



Labor Day Festival
Shawna Storm at her Arts and Crafts Booth.
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Council Ratifies Settlement, Upholds Suspension

By Elrod Bowers
HOLLYWOOD — The Tribal Council, in its regular Sept. 16 meeting, accepted the settlement of the case of Seminole Tribe of Florida v. James E. Billie.
According to attorney Donald Orlovsky, the Tribe, in its two count lawsuit, alleged that Billie and former Tribal Administrator Tim Cox had destroyed original Tribal records, and falsified new Tribal records, in order to pay \$169,000 worth of sick leave to former Tribal employee Christine O'Donnell.
Billie was also alleged to have cashed in \$72,000 worth of sick leave.
According to Orlovsky, Billie then initiated a counterclaim at which time the Tribal Council concluded it was in the best interests of both parties to settle the suit.
Under the terms of the settlement, Billie agreed to be “financially accountable” for \$169,000 in Tribal funds that was paid to O'Donnell and repay the amount in full.

See COUNCIL, page 4



Hollywood All-Seminole Flag Football Team — See Page 13

A Salute To Henry Gopher

By Paula Cassels
HOLLYWOOD — On Sept. 7, Tribal member Henry Gopher was honored at the Tribal Office Auditorium.
The Andy Buster Band started off the celebration with some classic rock tunes.
Then speaker Paul Buster spoke about Gopher.
“We are here today to celebrate his life and Henry Gopher is appreciated for his many years of dedicated service to the tribe and his people,” said Buster.
Buster described Henry as a multi-talented man who carves, does beadwork, and also has sang and played the guitar since he was a boy.
Gopher's carvings have won first place in the arts and crafts contests at the Tribal Fair many times.
After his speech, Buster continued the music with his own “Cowbone Band,” which played songs by Johnny Cash and Hank Williams, Jr. About 12:30 p.m., an appreciation lunch, catered by Doris Osceola, was served to the attendees.
Henry Gopher served in the U.S. Army for two years. After the Army,



Henry returned to the Brighton reservation, where his interest in Tribal politics inspired him to run for office.
Gopher served as Board Representative for the Brighton Reservation from 1967 to 1969.
Henry Gopher also worked for

the Cattle Program and was a cattle owner as well. When he decided to move to Hollywood, Henry sold his cattle and left his job.
Gopher moved to Hollywood in 1969, where he found work as a carpenter. He was also elected Board Representative for the Hollywood Reservation from 1987 to 1989.
As a carpenter, Gopher was on a crew that built many of the condos on A1A in Hollywood and Hallandale. When construction began to slow down, he worked for a dairy in Hollywood, and then for Bureau of Indian Affairs.
Gopher also worked for the Seminole Agency as a maintenance person. It was the late Bert Jones who asked Henry to come to work for the Tribe in Building and Grounds Department in 1978.
Eventually, Henry was named Director of the Building and Grounds department.
The Building and Grounds Department is in charge of the maintenance for Tribal buildings in Hollywood, Brighton, Big Cypress and Immokalee. We salute you, Henry Gopher.



Gloria Wilson Retires

HOLLYWOOD — Tribal member Gloria Wilson will retire from her post as the Housing Planning and Development Manager, a position she has held for the past nine years.
Wilson, who has attended Broward Community College (Political Science), Florida State University (Medical Social Work), and Nashville State Tech (Electronic Engineering, was working at Seminole Recreation for the Youth Program when she saw the job advertisement for Program Assistant for Resident Services.
She applied and got the job, which required her to work with home owners getting into a new house and with clients involved with Section 8 housing, housing in which the client pays half and the program pays half.
Wilson was eventually moved up to Planning and Development Manager by Joel Frank, Sr. after the Housing and Construction Departments were merged.
Wilson will retire on Sept. 27, 2002.

My oldest girl, Gloria Wilson . . . I watched her grow into a mature adult and a very successful woman. Sometimes, I wished I could have the brain power she possesses because Gloria is a very intelligent person.
Whatever Gloria is involved in, she gives of herself completely. She has proven to be an excellent employee, and puts in 100% effort to make her effective.
It has been nice having her work near me. There will be a great impact within the Tribe when she leaves. She will be missed.
I wish my daughter, Gloria, the best of luck in all her future endeavors.
Elsie Bowers
It has been a privilege to work with you. Your kind of motivation is pure and unique. You're a born leader. Thank you for sharing your wisdom and knowledge. I wish you the best.
Adelsa Williams

