation of another section of this chapter, chapter 320, or chapter 322.

(9) A violation of the provisions of this section shall not constitute negligence per se, nor shall such violation be used as prima facie evidence of negligence or be considered in mitigation of damages, but such violation may be considered as evidence of comparative negligence, in any civil action.

Health Inspiration Publication

The Health Department invites any Tribal citizen interested in being included in a health inspiration publication to contact Suzanne Davis at the Health Department. This publication is the first in a series of collections of community interviews, photos and stories.

Suzanne can be reached at (954) 962-2009 ext. 120



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Tribal Departments Attend Women’s Health Fair

By Judy Weeks
IMMOKALEE — The gym was the location for the Women’s Health Fair in Immokalee on May 25. The event drew an enthusiastic group which included a few men as well as women.



Fitness Specialists Irene Loleski (left) and Vickie Barogiannis (right) discuss the importance of exercise to a very attentive audience.

Service departments from throughout the community had set up some very attractive booths and offered valuable information to the participants. Traveling around the room, you would first encounter the Health department display, where Nutritionist Charlotte Porcaro offered healthy food choices and valuable information concerning diabetes. A very informative poster detailed symptoms of this terrible disease, its complications and management options.

The Health team included Leslie Rosado, who was checking blood pressure and sugar levels. Both tests are significant in evaluating a person’s condition for possible diabetes or heart problems, which are a major killer of women throughout the country.

The Education department had provided a very attractive booth with a large book display offering learning opportunities and tools to challenge not only youth but adults. They were handing out Disney’s “The Jungle Book” bags that would catch the eye of any youngster.

Librarian Cris Marrero was on hand to take orders from the display,

which would not only benefit the recipient, but contribute additional funds to enhance the education programs offered at the library.

Diana Rocha as an intervention counselor helping parents and teachers communicate with the children and address any educational issues that can arise. Her efforts have been very beneficial in helping to keep the youngsters in school and traveling on the road to completing their education.

Education Advisor Norita Yzaguirre was distributing materials for the Big Cypress Immokalee Youth Camp and encouraging enrollment. She can help you enter the Seminole Tribe of Florida Employee Assistance and Training and the Tribal Career Development Programs. When you think that you have reached a dead end, you should drop by to see her and she will open the door of opportunity to you. Currently, she is involved in attempting to organize a Summer Enrichment Program.

Seminole Police Department representatives were addressing security and protection issues throughout the community. There are many things which you can do to implement a safer lifestyle for you and your neighbors. By contacting Al Signore or Tom Faharty, you could possibly learn how to avoid becoming a victim.

A very popular booth was the Seminole



Chiropractor Manuel Arroya (left) administers a bone density test to Amy Yzaguirre.



Massage Therapist Traci Delarosa (left) performs a paraffin wax treatment on Librarian Cris Marrero.

Tribe’s Fitness Program. Fitness specialists Vickie Barogiannis and Irena Loleski were introducing the community to their new physical trainer, Joey Garcia. He has been on the job for several months and with the new renovations in the gym fitness room is ready and willing to assist the community in building a healthy lifestyle. Through his efforts, some Tribal citizens are already being rewarded with the benefits.

Massage Therapist Tracey Delarosa was available with her traveling chair and had set up some very life enhancing tools of her trade. The hot wax bath to soften and relax your hands and feet was a very popular treatment. Restful music, water falls, lotions and hot rocks used properly can soothe the body and soul.

Bone density tests were offered by Manuel Arroyo of the Pines West Chiropractic Clinic. This is the only way to screen for Osteoporosis and determine your risk for future fractures. Unfortunately, as women grow older, their body’s chemistry changes and it’s ability to process and absorb calcium can be greatly reduced. Through early detection, healthy diet and exercise, the effects of bone loss can be minimized.

The Immokalee branch of the Collier County Health Department was represented by Tonia Figueroa, who was distributing valuable information concerning sexually transmitted diseases. She stressed that she would be more than happy to discuss these issues with anyone on a completely confidential basis.

Immokalee recently began

to receive dental care at the new clinic. Dental Assistant Jennifer Forbes was handing out attractive t-shirts, dental products, mugs and educational materials in an effort to stimulate public awareness of good oral hygiene. Dr. Sofianos is available for appointments at the clinic on Mondays and Dr. Roberts is seeing patients on Tuesday and Thursday.

Licensed Mental Health Counselor Linda Freeman recently joined the Family Services staff. A cheerful, easy going person, she was introducing herself to the community and inviting everyone to drop by the new Family Services Facility at 1130 South First Street.

“We are just behind the Clinic with the bright blue canopy,” she said. “You don’t have to have a problem to drop by for a visit and familiarize yourself with the services provided to you by the Seminole Tribe. I would be glad to take you on a tour.”

The Family Services table was well stocked with information concerning domestic violence, addiction and the various roads available to recovery and building a healthy, happy family unit.

The Department of Elders had a wonderful display of photos taken during senior activities and daily programs. Immokalee Hot Meals Manager Connie Gray and her assistant Gayle Greer had brought some of the beautiful ceramic pieces being created by our very talented seniors.

The Seminole Tribe of Florida has provided its citizens with a multitude of departments to serve your every need. Please feel free to take advantage of their services to enhance your lifestyle.



Leslie Rosado (left) administers blood sugar and blood pressure tests to Amy Yzaguirre.

Ask The Counselor

Dear Counselor,

I am in a new relationship that is mentally painful at times. I am 18 years old and my boyfriend is 24.

We have been dating less than six months, and at times he is very mean spirited. I recently found out that he just came out of a relationship that was full of drama. I am so confused about this thing called love!

Signed,
Looking for Love

Dear Looking for Love,

The safest place for a woman should be in the arms of her man. I am sure your boyfriend is very nice at times, but that is not the issue. The issue here is what your needs in a relationship are, and what are the important qualities you are looking for in a significant person.

A serious relationship needs to have the qualities that foster growth and provide respect. If your relationship is one sided, you will not be happy or fulfilled within the relationship. Please do not sell yourself short by accepting less than what you



Basil Phillips
M.S. Mental Health Counseling

Letters of interest from the community

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ASK THE COUNSELOR
Family Services Department
3006 Josie Billie Avenue
Hollywood, FL 33024
basilphillips@semtribe.com

deserve; self respect does not come with an expiration date.

You cannot expect to be loved if you do not first love yourself. The way you see and treat yourself will determine how others will see and treat you. If you don't have a strong image of self, then you will continue to be hurt and mentally stressed by what others think and say.

You have to set healthy boundaries for yourself and stick to them. No one can make you feel inferior without your consent, so don't allow your boyfriend to have free reign of your mental state. If he wants to carry over excess baggage from a previous relationship, then he should do it by himself or seek counseling.

And here’s a sure word of advice to you, you will stop being confused about love when you truly discover the value of self love. It is up to you to make the right choices for yourself in order to be a harmonious, loving relationship that is right for you.

Signed,
Counselor

The Healthy Senior

By Fred Cicetti

[Editor’s Note: Fred Cicetti is a syndicated columnist who writes about issues concerning senior citizens’ health. The opinions he expressed are his own. If you would like to ask a question, please write fredcicetti@gmail.com. All Rights Reserved © 2006 by Fred Cicetti]

Q. At the recreation center in my development, I overheard some women talking about “low vision.” Is that something like being near-sighted?

No, low vision is very different. It is a significant reduction in visual function that can’t be corrected by regular glasses, contact lenses, medicine or surgery. Low vision can range from moderate impairment—such as tunnel vision or blind spots—to almost total blindness.

One out of every 20 people has low vision. About 135 million people around the world suffer from this impairment.

Irreversible vision loss is most common among people over age 65. However, losing vision is not just part of getting older. Some normal changes occur as we get older. These changes usually don’t lead to low vision.

Low vision can be caused by diseases, disorders, and injuries that affect the eye. Many people with low vision have age-related macular degeneration, cataracts or glaucoma. Almost 45 percent of all cases of low vision are caused by age-related macular degeneration, which progressively destroys the central retina (macula) at the back of your eye. The retina is to your eye what film is to a camera.

If you think you may have low vision, consult an eye care professional who can tell the difference between normal changes in the aging eye

and those caused by disease.

There are many signs that indicate possible vision loss. Under normal circumstances, do you have trouble recognizing faces of people you know? Is it difficult for you to read, sew, match the color of your clothes? Do lights seem dimmer than they used to?

Vision changes like these could be early warning signs of eye disease. Usually, the earlier your problem is diagnosed, the better your chances are for successful treatment and maintaining your vision.

Regular eye exams should be part of your routine health care. However, if you think your vision has changed, you should see your eyecare professional as soon as possible.

A specialist in low vision is an optometrist or ophthalmologist who is trained to evaluate vision. This professional can prescribe visual devices and teach people how to use them.

Devices and rehabilitation programs can help you adapt to vision loss. They may help you maintain your lifestyle.

These devices include: adjustable lighting; large-print publications; magnifying devices; closed-circuit televisions; electronic reading machines; computer systems with voice-recognition; telescopes, and telephones, clocks, and watches with large numbers.

Rehabilitation programs offer a wide range of services such as low-vision evaluations and special training to use adaptive devices. They also offer guidance for making changes in your home as well as group support from others with low vision.

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A photograph of a woman lying down, receiving a massage on her back. Her eyes are closed, and she appears to be in a state of relaxation.

A photograph of a woman sitting in a chair, receiving a reflexology treatment on her feet. The practitioner is using their hands to apply pressure to specific points on the foot.

Know Your Alphabet: The ABCs of Diabetes

Submitted by the Seminole Health Department
The number of people with diabetes in the U.S. has reached epidemic proportions, especially among Native American populations. According to the American Diabetes Association (ADA), the disease affects 27 percent of Native Americans in the Southeastern U.S.
Once a person is diagnosed with diabetes, the battle against complications such as heart disease, stroke, blindness, kidney disease, and amputations becomes a top priority. However, do not become discouraged as these complications can be delayed or prevented all together with proper diabetes management.

Recent studies such as the Diabetes Control and Complications Trial (DCCT) have shown promising results for individuals who maintained good control of their diabetes. In DCCT, the group of patients who practiced intensive diabetes management reduced their risk of diabetic eye disease, kidney disease, and nerve damage. Along with a good diet, exercise, and regular visits with your health care team, knowing the ABCs of diabetes can help you feel better and stay healthy.

A1C, also known as hemoglobin A1C or HbA1C, is a simple blood test, usually done at the clinic, which shows how much sugar has been in your blood over the past three months. The test works by measuring how much sugar enters your red blood cells and sticks to the hemoglobin molecules.

If your blood sugar levels have been high, then more sugar sticks to the hemoglobin. Since the lifespan of a red blood cell is about 120 days, that is how the test gives us a measure of blood sugars for the previous three months. For most people with diabetes, the goal for A1C is less than 7 percent. Take a look at the chart from the ADA to see how to compare A1C results to blood sugar numbers.

If the A1C is 7 percent or more, you should

discuss your current treatment plan and any changes that should be made with your health care provider to achieve better blood sugar control. The current recommendation is to have the A1C test done every three months or a minimum of twice a year.
Blood pressure is an important measure of how hard your heart is working. Having high blood pressure or hypertension for long periods of time can lead to heart vessel damage and increase your risk of a heart attack or stroke. The recommended blood pressure goal for someone with diabetes is less than 130/80 mmHg. Blood pressure should be checked at each clinic visit.

If your blood pressure is higher than the recommendation, lifestyle changes including diet, especially reducing salt intake, and exercise may help you meet the goal. However, in some cases, individuals need to take daily blood pressure medication.

Cholesterol is one type of fat found in the blood also known as a lipid. Another kind of blood fat is triglycerides. Maintaining your blood lipids at the recommended

levels is key to preventing heart disease. When looking at cholesterol, your health care provider will check your total cholesterol, as well as your good (HDL) and bad (LDL) cholesterol.

The goal for total cholesterol is anything below 200 mg/dl. Your HDL cholesterol goal is greater than 45 mg/dl for men or 55 mg/dl for women. Remember that HDL is the one you want to have high because it has been shown to protect against heart disease. LDL cholesterol, on the other hand, is the one you want low with the goal being below 100 mg/dl.

The goal for triglycerides is less than 150 mg/dl. It is recommended that you have your blood lipids checked at least twice a year or more often if necessary. Consuming a diet low in saturated fat and sugar along with regular exercise can help maintain healthy lipid levels.

A1C Level	Average Blood Sugar Values
12300
11270
10240
9210
8180
7150
6120

Free Rabies Clinic for Seminole Residents

Submitted by Celia Arcia, Environmental Health Program

Please be advised that Seminole Tribe of Florida animal registration drive ended on May 15. We will be holding a rabies clinic on the Brighton reservation on June 9 from 10:30 a.m.-2:30 p.m. in front of the Health department and on the Hollywood reservation June 6 from 10 a.m.-3 p.m. at the Osceola Park Baseball Field.

If you missed the Big Cypress or Immokalee clinics, you are welcome to join us here.

Please make sure your animals are restrained. Dogs must be on leashes and cats must be in carriers. If you have any questions please call (954) 965-1300, Ext. 126.



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Lifestyle Balance and Preschool gather for an outing.

On The Road with the Lifestyle Balance Program

By Judy Weeks

IMMOKALEE — Immokalee Nutritionist Charlotte Porcaro meets weekly with the participants in the Lifestyle Balance Program. Many of the group members have also been involved in the recent Weight Loss Contests.

Weekly sessions have included proper nutrition, health care, exercise, attitude and reinforcement of goals with support. Friendly competition can be a big plus when you are changing your entire lifestyle and building a happier and healthier person.

Each meeting deals with new issues and addresses old problems. Preparing healthy, appetizing meals, menu selection in restaurants, exercise, encouragement, dealing with addiction, including, food, alcohol, drugs and/or tobacco, variety in your routine and recognizing your successes can bring about mental and physical well being.

On May 9, Porcaro took her group on a field trip to the Audubon Corkscrew Swamp Sanctuary. Several of the members work at the Immokalee Preschool facility and would be unable to attend because of work responsibility. Not wishing to leave anyone out, Porcaro joined forces with Michelle Ford, the preschool manager who is a member of the Lifestyle Balance group. By including the preschool in the field trip, everyone had an opportunity to attend and the children would benefit.

Unfortunately, several of the Immokalee Seniors had prior commitments and were unable to participate. However, a group of 18 were transported to the sanctuary for a wonderful morning of exercise and interaction with nature at its best.

Tushka Hill from the Broadcasting department was on hand to film the event and captured some fantastic shots of the wildlife along the boardwalk. In addition, some of his best footage included not only the children, but adults, as they experienced this trip into another world.

Although the boardwalk extends for three miles into the swamp before returning to the administration building, the group had to take the short cut because of time requirements. Nevertheless, they traveled approximately two miles through the shaded wonderland.

Despite recent drought conditions, the area was filled with wildlife. A large variety of birds were nesting. Hawks, osprey, egrets, curlew, limpkins, Everglade kites, owls, woodpeckers, cranes, pond birds and wood storks filled the surrounding trees and ponds.

Butterflies, grasshoppers and caterpillars were a delight for the children. They spent a great deal of time observing the insects at work, feeding and building their cocoons. Toddlers insisted on walking so as not to miss a thing. Even the youngest member of the group set wide eyed in wonder in his stroller enjoying the sights and sounds of the swamp.

By far the greatest attraction, regardless of the attendee's age, were the numerous alligators who were laying about in the shallow pools and swamp lettuce protecting their newly hatched young. Each alligator nest contains from 15 to 30 eggs and it would be conservative to say that the group saw the offspring from a minimum of 6 nests within a 300 foot area of the boardwalk. The little striped baby alligators ranged in size from eight inches to 20 inches and appeared to be everywhere.

It was awesome to see the alligators and birds

The group was mesmerized by the young alligators.

(L-R) Jack Aguilar, Neo Motlow and Rosa Garcia admire the wildlife.

feeding on the frogs and fish trapped in the small remaining pools of water in the swamp. The wide eyed children were not only spell-bound but very quiet and respectful of their surroundings.

Beverley Rose from Family Services commented on the children's good behavior and what a joy it is to see the wonder of nature through their little eyes. With the fresh green leaves of spring-time and the rebirth of the birds and wildlife, it couldn't help but make a person feel renewed themselves.

Sylvia Marrero is an inspiration. She has been involved in the Lifestyle Balance Program and Weight Loss since its inception and is making great strides. Not only has she been shedding the pounds, but has been making many changes in her lifestyle.

A year ago, she could only slowly walk a small portion of the trail. For this occasion she was in the lead and completed every step of the way,

Mercedes Davis on the boardwalk.

A nutritious picnic of spring rolls, fruit and vegetable platters awaited the group at the end.

only stopping to enjoy the sights and sounds with some avid bird watchers that she encountered.

Returning to the picnic tables in the park, the group had a wonderful lunch-eon.

Fresh fruit and vegetable trays were joined by spring wraps filled with chicken and julienne vegetables. It was hard to believe that anything so nutritious could be so delicious. Even the children cleaned their plates.

Florida's most famous resident—the gator.

How Meth Affects Your Community

Submitted by SPD, Crime Prevention Unit
Methamphetamine, or meth, can cause harm not only to those who are addicted to the drug, but their family, friends and neighbors too. Here are a few ways meth can cause harm.

Environmental Harm
A meth lab can operate unnoticed in any community for years, causing serious health hazards to everyone around. For each pound of meth produced five to six pounds of hazardous waste are generated, posing immediate and long-term health risks.

The chemicals used to make meth are toxic and “meth cook” routinely dump waste into streams, rivers, fields, backyards and sewage systems, which can in turn contaminate water resources for humans and animals. Chlorinated solvents and other toxic by products used to make meth pose long-term hazards because they can persist in soil and groundwater for years.

Also, the poisonous vapors produced during cooking permeate the halls and carpets of houses and building, often making them uninhabitable.

Cleaning up these sites requires specialized training and cost an average of \$2,000–\$4,000 per site.

Children are at Risk

Hundreds of children are neglected every year after living with parents who are meth cooks. Children who reside in or near meth labs are a great risk of being harmed from the explosive nature of the ingredients and by products as well as from the noxious fumes can cause brain damage. Cooking meth is extremely dangerous, and labs often catch fire and explode.

A child living inside could overdose from meth left out by parents, suffer from attachment disorders or behavioral problems, be malnourished, physically or sexually abused and/or burned or fatally injured from a fire or explosion.

Orphaned Children

The number of foster care children has been rising rapidly in states that have been hit hardest by meth. Children, whose parents have been using or making meth, are placed in foster homes, crowding an already overflowing system with limited

resources. These children often have behavioral problems due to the neglectful conditions in which they’ve been living. The influx of cases has been overwhelming social workers, leaving them desperate for help.

HIV/AIDS

While high on meth, users can feel hypersexual and uninhibited, often forgetting to use protection. Also, since meth can be administered intravenously some users opt for dirty needles. These acts of carelessness can lead to the transmission of serious and deadly diseases, such as hepatitis, HIV and AIDS.

Hospitals and Burn Units

Meth production is a dangerous and illegal business that takes place in living spaces from kitchens to basements to hotel rooms. The materials that are used to produce the drug are toxic and oil-en flammable and any mistakes can result in an explosion or injury to not just the meth cook, but their families as well.

These chemical burns are tough to treat and extremely expensive. Much of the care in these specialized units goes uncompensated,

which puts a great financial strain on the hospitals, state medical programs and the community.

Crime

Meth labs along with the selling of the drug can breed crime, including burglaries, thefts and even murder. Both teenagers and adults addicted to the drug and who have no income to pay for their habit, may steal valuables from their own homes or even their friend’s homes.

Whilst high on meth, there’s no telling what a person would do if provoked; people have been killed for not owing up to a drug payment or coming through on a transaction. This type of crime requires a great deal of attention from the police, for which a community may not have the resources to spare.



This was a kitchen, now it is a meth lab.

Pull-Out Program Completes Fourth Year

By Emma Brown
BRIGHTON — The fourth successful year has come and gone for “Pemayetv Emahakv” or The Brighton Pull-Out Program. On May 19 the teachers and staff of the Pull-Out Program hosted an end of the year celebration for the parents and community of the Brighton reservation.

This program was an opportunity for the teachers of the program to share their unique teaching approach and to display the leaps and bounds gained by the students through their culture and language demonstrations during the program.

Upon arrival parents and guests visited each classroom to see what the students have been participating in. Following the classroom visits, Education Director Louise Gopher shared a little of the history of the program with the audience. Gopher discussed how, through the support of Okeechobee County School Board and the vision of former gifted pull-out student Rita Gopher, the Pull-Out Program was able to become a reality.

Rita asked the question, “Why can’t we be



Emma Brown

This year’s archery participants (L-R) Randy Shore, Dylan Chalfant, Emery Fish and Phillip Jones.

they are being taught and that they must maintain who they are and what they are being taught so that when they claim to be an Indian they can prove it by their knowledge of their culture and language.

Raulerson, past Okeechobee County superintendent, was a key player in making the Pull-Out Program possible.

“More than the students need to preserve the culture and language, this country needs it preserve as well,” Raulerson said.

Immediately after lunch the teachers of the program demonstrated their new teaching technique which is referred to as ASLA, or the Acquired Second Language Acquisition. Each grade demonstrated the ASLA program and their knowledge of language by use of nouns, verbs, prepositions and much more.

Following these demonstrations, Coach John Waterhouse presented Emery Fish, Dylan Chalfant, Randy Shore and Phillip Jones with archery participation awards, followed by Barbara ng and Beth Skinner of the health department who expressed appreciation for being able to utilize some of the physical education time to teach the



Emma Brown

Joshua Boromei shows his knowledge of Creek.

pulled out one day a week to learn about our culture just like students are pulled out one day a week to attend the gifted program?”

With this question in mind, Gopher along with others from the Culture department met with Superintendent Phoebe Raulerson who gave the go ahead. So they did and will be starting their fifth year this fall.

Following remarks from Gopher, the Pull-Out’s Student Tribal Council then led the audience in the Creek and American pledges, and sang “Happy Birthday” in Creek to any celebrating birthdays in the summer months. Next, Gopher introduced the many dignitaries from Glades and Okeechobee County that were present, along with Brighton Council Representative Andrew Bowers Jr.

Bowers addressed the audience in the Creek



Emma Brown

History teacher Willie Johns and student Phillip Jones demonstrate the ASLA program.

language, which reiterated the goal behind the Pull-Out Program. In summation, Bowers shared that all Seminole children need to listen and practice what



Emma Brown

Local dignitaries and students during the Creek pledge.



Emma Brown

The children meet with Creek reading and writing teacher Jenny Shore (right).

students the importance of maintaining a healthy lifestyle.

It is overwhelmingly obvious that Friday’s are very important to the students and that each student recognizes the importance of preserving their language and culture. Pull-Out Coordinator Shelly Walker along with the teachers and staff of the program deserve tremendous credit for making this program continue to be successful.



Emma Brown

Bethany Billie at the Pull-Out celebration.

Native Women in Agriculture’s Native Youth Writing Competition 2006

Subject: My Family’s Land in Agriculture

Submitted by Native Women in Agriculture

We are very happy to announce this year’s writing topic: My Family’s Land in Agriculture. To help you in thinking about this topic, here are some ideas:

Write about your own family’s land history...where is your family’s land? What sort of status is it? Is it leased out to someone? Is it leased out by your Tribe? Is your family working that land in agriculture? What is your family doing with their land in agriculture? What do you grow?

What is your family’s land history? If your family doesn’t own agriculture land or farm, what happened to that land? Was it sold to someone in the Tribe? Was it sold outside the Tribe? When did that happen? What were the circumstances around that happening?

If your land is no longer in your family’s hands or in agriculture that you know of, where was that land? Could you find it on a map? What year did the land leave your family? What is going on with that land right now?

If your land, your family’s land, or your Tribe’s lands or not in Tribal control right now, why did that happen? When did it happen?

Does your Tribe have a plan for identifying and planning what happens on Tribal land? What is

that plan?

We are looking for papers that provide a history of your own family’s land. We are also looking for papers that describe what happened when your family’s land went outside your family’s control, if that is the case.

Here are some people to talk with in researching your paper topic:

Your family: Your parents, your grandparents, your great-grandparents; Elders in your Tribe; Tribal government: Employees or leaders who know something about land. These people might be members of the Tribal Council, Elected leaders of your Tribe, Realty, environmental, natural resource, lands and leasing or other employees who have responsibility for land

Also, be sure and visit the Indian Land Tenure Foundation website:

www.indianlandtenure.org. They have lots of great resources that will help you and your family learn more about Indian land and Indian land tenure problems and what can be done to address these problems.

Don’t forget to follow the guidelines for paper size, font size when typing, citation of sources, etc. that are on the flyer announcing the topic.

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Seminole Tribe Presents Local Scholarships

By Emma Brown
BRIGHTON — On behalf of the Seminole Tribe of Florida, Brighton Councilman Andrew Bowers offered four scholarships to students from Glades and Okeechobee Counties. Two students were chosen from each county to receive these scholarships to help further their education.

The criteria that had to be met was that the student must have been in good academic status, be a minority, and present a financial need. Councilman Bowers, his assistant Michele Thomas, and the Brighton Education Advisor Emma Brown went through each application thoroughly to choose the four students that were most deserving of the scholarships.



Photo courtesy of Emma Brown
(L-R) Emma Brown, Marieyls Figueroa, Kimberly Minott and Andrew Bowers.



Photo courtesy of Emma Brown
(L-R) Andrew Bowers, Jose Lugo, Sonya Chapa and Emma Brown.

They also attended scholarships nights in both Okeechobee and Glades County to present the scholarships to the chosen students.

The presence of the Seminole Tribe and their donation to the students was greatly appreciated by both the students and the administration of the schools. The recipients of the scholarships were as follows: Okeechobee County: Jose Lugo; Sonja Chapa and Glades County: Marieyls Figueroa, Kimberly Minott.



Destiny Nunez receiving her award.

Emma Brown

Fifth Graders Receive Education Awards

By Emma Brown
OKEECHOBEE, FL — Fifth grade students at Central Elementary received awards for their achievements on May 25. There were four students from the Brighton reservation who took several trips to the center stage at Central to receive awards for all of their hard work and efforts.

Congratulations to each and every one of them and keep up the good work!

Award recipients were as follows: Destiny Nunez: Gold Award (all A's), Effort Award, trophy for all A's all year, Presidential



Emma Brown
(L-R) Zachary Rodriguez, Garret Huston, Destiny Nunez, Ami Nunez.



Emma Brown
Parents Dallas and Deanna Nunez with daughter Destiny.

Excellence Award (3.5-4.0 GPA), Super Problem Solver Award, Hershey's track & field (100m relay), first place science fair in behavioral and social science, student council and safety patrol; Ami Nunez: Red Award (B Average), trophy for honor roll all year, Presidential Achievement Award (2.5-3.5), super problem solver, panther pal, student council (president), talent show, safety patrol and Hershey's track & field (100m relay); Garret Huston: Citizenship Award, Red Award (B Average), panther pal and student council (vice-president); Zachary Rodriguez: Silver Award (all A's & B's).



Tony Heard

Youngsters Asianna Billie and Trinity Bowers joined their classmates at the graduation ceremony.

Billie, Bowers Walk Across Graduation Stage

By Tony Heard
PLANTATION, FL — American Heritage is a school that is known for their stellar academics and outstanding sports. When many mention this institute, the younger age groups are often overlooked due to lack of sports and publicity.

But on May 17 all of the focus was on the Kindergarten classes and their graduation. The theme and title of the graduation was "Wishes and Dreams," which fit perfect for the occasion. The auditorium at American Heritage was full of joyous faces and congratulations.

With around ninety students graduating there were two students who are unique in their own special way. Seminole Tribal youngsters Asianna Billie and Trinity Bowers, were among those who received graduation honors.

The program began with the orchestra playing a medley of songs that kept everyone at ease and set the tone for the kids to hit the stage. When the curtain lifted, it was something to cherish seeing all those children standing there dressed in their finest dresses and ties.

Two students from each class went to their prearranged microphones, welcomed everyone for coming and let everyone know the names of the teachers and classes represented this evening.

There were five classes that were to be recognized and honored that night. Asianna Billie was in Mrs. Foreman's class and Trinity Bowers had Mrs.

Chmelir's as a teacher.

Following the introduction, all the students were ready to perform their musical numbers. As a



Tony Heard

Asianna Billie stands proudly with mom Doreen Cypress and family.

whole and very organized, the students sang a total of five songs, "When You Wish upon a Star," "A Dream is a Wish Your Heart Makes," "There's a Great, Big, Beautiful Tomorrow" and "Wishes." In between there was a group of students who gave all the parents, family and friends a few choice words on the song they were going to sing.

Musical Director Tim Sperber said: "The students have been practicing on these musical numbers since January. Some things they worked on in class, but majority of the time all the classes would get together and rehearse in the auditorium."

All the hard work and practice paid off for the students and those adults who put in lots of time and effort. The musical section of the program was nothing short of amazing and entertaining for all of the families and friends in attendance.

President and Founder of American Heritage William Laurie assisted with diploma distribution. Laurie said a few distinguished words about the school, the wonderful teachers, and the extraordinary kindergarten class of the 2006.

The diplomas were then handed out one class at a time. When it was Asianna's time to walk across the stage to receive her honors, prideful cheers and happiness roared throughout the auditorium. Parents, cousins, grandmothers, and aunts were all there to support Asianna on this joyous day.

Trinity's class was next and she was the second student to be called from her class. When her name was read everyone could hear how proud her mother and father were of her; dad with the camera snapping away and mom looking as if she was about to let the tears go.

It was a great night for all the kids, relatives, and everyone else who took part. Asianna and Trinity have a lot more graduations ahead of them, but this one will always have special meaning because it is their first.



Tony Heard

Trinity Bowers holds diploma.

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1. Sam Jones - A Very Important Figure in Seminole History - *White Chocolate & Raspberry*

2. Billy Bowlegs - Lead the Seminoles in the 3rd Seminole War - *Dark Chocolate & Caramel*

3. Remember the Clans! - All 9 Clans: Otter Bear, Snake, Panther, Big Town, Bird, Deer, Wind and the extinct Alligator - *Iced Lattes*

4. Josie Billie - One of the Strongest Medicine Men of the Seminole Tribe - *Dark Chocolate & Hazelnut*

5. Ingram Billie - Brother of Josie, also a Powerful Medicine Man - *Vanilla & Hazelnut*

6. Laura Mae Osceola - Instrumental in getting Federal Recognition of the Seminole Tribe - *Dark Chocolate & Banana*

7. Joe Dan Osceola - Youngest elected President & First Ambassador - *Almond & Dark Chocolate*

8. Fred Smith - Longest serving Tribal President - *Dark Chocolate & Mint*

9. Jim Shore - Longtime General Legal Counsel of the Seminole Tribe - *Dark Chocolate & Raspberry*

10. Betty Mae Jumper - First Chairwoman of the Seminoles - *Apple & Cinnamon*

11. James Billie - Longest Serving Elected Chairman of the Tribe - *Vanilla & Caramel*

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12. Priscilla Sayen - Long time Respected Tribal Secretary - *Irish Cream & Hazelnut*

13. Howard Tiger - First Military person Elected President, Organized sports programs for the Seminole Youth - *Dark Chocolate*

14. Mitchell & David Cypress - Brothers and Leaders from the Big Cypress Reservation - *White Chocolate & Caramel*

15. David DeHass - Hollywood Representative - Board - *Dark Chocolate & Coconut*

16. Moses Osceola - President of the Seminole Tribe - *Irish Cream & Dark Chocolate*

17. Roger Smith - Brighton Representative - Council - *Dark Chocolate & Vanilla*

18. Paul Bowers - Big Cypress Representative - Board - *Caramel & Hazelnut*

19. Johnny Jones - Brighton Representative - Board - *Dark Chocolate & Praline*

20. Howard Tommie - 2 Term Elected Chairman, Introduced Seminole Bingo - *Dark Chocolate & Honey*

21. Mike Tiger - Former Director of Indian Health Sys & current Treasurer - *Half and Half, Sugar and whipped cream*

22. Winifred Tiger - Helped Seminole Youth stay in School, graduate and go to college. - *English Toffee & Vanilla*

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Waiting their turn is Brandon Billie, Jordan Jones and Daylon Youngblood.

Susan Etxebarría

Recreation Dept. Moves Forward with Gym Renovations

Dept. Offers Summer Camp Programs

By Susan Etxebarría
BRIGHTON — The Richard Smith Gymnasium at Brighton is scheduled to open in early June after being closed nearly two years when portions of the roof were torn off from the winds of

Hurricane Jeanne in September 2004. The new roof was custom designed to higher standards and is built to be hurricane proof. New hurricane proof windows and doors have been installed as well. The gym will serve as a secondary hurricane shelter and the staff will serve as first responders.



(L-R) Richard Osceola, John Wayne Huff Jr. and Leroy Boyette.

Susan Etxebarría

ments as well. The skate park has been doubled in size with the addition of three taller four to six feet ramps and additional rails for the more advanced skaters. The Brighton Skate Park is easily the largest within a 100 mile radius.

The Recreation department hired John Wayne Huff Jr. to manage the popular skate park. Kids can only skate if there is a supervisor on hand and they must wear helmets. It is open during the summer from 9 a.m. to 9 p.m. Monday through Friday; 10 a.m. to 6 p.m. on Saturdays and noon to 6 p.m. on Sunday.

With these improvements the Recreation department is hoping to host a skate boarding tournament in the future.

While the gym was renovated the staff had trailers on site they used for offices but now they can move back into the offices in the gym. Osceola said they will use the trailers for their after school program.

Registration for the seven week summer camp began in May. At the

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Recreation staff Leroy Boyette and Richard Osceola in gym where final touches are going on.

Susan Etxebarría

camp, youth will get the chance to go to Orlando, Fla. for a basketball camp and the University of South Florida's Softball Pitch and the Gator Valley Ball Camp.

Hours at the swimming pool have been extended as well and will be open on Sundays.

‘Tribal Pride’ Boxing Match at Hard Rock

By Chris Jenkins
HOLLYWOOD — On May 18, history, pride and championship title aspirations were at stake as Warriors Boxing and Promotions, Inc., Sycuan Ringside Promotions, LLC, and the Hard Rock Hotel & Casino joined forces for a night featuring six great matches on pay-per-view.

Known as “Tribal Pride,” the Seminole Tribe of Florida and Sycuan Band of Kumeyaay Nations both teamed up to become the first Native American tribes to present a championship boxing card. The featured bout was Warrior’s Ricky “Showtime” Quiles, 39-6-3 (8 KOs) facing Sycuan’s Julio “Kidd” Diaz, 32-3 (24 KOs) in a battle for the interim International Boxing Federation light-weight title.

The match-up presented a golden opportunity for both as current IBF champ, Jesus Chavez was unable to defend the title versus number one contender Quiles due to injury, enter Diaz. Coming in, both fighters had a little swagger fresh off victories. Quiles won unanimously in eighth



Felix DoBosz

An excited and triumphant Vadim Tokarev is overcome with joy falling to his knees in his corner after his fourth round TKO win over former North American Boxing Federation Champion Felix Cora Jr.



Felix DoBosz

Newly crowned International Boxing Federation champion, Julio Diaz celebrates after his hard fought 12 round unanimous decision versus Ricky Quiles.

round action versus Jeremy Yelton at the Hard Rock, in February. Diaz won in KO fashion versus Russell Jones in the first round, last September. Diaz was looking to regain the title as the former champ won a majority decision win over Javier Jauregui in 2004.

In the end, the fight was a game of cat and mouse as strategizing was the key. Diaz seemed on a mission and came right at Quiles throughout who seemed content with a lot of movement and combinations. There were no dramatics along the knockdowns, knockouts or controversy lines, and it came down to the judges with the unanimous decision going to Diaz.