Farewell Party For Marianne Conte

By Alexandra Frank
HOLLYWOOD — On Sept. 4, the historic Tropical Acres Restaurant served as the site for a “Farewell Party” for Tribal employee Marianne Conte. Marianne had worked for the Seminole Tribe of Florida for 11 years in the Accounting Department.
One might ask, why a party for an Administration Assistant to the Accounting Department?
The answer is that Marianne performed more than just accounting work. She was the right hand person to Hollywood Councilman Max Osceola, Jr. Marianne made sure requests for Max from the Hollywood tribal citizens were met. She also helped process subsistence requests from the Education Department to Seminole college students.
Marianne's job duties and assignments were enough to keep two or three people busy but, in reality, she did all of the work. She was, without a doubt, the hardest working individual ever employed by the Seminole Tribe.
On Sept. 4, Marianne's last day on the job, the tribe threw a luncheon in honor of her departure. The Public Relations Department sponsored the luncheon. Maureen Vass and her assistant, Jennifer Keefe, did a great job in preparing the party.
In attendance were a select group of co-workers and friends. There were a few officials present, such as Hollywood Councilman Max Osceola, Jr., President/Acting Chairman Mitchell Cypress and Big Cypress Councilman David Cypress.
Max Osceola shared warm words of appreciation for the work that

Marianne performed over the years. Max stunned Marianne and everyone present when he told her about the parting gift she had worked so hard to earn.
Marianne received a weeklong all-expenses paid vacation to Hawaii, a trip she can take whenever she chooses to do so.



Max Ocoela and Marianne Conte.
The next officials to wish Marianne the best at the party were David and Mitchell.
David wished her well and said that the tribe was losing a hard-working, dedicated individual.
Mitchell said that it would not be easy to part with a worker like Marianne. She had become such a

valued employee of the tribe that letting her go would be a hard task to do.
Mitchell thanked Marianne for all of her years of dedication to the tribe and wished her well in her future endeavors.
The gifts presentation was far from over. Marianne received a beaded checkbook and key chain, and Native American inspired jewelry. A quilt was presented to her by Vass, who said the quilt was from everyone at the tribal headquarters.
Marianne said that it had been a great eleven years working with everyone. She had learned so much about the tribe's administrative structure and the tribe itself.
She said that the past eleven years would always be a special time in her life and she appreciated the show of gratitude from everyone.
Earlier in the luncheon, Max announced that the luncheon would not be the only sign of appreciation from the tribe. The Senior Citizens were planning a luncheon for Marianne, and so were business associates of the tribe. This announcement was met with approval by everyone.
These signs of affection, for an individual so dedicated and deserving, will hopefully show Marianne how sorely she will be missed within the tribe's administrative and personnel structure.
So long Marianne, you will never really realize how much you were appreciated and treasured. As you look back upon your tenure as employee and friend to the tribe with fondness and heartwarming happiness, you will truly be missed by all.

Happy Birthday Annie Jimmie!

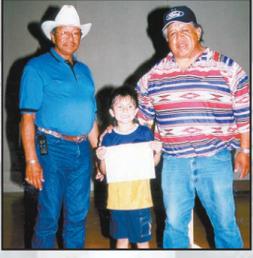
On September 9, 2002 the family of Annie Jimmie gathered at her home to help celebrate her 103rd birthday! Congratulations to Annie on this, her special day!



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2002 Incentive Awards



**By Paula Cassels
Photos by Paula Cassels**
BRIGHTON — On Sept. 18, the Seminole students were recognized for the previous year's achievements at the Brighton 2002 Incentive Awards.

After the opening dinner, Assistant Director of Education Louise Gopher thanked Debbie Johns for her work on the table arrangements and the Incentive Awards Program.

Gopher also thanked Stacy Jones for her long hours of hard work. Jones made sure all of the kids' grade point averages and attendance records were accurate.

Acting Chairman/President Mitchell Cypress congratulated the students and thanked everyone for their work in organizing the Incentive Awards Ceremony.

Brighton Council Representative John Wayne Huff, Sr. also congratulated the students, and their parents as well, for the students' achievements.

The night's keynote speaker was attorney Travis Trueblood, a graduate of Florida State University, thanked everyone for inviting him to speak.

Trueblood comes from Cherokee, NC which is a small community similar to Brighton. He didn't know what he wanted to be when he grew up, but his parents encouraged him to stay in school until he decided.

Now, he's an attorney and Trueblood has used his education to help Indian people. He encouraged any students who have ambitions about becoming an attorney to come and speak to him.



Brighton Incentive Awards List:

Kindergarten

- Baker, Justice
- Baker, Kylier
- Beer, Ashton
- Billie, Breanna
- Billie, Korvette
- Billie, Paul
- Burke, Skyler
- Buster, Tristan
- Chalfant, Dylan
- Cortez, Larissa
- Doney, Kirsten
- Eagle, Jennie
- Gopher, Maude
- Gore, Warren
- Huff, Frank
- Johns, Anthony
- Osceola, Delaney
- Osceola, Jessi
- Puente, Myrick
- Robinson, Raina
- Youngblood, Acealyn
- Youngblood, Everett

Majority A's (3.80 GPA or higher)

- Brantley, Stevie2nd Grade
- Huff, Mary6th Grade
- Nunez, Destiny1st Grade
- Peterson, Heather6th Grade

'A' Average (3.57 - 3.79 GPA)

- Billie, Lois2nd Grade
- Smith, Janet1st Grade

'B' Average (2.80 - 3.56 GPA)