As the interim champion, Diaz will now have the opportunity to face Chavez to unify the title or be elevated to full-time champ. Warrior’s Executive Director, Leon Margules explained that he was disappointed with the outcome but not surprised.

“[Diaz] fought as if he wanted to be a world champion, Ricky fought as if he wanted to fight,” Margules said.

The co-featured bout saw Warrior’s, product and North American Boxing Federation champion, Felix Cora Jr. in a title defense versus Russian, Vadim Tokarev. Both came in with undefeated

marks in the junior cruiserweight division.

To most in attendance, this one was the best match-up of the evening and after a fourth round TKO a new champion was crowned as Tokarev came out victorious. From the opening bell, Tokarev used movement and jab work to set up Cora for an impressive finish.

Both went at one another with strong flurries and combos through three, but after a knock-down early in the fourth, Cora made a push, but it was not the same. Wobbled and dazed against the ropes, the fight was stopped at the 2:52 mark.

Other bouts on the venue were Jesus Pabon over Joel Ortega in the third round of six on a KO in lightweight action; Jose Vasquez facing Carl Cockerham in

eight rounds of super middleweight action resulting in a third round stoppage and no decision due to a cut on the left eyebrow of Vasquez. Lamar Stephens won in six with a unanimous decision versus Siala Siliaga.

Siliaga, 35, was a former K-1 boxer making his professional debut. He is best known for his surprise knockout win over former World Boxing Champion Francois Botha. To round out the action, Samuel Miller also faced Martin Desjardins in an eight round match-up of super middleweights going the distance with a unanimous decision for Miller.

In attendance to show their support among the tribal council was Chairman Mitchell Cypress, Big Cypress Council Representative David Cypress and Hollywood Council Representative Max B. Osceola Jr.

The celebrity scene was filled with entertainers from sports as well as movies and television. Former light and heavyweight champion, Michael Moorer led the pack. Others included, actor Fred Vincent, of “The Sopranos” fame, the Miami Heat’s Antoine Walker and James Posey, sports-agent Drew Rosenhaus as well as Miami Dolphins Eddie Jackson and Derrick Pope, to name a few.

Margules declared the evening an entertaining success saying: “I thought it was a good, nice card, the fans got their money’s worth... The atmosphere was great.”

The next boxing match for Warriors and the Hard Rock is slated for June 30.



Felix DoBosz

Heavyweight Lamar Stephens connects on a powerful right jab against opponent Siala Siliaga.

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The BC Horse Training Club makes their way around the Rodeo Arena.

Nery Mejicano

Horse Training at Big Cypress Horse Club

By Nery Mejicano

BIG CYPRESS — As the sun begins to set every Monday night, Big Cypress children begin arriving at the BC arena. The younger ones with moms and dads, the older ones arrive in four-wheelers or are brought by friends or family. As they arrive, the horses are saddled and waiting for the young riders in the red clay of the Big Cypress Rodeo Arena. Josh Jumper, the arena’s director along with his wife, Andrea Jumper, and some of his staff make sure that the horses are matched to the ages and skill level of the children, who eagerly await their turn to climb into one of the beautiful and gentle animals.

The youngest one Harmony Cypress age two, bravely and confidently rides a horse. Her little legs are too short to reach the stirrups, but the saddle has an attachment to shorten the stirrups and she is secured by a set of Velcro straps as she rides proudly around the arena guided by the watchful eye of the Rodeo staff.

Big Cypress horse training is one of the many choices the children have for recreation, and judging by the fast increasing number of young riders, it is becoming very popular. It is very refreshing to know that the tradition of riding horses, both for work and pleasure is very much alive on this reservation.



Josh Jumper assists Savannah Fish with riding.

Nery Mejicano



Elaine Marks on horseback.

Nery Mejicano

The Seminoles are well known for their being skillful riders. On any given day driving on Snake Road you can see the Seminole cowboys working cattle being aided by well trained dogs. In addition to providing a healthy lifestyle alternative to the electronic gizmos that keep kids glue to their X-Boxes and other computer games, horseback riding enhances the children’s social skills, teaches responsibility, provides for a positive self image and is a good physical activity in the outdoors.

All this is incompatible with negative and destructive habits and behaviors. Younger adults like Josh Jumper also serve as healthy role models that children will emulate and follow. The greatest asset, however, is the involvement of parents and other family in the life of the children.

Abilities That Can Help Improve an Athlete

By Kenny Bayon

Summer is almost here and it’s the time of year that an athlete takes to better themselves. With so many events coming up this summer such as the Florida Sunshine State Games, North American Ingenious Games, Native American Basketball Invitational and many other important tournaments, its time to take charge.

Many go away to camps or just play with their friends, but it’s the athletes that take the smart and rigorous approach that get the most out of their talent and succeed. There are five important components needed to be considered a good athlete. Of course, there are other factors such as, desire, balance, God given ability. The five attributes are: power, endurance, speed, strength and agility.

The first component that makes an athlete better is power.

Power is the combination of strength and speed. It is the movement of a person’s body with force. Power is the explosiveness that can make a difference between a pop fly to center field and a homer that leaves the park. Power can make the difference between a lay up and a slam dunk. A few examples to test power are the vertical leap and the standing board jump.

A good way to test ones power is vertical leap is to first, chalk your right hand and stand with your right side touching a wall.

Reach up with your right hand and mark the highest point you can touch. Now chalk your hand again and stand next to the wall again. This time jump with both legs and extend your right arm to touch the wall. Jump two times and note the highest mark. Your vertical leap is the difference in inches between your standing reach and your top jump mark. A good jump is between 20-30 inches.

Some exercises that help an athlete obtain power are plyometric exercises. They are used to increase explosive power and athletic performance.

Examples of plyometric exercises are box jumps, plyo lunges, side to side leaps, back and forth leaps and frog leaps. Frog leaps is when you stand on one end of a court or field and jump in a standing board jump position and leap, landing on both feet and continuing this between 20 and 40 yards. Make sure you do not perform these exercise when you are fatigued nor on consecutive days.

Another important attribute an athlete can have is endurance.

Endurance is the ability to sustain a prolonged stressful effort or activity. It is a fact that an athlete can be big, strong and fast but without the ability to be in better physical condition you’re your opponent he or she can contribute to their own defeat or even injury

It is also a fact that endurance can be a factor and give the athlete an edge in every sport. The ability to outlast your opponent ensures you’ll outperform them when you need that little extra boost, whether you’re outrunning someone to the finish line, swimming the final lap or need that “take down” at the end of a wrestling match.

Here are a few tests that can gauge an athlete’s endurance. One is the two mile run. All you need is a track or course and a stopwatch. A good score would be to run it between 14-16 minutes. Another test of endurance is the 300 yard shuttle run. This is a good one for measuring the type of endurance that’s required for most sports.

Set up two cones 25 yards apart. Sprint from one to the other, then back again. That’s one repetition. Do six continuous repetitions, for a total of 300 yards, as fast as you can. Then rest for one minute and repeat. The slower of your two times is your score. A good time to do it in is between 60-70 seconds.

To build endurance for competition is to simulate the sport or event but do it for a long period of time or with less rest. It’s a theory that when a boxer is going to fight a twelve round match he or she must train 36,000 minutes to be in the top physical shape. That’s 1,000 minutes for every one minute of competition.

Running long distances, standing in one position jumping rope, shadow boxing, sparring against another opponent, heavy and speed bag training and light weight training are some of the ways the time is distributed.

A great way to build endurance for distance is interval training. This is when an athlete is beginning their training regiment and wants to build stamina.

Begin by setting a goal, for example three miles. Try to run as long as you can with out stopping. Say the furthest you can go is one mile and it took 10 minutes. Walk for half the amount of time and begin running again. Repeat if needed until the three miles is complete. Time yourself once you have finished the course. Repeat this three times a week until you have reached your optimal goal.

Another example, which is very difficult, is jumping rope. Get a timer and set it for 30 seconds. Begin jumping rope the entire 30 seconds and rest for 30 seconds. Repeat two more times. Every week try to increase 30 seconds every week. Five minutes of jumping rope at 80 repetitions per minute is equal to a half hour of running.

Another type of attribute is speed. Speed is the act of moving swiftly

and being able to accelerate. It is the type of athleticism that can make a difference by just tenths of a second. It can be a great equalizer to those that do not possess the other strong attributes. Speed can be measured in two ways. The first being how fast you can get from point A to point B, this is called straight ahead speed.

The second is how fast you can accelerate and decelerate, that is going from standing still to your top speed, and vice versa. Every tenth of a second matters so even small improvements can make a major impact on your performance.

Straight ahead speed can be measured in numerous ways but the most popular most often used is the 40 yard dash. It is used from pee wee football all the way to the NFL combine. It is one of the best measurements of speed and acceleration. It begins with the athlete in a three or four point stance and his partner or coach standing 40 yards from them.

Make sure you are as accurate as possible measuring the distance, remember you don’t want to walk around saying that you can run the 40 in 4.5 seconds but your really running 35 yards. Instruct your timer to start the clock as soon as you move. The clock stops when any part of your chest crosses the finish line.

An effective exercise to improve speed is the ball-drop drill. The ball-drop drill developed by football coach Tom Shaw and enhances your speed performance. On a solid surface have a friend or a partner hold a tennis ball at eye level standing approximately five yards. While in a three point stance, your partner will drop the ball. Your objective is to sprint towards the ball and catch it before it bounces again. Have your friend add a yard of distance until you can’t catch the ball.

Another way to increase speed is to strengthen muscle in the abs. A certain sit-up routine will help your speed.

This exercise requires you to lie flat on your back and have your legs elevated at 45 degrees with the heels of your feet resting on the wall. Your arms will be extended above your head. From this position lift your upper torso with arms extended until you touch your toes. Move to your right and with both hands touch the floor than move to your left and touch the floor with both hands.

All these motions equal one repetition. For 30 seconds do as many as you can. Rest for 30 or 60 seconds, and then repeat. When you start to do fewer reps only then you are finished. Try this workout two to three times a week.

The next component is agility. Agility is the ability to be able to move quickly and fluidly in any direction. In every sport, an athlete needs to have the ability to not only have quick reactions and control of one’s body but to be able to do it in the flow of the sport.

A good measurement of this skill is the shuttle run. This is when you set up two cones 15 feet apart. As your being timed, you start at one cone and run to the other cone. You run back and forth two times. Make sure you finish where you start. A good time for this is between 15 and 20 seconds.

The shadow drill is a great exercise for agility. This exercise requires you to mimic a friend or a partner.

Facing your partner about 15 feet apart you’ll follow his or her lead. Your friend will start the exercise by running forward and then running backwards. Then your partner will run side to side in any order. Do this for 15 seconds. After you complete the exercise, rest for 45 seconds and then start over again. Do a total of six sets.

The final component is strength. Strength is having physical power and is dependent on ability to activate the muscle. It’s the immovable force in a specified area. Size does help but is not even close to the determining factor of this important asset.

Whether it’s posting up in the paint or having the strength to get them out of the paint, its strength that gives the athlete the ability to overtake their opponent physically. Learn to tap the full capacity of your muscles to become a dominant force in any sport.

Here are a few workouts that can be beneficial to gaining strength. The best known and most used are to lift weights. This gives an athlete the opportunity to gain strength through out their whole body. They can make their arms, legs, shoulders, chest and back into a powerful machine that can become in immovable force. Starting a weight regiment can be confusing at first and an athlete should take the time to learn from a coach or a personal trainer to prevent injury and maximum potential.

According to a recent survey of professional strength coaches, a way to measure total body strength is the squat-one-repetition-max squat. To do this squat as much weight as you can for at least six times—but make sure you have a couple of spotters. When you squat make sure your thighs are parallel to the floor.

These components will make any athlete better no matter what sport you play. Make sure to consult a doctor before partaking in any rigorous training programs. Remember, train hard, positive and smart so that results are sure to follow. Remember most of all to have fun.

Open Youth Basketball League

By Tony Heard

HOLLYWOOD — The youth basketball program at the Seminole Recreation department has been growing the past few years. Many different age groups are taking a true interest in learning the game and playing with passion.

Coach Carlos Adamson is the man who is doing the wonderful job teaching our tribal youth this wonderful sport. From practices, to scheduling individual workouts, to traveling out of town to a tournament, coach is always trying to keep the kids playing.

The latest organized activity that is an open youth basketball league. The adults recently finished their league so now it is time for the youth to step on the court.

The first games were played on April 24, and the participation was high. The main goal to have the league open was so our Seminole youth could compete against and with outside competition to improve and bring more youth to the gym.

The age groups are: five to eight, nine to 11, 12–14, and 15–17. Breaking down the ages in this format seemed to be the best way to make the league competitive, and most importantly fun.

The youngest group, ages 5–8, has the largest number of kids with 55 youth athletes who come ready to play their little hearts out. At this age the object is to let them experience the game and not focus so much on winning and losing. Although they are the youngest group and are just learning the game well, they certainly seem to be having the most fun when they are out on the court.

Laughing and having a good time is all spectators hear when coming to watch this group of kids play, outside of

the cheering, yelling, and clapping from the parents and family members enjoying the action.

The next largest group is the 12–14 year old bunch, with 46 players. They understand the game better, so they compete to win more than the younger group. But the kids still enjoy it and gave a good time while competing.

The 9–11 age group is next in attendance with 43 ballers that love the game and devote their time to being a part of this league. This age group is a difficult one, because around this age some children are developing faster than others. But despite

ing all the kids come out and play, and not sit around all day doing nothing or running the streets.

This league is also meant to encourage family and community participation. Family attendance has been pretty good and a few community members who don’t have kids playing have also stopped by the gym to check out the upcoming talent.

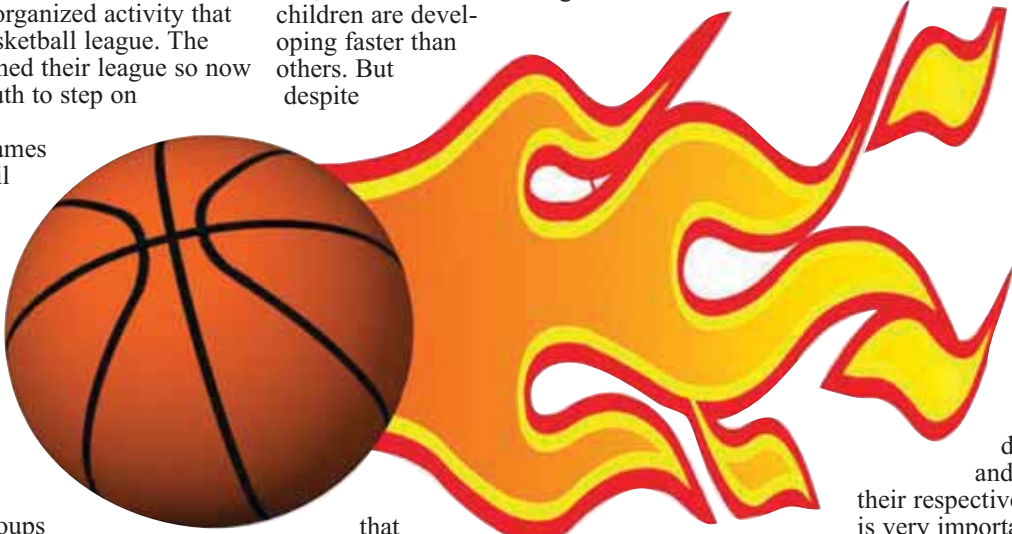
The coaches are made up of recreation staff and parents who decided to lend a helping hand.

Six to be exact, Carlos Adamson, Kenny Bayon, Jose Herrera, Jason Cypress, Marl Osceola, and Deputy Chief Will Latchford. This group of individuals is offering a service of guidance and encouragement to each team they coach. Each person has their own coaching style, but with children willing to learn and mesh together with their respective teams they are on is very important.

The league not only has competitive games, fun, and support from parents and community. Plan on making your way to the gym to watch a few games, they play on Mondays, and Tuesdays starting around 6:30 p.m. There is music played at the game, and during breaks in the action.

What’s a community event without food? Food is available for all. Hopefully more adults will go and support our youth before the league comes to a close.

The last games will be played on June 27. Don’t be one of the people who missed out on experiencing the joy of kids having a great time doing what they love to do... playing basketball.