- Arledge, Bryan9th Grade
- Baker, Jaryaca1st Grade
- Billie, Erena1st Grade
- Bishop, Wesley8th Grade
- Cortez, Emily5th Grade
- Cypress, Ariana5th Grade
- Cypress, James9th Grade
- Driggers, Alona10th Grade
- Gopher, Hilliard5th Grade
- Huston, Garrett1st Grade
- Jackson, Tommy2nd Grade
- Jones, Melanie4th Grade
- Jones, Philip1st Grade
- Jones, Sheila2nd Grade
- Jumper, Cordey5th Grade
- Nunez, Alicia3rd Grade
- Osceola, D'Anna9th Grade
- Osceola, Minnie2nd Grade
- Osceola, Ryan4th Grade
- Pewo, Tallbird5th Grade
- Smith, Brittany6th Grade
- Snow, Audrey8th Grade
- Urbina, Rosa1st Grade
- Youngblood, Stormin2nd Grade

Advanced Class

- Peterson, Heather6th Grade (2 classes)
- Chalfant, Jennifer7th Grade (1 class)

Honor Class

- Osceola, D'Anna9th Grade (3 classes)
- Smith, Jarrid11th Grade (2 classes)

Improved GPA

- Arledge, Bryan9th Grade
- Billie, Erena1st Grade
- Billie, Terrance4th Grade
- Billie, Troy6th Grade
- Bishop, Wesley8th Grade
- Buck, Jewel4th Grade
- Chalfant, Justin4th Grade
- Cortez, Emily5th Grade
- Huffman, Kimberly6th Grade
- Hunsinger, Pierson5th Grade
- Huston, Garrett1st Grade
- Jones, Melanie4th Grade
- Jones, Philip1st Grade
- Josh, Hillary3rd Grade
- Jumper, Cordell5th Grade
- Jumper, Cordey5th Grade
- Micco, Wade1st Grade
- Olivarez, Christopher1st Grade
- Osceola, Minnie2nd Grade
- Osceola, Randel5th Grade
- Robinson, Eric3rd Grade
- Shore, Randy1st Grade
- Smith, Brittany6th Grade
- Smith, Corey3rd Grade
- Smith, JT1st Grade
- Snow, Josie7th Grade
- Spencer, Ashley4th Grade
- Spencer, Bret4th Grade
- Tommie, Marshall1st Grade
- Urbina, Nikki5th Grade
- Urbina, Rosa1st Grade

Absent Less Than 3 Days

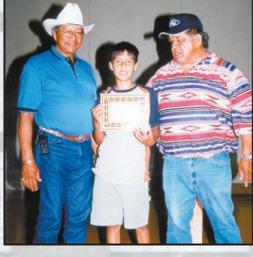
- Billie, Troy6th Grade
- Chalfant, Jennifer7th Grade
- Huff, Mary6th Grade
- Huff, Ty3rd Grade
- Jones, Melanie4th Grade
- Jones, Sheila2nd Grade
- Loudermilk, Dexter7th Grade
- Osceola, DelaneyKindergarten
- Osceola, Minnie2nd Grade
- Osceola, Randel5th Grade
- Peterson, Heather6th Grade
- Robinson, Eric3rd Grade
- Robinson, Jacob7th Grade
- Smith, CeeJae4th Grade
- Smith, Stephanie6th Grade
- Urbina, Rosa1st Grade
- Youngblood, Daylon4th Grade

Perfect Attendance

- Baker, Jaryaca1st Grade
- Billie, Lois2nd Grade
- Billie, Shaun5th Grade
- Jumper, Cordey5th Grade
- Miller, Kerwin6th Grade
- Pewo, Tallbird5th Grade

All 'A's

- Nunez, Destiny1st Grade
- Peterson, Heather6th Grade



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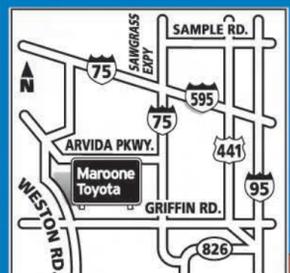
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MARO-3427 John



Labor Day Golf Tournament



Elrod Bowers

By Elrod Bowers
FORT LAUDERDALE — A dozen teams competed on a very wet and sloppy Labor Day afternoon at the Bonaventure Golf and Country Club.

The majority of the two-man teams weren't able to finish their rounds, because of a tremendous downpour in the late afternoon.

The results are:
Two-man Scramble- 1) (69) Jeremy Harrison, Scarlett Young 2) (72) Jimbo Osceola, Keeno King 3) (73) Bobby Frank, Josh Harrison 4) (73) Jeremy Bowers, Charlie Cypress 5) (75) Bo Young, Salaw Hummingbird
Most Honest Score- (89) Bob Green, Rick Macek
Closest to Pin- #3- Jeremy Harrison, #6- Jeremy Harrison, Jackie Thompson, #12- Max Osceola, #17- Charlie Cypress
Longest Drive- Men- Brett Green,
Women- Jackie Thompson, **Seniors-** Max Osceola
Longest Putt- Bobby Frank

Josh Harrison swings out of the fairway bunker.

Labor Day Bowling Tournament

By Paula Cassels
OKEECHOBEE — On Aug. 31, at the Stardust Lanes, Seminole tribal members from all reservations came to try their luck at the Labor Day Bowling Tournament.

Although they needed seven more women bowlers to even up the teams, the tournament got underway was very competitive.

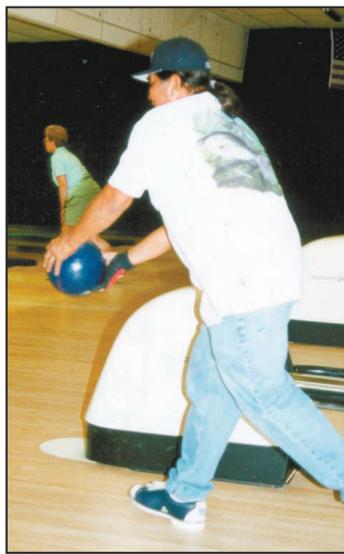
The results are:

Bowling Results

Regular: 1) (420) Bobby Frank & Terry Frank 2) (376) Roger Smith & Diane Smith 3) (371) Joey Micco & Reina Micco 4) (354) Pernell Bert & Nadine Tommie 5) (344) Sampson Gopher & Shannon Gopher 6-7) (335) Weems Buck & Donna Buck, Mathew Tiger & Salina Dorgan

3-6-9: 1) (474) Danny Jones & Rosetta Bowers 2) (461) Elbert Snow & Terry Frank 3) (453) Matthew Tiger & Patricia Wilcox 4) (429) Jesse Urbina & Alfreda Musket 5) (427) Parker Jones & Diane Smith 6) (415) Marcy Osceola & Nadine Tommie 7) (411) David Jumper & Dawn Fertita

No Tap: 1) (532) John Madrigal & Linda Tommie 2) (489) Matthew Tiger & Doreen Osceola 3) (430) Rufus Tiger & Rosetta Bowers 4) (428) Duane Jones & Addie Osceola 5) (419) Roger Smith &



Weems Buck

Salina Dorgan 6) (418) Elton Shore & Joanne Osceola 7) (411) Leon Wilcox & Alfreda Billie

Hollywood Recreation Takes On The Dolphins, Fury



Miami All Pro Team

By Paula Cassels
HOLLYWOOD — On Sept. 14, at the Osceola Park, six former Dolphins and two female Miami Fury football players matched up in a flag football game against the Hollywood Recreation team.

Assistant Recreation Director Bo Young coached the Hollywood Recreation Team.

Coaching for the Miami All Pro team was Alan Wilhelm, the referees were Joe Grassi and Bob Segal.

Lining up for the Miami All-Pro team was Harvey Clayton, James Pruitt, E.J. Junior, Chris Conlin, Ed Carney and Jim Jensen.

Joining the Dolphins were Miami Fury players Anita Marks and Tammy Terrell.

The Hollywood Recreation team was Chris Osceola, Julius Flott, Darin Osceola, Derrick Smith, Travis Osceola,

Brad Noah and Kenny Bayon.

In the first quarter, the Hollywood Recreation team was looking good and even had a chance to score a few times.

In the second quarter Anita Marks, who plays quarterback for the Miami Fury, came in to the game with her smooth passing arm.

In the third quarter Tammy "Road Runner" Terrell's lightning speed, helped her score a touchdown.

The Hollywood Recreation Cheerleaders Patrice McCrea, Bianca Robinson, Grace H., Marina Vergel and Simone Corby cheered the Hollywood team as they finished with a final score of Miami All Pro- 24, Hollywood Recreation- 7.

Congratulations to everyone for a great game.

Hollywood Seminole Flag Football Team

By Paula Cassels

PEMBROKE PINES — On Sept. 4, the first all-Seminole team played their first flag football game at the Pasadena Lakes football field.

Sponsored by Hollywood Recreation, the Green Bay Packers has a roster of 15 Tribal members, ages 5-7.

According to Head Coach Kenny Descheene, this may be the only time there will be an all-Seminole flag football team in the league. Usually, Seminole players compete against each other on different teams.

Green Bay's first opponent was the Buccaneers. Early in the game, quarterback Conrad Jones called the "Jordan Sweep Left".

Running back Jordan Baker took the football and scored the first touchdown for the team. On the next play, Conrad dove into the end zone for the extra point. All in all, it was a very exciting and fast paced game.

Head Coach Descheene played high school football and eight years in the Seminole Recreation Turkey Bowl. He also coached the Adams Baseball and Tee Ball teams.

Terry Tartsah is the assistant coach for the Pasadena Green Bay Packers team. He played high school football in Oklahoma and at Haskell Indian College in Kansas.

Green Bay practices on Monday, Tuesday and Wednesday evenings, three times a week from 6:30-7:30 p.m.

Although there is a waiting list for players, the team needs cheerleaders. For more information and kick-off times, call Hollywood Recreation (954)989-9457.



L-R: Buccaneers V.S. Green Bay Packers.



All Seminole Green Bay Packers

Mary R. Tiger Pool Tournament

TAMIAMI TRAIL — Tournament organizer Terry Willie held another excellent tournament honoring the late Mary R. Tiger on the weekend of Sept. 13-14.