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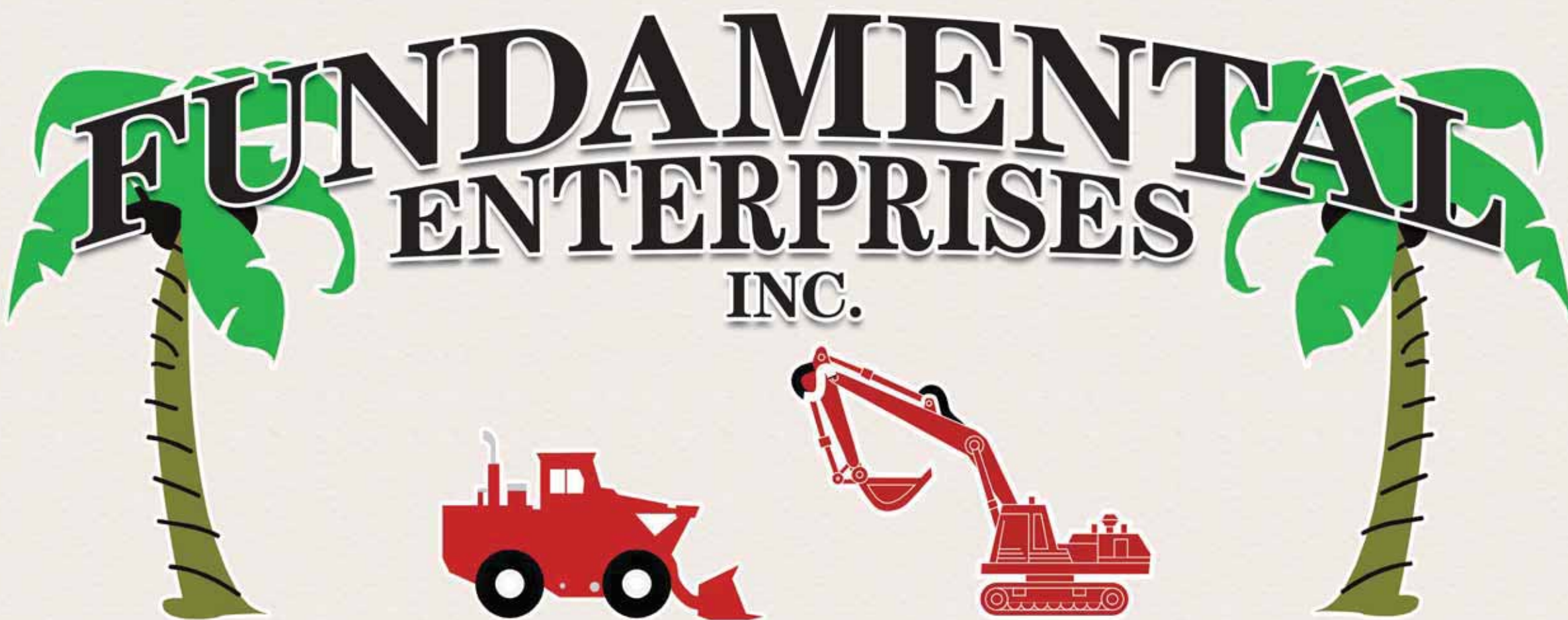
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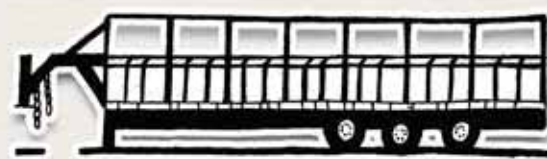
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Tribal Athletes Gear Up for NAIG Summer Games

By Kenny Bayon
The Seminole Tribe will participate in North American Indigenous Games, or NAIG, this summer in Denver, Colo. NAIG better known as “The Games” is a large scale multi-sport and cultural celebration offering competition in 16 sports ranging from the ages of 12 years old all the way up to a masters division for the 50 and older competitors.
The Games are being held July 2–July 9. The 2006 Games are being hosted and managed by the Colorado

Indigenous Games Society (CIGS). The Seminole Tribe is being led by Joel Frank Sr. who is the Chef de Mission for Team Florida. The Chef de Mission is the primary coordinator for each state and or providence. By now all applications are in as individuals and teams are beginning to prepare for the event.
The following sports will be taking place during this event. archery, athletics (track & field), badminton, basketball, baseball, boxing, canoeing, field lacrosse, golf, softball, rifle shooting, swimming,

Tae Kwon Do, wrestling and volleyball.
The Games will follow an Olympic-style format. It will begin with an opening ceremony and conclude with a closing ceremony which is to be held at Invesco Field in Denver. Throughout the city of Denver, there will be sports competitions going on at identified venues. The Games also features a cultural village open during scheduled times and is the perfect backdrop of sport, culture, music, food and entertainment.
The first NAIG were held in

Edmonton, Alberta, Canada in 1990. Since its inception, there have been a total of five games. The most recent games were held in Winnipeg and included almost 10,000 athletes, coaches and staff representing 27 teams from 15 states and 12 provinces and territories. Team Florida garnered four medals among them being a bronze by the youth baseball team, a bronze by Tyrell Osceola in wrestling and gold medal by Keith Mitchell Simmons in wrestling.
The average weather in Denver during the games in July is usually hot and

dry with cooler night. There may be a chance of thunderstorms, so be prepared. In addition, the Denver medical personnel recommends beginning the hydration process a few days before you arrive because of the heat and high altitude, in addition to drinking plenty of fluids during the event. Remember, Denver is called mile high for a reason as its elevation is 5,280 feet above sea level.

EVENTS	Saturday (7/1)	Sunday (7/2)	Monday (7/3)	Tuesday (7/4)	Wednesday (7/5)	Thursday (7/6)	Friday (7/7)	Saturday (7/8)
Sports Competition								
Archery			Practice Day	DAY 1	FINALS			
Athletics- Cross Country		Practice Day	FINALS					
Athletics -Track & Field			Practice Day	Practice Day	DAY 1	DAY 2	FINALS	
Badminton				Practice Day	DAY 1	Finals		
Baseball			DAY 1	DAY 2	DAY 3	DAY 4	FINALS	
Basketball		Practice Day	DAY 1	DAY 2	DAY 3	DAY 4	FINALS	
Boxing				Practice Day	DAY 1	DAY 2	FINALS	
Canoeing					DAY 1	DAY 2	FINALS	
Golf			Practice Day	Practice Day	DAY 1	DAY 2	FINALS	
Lacrosse			Practice Day	DAY 1	DAY 2	FINALS		
Rifle Shooting			Practice Day	DAY 1	FINALS			
Softball		Practice Day	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	FINALS
Soccer			DAY 1	DAY 2	DAY 3	DAY 4	FINALS	
Swimming			Practice Day	Practice Day	DAY 1	FINALS		
Tae Kwon Do			Practice Day	Practice Day	DAY 1	DAY 2	FINALS	
Wrestling			Practice Day	Practice Day	DAY 1	DAY 2	FINALS	
Volleyball			DAY 1	DAY 2	DAY 3	DAY 4	FINALS	
Ceremonies								
Opening Ceremonies		Programing 5 - 8pm						
Closing Ceremonies								2:00-5:00pm
Cultural Village								
Traditional Music								
Contemporary Music								
Children's Program								
Elder's Program								
NAIG Team Culture								
Hip Hop Night								
Culture Demo								
Sports Demo								
Film Festival								
Comedy Night								

Vendor Booths								
Galleria					10:00-10:00pm	10:00-10:00pm	10:00-10:00pm	10:00-5:00pm
Pow-wow			5:00pm	6:00pm				
Auxiliary Events								
Pow-wow				6:00pm	6:00pm	6:00pm		
Education Symposium	9:00am-3:00pm							
Theme Parks								
Six Flags @ Elitch Gardens				10:00-10:00pm (\$25.00)				
Water World	10:00-6:00pm (\$14)#	10:00-6:00pm (\$14)#	10:00-6:00pm (\$14)#	10:00-6:00pm (\$14)#	10:00-6:00pm (\$14)#	10:00-6:00pm (\$14)#	10:00-6:00pm (\$14)#	
Pro Teams - N - Denver								
Denver Outlaws - Lacrosse Game	7:30pm (\$5.00)							
Colorado Rapids - Soccer Game				10:00pm(Price TBD)				
Colorado Rockies - Baseball Game			6:05pm (\$11 and \$20)#	6:05pm (\$11 and \$20)#	7:05pm (\$10and \$17)#		7:05pm (\$11and \$20)#	
Fireworks								
Denver Outlaws Lacrosse Game	9:45pm(free w/game)							
Colorado Rockies Baseball Game			After game (free w/game)	After game (free w/game)				
Colorado Rapids Soccer Game				10:00pm (free w/game)				
*# indicates discounted rate for any day of the week								

Two Seminoles Start in the Broward All Star Football Game

By Kenny Bayon
PLANTATION, FL — High school seniors David Anderson and Casey McCall started against each other in the Broward County small school All Star game. The game was held at American Heritage High School in Plantation, Fla.
David started for the north team at right offensive tackle and Casey started for the South at left defensive tackle.
At one point in the second half, David and Casey actually lined up against each other which made for a historic site as both Tribal citizens smashed each other like a couple of battering rams as neither gained advantage of the other. The stalemate was a true testament of each athletes desire to out do the other.
David, the six-foot-two, 315 pound, offensive tackle from American Heritage was the starter for the north team. This was nothing new for the two year starter who helped pave the way for his teammates to end the season with a 7-2 record and along the way and a number two in the state ranking. There offensive stats were mind boggling as they led all 1a-3a schools in rushing with 2,319 yards and was third in the county in total offense with 329.6 yards a game.
They average 26.5 points a game. David received Honorable Mention All-County for his stellar year. This was a comeback for the massive lineman who had his eleventh grade year halted by injuries. Davis is so popular at school that he was named prom king this past spring.
“I first heard the news from a few of my teammates and I thought I was a joke,” he said. “That was until coach pulled aside told me it was a reality. I was so happy and glad at the fact that all the hard work I put into the season didn’t go unnoticed.”
“I want to thank my mother and father for showing up for every game and always supporting me and I would like to thank Hollywood Recreation for always having sports around to keep me busy,” he concluded.
Casey, the six-foot, 300 pound, senior started both ways at Sheridan Hills, playing both offensive and defensive tackle. Even though Casey played very well

for a team that didn’t get a win, there has to be consideration that this was Casey’s first year playing organized football and it was only the high school’s second year of even having football.
That is very tough knowing that Broward County is regarded as one of the best regions in the country when it comes to scholastic gridiron. Casey’s started on the South All Star team which had players on there roster that were being recruited by Division 1 schools and even had players from the 2A state champions Hollywood Chaminade High School.
Casey wanted to thank his mother for being such a great supporter and always being at his games. This young man has such a great personality that he was named Homecoming King for his school, always showed a positive attitude no matter how his team did.
“I wanted a chance to show what I could do,” said Casey, who finished with three solo tackles. “My senior year my team didn’t win a game and it feels great to win one.” as he said it with his big smile.
After his South squad defeated the North 19-7. After the game, Casey and David posed for pictures and joked around about the game. They teased each other bout their one on one confrontation, each thinking they had the upper hand against the other. They shook each others hand and wish each other well.
“It’s great to have two Tribal members in this game,” David said. “It shows that the Tribal, even as small as it is produces really good athletes. Next year we will have another in this game and hopefully many more to come. In a few years, I hope to come back here and watch my brother Garret play in this game.”
These remarkable young athletes represent the Seminole Tribe with dignity and respect and look out for these two youngsters as their futures are bright. Given how popular they are with class mates and how loyal they are to teammates, it’s just a matter of time before they accomplish other magnificent feats.

By Kenny Bayon
HOLLYWOOD — The year 2006 will be remembered as a first in history for the Seminole Tribe girl’s basketball program as the Lady Seminole’s captured the Native American Youth Organization, or NAYO, championship since the inception of the organization.
The girls were undefeated though out the tournament. The Lady Seminole team roster consisted of: Krystle Young, Meaghan Osceola, Ariah Osceola, Chelsea Mountain, Brianna Harjochee, Whitney Osceola, Audrey Osceola, Lorri Osceola, Kendra Osceola, Katie Tiger along with Coach Tony Heard.
The tournament was played throughout Hollywood, with the championships being held at Hollywood Seminole Gym. The tournament was played on April 13-15.
Versus Stunners
The first quarter began with Krystle Young driving the lane for a lay-up that was followed by Brianna Harjochee turn around jumper. The Lady Seminoles were down 14-6 to end the first quarter.
The second quarter featured an Ariah Osceola’s 13 foot off balanced bank shot, Meaghan Osceola’s three pointer, Katie Tiger and Krystle Young made a few put backs off of offensive rebounds and capped by a Lorri Osceola lay up with two seconds left to end the half, 24-19.
The third quarter began with a Chelsea Mountain steal and then a foul. She made both free throws. It was a sign to come as the Lady Seminoles made a furious comeback led by their swarming defense which caused numerous turnovers which led to fast break points.
Baskets by Brianna, Chelsea and two free throws from Meaghan with forty seconds left in the third and a scrappy rebound by Whitney led to Chelsea lay up and take their first lead of the game. A steal by Chelsea led to a lay up by Ariah to go up 34-30 to end the third.
A driving lay up by Krystle, a lefty hook by Meaghan, a jumper by Whitney and free throws by Lorri sealed the 45-34 win as the Lady Seminoles marched on to the next round.
Versus Native Hoops
From the start, the Lady Seminoles meant business as the tip was won by Krystle, who passed to Meaghan for a lay-up three seconds into the game. A

12 foot jumper and a lay-up by Meaghan helped go out to a 7-4 lead but, Native Hoops shots began to drop and ended the quarter with a 9-7 lead.
The second quarter saw Meaghan hit a 10 foot jumper and Chelsea hit a three pointer but it was not enough as Native Hoops took a 16-14 lead at the half.
The third began with Chelsea hitting a three pointer and Ariah hit two jumpers that helped tie the game at 22 with one minute left. The forth quarter began with an Ariah jump shot but it was the next play that sealed the win. Krystle stole the ball and drove the length of the court and made a spinning lay-up around three defenders and was fouled.
A Katie bank shot extended the lead 29-22. After Native Hoops cut the deficit to three points it was the free throws by Lorri, Katie, and Ariah that sealed the 32-26 win and a spot in the semifinals.
Semifinals versus E.B.C.I. (Eastern Band of Cherokee Indians)
This semifinal match up of two undefeated teams as the Lady Seminoles played E.B.C.I., the Eastern Band of Cherokee Indians. Krystle Young started the scoring by hitting one of two free throws and that was followed by a 19 foot jump shot by Ariah Osceola. Brianna Harjochee drained a 10 foot baseline jumper to help the Lady Seminoles go into the second quarter tied at seven.
The second quarter began with Krystle stealing the ball and driving it all the way to the basket for a bucket, then Chelsea Mountain made a three point basket but the Lady Seminoles were down at the halftime, 15-13.
The second half started with a steal by Krystle that led to a fast break as she passed it to Meaghan who in turn passed it to Brianna to tie the game. That’s all the momentum the lady Seminoles needed as the defense was as furious as it has been all tournament long.
Chelsea gave the Seminoles the lead as she drained a three pointer followed by a three pointer from the corner by Brianna. Krystle made a jumper from the free throw line followed by a lay up by Ariah with a pass from Krystle. Meaghan Osceola scored six points in a row to help the Seminoles go up by 14 points. Katie Tiger made two free throws to finish the third quarter with a 34-17 lead.

Ariah hit a lay up high off the glass to begin the scoring in the forth. A driving lay up by Meaghan extended the Seminoles lead to 20 points. A driving lay up by Ariah and tough defense by Whitney Osceola, Audrey Osceola, Lorri Osceola and Kendra Osceola helped the Lady Seminoles win by a score of 46-21 and put them in the final game with a chance to make history.
The Championship Game
The undefeated Lady Seminoles was to play a rematch against E.B.C.I. who came all the way back from the loser’s bracket to make it to the championship game. The first few minutes were scoreless as both teams playing tough defense. Brianna Harjochee scored the first basket of the game as she drained a three pointer. Ariah made a five foot floater in the paint and Krystle Young made one free throw as the Seminoles were down in the first quarter by score of 8-6.
Chelsea Mountain made a driving lay up followed by another three pointer basket from Brianna. Chelsea then posted up her opponent and scored in the paint to help the Seminoles retake the lead and go into the half up 13-10.
The third period began with Meaghan driving to the basket to score on a floater. Then there were consecutive plays where Krystle passed the ball by drawing the defense to her and dishing off to Chelsea for baskets. This helped the Seminoles push the lead to 8 to end the third quarter.
The fourth quarter was all that was standing between these Lady Seminoles and history. Ariah made a 15 foot jumper shot to start the Seminole scoring. E.B.C.I. was not to give up so easily as they pulled within 4 points with three minutes left. Brianna broke the drought as she hit a three pointer from the corner to take a 27-22 lead.
Again the team from North Carolina would not give in as they pulled within three points with one minute left. Ariah made one out of two free throws to go up by four points. The signature swarming defense by the Lady Seminoles forced a missed basket. Brianna made two free throws to ice the game and make history being the first girls team from the Seminole tribe to win the prestigious NAYO basketball tournament.

Seminole Sports Festival Preview



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Lakeport Branch

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Lakeport, Florida 33471
(863) 946-0120

Artist

Continued from page 1

Both women are fans of Jimmie Osceola's work. One day he walked into the antique store looking for frames for some of his drawings. He came back again and again just to visit.

C.J. said Jimmie is her "Seminole wind." She said the day he walked in the door a wind blew in the door and it touched her life. Osceola answered her questions about the Seminole culture and she appreciated his ability to tell witty and wise stories and legends.

Pretty soon northerners and locals would come to listen to Osceola talk. He would talk about his years as an alligator wrestler, cowboy and professional rodeo rider, and his life as a cattleman, growing up at Brighton and attending schools in Okeechobee where he played football.

"He has the sweetest demure in the world. I heard Creek for the first time in my life. He has such a loving spirit and before you know it an hour would go by," said Rodriguez.

Now Osceola has two cowhide rocking chairs set up just for him and his brother at the antique store. The two men sit in the chairs and amuse, entertain and regale the people who want to learn about Seminoles. Jimmie has become a celebrity.

"This celebration is a love story for Jimmie Osceola from Okeechobee," said Rodriguez. "My mother told me someone will come into your life someday that you will never forget. That's Jimmie. I listened to his stories like a child."

What does Osceola say about all this sudden fame?

"It's something I have never faced before," he said. "To me I haven't done much to be given so much



(L-R) Andrew Lloyd Friedman, Joe Dan Osceola, Jimmie Osceola and Andy Bowers.

attention."

During the celebration it became apparent that Osceola has been and continues to be a goodwill ambassador for the Tribe. He has touched people's hearts as he shared his stories and it has had a ripple effect.

Osceola has never really promoted himself as an artist. He started drawing as a young boy. Most of his work he gave away to friends; some he sold and some he kept. Osceola no longer draws in India ink after a stroke. His work is superior but it took him this long to really get the recognition as an artist that he deserves.

At the celebration it was interesting to find out that Osceola was the young artist who painted the original Brahma bull on the wall of the old Okeechobee Gymnasium. Fellow classmates of the Class of 1959 showed up on Saturday including Tribal citizens, Edna McDuffie and Geneva Shore. There were Seminole vendors including Joyce Jumper Piz and her husband, Orlando, as well as booths by Shula Jones and Joe Dan Osceola.

On the stage were Brighton Council Representative Andy Bowers, Chairman Mitchell Cypress, Board President Moses Osceola as well as the Okeechobee City officials.

Williams said that the mission of Okeechobee Main Street, Inc. is to recognize and support the values, heritage and tradition of the city.

"Jimmie is someone who is willing to share Seminole culture with everyone," she said. "This is a special day for Jimmie Osceola whom we have come to love"

President Moses Osceola spoke to the audience.