Members of the Seminole and Miccosukee Tribes filled the white dome alongside the Miccosukee Resort and Convention Center for two days of All-Indian pool action.

Play began on Friday night with the Senior Men and Women Singles and a late night 9-ball tournament. The Senior singles winners, David Cypress and Mabel Osceola, were presented with very impressive trophies that measured almost three feet in height.

The next day was wall-to-wall action. 51 men vied for the Men's Singles trophy, while 28 women competed for the Women's Singles title.

In addition to the Singles tournament, there was also a Scotch Doubles and 9-Ball tournament.

Woody Wilson, of Trail, won the Men's Singles while Theresa Boromei, of Brighton, won the Women's Singles.

Throughout the day, Willie provided all of the players and spectators with softke and a generous buffet of Indian food. A large screen television showed the UM-Temple scrimmage during the tournament.

As the 9-Ball tournament wound down in the late evening, many players and spectators stayed to watch the de la Hoya-Vargas fight.

The results are:

Senior Men's 8-Ball- 1) David Cypress 2) Joe Jr. Billie 3) George Grasshopper 4) Moke Osceola 5) Keeno King

Senior Women's 8-Ball- 1) Mabel Osceola 2) Linda J. Billie 3) Juanita Osceola 4) Louise Osceola 5) Louise Billie

Men's 9-Ball- 1-2) Raymond Garza, Ira Buster

Women's 9-Ball- 1) Theresa Boromei 2) Janel Billie

Adult Men's 8-Ball- 1) Woody Wilson 2) David Cypress 3) Boogie Nunez 4) Elrod Bowers 5) Warren Wilson

Adult Women's 8-Ball- 1) Theresa Boromei 2) Linda Billie 3) Janel Billie 4) Esther Buster 5) Crystal Smith

Scotch Doubles- 1) Dallas Nunez/Dale Grasshopper 2) Jack Billie/Emma Jane Urbina 3) Eugene Tiger/Beverly Billie 4) David Cypress/Juanita Osceola 5) Mike



Elrod Bowers

Men's 8-Ball Singles winner Woody Wilson.

Gentry/Janel Billie
Men's 9-Ball- 1) Elrod Bowers 2) Buck Wilson 3) Randy Clay 4) Raymond Garza 5) Gary Clay
Women's 9-Ball- 1) Linda Billie 2) Emma Jane Urbina 3) Virginia Billie

Brighton "Buckle Series" Kids Rodeo

By Paula Cassels
BRIGHTON — On Aug. 30, the third and final "Buckle Series" kids rodeo was held at the Fred Smith Rodeo Arena.

The third and final rodeo was originally scheduled to happen at the Immokalee Rodeo Arena on Aug. 17.

However, about an hour into the rodeo the performance was canceled due to rain and lightning.

The results are:

Kids Rodeo Buckle Series Final Dummy Calf Roping
 1(tie). Kalgary Johns 4 / 5
 1(tie). Dustin Cunde 4 / 5
 3. Candy Jumper 3 / 5

Calf Riding
 1. Nate Straton 4.18
 2. J.J. John 3.75
 3. Ethan Gopher 2.50

Pony Riding
 1. Austin Holmes 71
 2. Ethan Gopher 70
 3. Andrew Holmes 68

Senior Steer Undecorating
 1. Joshua Torres 3.354
 2. Randel Osceola 29.023

Senior Breakaway Roping
 1. Benny Hernandez 4.34
 2. Dayne Johns 6.07
 3. Joshua Torres 8.96

Pee Wee Barrels
 1. Bailey Pohle 24.109
 2. Andre Jumper 25.516
 3. Cicera Howard 29.537

Junior Barrels
 1. Jonathan Torres 20.248
 2. Taylor Johns 24.800
 3. Ravenne Osceola 25.597



Paula Cassels

Steer Riding

Senior Team Roping
 1. Joshua/Jonathan Torres 10.95
 2. Benny Hernandez/Joe Hipp 37.32

Senior Barrels
 1. Paige Pohle 16.636
 2. Leanna Billie 17.372
 3. Reba Osceola 17.581

Pee Wee Mutton Busting
 1. Codi Sparks 30
 2. Kelton Smedley 17.44
 3. Andre Jumper 10.

Steer Riding
 1. Seth Randolph 77
 2. Randel Osceola 73
 3. Jeremy Urbina 2.53

Senior Breakaway Roping
 1. Dayne Johns 6.74

2. Georgie Williams 13.01

Junior Bull Riding
 1. J.W. Kaufman 72

Series Champion Buckle Winners:
 Jr. Breakaway Roper- Jonathan Torres
 Sr. Breakaway Roper- Joshua Torres
 Team Roping Header- Benny Hernandez
 Team Roping Heeler- Joe Hipp
 Pee Wee Barrels- Baylie Pohle
 Jr. Barrels- Ravenne Osceola
 Sr. Barrels- Paige Pohle
 Dummy Calf Roper- Candy Jumper
 Mutton Busting- Andre Jumper
 Calf Riding- Ethan Gopher
 Steer Riding- Seth Randolph
 Jr. Bull Riding- J.W. Kaufman
 Pony Riding- Seth Randolph
 Sr. Steer Undecorating- Benny Hernandez

6th Annual Randolph Clay Memorial Pool Tournament

October 4 & 5, 2002

Hollywood Gym

Friday, Oct. 4- Seniors(over 50) & Youth Division(under 18)
 Register 4-6:00 p.m., Start 6:30 p.m. Seniors mixed to follow

Saturday, Oct. 5- Adult Division(18 & over)

Register 10:00 a.m.-12:00 p.m. Start 12:30 p.m.

Adult mixed will follow

Food will be served.

Payout & trophies for first 6 places for all divisions.

Any questions contact Brande' Clay at (954) 214-7176.

Sponsored by Max Osceola, Jr.



Sports & Recreation ❖

Adam C. Billie Memorial Basketball Tournament

By Alexandra Frank

HOLLYWOOD — Another year has gone by and the Adam C. Billie Memorial Basketball Tournament once again was held at the Hollywood Gymnasium. This year there were seven men's teams and five women's teams playing ball to see who win the title of champions at this year's tournament.

There were a few surprises at this year's event, there were three women's teams from two different states. Washington had one women's team and Arizona had two women's teams.

For a day and a half, participants of the tournament sweated, strained and pushed their playing abilities to the limits. The players literally sweated it out, as the temperature in the gym reached 98 degrees and higher from time to time.

The two dominant teams at the tournament were the Hurricanes (men's) and Arizona Company (women's). Although these two teams were tough to

play against, they still had to fend off teams like Bad Company (men's) and the Miccosukee Ladies to make it to the top.

It was the final game that was the highlight of the tournament. Arizona Company faced off with the Arizona Natives. The two teams competed in a heated game that had the audience cheering for their favorite squad.

Arizona Natives had the speed and the shooting skills to give Arizona Company a tough game to play.

However, they did not have a strong forward and strong defensive play needed to defeat Arizona Company.

Arizona Company defeated Arizona Natives, 87-71, and were crowned the ladies' champions of the Adam C. Billie Memorial Basketball Tournament.

In the Men's Final, the Ruff Ryders had to go face to face with the Hurricanes, after the Hurricanes defeated Bad Company, 51-35.

The two teams started out with strong defensive play and little scoring. The Ruff Ryders' offense struggled to find their rhythm and scored points with a lot of difficulty.

As the game progressed, it became apparent that the Hurricanes were not going to let down their guard. They showed superb shooting and defensive abilities and moved ahead by at least 20 points in the first quarter.

The Ruff Ryders played with everything they had to overcome the Hurricanes. There were times they came close to catching up in points, but could not quite succeed.

Ultimately, the Hurricanes defeated the Ruff Ryders, 67-43, and crowned the Men's Champions of the tournament. Jackets and trophies were handed out to the winners at the close of the Adam C. Billie Memorial Basketball Tournament.



Bowling winners Jessie, Mitchell Cypress, Buddy Sweat and Boogie Nunez.

Stardust Lanes Non-Resident Bowling And Billiards Tournament

By Alexandra Frank

OKEECHOBEE — The Stardust Lanes served as the tournament site for the first ever Non-Resident Bowling and Billiards Tournament.

The event, coordinated by David Nunez, was sponsored by President/Acting Chairman Mitchell Cypress. The event was held to bring together all tribal citizens from the Brighton Reservation that now live in and around the town of Okeechobee.

The tournaments were a gesture to show the non-residents that they were not forgotten or being overlooked.

President/Acting Chairman Mitchell Cypress spoke to the tournament participants, letting them know that David Nunez is the non-resident liaison to the Chairman's and President's office.

He also wanted the participants to know that they would always have someone to turn to when they needed

help.

The tournament is a great way of letting the tribal citizens who live off of the reservation know that they are important and will always be involved in tribal activities.

The tournament hosted a magic show and a door prize segment. Everyone walked away a winner, listed below are the winners of the bowling and billiards tournament.

Bowling Adult Men: Buddy Sweat 460, Mitchell Cypress 416, Daniel Nunez 394, and Jessie 393.

Women's: Salina Dorgan 541, Wendy 512, Peggy Nunez 480, and Rinella Cortez 476.

Pool Tournament Children 7 & Under: Amelia, Frank H., Kelton, and Desiree.
8 & Over: Brandon B., Hilliard, Courtney M., and Terence B.



Osceola Hosts 2nd Annual SW Florida Open

By Libby Blake

NAPLES — Former U.S. Open champion Tommy Kennedy of Florida beat top pro Rodney "The Rocket" Morris of Hawaii in the finals to win the 2nd Annual Southwest Florida 9-Ball Open.

However, Rodney "The Rocket" Morris showed the crowd, which included the legendary Steve Mizerak, how he got his name by winning 33 straight racks at the Open, which was held on Sept. 14 - 15 at Art's Place in Naples.