"This is an honor not just for Jimmy but also the entire Seminole family," he said.

He talked about Jimmie's successes as an ath-



Jimmie Osceola at the Dust Collector.

Susan Ettebarria

lete and commented about all the other past and present Okeechobee High School athletes that came from Brighton.

Representative Bowers said now that Osceola's talent has been discovered it would be a good time to buy his work while there is a chance to do so.

"I could see he had a lot of talent that could go unmatched but he's a humble person," Bowers said.

Chairman Cypress said: "You think Jimmie is just an ordinary man but he has quite a talent. There's a lot of talent in the Tribe but it is hidden."

Joe Dan Osceola thanked all those who worked so hard to organize the event, including Williams who he presented with a medallion inscribed with the logo of the Seminole Tribe.

"The Okeechobee City limits are 25 miles away from the reservation," he said. "We have always been pleased with Okeechobee and we got to go to school here. We skipped a couple of counties to do that."

Rodriguez said on stage: "We call him the big oak tree. People come and sit around him like they are under a spell."

Jimmie Osceola said: "I want to thank you for this honor. It the best honor I have ever had."

Among those who contributed time or support to the Jimmie Scott Osceola Day were Absolute Art Gallery, the Dust Collector, Waste Management, Dwight Hatfield Manufacturing, Shelby Dunson, Okeechobee City Council, Okeechobee County Commission, Bandit Trucking, graphic artist Nick Badger, Okeechobee Main Street's vice-president, Paul Mitchell and members. Since the



Jimmie Osceola shows his work beneath the chickee.

Susan Ettebarria

celebration Lydia Williams has reported that lots of people have been asking her to create more opportunities for the Okeechobee residents and general public to learn about the Seminole Tribe and honor the Seminole culture. She said plans are already in the works for more such festivities and celebrations.



Susan Ettebarria

Class of 1959: (L-R, Front Row) Mary (Stevens) Clay, Jimmie Osceola, Geneva Shore, (L-R, Second row) Edna McDuffie, Lonnie (Stevens) Clay and Floy Nell Lowe.

Charlie ‘Brown’ Takes A Wife

Osceola, Dodd Wed

By Iretta Tiger
HOLLYWOOD — On May 20, in a beautiful, elegant ceremony Charlie “Brown” Tiger III married Rachel Ann Dodd. The wedding took place at the Seminole Hard Rock Hotel & Casino. The Hard Rock staff did an excellent job in turning one of its ball-rooms into an intimate oasis for the ceremony.

Included in wedding party were Brown’s sisters, nephews and nieces, Dodd’s three children and the couple’s two dogs Bam Bam and Bambi. In a wonderfully unique twist the dogs were an engagement present from Brown to Dodd in lieu of the standard engagement ring.

The colors of the wedding were black and white. Dodd looked stunning as she walked down the aisle in a sleeveless ivory gown with black lace trim.

True to their unique spirits the couple’s beautiful ceremony was independent of religion.

Following the ceremony guests were treated to a cocktails and hors d’oeuvres while the wedding party posed for photographs. From cocktails guests moved into the main ballroom for the reception.

The couple was thoughtful of all their guests. They set up a candy table for the younger guests but everyone enjoyed the treats.

Dodd was a very hands on bride and oversaw all the wedding details. She even created the center-pieces for the reception.

To everyone’s delight dinner was a lavish Italian buffet. The wedding cake was a gorgeous black fondant with white scrollwork creation. It was as delicious as it was beautiful. The groom’s cake was actually two tiers of Twinkies® and Hostess® cupcakes—don’t ask.

There was a third cake which was a birthday cake for Dodd’s son Dakota. May 20th was also Dakota’s birthday. The couple thanked Dakota for sharing his special day.

Everyone had a fun time as they danced the



The bride and groom share a dance.

Iretta Tiger

night away. In fact almost everyone stayed on the dance floor the whole evening.

Congratulations Brown and Rachel! Best wishes for a long, happy and prosperous marriage. Blessed Be.

Happy birthday baby bear! We love you.

Happy Birthday

Wishing my ladies, **Steph & Brie**, a **happy birthday** on your special day.

I love you,

Tawan

Happy 4th birthday to our munchkin! We are proud of you. Hope your day is filled with fun and all of your wishes come true.

We love you,

Mommie & Papi



Happy birthday to **Monsunta (Samuel Christopher Hunter II)**. I love you and I am very proud of you. You will accomplish a lot in life. You stay strong and lean on God always.

Love your mommy,
Aranita Tiger

Happy first birthday **Layla Kealynn Petrillo**. Baby girl you are getting so big.

Love,
Mommy, Daddy, big sis Makayla, and the rest of the Petrillo family and Nana and Papa



Happy birthday to our wonderful secretary **Sherry Maraj** (center) from the Communications department. We love you, even though you’re never at your desk!

New Kid

May I have your attention please? I would like to introduce **Wesley Clinton**, born on Saturday May 27 at 8:26 a.m., weighing in at 9 pounds., 10 ounces and measuring 20 inches.

I am his big sister Jewel Alice, our mom is Valerie M. Frank and Pop Pop is Collin Shaw, Grandmas & Grandpas are: Virginia Mitchell, Marilyn Shaw, Eddie Mitchell, Michael Frank and Henry Shaw; Uncles: Vinson Osceola, Jesse Mitchell; Brothers: Dominic & Christopher; Cousins: Victor & Shelli Osceola, Myra & kids, Frank families, Mitchell family and Barnards.



Congratulations

Congratulations to the **four and five year old grads from the Hollywood Seminole Preschool**. Have fun in the many school years to come.



Congratulations graduate! **Jada Sky Holdiness**, 5, we are so proud of you, we have seen you grow through the years and we love you so much. You have made us so proud. You are the best baby!

Love,
Mommy (Ada Campos), Lilo, Broder, Nana, Ariel and Mantha



Congratulations on your engagement and marriage **Rachel and Brown Tiger**. I wish you the best of luck and many happy years.

Love,
Jason Dodd



Momma is very proud of you, **Jovan Jenkins II**. You are going to big boy school. You will be in Harvard soon.

Love your mommy,
Danielle Sharp

Grandma’s Harvard baby is now going to big boy school. I am proud of you, **Jovan**.

Love you,
Grandma (Aranita Tiger)

Congratulations are in order for **Casey Dean McCall**, who just graduated from high school at Sheridan Hills Christian School in Hollywood, Fla.

The ceremony took place on May 26 in the school’s Worship Center.

Love always,
Mom (Wanda Bowers)



2006–2007 Seminole Princess Pageant Announcement

Christine McCall, the reigning Miss Florida Seminole and Jennifer Chalfant, Jr. Miss Florida Seminole are patiently waiting to crown the next 2006-2007 Miss Florida Seminole and Jr. Miss Florida Seminole.

This year’s Seminole Princess Pageant will be held after a community dinner at 5 p.m. at the Hollywood Administrative Building in the auditorium. The crowning will take place on Saturday night, July 29 at 7 p.m. Please make plans to attend.

All young Seminole ladies between the ages of 18 and 25 are encouraged to compete for the title of Miss Florida Seminole and Jr. Miss Florida Seminole Princess between the ages of 12 to 17 years old.

Applications are available now. You may pick them up from: Wanda Bowers, Hollywood Tribal Office, Salina Dorgan, Brighton Youth Center and/or Alice Billie, Big Cypress Family Investment Building

The qualifications to run for the title of Miss

Florida Seminole and/or Jr. Miss. Florida Seminole are: 1. Turn in an essay of at least 100 words on “If you could change or add a program in the Tribe what would it be and how would you go about doing it?”

2. You must have a 2.0 GPA
3. A completed Miss Florida Seminole Princess application
4. Three 1/2 X two 1/2 to three 1/2 X five inch picture of the applicant
5. Traditional Seminole talent
6. Drug test

Attire:

Short Seminole skirt to wear at banquet dinner for Thursday night, July 27. Dress up or semi-formal wear at Banquet Dinner on Friday night, July 28

Office attire for the personal interviews to be held on

Saturday morning, July 29
At least one long Seminole skirt with either a short or long cape.

If you have additional Seminole clothing to change into during the pageant night you may, if time allows

You may call Wanda Bowers (954) 966-6300, Ext. 1468 with any questions you may have.



Charlie ‘Brown’ Takes A Wife

Osceola, Dodd Wed

By Iretta Tiger
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Love always,
Mom (Wanda Bowers)



In Memoriam

In loving memory of a wonderful husband, father, grandfather, great grandfather, brother, uncle and friend, **John Billie Sr.**

You are and you will always be the greatest person that anyone will ever know. You were a very loving, caring, and hard working devoted person. Though seldom said we all knew you loved us and we loved you. We always showed each other how much we loved and cared about each other by being there for one another. The most important thing you and mom always taught us is that no matter what life puts in our path we have each other to get us through. We were very fortunate to have you in our lives.

You will be remembered for many things you have said and done. You were always willing to lend a helping hand to your family, friends, and your community, never once asking for anything in return. You were always on the go working but yet you always made time to spend with us.

You were always in good spirits, you could make us laugh even during bad situations. You turned negative attitude to positive and made us see things differently. We have a lot of good memories together, something no one can ever take away from us. You will always be in our hearts and minds. We love you and miss you very much.

Love always,
Your wife, children, grandchildren, and great grandchildren



John Billie Sr.
*February 5, 1939 –
March 24, 2006*

We, the family of John Billie Sr., would like to take this opportunity to say thank you to all whose kind and comforting words that helped us during our loss.

Thank you to all the doctors and nurses at Memorial Regional that took care of him, Big Cypress medical staff, especially Cindy who was always there for us, the caregivers, Monica from Hope Hospice and Tribal officials. Also to all the ladies that prepared the food.

To our family and friends thank you for your support and prayer. Also a special thanks to Aunt Jenny and Jaunita for helping and guiding us through with all the things we needed to do. Thank you again to everyone, you are greatly appreciated.

Sincerely,
Louise Billie & Family

Poems

Your something I want,
My eyes open wide as you kill me inside
Like dark rain clouds you’re just as wet
Sun is hot and burns my skin
Could you be the secret sin?
As you steam in my hands
My motivation will lust over you
Like you cousin marijuana
You were born from the earth
You are an outcast
Not to be loved by some
Inside of me you warm me any and everything
Anger turns my words sour
though you lift me up the heavenly beat
Of my heart and rushing rage
of my blood calms as you whisper into my soul.
—**Phillip IRA Jimmie**

As I sit here I can only imagine
I have a lot of apologies for a lot of you
It is hot
My spirit feel like it just had its bath,
Rec officers blow their whistles letting us know yard is closed
My routine is done for the today
When I do actually sit my behind down I feel how a good day really feels
I never knew the wind spoke to me
How much of a blessing it is to breathe on my own
To walk on my own two feet
A heavenly spirit allowing me to do all that
A heavenly spirit letting me live
My heart and my spirit is flooded with so much pain
My body covered with dust of the earth
I want to cry but my spirit does it for me
So I tell myself in our language that I am alright
I sing to myself in our language
I don’t want that part of my spirit to die
I thank you little Grandma Annie Jimmie
I thank big Grandma Peggy Jimmie
Thank you heavenly spirit for saving my life
—**Phillip IRA Jimmie**



Marlin Billie

Many people attended the Okeechobee dedication, including Tribal officials, government dignitaries and many more.



Marlin Billie

(L-R) President Moses Osceola chats with Tribal Historic Preservation Officer Willard Steele.



Susan Etcebarria

Representative Machek congratulates Shawn Henderson for her hard work.



Marlin Billie

Brighton Council Representative Andrew Bowers speaks to the audience.

❖ Okeechobee

Continued from page 1

say enough, and I am so grateful, for the leadership of the Seminole Tribe in this effort."

In the audience were many true believers in the creation of the park. State officials, Okeechobee city and county officials, Tribal officials, economic developers, archaeologists, educators and historians came to celebrate this great victory.

From Betty Williamson, longtime president of the Okeechobee Historical Society to 9-year-old Skyler Burke of Brighton—all who shared this thrilling moment could feel something important was taking place.

"There aren't too many times in our lifetime we have the opportunity to participate in something that will live on forever," Watford said.

The leading elder of the historical society sees the opportunity to preserve the past; the young Seminole girl will have a sacred place for her and all the Seminole youth to point to with pride.

All seemed to share a feeling a miracle had taken place. According to Willard Steele, the Tribe's historic preservation officer, the public effort to locate and preserve the site of the Battle of Okeechobee started as far back as the 1930s and one of the notable people to bring public attention to the site was Billy Bowlegs of Brighton.

"What a great day it is today in Okeechobee," said Representative Richard Machek, whom Henderson thanked for the role he played in the preservation. "This started in 1837 and comes to closure today."

He added: "This 145 acre purchase here is just the beginning."

Henderson credited Representative Machek for convincing the state to approve the purchase of the land from the Rowland Foundation. For years many worried that the historic land would be sold for development and lost forever.

"Rep. Machek never wavered in his support," she told the audience. "We truly thank him for his commitment."

Henderson invited others to speak.

Okeechobee Mayor James Kirk, said: "I hope we will create something that will forever honor the Seminole Tribe and what happened here."

Chairman of the Seminole Tribe of Florida Mitchell Cypress told the audience: "This will be an educational place for our children. They will come here and they will learn how we got here and how the Seminoles became one and how we became citizens of the United States. Thank you for the wonderful job you have all done to make this happen."

President of the Seminole Tribe of Florida, Inc. Moses Osceola spoke in a solemn tone.

"There's a rich history here. All of Florida was once our home. We called it our homeland," he said. "Then he brought a round of laughter and applause when he jokingly said "Now we are one and I am glad we are.

Instead of fighting with guns we make our deals under the table."

Brighton Council Representative Andy Bowers said he remembered as a kid reading the monument on Highway 78 that memorializes the battle of Okeechobee and wishing he could explore the property. He said he was afraid he would get caught trespassing and arrested. Now the site will be accessible.

Bowers said he wanted to thank Okeechobee County, the Okeechobee City Council and the members of the Brighton community for all they have done to preserve the land.

"It was a true community effort" he said. "He said many of the former council representatives had lent their support to this project."

Brighton residents were recognized by Shawn Henderson for their special work creating several reenactments to draw attention to the need for preserving the site. They are members of the organization, Friends of the Okeechobee Battlefield, including Kevin and Sandra Osceola and Lorene Gopher.

Willard Steele told the audience that the park will be an economic and historic benefit to the county. He outlined the work done over the years to bring attention to the site and spoke of the findings that got the ball rolling 21 years ago by archeologist Bob Carr of the Archaeological and Historical Conservancy.

Because of Carr's work the site was registered as one of America's most endangered historical lands, a critical factor that led to the State's purchase. Steele brought large representations of historic maps and a letter written by Zachary Taylor himself that described the conditions of the battlefield that he had used to find the exact location.

Special thanks were also given to Gary Ritter of the South Florida Water Management District, the artist Guy LaBree, Mark Glisson of the U.S. Department of Environmental Protection, and Jack Williamson.

In closing, Henderson said: "I would like to offer special thanks to Rep.

Machek for calling this commemoration press conference, Chairman Mitchell Cypress and President

Moses Osceola for the great lunch we are going to partake in and also for the tents and tables,

Sheriff Paul May for assisting us with parking, [the South Florida Water Management District] for providing the drinks, Florida Department of

Corrections for the mowing and trimming, Councilman Watford and Gary Ritter for their assistance in coordinating this event."



Marlin Billie

(L-R) Chairman Mitchell Cypress, Moses "Big Shot" Jumper and guests.



Susan Etcebarria

(L-R) "Big Shot" Jumper, Willie Johns, Okeechobee City Council Member Lydia Williams, Stanlo Johns and President Moses Osceola at the Okeechobee Battlefield Press Conference.



Seminole preschoolers take advantage of the fun day rides.

Lila Osceola



Arissa Cypress and Anyah Cypress enjoy the day.

Lila Osceola



Steve Young, archery coach, demonstrates good archery techniques to Luke Baxley.

Lila Osceola



Hybiskus entertains the crowd.

Lila Osceola



Jesse Mitchell shows off his football throw.

Lila Osceola



The youngsters had a blast on this bungee ride.

Lila Osceola

Hollywood Reservation Family Fun Day

By Lila Osceola
HOLLYWOOD — Climb a rock wall...enjoy the day with family...attend a free concert by Hybiskus...take a stroll through the booths...watch the kids kick the soccer ball...participate in the foot ball throw...slide down the super slide...so much too do at the family fun day.
On May 18 the Osceola Field was covered with bounce houses, big slides, carnival rides, interactive booths, tents and kids, kids and more kids. This was the celebration of the kids' favorite time of the year and the parent's not so favorite time of the year—the end of another school year.
The Boys & Girls Club, SPD, Education, Family Services, Language & Culture, PAC, Preschool, Recreation and Health departments, Hollywood Board Representative Gloria Wilson and Hollywood Council Representative

Max B. Osceola Jr., sponsored the event for the community.
Interactive booths were set up for the youth to check out resources the Tribe has for them along with other booths for enjoyment and learning. All the sponsors provided an activity for the kids to participate in, as well as information hand outs to take home.
The day was set up for the Seminole Youth to learn while having fun and the Tribal community to come and fellowship. The Seminole youth band Hibiscus played, as spectators sat and enjoyed the music. Later in the evening dinner was provided.
Fun days do actually encompass such a large number of different events. Children thrive in loving families where they are taught, nurtured, and comforted. By spending time with our youth and stressing the importance of making the right choices, parents, guardians and other family members help them develop into confident, successful individuals.



Maurice Tyler III has fun on the spinning ride.

Lila Osceola



Climbing the rock wall is no easy task.

Lila Osceola



Kids participate in the soccer relays.

Lila Osceola

Hard Rock Celebrates Milestone Second Anniversary

By Felix DoBosz
HOLLYWOOD — People inside the casino lined-up to get a free piece of cake to celebrate the second anniversary of the grand opening of the beautiful Seminole Hard Rock Hotel & Casino on May 11.

Along with the cake was a chance to win part of a cash giveaway for those lucky few who were in the right place at the right time. The cake was pretty big almost four feet long in the shape of a hand peace sign.