Morris needed only 36 minutes to beat Naples' Glen Olson 11 - 0 in the quarterfinals. The wins advanced the undefeated Morris to the hot seat for the finals on Sunday.

Morris watched as the rest of the field battled through the loser's bracket for the chance to unseat him in the race-to-13 final.

Some of the best players in the country were slowly eliminated throughout the day, including Predator Cues-sponsored pro Troy Frank, World Snooker champion Richard Broumpton, and 2002 Florida State 9-Ball champion Mario Cruz.

In the end, Tommy "TK from FLA" Kennedy faced off with Morris. Kennedy had scratched his way past Frank (11-7), Dave Grossman (11-4), and Johnny Stone (11-8). Stone had sent Kennedy to the losers bracket earlier in the day in a nail-biting 11-10 set.

Kennedy, the first unseeded player to win the U.S. Open 9-Ball championship, currently runs the J. Pechauer S.E. Open 9-Ball Tour.

When the finals got underway, Morris won the toss and broke the first rack, but failed to pocket a ball. Kennedy set the pace of the match, and methodically pocketed 16 balls before allowing Morris back to the table.

The slow pace appeared to affect Morris, who struggled to tie the match at 1-1.

Kennedy won the next three games before Morris could recover. With the match at 4-3, Kennedy ran the next six racks to lengthen his lead to 10-3.

Kennedy then missed an 8-ball, which allowed Morris to get back to the table and win a couple of games to make it 10-5. Morris failed to pocket a ball on the next break and gave the table back to Kennedy.

Later, with the score 12-5, Morris had another opportunity to make a comeback. He won two games, but again lost the table to Kennedy who finished the rack for the win. Final score: 13-7, Tommy Kennedy.

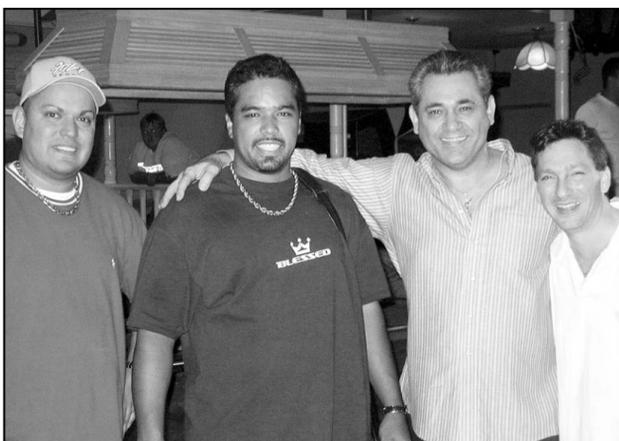
Last year's winner, Buddy "The Rifleman" Hall, provided excitement on Saturday.

After suffering a loss to Johnny Stone, Hall was battling his way through the competition when he got into an argument with Riche Richeson. Hall was leading the set 10-6 when he exchanged heated words with Richeson, Hall then angrily broke down his cue and stormed from the building, forfeiting the match.

This year's event drew a total of 45 players, which tournament sponsor O.B. Osceola and director John DiToro were pleased with, considering the event competed against another major tournament in Nashville, TN.

Payouts were adjusted accordingly, with the top spot paying \$4,500 and only paying out to 12 places instead of 16.

The results were: 1) Tommy Kennedy 2) Rodney Morris 3) Johnny Stone 4) Dave Grossman 5-6) Glen Olson, Troy Frank 7-8) Brian Diablos, Mario Cruz 9-12) Richard Broumpton, Riche Richeson, Tony Crosby, John DiToro.



L-R: O.B. Osceola, Rodney Morris, John DiToro and SW Open winner Tommy Kennedy.

Team Florida Baseball: Jerome Davis Jr.

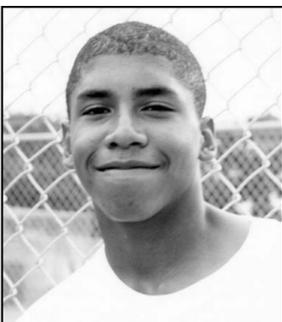
Jerome Davis, 14, is a member of the Bird clan. He is the grandson of the late Hope Tommy Wilcox.

Jerome is one of the baseball players for Team Florida that captured the Bronze Medal at the 2002 Indigenous Games.

Davis currently resides on the Hollywood Reservation with his mother Patricia Wilcox and brother Neko Osceola. Jerome, a freshman at American Heritage School, plays on the Junior Varsity Football team. He also participates in Bull Riding and Basketball.

In his spare time, Jerome enjoys spending time with his little brother, riding on his 4-wheeler and listening to music.

Congratulations Jerome, on your Bronze Medal for Baseball.



Jerome Davis, Jr.

Team Florida Baseball: Lucas Osceola

Lucas Osceola, 15, lives in Weston and attends American Heritage. He is the son of Pete Osceola and Arnie Lou Gore. Lucas is a member of Team Florida Baseball, who won a bronze medal at this year's Indigenous Games.

The tenth grader plays pitcher, first base and outfield. He first started playing baseball in the Seminole Reservation league, and currently plays for American Heritage.