On the chocolate cake was the Seminole Hard Rock emblem with the words “2nd Anniversary” lettered in delicate white icing. They say the cake weighed in at around 800 pounds and the ingredients used was 365 pounds of sugar, 200 pounds of butter, 100 pounds of flour, 20 pounds of icing, 15 pounds of chocolate garnish and 500 whole eggs.

Seminole Hard Rock President Michael Bloom made a brief speech to those gathered around the Aerosmith out-fits display area to celebrate this milestone event.

Bloom said: “I want to thank everyone for their hard work, and especially want to thank each and everyone of you the customers not for coming out today, but for coming out here for the last two years and enjoying our great product that we have here in Hollywood. We’re a 4-Diamond, 500 room hotel, with over 2,000 slot machines, 48 poker tables, and some

award winning restaurants, the fabulous Seminole Paradise with all their shops outside and restaurants, nightclubs. It’s really about two main groups of people, number one our customers, and number two our employees.”

Three beautiful young ladies from the Hard Rock Café waiting staff lead the crowd with a magnificent rendition of “Happy Birthday.” Everyone mostly watched the young singers perform this popular universal song with big hungry eyes on the scrumptious cake about to be sliced up. Everyone on the long line walked up to the front and got a piece of the special anniversary cake.

Hard Rock by the Numbers			
70,344,000	364,650		
sheets of toilet paper have been used	strips of bacon consumed		
351,540	1,152,000		
bottles or	sugar packets used		
5,624,640	1,141,784		
ounces of water have been consumed	ounces of milk consumed		
or sold	217,620		
1,172,400	ounces of in-hotel room shampoo used		
bottles of 12 ounce beer or	520,000		
14,068,800	trash bags used		
total ounces sold	In 2006, 84,058 concert goers have seen a show in the Hard Rock Live		
9,610,560			
sheets of paper towels have been used			

Luis Fonsi and La 5ª Estacion

Submitted by Alina Viera, Bitner Goodman PR
HOLLYWOOD — Latin artist Luis Fonsi is joined by Spanish Group La 5ª Estacion for a performance in Hard Rock Live at the Seminole Hard Rock Hotel & Casino on June 21 at 8 p.m.

Luis Fonsi debuted on Universal Latino in 1998 with *Comenzare*, which did well, peaking at number 27 on Billboard’s Top Latin Albums chart and spawning four hit singles: “Si Tu Quisieras,” “Perdóname,” “Dime Como,” and “Me Iré.”

His follow-up album, “Eterno,” released in 2000, did even better, peaking at number six on the Top Latin Albums chart and spawning another four hit singles, among them the chart-topping “Imagínate sin Ti.”

“Amor Secreto” topped the Latin album chart in 2002 and “Abrazar la Vida” came close in 2003, both of them carried by numerous hits.

His sixth album, “Paso a Paso,” was still a Latin pop excursion through and through, but in general, it featured guitars in the forefront rather than sweeping strings. It also explored different kinds of rhythms and arrangements, resulting in Fonsi’s most distinct and creative album to date.

La 5ª Estación formed in 2001, with band members, Natalia Jimenez, voice and harmonic, Pablo Dominguez, bass and guitar, and Angel Reyero, guitar, Gel Reyero, guitar, looked for a type of music that would reach everyone around world, and at the same time they wanted something different from what was known as Spanish music.

The group’s latest album, “Flores de Alquiler” was recorded entirely in Mexico and conceptually is also a homage to the country, because it contains portions of Mexican rhythms, moreover, the song “Mi Ciudad” is clearly an example of the fidelity and respect they have towards Mexico.

Tickets go on sale May 17 at noon and cost \$35, \$50 and \$65. All seats are reserved and available at the Hard Rock Live Box Office, open daily from noon until 7 p.m. Tickets purchased in-person at the box office will not incur a service charge.

Tickets also are available at all Ticketmaster outlets online at www.ticketmaster.com or charge by phone: Miami-Dade (305) 358-5885, Broward (954) 523-3309, and Palm Beach (561) 966-3309. Doors open one hour prior to show start time.



Haggard, Dylan Tour Amazes Hard Rock Audience

By Felix DoBosz
HOLLYWOOD — On May 11, the Seminole Hard Rock Hotel & Casino was proud to host the Merle Haggard & Bob Dylan show at the Hard Rock Live. Many prominent Seminole citizens came out to enjoy this nostalgic show with two legendary recording stars and song writers.

Merle “The Hag” Haggard was first, and looked more like one of the Blues Brothers than a country singer with his black fedora and dark round glasses. Emblazoned on his guitar strap across his shoulder was spelled out in black letters, M-E-R-L-E.

Although Merle Haggard wasted a great deal of his younger years in detention he was able to finally turn his life around for good, being inspired by the late great Johnny Cash. Cash performed for the inmates at San Quentin State Prison and wrote the famous Folsom Prison song in the late 1950s.

Haggard a few years later went up to Cash and said he was at the show when Cash performed at San Quentin. Cash replied I don’t recall you playing at all during that show. Merle told him that’s right; he didn’t perform because he was an inmate doing 15 years on a convicted burglary rap when he saw Cash sing to all the inmates. Haggard was in the audience and the said the show was a big hit and his inspiration.

Merle Haggard’s country songs have run through many twists from electric and jazzy to bluesy always an innovator with all his troubled life experiences wrapped up into some of the best written country songs ever.

He played such hits as “Workin Man Blues,” “That’s the Way Love Goes,”

“As Time Goes By” and the ever popular, “Okie From Muskogee.” His eight piece band, The Strangers, backed him up and played a tight set that was musically sat-



Felix DoBosz
Merle “The Hag” Haggard

fyng. His deep resonant voice was still smooth even after all these years, yet the strong comparison between Haggard and Willy Nelson’s smooth pipes was really unmistakable.

After Merle finished his set, it was time for the headliner. He was born Robert Allen Zimmerman, This legendary creative genius, and prolific artist, songwriter, actor and poet, came to later be known as Bob Dylan. He and his musicians, The Never Ending Tour Band, came out from the shadows to wild enthusiasm.

The stage set was simple yet ele-

gant with a draped curtain and no spot-lights or cameras allowed; just the basics for the greatest song writer ever in modern American show biz history.

Dylan was dressed in a dark antiquated military uniform with shiny buttons and a black gaucho hat. He played mostly keyboards and some harmonica masterfully during the 90-minute set which included one encore for the almost sold out show filled with middle aged fans.

Dylan’s music remains basically the same, maybe a little more upbeat but for one essential. However, the tunes had changed due to Dylan’s reinventive style of phrasing and delivery; as a vocalist he was eccentric. When he played the classic song “Positively 4th Street” it sounded fresh yet almost unrecognizable.

His voice was gravelly and rough at times and sounded different from his younger smoother recordings. Dylan’s words still continually burned in like a searing brand iron into a steer, now less of a singer to the same famous songs he had penned for the past 40 years. Dylan and his band also played some newer rocking tunes from the best selling “Love & Theft” album, including “Tweedle Dee & Tweedle Dum.”

For most fans the expected encore from this living culture icon was worth waiting for, even though it was challenging to figure out and recognize some of the songs Dylan made famous from the baby boomer generations living soundtrack.

He finally delivered with a couple of hip classics “Like a Rolling Stone” and “All along the Watchtower,” with his distinctive quick delivery to the great delight of concert fans sending him warm appreciation and respect for all it’s worth.

Club Idol Celebrates Free American Idol Watch Party

Wyclef Jean Performs for Haitian Relief Charity with Friends

By Felix DoBosz
HOLLYWOOD — On May 23 at the Seminole Hard Rock Hotel & Casino’s, Hard Rock Live venue turned into Club Idol and was hosted by local Fox affiliate WSVN-TV as an American Idol watch party.

American Idol is the number one TV show in the country, featuring a weekly show of young singers that are judged by a panel of three experts in show business while viewers are encouraged to call in and support their favorites. It’s a huge popularity contest where each week another American Idol wannabe is sent home packing.

Award-winning journalist Louis Aguirre, local entertainment reporter for WSVN Channel Seven was the emcee at this free concert where more than 3,000 fans grabbed tickets and packed themselves in with lots of energy for this dazzling show. At precisely 8 p.m. two huge screens displayed the live national feed of the ever popular American Idol season five broadcast from the FOX-TV network.

Ultimately, it was time for vivacious host Ryan Seacrest to introduce the last two surviving contestants; the beautiful and talented golden voiced Katherine McPhee versus the dynamic silver haired singer-dancer and Alabama’s favorite son, Taylor Hicks.

The two performed three songs each and were judged as usual by Randy Jackson, Paula Abdul and the notorious English critic, Simon Cowell. The final show was the last chance for TV viewers to select their favorite performer by calling the special number for the coveted title of American Idol.

The show was also a vehicle for pop recording star, producer and Grammy Award-winning Haitian born hip-hop musician Wyclef Jean to raise funds for his charity “Yéle Haiti.” He raffled off one of his favorite guitars to raise some funds and awareness for the Yéle Haiti Foundation. A lucky lady’s ticket number was called and she went up onto the stage to claim her prize and hug Jean.

Wyclef Jean’s website www.yele.org, says, “The objective of Yéle Haiti is to restore pride and a reason to

hope, and for the whole country to regain the deep spirit and strength that is part of our heritage. Yéle Haiti is a non-political organization intended to empower the people of Haiti and the Haitian diaspora to rebuild their nation. More than just another NGO (Non-Governmental Organization), Yéle is a movement—one that combines the power of music with the tools of development in the areas of education, health, environment and humanitarian assistance and seeks to chart a new course for Haiti’s future.”

Jean also wrote on the website, “Haiti is my native country, one I know as the first Black nation to gain independence in 1804. Most other people seem to know Haiti only by the statistics about

was onstage next playing electronic fiddles and synthesizer. These talented classically trained three-time Apollo winners are musicians whose rhythm leaves listeners completely mesmerized with some hip-hop rap antics only served up as a side dish.

Finally, the ex-star from the popular group The Fugees, Wyclef Jean hit the stage like a tornado full of spirit and excitement. Like a master showman he commanded the stage and the audience’s full attention. At one point he was so hot he emptied a bottle of water over his head as he ran around the stage and really got the crowd moving and screaming and cheering their approval.

Jean started playing the great Bob Marley classic “No Woman No Cry.” He changed some of the words from the tune to “Mr. President bring the troops home, we don’t want war no more, we don’t want war no more, bring your hands together.”

He also shouted to the audience, and proceeded into a heavy quick rap from one language to another including French, Creole, and Spanish. This ended in a big shout out of “can I get an ‘Oh Yeah?’ ” The crowd yelled back “Oh Yeah!”

Fans ate it up and showed their great appreciation when Jean told them to kill the house lights and everyone was so encouraged by Jean to wave their lit up



Felix DoBosz
Comedian Tommy Davidson

how bad things are there. The majority of its 8 million residents live on less than \$1 per day. Unemployment is close to 80 percent. Average life expectancy is less than 50 years. Haiti is the poorest nation in the Western Hemisphere. They showed the audience a brief video clip of the Haitian people’s troubled lives and hopes for a better future with the help of this Yéle beneficial foundation.”

Comedians Pauly Shore and Tommy Davidson were also judges and each performed brilliantly some of their funniest routines for the amused fans. Davidson had everyone in the entire house rolling in the aisles with him when he did his knee slapping routines and impressions. Then duo band “Black Violin”

cell phones above their heads, in the air without a care. It was a beautiful sight to behold, thousands of blue light cell phones waving in unison dancing magically in the air, far different then the orange flame butane lighters of yesteryear concerts.

He sang another classic Marley song, “Redemption Song,” but it was another piece of sampling, as he plowed into his rap about all the political turmoil in the world and throughout history.

“These are the things that I think about,” he shouted out to the fans wild cheers and applause.

He performed a few more numbers, then it was all over, let’s do it again next year seemed to be on everyone’s lips as they slowly left the Hard Rock Live to the beautiful starry night.



Felix DoBosz
Wyclef Jean

Bobby Vinton Brings Blue Velvet to the Hard Rock Live Audience

By Felix DoBosz
HOLLYWOOD — Bobby Vinton was joined by an orchestra, and family members to sing all his most beloved hits and many more favorites at the Hard Rock Live on May 24. It was a Vegas type affair that showcased one of music’s most beloved artists. Bobby Vinton sang his big hits from his old days, “Blue Velvet,” “Roses are Red” and “Mr. Lonely,” just to name a few of the oldies-but-goodies.

According to his website at <http://www.bobbyvinton.com>, “This multi-talented musician, singer and actor, Bobby Vinton has sold more than 75 million albums during his four decade career. *Billboard Magazine* called Bobby, the all-time most successful love singer of the ‘rock era.’ In the 1980’s, after performing to packed houses in

Branson, Missouri, Bobby built the ‘Bobby Vinton Blue Velvet Theatre’, a 1,600 seat European-style theatre, complete with ceiling murals, Italian tile and of course, blue velvet accents. He kept the theater for ten years before going back to touring the country.”

During the past several years, Bobby has been honored by over one hundred national organizations and more than a dozen mayors across the U.S. for his unique contributions to the ethnic communities. He was invited to Poland as a guest of the government.

As a tribute to his talents and community services, the Hollywood Chamber of Commerce bestowed the ultimate honor upon Vinton—a bronze star on the world famous Hollywood Walk of Fame on Hollywood Boulevard in Los Angeles, Calif.



Felix DoBosz
Bobby Vinton

Mexican Songstress Ana Gabriel

By Felix DoBosz
HOLLYWOOD — Fans were thrilled to get an up close look at the beautiful Mexican singer, composer, and actress Ana Gabriel On May 17 at the Hard Rock Live.

Although she was not wearing any shoes because her left foot was injured and taped up with an ace bandage she sang like an exquisite nightingale. Gabriel was born to a Mexican father of Spanish ancestry and a Mexican mother of Spanish and Chinese ancestry. Her real name was María

Guadalupe Araújo Yong born in Mexico in 1962.

Gabriel’s melodramatic persona was evident as she cast her spell on the mostly adoring Latino audience. She sings the bolero’s filled with the passions of love or lack of it in a very profound and poetic manner that connects emotionally with her devoted audience. Gabriel created an enchanting night that took you back to an era full of romanticism and mystic Latino style and the Hard Rock Live.



Felix DoBosz
Ana Gabriel

Nominees Announced for Eighth Annual NAMMY Awards

NAMMYs to be held at Hollywood Hard Rock

Submitted by the NAMMYs
NEW YORK, NY — The Eighth Annual Native American Music Awards, or NAMMYs., is proud to announce the nominees for this year's Awards program. More than 125 nominees with origins as far as Alaska (Medicine Dream), Hawaii (Keola Beamer), and New Zealand (Arjdijah), are featured in 25 awards categories.

Topping this year's nominations are; Keith Secola (Anishinabe) for his recording "Native Americana" featuring drummer John Densmore, Rita Coolidge (Cherokee) for "And So Is Love," Jim Boyd (Colville) for "Them Old Guitars", and Brule's "The Collection" with four nominations each. Douglas Blue Feather (Cherokee), Gary Small (Northern Cheyenne), Gil Silverbird (Apache), Jana (Lumbee), Pura Fe' (Tuscarora), and Wade Fernandez (Menominee) garnered three nominations each. Earning two nominations each are; Arvel Bird (Paiute/Metis), Eagle & Hawk (Ojibway), Joanne Shenandoah (Oneida), Joseph Firecrow (Cheyenne), Marlana (Navajo Dine'), Radmilla Cody, (Dine'), Tommy Wildcat (Cherokee), drum groups Northern Cree and Black Lodge and new artists; AIRO (Sioux/Apache), Blue Dog (Lakota), and Red Rhythm Band (Comanche/Kiowa). The Grammy award- winning CD, "Sacred Ground" is also up for two nominations.

"This year's nominees feature an equal mix of new artists making their debut on the national circuit as well as previous Nammy Award winners and nominees," said Founder/CEO of the Native American Music Awards Ellen Bello.

All nominees were voted upon by the Awards' national Advisory membership and chosen among the 150 national contemporary and traditional music recordings originally submitted for nomination consideration.

Winners of the Eighth Annual Native American Music Awards will be determined through membership print ballots and a national voting campaign open to the general public which will be posted shortly as a listen and vote system on the NAMMY website. The Native American Music Awards, Inc. is the country's leading membership-based association composed of music industry professionals, musicians, programmers, producers, engineers and other professionals dedicated to promoting and preserving Native American music throughout the U.S. and around the world.

The Native American Music Awards and Seminole Hard Rock Hotel & Casino are proud to present the Eighth Annual Native American Music Awards scheduled to take place June 8th at the Hard Rock Live in Hollywood, Florida. All tickets are on-sale now and available at Ticketmaster.

The Native American Music Awards and Seminole Hard Rock Hotel & Casino extend their sincerest congratulations to this year's nominees. For more information, please visit www.nativeamerican-music.com.

Indian Arts and Crafts Directory Online

Submitted by U.S. Department of the Interior
WASHINGTON, DC — The Indian Arts and Crafts Board (IACB), an agency of the U.S. Department of the Interior, announces the posting of its updated source directory of American Indian and Alaska Native Owned and Operated Arts and Crafts Businesses now available at www.iacb.doi.gov.

The directory is organized by state. It includes federally recognized American Indian and Alaska Native artists and craftspeople, cooperatives, Tribal arts and crafts enterprises, businesses privately-owned and operated by federally recognized Native artists, designers, and craftspeople. It also includes businesses privately owned and operated by American Indian and Alaska Native merchants who retail and/or wholesale authentic Indian and Alaska Native arts and crafts.

The source directory is accessible to the public, serving as a direct link between the arts and crafts businesses and prospective customers. It will be updated monthly as new applications for business listings are received and approved.

This service is available only to individuals who are enrolled members of federally recognized Indian Tribes or Alaska Native groups. In addition to a completed application, applicants will be required to provide a copy of tribal enrollment documentation from his or her respective federally recognized Tribe or Alaska Native group. To be listed is free.

To receive an application to be listed in the source directory, contact the IACB using its toll free telephone number, (888) 278.3253, or write to Indian Arts and Crafts Board, U.S. Department of the Interior, 1849 C St., NW, MS 2058-MIB, Washington, DC 20240. Please specify if the application is for an individual or for a group, such as a cooperative or Tribal enterprise.

Indian Youth of America Summer Camps

Submitted by IYA
Wanted: Campers ages 10–14!
Indian Youth of America (IYA) is celebrating its 30th anniversary of conducting camps for Indian youth. IYAs summer camps bring together Indian youth from urban and reservation communities to -participate in a variety of educational, cultural and recreational activities. Since the youth camps began in 1976, thousands of Indian youth from 180 Tribes and 28 states have enjoyed a positive camp experience.

IYA is conducting two camps this summer: Whispering Pines Camp, June 28–July 7, Prescott, Ariz., Cost: \$285, Application s fee due June 10;

Camp Bob Marshall Custer, Aug. 1–8, Custer, S.D., Cost: \$255, Application fee due: July 15.

All campers must be 10–14 years old. Everyone is required to provide their own transportation to the camp.

Contact IYA as soon as possible for a camp application or for further information about the summer camps. Write or call: IYA, PO Box 2786, Sioux City, Iowa 51106; Phone: (712) 252-3230.



8th Annual NATHPO Meeting Announcement

Submitted by NATHPO
SANTA FE, NM — This summer The Navajo Nation and The Pueblo of Zuni will be hosting the 8th Annual NATHPO Meeting on the new campus of the Institute of American Indian Arts just outside Santa Fe, New Mexico. This year's theme is Protecting Tribal Cultural Resources.

NATHPO is kicking-off a two year effort to stop the illegal looting and trafficking of Native American remains and cultural heritage resources and this meeting will be good opportunity to share information, etc. NATHPO is coordinating with our federal and state partners to offer training specific to the legal and Tribal tools already available to American Indians, Alaska Natives and Native Hawaiians.

An overview of the Archaeological Resources Protection Act of 1979 (ARPA) and the Native American Graves Protection and Repatriation Act of 1990 (NAGPRA) will be offered on the first day and space is limited to 50 people each. Because of the limited number of spaces available for the training, we encourage Tribal representatives to register right away.

For more information and details, please visit our website: www.nathpo.org.

2006 NAMMY Nominees

Artist of the Year

1. Jana "Flash Of A Firefly" (RA)
2. Jim Boyd "Them Old Guitars" (TW)
3. Joanne Shenandoah "Skywoman" (SWA)
4. Keith Secola "Native Americana" (AKA)
5. Rita Coolidge "And So Is Love" (CR)

Best Blues Recording

1. "From All Directions" Blue Dog (BD)
2. "Blues From The Coyote" Gary Small & the Coyote Bros. (MT)
3. "Follow Your Heart's Desire" . Pura Fe' (MM)
4. "Gotta Have Your Love" Red Rhythm Band (RH)
5. "And So Is Love" Rita Coolidge (CR)

Best Compilation Recording

1. "The Collection" Brule' (SR)
2. "Honoring Singers & Songmakers Vol 3" Northern Cree & Friends (CA)
3. "Home of the Champions" United Tribes (MA)
4. "Sacred Ground" . Various (SWA)
5. "The Makoche' Masters" Various (MA)

Debut Artist/Group of the Year

1. Asani "Rattle & Drum" (ABR)
2. Blue Dog "From All Directions" (BD)
3. Feather River Singers "Daughters of the Earth" (FRS)
4. Red Rhythm Band "Gotta Have Your Love" (RH)
5. Silverbird "World Peace" (OLI)

Best Female Artist

1. Kansas Begaye "Native Rose" (SR)
2. Marlana "I'll Run To You" (CPR)
3. Pura Fe' "Follow Your Heart's Desire" (MM)
4. Radmilla Cody "Spirit of a Woman" (CA)
5. Tiinesha Begaye "Rhythm of Love" (CA)

Best Folk/Country Recording

1. "Native Americana" Keith Secola (AKA)
2. "Bad Boys & Angels" Mike Gouchie (SR)
3. "Buffalo" Qua Ti Si (SDA)
4. "To Future From Past" . Spirit Wing (IR)
5. "One In Every Crowd" Tonemah (GLA)

Flutist of the Year

1. Andrew Vasquez "Togo" (MA)
2. Douglas Blue Feather "Time For Truth" (SH)
3. Joseph Fire Crow "Red Beads" (MR)
4. R. Carlos Nakai & Keola Beamer "Our Beloved Land" (CYN)
5. Wildcat "Cherokee Flutes" (WA)

Gospel /Christian/Inspirational Recording

1. "Prayer Warriors" Cecil Gray (CG)
2. "Cherokee Sunday Morning" Cherokee National Youth Choir (CN)
3. "I'll Run To You" Marlana (CR)
4. "Heavenly Peace" Red Nativity (SR)
5. "Speak To The Sky" Storm Seymour (EK)

Group of the Year

1. AIRO "Tatanka" (BM)
2. Arvel Bird, Deni, Irene Bedard "Raven In The Midnight Sun" (SW)
3. Black Lodge Singers "Family Traditions" (SR)
4. Cherokee National Youth Choir "Cherokee Sunday Morning" (CN)
5. Northern Cree & Friends "Honoring Singers & Songmakers Vol 3" (CA)

Best Historical Recording

1. "Oklahoma Gourd Dance Songs" Cozad (SR)
2. "Traditional Songs of the Salt River Pima" Earl Ray (CYN)
3. "Skywoman" Joanne Shenandoah (SWA)
4. "Spirit Seeker" Phillip Whiteman Jr. (PW)
5. "The Soundtrack of a People" Various (EMI)

Best Instrumental Recording

1. "Tatanka" AIRO (BM)
2. "Arvel Bird Live" Arvel Bird (SW)
3. "The Collection" Brule' (SR)
4. "Melodies of the Cane Flute Vol 2" Estun-Bah (DB)
5. "Legion Stomp" The Thundertones (SP)

Best Male Artist

1. Gary Small & the Coyote Bros. "Blues From The Coyote" (MT)
2. Gil Silverbird "World Peace" (OLI)
3. Joseph Fire Crow "Red Beads" (MR)
4. Tommy Wildcat "Cherokee Flutes" (WA)
5. Wade Fernandez "Song of the Black Wolf" (SBW)

Best New Age Recording

1. "Time For Truth" Douglas Blue Feather (SH)
2. "Forgotten Warriors" Eddie Three Eagles (RT)

3. "Lone Pine Canyon" Golana (SH)
4. "Two-Hawks Signature Series" John Two-Hawks (CS)
5. "Just Passin' Thru" Passing Through (AHW)

Best Pop/Rock Recording

1. "Mother Earth" Eagle & Hawk (AB)
2. "Something To Dream Of" Forever (TSS)
3. "Them Old Guitars" Jim Boyd (TW)
4. "The Second Coming" Micki Free (CA)
5. "Song of the Black Wolf" Wade Fernandez (SBW)

Best Pow Wow Recording

1. "Straight Up Northern" Black Eagle (SR)
2. "Setting The Record Straight" Blackfoot Confederacy (CA)

3. "Best of Both Worlds World Two" Tha Tribe (CA)
4. "Loyal To Tha Old Man" Young Grey Horse (CA)
5. "Round Dance" White Fish Jrs (SG)

Best Producer

1. David Swenson "The Makoche' Masters" (MA)
2. Jimmy Haslip "And So Is Love" (CR)
3. Paul LaRoche, Tom Bee & Robby Bee "The Collection" (SR)
4. Stephan Galfas & Alex Salzman "American Indian Christmas" (SO)
5. Stephen Butler "Traditional Songs of the Salt River Pima"

Best R&B/Rap/Hip Hop Recording

1. "Spirit World" Buggin Malone (AR)
2. "Nightmerika" Maniac The Siouxpernatural (NS)
3. "Anything You Want" NightShield (ES)
4. "River of Life" Sarah Hindsley (TC)
5. "Boom Boom" Shadowyze (BKB)

Record of the Year

1. "More Kids Pow Wow Songs" Black Lodge (CA)
2. "Time For Truth" Douglas Blue Feather (SH)
3. "Flash Of A Firefly" . Jana (RA)
4. "Them Old Guitars" Jim Boyd (TW)
5. "Native Americana" Keith Secola (AKA)

Song/Single of the Year

1. "Sacred Ground" Bill Miller (SW)
2. "Stomp Dance" Brule' (SR)
3. "Sundancer" Eagle & Hawk (AB)
4. "Pow Wow 2-Nite" Gary Small (MT)
5. "Come Rain or Come Shine" Rita Coolidge (CR)

Songwriter of the Year

1. Gil Silverbird "Silverbird" (OLI)
2. Jim Boyd "Them Old Guitars" (TW)
3. Keith Secola "Native Americana" (AKA)
4. Pura Fe "Follow Your Hearts Desire" (MM)
5. Socie Saltwater "It All Ends The Same" (GSP)

Best Spoken Word Recording

1. "How Not To Catch Fish" Joseph M Marshall III & John Two-Hawks (CS)
2. "Spirit Seeker" Phillip Whiteman Jr. (PW)
3. "The Keepers of the Earth" Red Feather Woman (BM)
4. "Flight of the Hawk" Red Hawk (MEG)
5. "Blackfeet StorySmith" Wallace Gladstone, Jack Gladstone (HWK)

Best Traditional Recording

1. "Near Midnight" James Bilagody (TH)
2. "Way of Life" Lakota Thunder (MA)
3. "Spirit of a Woman" Radmilla Cody (CA)
4. "Our Love Will Never Die" Randy Wood (CA)
5. "Ghost Dance Songs" Red Shadow Singers (ABR)

Best Short or Long Form Video

1. "Take A Road Trip To Serenity" Bryan Akipa (TIH)
2. "Tribute To The Native American Flute" Jan Michael Looking Wolf Reibach (CF)
3. "In This World" Medicine Dream (CYN)
4. "The Makoche' Masters" Various (MA)
5. "Commodity Cheese Blues" Wade Fernandez (SBW)

Best World Music Recording

1. "Journey" Ardjiah (PFP)
2. "People Of Peace" R. Carlos Nakai Quartet (CA)
3. "Dancing The Full Moon" Ron Warren (BH)
4. "Legacy" Santee (SR)
5. "Supia Jesus" Wade Large (CP)

Native Heart

1. Jeff Ball "Return To Balance" (RF)
2. John Densmore "Native Americana" (AKA)
3. Little Hawk "1492-1975" (ABR)
4. Scott August "New Fire" (CM)
5. Elysium Calling "Shapeshifter" (MS)



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News From Indian Country

Celebration Unites Tribes from Across the West

Submitted by Redbird
SIMI VALLEY, CA — On June 16-18, 2006, the athletic field at Moorpark College will transform into a vibrant display of Native American song, dance and marketplace.

Vendors call for applications from as far away as South Dakota. Dancers hailing from all across the Americas anticipate the celebration. The Gourd Dance, originating with the Kiowa Nation of present-day Oklahoma, will be held throughout the weekend. Teepees will line the athletic field and the smell of native foods will fill the air.

For three days Moorpark College will be home to the Sixth Annual Children of Many Colors Powwow, a fund raising and awareness-building event hosted by Redbird, a southern California non profit Native American awareness association.

The Powwow is a celebration of American Indian culture, song, dance, arts and crafts. Powwows are among the few indigenous celebrations that are open to the public. They are a

rich mixture of celebration and ceremony. For native people, they are like giant family gatherings. For visitors, they are an opportunity to glimpse a small piece of the complex picture that makes up Native America.

Redbird is asking a donation of \$2 per vehicle to attend the event, money that will help off-set the expenses of hosting the gathering, and create a scholarship fund. For this small price, visitors will witness a mixture of traditional and contemporary dances, songs, foods and craft items, and they will have the opportunity to experience the dance arena first-hand during songs called Intertribals.

The Children of Many Colors Powwow boasts a star-studded cast, including popular actor Saginaw Grant of the Sac and Fox Nation as head gourd dancer, Thirza Defoe, Ojibwe and Oneida, who recently appeared at the Autry in Stoneheart, as the head woman dancer; and Sam Bear Paw of the Apache Nation, who will just be returning in time for the gathering from a tour dancing throughout the U.S., as the head man dancer.

Location: Moorpark College Athletic Field, 7075 Campus Park, Drive, Moorpark, CA 93021
Times: Friday 6 p.m. – 10 p.m.
Saturday 10 a.m. – 10 p.m.
Sunday 10 a.m. – 6 p.m.
Cost: \$2 donation per vehicle
Type of Event: Family/Cultural
Contact: (805) 217-0364
Website: www.RedbirdsVision.org
E-mail: redbirds_vision@hotmail.com
Mail: Redbird, P.O. Box 702, Simi Valley, CA 93062

Indian Artists Sought for Show

Submitted by Eight Northern Indian Pueblos Council
Ohkay Owingeh, N.M. —The Eight Northern Indian Pueblos Arts & Crafts Show is seeking applications from traditional American Indian artists and craftspeople from Tribal communities in North America. This exciting event, believed to be the largest Native American owned and operated outdoor arts exhibition and market in the western United States, will take place on July 15-16, from 8:30 a.m. to 4:30 p.m. on both days. The Show is held at the Eight Northern Indian Pueblos Council's Arts & Visitors Center in Ohkay Owingeh (formerly known as San Juan Pueblo) 3 miles north of Espanola, on NM Hwy 68 (the road to Taos). There are 360 artists and artisans and a crowd of 20,000 buyers and visitors expected at this event.

The Northern New Mexico show celebrates its 35th anniversary in 2006 with several special events, including a welcoming dinner for artists and sponsors on the Friday evening before the Show and a new artist hospitality area. The staff and an Advisory Committee from the Eight Northern Pueblos are now finalizing plans to honor and recognize a number of artists and other individuals who have been instrumental in starting and sustaining the show.

The Eight Northern Show welcomes Native American jewelers, potters, painters, sculptors, weavers and those working in other traditional genres. The Show is known nationally and internationally for the quality and authenticity of its arts. For an application and guidelines, please call the Arts & Crafts Show Office at 505-747-1593, Extension 113, or go to the Show's website at

<http://www.eightnorthernpueblos.com/PDFApplweb.pdf>
f. Applications must be postmarked by June 9. Late applications may be accepted with an additional fee, but only if booths are available.

For additional information, please contact Wenona Brascoupé, the Show's Coordinator, by phone at 505-747-1593, Extension 113, by e-mail at enipcartshow@yahoo.com or by visiting the show's web site at: www.eightnorthernpueblos.com. Applications can be downloaded from the web site.

Among this year's Eight Northern Pueblos Art & Crafts Show's major sponsors are:

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Art Auction Sponsor — Pueblo of Tesuque
Promotional Sponsor — Rio Arriba County Lodgers Tax Fund
Governors — **IP Sponsors**
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Los Alamos National Bank
Taos Mountain Casino
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For media information contact: Eight Northern Indian Pueblos Council
Carol Guzman, 505-747-1593/Ext. 112 or E-mail at: enipcartshow@yahoo.com



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Happy Mother's Day!

President Hosts Mother's Day Lunch

By Lila Osceola

HOLLYWOOD — Mother's Day is a special day for all of us. It's time to kiss and hug the sweetest thing in the world—our mother! Irrespective of how old we are, what positions we may have acquired in our lives or what is our status in the eyes of the world, we are always a darling child to our mom.

A mother is perhaps the only person in the world that is ready to forgive any mistakes that a child might have made but on the other hand she can also be the person who if angry would not speak to you for days. These characteristics of the mother are what separate her from all others.

Mother's Day is the perfect time to pay visit to our Mommy, spend time with her, hold her hands, put our heads into her lap, look into her eyes and say "Thanks Mom."

So in honor of Mother's Day, President, Moses Osceola hosted a lunch at Longhorn Steak House on May 15. Family, extended family, aunts , sisters, third and even fourth generation mothers; but everyone who attended had one thing in common, celebrating mother's day with a good meal.

To all the mothers whose children are fighting in wars, and to mothers whose children are growing up with wars raging around them or with terrorism threatening their safety... wishes of strength, peace and hope for this Mother's Day.



Mabel Doctor shares a good lunch with mom, Maggie Osceola.



Minnie Doctor and Nettie enjoy time with family.



President, Moses Osceola hosts lunch with many different generations of mothers .



Mothers enjoy appetizers at the Longhorn Steakhouse.

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Happy Mother's Day!

Mother's Day Dinner Held for Non-Residents



(L-R) Benihana Chef Pete, Michelle Billie and her son Maurice, Amanda and Kaitlyn Gorney and Terry Barnes.

By Melissa Sherman
MIAMI, FL — A woman named Catherine Pulsifer once said “You don’t appreciate your mother until you’re a mother yourself.” With this in mind Hollywood Non-resident Liaison Holly Tiger had a good idea how to please most Seminole ladies. Usually when you ask anyone from around here where do you want to eat, you here the same answer—Benihana’s!

Tiger kept this in mind when she made special arrangements for the all the Moms to be treated for Mother’s Day. At the Hollywood Gym a large tour bus was waiting for the families who did not want to make the trip to the restaurant in



Virginia Mitchell mom and grandmother.

restaurant you were reminded of how important a mother is, children where sitting on laps of their moms nuzzling in, sisters sat with their mom reminiscing old times, groups



Rachael Billie, Elyse Alvarado, Rita Billie and Julian Billie, Otter Clan.

Miami by car, the families rode in comfort down south in the bus as kids sat back and watched Harry Potter® on the DVD players mounted above.

In a short time everyone gathered in the lobby waiting for all of the invited guests to arrived and we made our way upstairs and spread out around the restaurant and filled six different tables. With every detail in mind Tiger had flower arrangements set out on each table adding to the ambience.

As you looked around the

of mothers from the same clan sat near each other, without a word you just knew everyone was content.

Thanks to Chairman Mitchell Cypress, Non-Resident Liaison Holly Tiger and the hard working Tribal Clerk staff: Janel Billie, Michelle Billie, Mozelle Bryant and Mercedes Osceola, the mother’s and their families where able to have a great dinner and enjoy the entertainment of the talented Benihana chefs.



The Cifuentes family Oscar, Shannon and Maya from the Otter Clan.



(L-R) Hollywood residents Alana Glover, Eva Billie from the Otter Clan and Henrietta Henry, Helena Henry from the Panther Clan.



Waitress Aika holds Simeon while mom Amy Cypress gets a chance to look at the menu.

BC Women's Group Celebrates Mother's Day

Submitted by Sue Jane Bert
HOLLYWOOD — The Big Cypress Women’s Support Group went on a belated Mother’s Day outing to a movie at Regal Cinema 13 and dinner at Las Vegas Cuban Cuisine in Pembroke Pines, Fla. While at the restaurant, the group had a guest speaker, Basil Phillips from the Family Services department. He spoke about the importance of telling your child, from a young age, that you love them daily, emphasizing the difference that it will make in how they function in society as adults.

The group has been meeting for the last year and a half, on the third Thursday of the month, at the Youth/Community Center at 5:30 p.m., with dinner and babysitting services provided. Various topics discussed centered on women’s awareness and family issues.

We would like to thank Big Cypress Council Representative David Cypress, Big Cypress Board Representative Paul Bowers and the Big Cypress Youth/Community Center staff for use of their facilities and babysitting services.



The BC women’s group on their holiday outing. (L-R, Front Row): Carol Cypress, Henrietta Henry, Claudia Doctor, Vera Herrera, (L-R, Second Row): Sue Jane Bert, Tonia Cypress, Ervina Herrera, (L-R, Back Row): Connie Oakes, Halena Henry, and Nancy Ortega.

My Grandmother

By Elgin Jumper

I remember sitting under a cooking chickee with my grandmother, Tommie Jumper, early in the morning. I must’ve been four at the time and we’d be drinking rich-scented coffee from large stainless steel cups with these long handles, the charred smoke smell from the fire mingling with the smell of the morning’s dew and the coffee. She was Panther Clan and she was always the first one up and the last one to bed. I was a year or so away from attending school with city kids and unable to speak a word of the English language, however Americanized.

Gran’ma had seen the days of the ox-drawn wagons and wagon-roads up to the days of speeding Lamborghinis and multi-laned high-ways crisscrossing her homeland of Florida. She had witnessed mornings when one could gaze out across the lush green landscape to perceive small herds of Florida deer, or a multiplicity of birds soaring within the dark blue of approaching rain clouds and the tall palmetto jutting out from the damp hardwood hammocks with nary a geometrically designed dwelling in sight save for the occasional chickee. I remember her smile. She was a strong woman, to be sure, and yet I can still recall her smile. It told you all was well. And it helped you to smile. She’d have her long black hair tied up into a bun just above her forehead, she’d have multi colored strands of glass beads around her neck, she’d have her Seminole cape and dress with colorful patchwork designs, her complexion bronze light and her dark-brown eyes sparkling a rare wisdom and dignity.

I was fortunate enough to have been her grandson for forty-one years, and since her passing, I’ve asked myself to what extent did she influence my life, how has she inspired me? I mean it’s obvious she influenced so many, but as for me personally, how deeply was her impression made? Looking back, I can see her carrying me in her arms so lovingly. Yet she could be stern as well when I did wrong, stressing the lessons to be learned. I’m not even half the age she attained when she left us, but I’d like to believe I’ll reach something close to her 105 years. Recently my father, Alan Jumper, told me of the passed-down stories she’d imparted to him, from firsthand accounts of those who’d actually been in the Seminole wars. “And you know, she lived to see the tall cypress trees of the old days,” my father informed me, “to the days of these tall skyscrapers we have the 21st Century.”

My grandmother and I were together a lot until I turned five. I remember the way she carried herself, her sense of humor, how she persisted. Her attainment of so many Springs only enhanced her unassuming eminence. When I was still young and stubborn, I could still respect and venerate her, could still think of her with deep reverence, could still consider her quite estimable. I looked up to her and thought much of her, of all the changes she must’ve seen.

Progress. Or so they claim. I know Florida has certainly changed, the landscapes, the skylines, the people. I’ve seen the Everglades receding away and I’ve felt the emptiness in the fields where once the forests stood and I know the paradox of change, how it can elevate and yet diminish. And if I’m aware of this then how much more was my dear grandmother aware? When I managed to get my picture into *The Seminole Tribune* after winning a local writing contest, her photo was there too, just above mine, as if watching over her grandson, hoping the best for her children.

She was always in traditional Seminole clothes. And in the old Seminole encampment she was in her element, surrounded as she was by her chickees, which gave the appearance of the past. Her hands were invariably occupied with maintaining her camp, her way of life. Still the only constant was change which lifted veils from the artwork of time to reveal the frequent exhibitions.

Big Cypress is not only the place where Seminoles found refuge and food after the tragic Seminole wars, but it is also the place my grandmother moved to following my grandfather, Harley Jumper’s death, enduring in a vast watery wilderness filled with hardships. Long before the Snake Road wound its way from Alligator

Alley, Seminoles called this place home, where murderous armies could spend decades in the frustrating task of Seminole removal. It was there during my earliest years that I lived with her. Under an old open-air chickee, she’d give me venison and fry-bread and I’d study how she dipped her bread into the bowl or in her coffee and then would eat and I’d do the same. Or I’d sit with my palms facing downwards on the table top, my legs hanging down, swinging happily to and fro and I’d smile.

During a somewhat nomadic existence in the South Florida area, she was never deterred in caring for her family. Yet life must’ve been so difficult back then. She’d speak to me while watching over the fry-bread and deer meat. She’d stir the hot cornmeal softkee just then boiling over. She’d hand me some of that too using the large cup my coffee was in. I’d have to blow on it or stir it with a big spoon because she said that would cool it faster. And do you know, after a while, the heat did subside. She would walk over to the red hand-cranked well and wash out another large pot from her assortment of weather-beaten cookware.

She’d set this pot—for turtle soup—over the orange flames as well. I’d chase a butterfly or perhaps a dragonfly and play and when I returned the soup would be just about done. Soon others would be moving about the camp and the grand Seminole meal would then be served up. It was wonderful.

The main virtue I admired was her perseverance. I’m astounded at the numerous changes she was a witness to and amazed at what a revered matriarch she became, indeed the strong sense of purpose she communicated, the example she set, the encouragement she gave and the genuineness of her smile, a well-regarded Seminole woman she was, time-honored and endearing. So yes, I cherish the memories I have of her. I can picture her now even as I’m writing: she’s in the soft early morning light, splashes of delicate sunlight spilling through the cypress, the flowers and the undergrowth. Seminole children are playing in the little green fields and meadows beside the chickees and my grandmother and I are talking fondly in our native language.

We’d see each other off and on since those days and we’d smile every time. But it was my adolescence I’ll remember the most: I’m young and she’s caring for me. I find myself longing for the simplicity of those times. She’s left us quite a legacy, and oh, how her strong-will blended so with her Seminole wisdom. When she smiled no self-seeking airs were ever conveyed and in her camp it was understood that she was in charge. No matter the age or fortune of her children, her impression upon them never wavered. Yet she was ever content to sacrifice her interest for those of others.

She was the resourceful governance of a large Seminole family, and were it not for her constant care, I wouldn’t have so worthy a role-model. But in the times since then, when we’d encounter one another, she’d see a grandson sometimes with long hair or perhaps with a crew-cut or somewhere in between, she’d see a grandson sometimes alone or not alone or with various other family members and most likely she’d pick up hints and traces of my own trials and tribulations, my own joys and triumphs, or perhaps even my own mundane and most inconsequential moments. I can’t even begin to fathom the wealth of Florida history she represented, and yet I can start to comprehend and appreciate the great significance of her long life and the precious example she gave us. Often I return to those mornings and the cooking chickee and to Gran’ma. To what extent did she influence me? I’m sure when she said something or did this or that, I’d strive to be just like her, to imitate her, to give the image she gave, to follow the example she conferred. She would tell me stories handed-down and I would place them gently into my heart and hold them dear. I know I’ll see her again, we’ll be in a wondrous Seminole encampment deep in the Everglades, we’ll be in a new chickee, the bright morning sun piercing through the eastern sky, and we’ll both be smiling and laughing just like before.



Happy Mother's Day!

Mother's Day Dinner and Celebration

By Chris Jenkins
HOLLYWOOD — A day to give back, show appreciation, and honor mom is the essence of Mother's Day; celebrated nationally this year on May 14. On May 11, the Hollywood Gym played host to Seminole Tribal mothers young and old with dinner and a special thank you.

The annual event was planned by Hollywood Council Representative Max B. Osceola Jr. and Hollywood Board Representative Gloria Wilson.

The gathering was an opportunity to, "pay respect, honor, and tradition" to Tribal mothers and other moms in the community, Osceola said. Osceola and Wilson also took the time to address the audience and speak of the importance and impact

the community has played in their lives as well as the special meaning Mother's Day holds.

Entertainment was provided by Paul "Cowbone" Buster playing on the guitar. The catering was provided by Tropical Acres Catering complete with refreshments and cake.

As part of the evening festivities, the mothers received a take-home bouquet of flowers and a gift from the Tribal Council.

Mother's Day has a special meaning to almost everyone, but Wilson pointed out the day, "reminds me of how important my mother is to me in my life and the things she's done for me."

One proud mother in attendance was Jana Billie, along with daughter Janae, 3. "It feels good to be honored, it makes you feel special as a mom," Billie said.



Jann Billie and daughter Janae show what Mother's Day means in a nice embrace.



Hollywood Board Representative Gloria Wilson (top left) and Council Representative Max Osceola Jr. (top right) pose with two lucky mothers.



"Cowbone" Buster entertains the crowd.



Fathers treat the mothers on their special day.

Brighton Tribal Citizens Celebrate Mother's Day

By Emma Brown
BRIGHTON — The Brighton Council office sponsored a Mother's Day breakfast on the morning of May 11 to honor all of the mothers of the Brighton community.

The appreciative fathers, along with the Building and Grounds crew, showed up at 5 a.m. to rustle up a breakfast consisting of scrambled eggs, sausage, bacon, grits, biscuits and much more. Mary Jo Micco provided her wonderful sofkee for the mothers to enjoy.

Jody Goodman, from the Buildings and Grounds department, made sure that the kitchen was decorated beautifully for the beautiful mothers. It was a



Grace and Josephine enjoy breakfast.



Potatoes anyone?

nice breakfast to show appreciation to all of the mothers of the Brighton community and the mothers seemed to really appreciate the dedication of the fathers to make sure that their day started off wonderfully.

Thank you to all of the mothers for everything that you do each and every day to make the lives of your children full of happiness!



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 Johns, Brooke White Cloud, Hollywood
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 Jumper, Tash-sho-tah-che Troy, Big Cypress
 Lawrence, Drake Alan, Brighton
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 Riddle, Gage Meyuksveseko Michael, Brighton
 Roberts, Ezekeil Xsavior Onan, Immokalee
 Rodriquez, Ricardo, Troy, Big Cypress
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 Tommie, Aidan Jason, Brighton
 Toneges Jr., Joseph Daniel, Brighton
 Tyler III, Maurice Marcus, Hollywood
 Valdez, Ja'lycia Fortasia Billie, Big Cypress
 Venzor, Luzana Irene, Brighton
 Young, Irissa Tiger, Hollywood

Class of





Congratulations Seminole Preschool Graduates

Aguilar, Jack Fitzgerald, Immokalee
 Baker, Alyke Teico, Brighton
 Baker, Jaylen Jason, Brighton
 Balentine, Shana Aquilah, Big Cypress
 Bell, Adrienne Katelyn June, Hollywood
 Bennett, Waylynn J Frank, Brighton
 Billie Jr., Richard Don, Big Cypress
 Billie, Carlee Thorn, Big Cypress
 Billie, Keely Shaye, Brighton
 Brespo, Osianna Pocahontas, Big Cypress
 Cypress, Alycia Rain, Big Cypress
 Cypress, Boralys Blaze Sirota, Hollywood
 Fish, Savannah Cheyenne, Big Cypress
 Fry, Charli Code Cypress, Big Cypress
 Fudge, Alicia Jennie, Brighton
 Gentry, Anthony Jay, Hollywood
 Gopher, Leilani Jean, Big Cypress
 Johns, Brooke White Cloud, Hollywood
 Johns, Jr., Toby Libra, Hollywood
 Jumper, Tash-sho-tah-che Troy, Big Cypress
 Lawrence, Drake Alan, Brighton
 Micco, Aleina Joan, Hollywood

Mora, Raymond James Junior, Immokalee
 Motlow, Neo Tristan, Immokalee
 Osceola, Joshua Joel, Hollywood
 Osceola, Phyllis Maydell, Hollywood
 Puente, Kano Bert, Hollywood
 Puente, Zoey Shae'ree, Hollywood
 Rico, Satie Roze, Brighton
 Riddle, Gage Meyuksveseko Michael, Brighton
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Happy Mother's Day!

Immokalee Mother's Day Celebration



Jennie Martinez with her Mother's Day roses.

Judy Weeks

By Judy Weeks
IMMOKALEE — In appreciation of their mothers, the Immokalee community hosted several activities.
On May 10 the Department of Elders sponsored a trip to Ft. Myers, Fla. where the seniors had a fantastic luncheon at the Super Buffet King. The ladies had been previously given an opportunity to select whatever they would like to do in recognition of the event and unanimously chose the Buffet outing.

As luck would have it, the luncheon turned into not only an observance of Mother's Day, but a birthday party for Rachel Billie. Upon consulting the chef, they learned that a cake was not available, however, he prepared a very attractive fruit surprise and the group sang "Happy Birthday" to help her celebrate.

Chairman Mitchell Cypress and President Moses Osceola sent floral arrangements for each of the senior women. There was a wide variety of baskets, watering cans and vases filled with a vast assortment of flowers and greenery. The women were most appreciative and set among the bouquets diligently working upon their ceramic creations.

Thursday evening Immokalee Council Liaison Ralph Sanchez provided an opportunity for the group to enjoy a spectacular dinner at the Fujiyama Japanese Steak House in Naples, Fla. The evening's highlight was a meal prepared at their table by a chef of many talents.

The Steakhouse has a tremendous menu which features a grill, open fire and hibachi style of cooking. Starting off with an onion volcano and a blaze of fire, he skillfully used knives, cleavers and skewers to prepare the meal. In a whorl of sharp knives and slight of hand tricks, he produced an extravaganza that was not only entertaining, but mouthwatering.

Members of the Naples community joined the group for the evening's festivities.

At noon on May 12, Immokalee Board Representative Raymond Garza sponsored a holiday dinner for the community at Lazano's. Taking over a large portion of the restaurant, the group dined on their favorite cuisine while enjoying the company of their family, friends and neighbors.

Meanwhile, Chairman Mitchell Cypress sponsored a Mother's Day employee luncheon at the Immokalee Casino. Since his presence was required elsewhere, he asked Community Health Representative Anna Puente to read his message to the mothers of Immokalee:

"I am very proud to help you celebrate Mother's Day," she said. "This day should be celebrated every day. You are the backbone of the Tribe because you keep us on the straight and narrow path.

"Our mothers have been our inspiration throughout our lives. They have looked after us, taught us our culture, have been there to wipe our tears when we were down and cheered for us when things were going right.

"I am grateful that my mother, Mary Frances Cypress, is there for me because she is my rock and my strength. Just knowing that my Mom is around gives me the extra courage to strive for the best for my people.

"Please give your mom a kiss on the cheek and thank her for all she has sacrificed for you. Cherish the time you have with her and let her know that she is loved. God bless you all and have a wonderful day."



Louise Motlow paints her ceramic vase.

Judy Weeks



(L-R) Elaine Aguilar and Elizabeth Oleo.

Judy Weeks



Rachel Billie at the festivities.

Judy Weeks

EXHIBITION MATCH

*Don't Miss this Rare Chance to See
the World's Greatest Male and Female
9-Ball Players Go Head to Head!*



Match 1:
1 Allison Fisher vs. #6 Corey Deuel



Match 2:
1 Johnny Archer vs. #6 Vivian Villarreal



Match 3:
Scotch Doubles: Men vs. Women



June 26, 2006

6 p.m. to 8 p.m.

**Seminole Hard Rock Hotel and Casino
Ballroom**



General Admission: \$5 Free Admission for Tribal Members

For additional information: Tera Jenkins 954-966-6300 ext. 1295

Graduation



Seminole Preschool Graduation

By Lila Osceola
FT. LAUDERDALE, FL — Ah, graduation. A lot of hard work, time, talent, money and drive have led to this point: a milestone that will be celebrated, photographed and remembered forever. Whether from high school, college, law school, medical school, or preschool, graduation is a wonderful time of excitement and change.

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The preschool program to which we belong hosts a beautiful and moving graduation ceremony each year. Each year, graduates from every Seminole reservation come together to celebrate the culmination of their preschool years. Fathers, mothers, siblings, relatives, and close friends all join in attendance on May 25, in a show of support for their graduate.

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Class of 2006



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Congratulations were also extended to the graduates from Big Cypress Board Representative Paul Bowers. Osceola made a point to congratulate Pastor Wonder Johns for his enduring faith in his school and staff and for the great work the academy is doing. “I know one day this school will be a big school,” Osceola said. “It will continue to survive and grow. I think it is a great institution and a needed institution.” Graduate Marilee Johns said she was very thankful to all who had helped her achieve this momentous accomplishment in life. “Without the help of this school and my friends I wouldn’t have graduated,” she said. “Thank you Mom and Dad for not letting me give up.” Valedictorian Candice Simmer also thanked the teachers and the school, her family and especially her friends for being by her side. Both girls could barely hold back the tears. The high school graduation was a truly lovely and emotional affair with lots of hugs, happiness and hopefulness for a shining future, both for the graduates themselves and for this private Christian school. It was a testimony to the belief and strength of those who have made great sacrifices; to the loyal and supportive parents, the teachers and administrators, that wish to create a place where children can achieve.

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FIBA graduation, May 24, 2006

Sonja Buck

Graduation



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