Lucas was very excited about going to the Indigenous Games. He had



Lucas Osceola

tried out for the 1997 Games, but did not make the team.

He was disappointed about not winning the gold medal. Although they captured the bronze, he felt they should have won the gold.

Lucas is looking forward to playing baseball again at the 2005 Indigenous Games, where he expects to play for

gold. Congratulations Lucas, on your team's win and for bringing home the bronze medal for your tribe.

Upcoming Tribal Events

Sept. 27- Indian Day
Sept. 27- 3-on-3 Basketball Tournament, Hollywood Seminole Gym - Sign in: 9:00 a.m., start: 10:00 a.m. Maximum 4-man roster. - Men's and Women's divisions, for info call (954) 989-9457.

Sept. 27-28 - 3rd Annual Malcolm Tigertail Basketball Tournament at the Big Cypress Gymnasium - 8 person roster, submitted before first game. Roster deadline: Sept. 25, for info call (863) 983-9659.

Sept. 27-28 - Cecil Johns Memorial Bowling Tournament - Strikers Family Sportscenter, 8500 NW 44th St, Sunrise
Sept. 27- Major-Minor Youth Tournament, start at noon.

Sept. 28- Adult Doubles Tournament, start at noon. For info, call William Johns at (954) 963-5663.

Oct. 3 - Diabetic Hawaiian Luau, Polynesian Show & Dinner - Brighton Reservation Gymnasium, 6-9:00 p.m.

Oct. 4-5 - Randolph Clay Pool Tournament - Hollywood Gymnasium Oct. 4- Youth and Seniors, Oct. 5- Adults

Oct. 15 - Team Florida Coaches Meeting - Big Cypress Community Center, 10:30 a.m. - For info, call: Hollywood (954) 989-9457, Brighton (863) 763-4128, Big Cypress (863) 983-9659.

Brighton Recreation News

Submitted by Stan Frischman, Brighton Recreation Director
Weight Loss Program to Begin in October

Need a little incentive to help shed those unwanted pounds you're lugging around? Then, this is the program for you. The Recreation Department, the Clinic, the Councilman's Office and others have come together to bring this program back, by popular demand.

The weight loss program committee recently met to begin to establish guidelines, activities and helpful information for the upcoming program, which is slated to begin the first week of October. Committee members will meet one more time to finalize contest rules, regulations and prizes to be awarded.

Be sure to check your mailboxes and community bulletin boards for contest information around the last week of September.

Also, stop by the Clinic to meet our new Nutritionist, Beth Skinner. Her experience in the field of nutrition will be very helpful in your attempt to meet your weight loss goal.

Leagues Now Forming

Be sure to stop by the gym to sign up for a "league of your own." We are now taking sign-ups for four different leagues beginning in October.

Youth & Teen Basketball: Monday nights from 6-9:00 p.m. Players and coaches meeting, Sept. 9, 6:00 p.m. Coaches needed.

Adult Basketball: Tuesday nights, 6-9:00 p.m. Players meeting, Sept. 17, 6:00 p.m.

Adult Co-ed Volleyball: Wednesday nights, 6-9:00 p.m. Players meeting, Sept. 18, 6:00 p.m.

Adult Co-ed Billiards: Thursday nights, 6-9:00 p.m. Players meeting, Sept. 19, 6:00 p.m.

What a great way to get in shape, have fun and spend time with your friends. Sign-up sheets are located in the gymnasium lobby. Don't delay, sign up today!

Fitness for Seniors

If you are 55 years or older and looking to stay in shape, we can develop a plan for you to help you look good and feel great!

Every Monday, Tuesday and Thursday evening at 5:00 p.m. certified personal trainer Jody Goodman will be here to design an exercise program tailored to your individual needs.

Jody, who is also the Maintenance Supervisor here on the reservation has many years of experience in the fitness field. Let her put her experience to work for you, to help achieve your goals with a well-rounded exercise pro-

Team Pompano Wins Invitational Basketball Tournament

By Paula Cassels

HOLLYWOOD — On Sept. 5-7, the Men's Fall Invitational Basketball Tournament took place.

Sponsored by the Seminole Tribe and hosted by Richard Osceola, the tournament featured 10 teams competing in a winner-take-all format. The championship game pitted Team Pompano against the 64 City Blues.

Team Pompano kept a steady lead over the 64 City Blues and won the tournament championship, 79 to 49.

The participating teams were Team Pompano, 64 City Blues, Hurricanes, Clash, Brighton, Wildcats, NDNS, Bad Company, WholeSale and B.C.



Paula Cassels

Announcements ❖ Ahnahhegeh ❖ Nakorkerkecety



Job Opportunities

For an application or more information, please contact the Human Resources Department at 954-967-3403

The Seminole Tribe of Florida is a drug free workplace. Drug Screening is a requirement of employment.

We exercise Native American preference.

HOLLYWOOD

Position: Admin. Asst.
Department: Corporate Board Acctg.
Position Opens: 3-21-02
Position Closes: 4-4-02
Salary: \$Negotiable with benefits.
* Position still available*

Position: Alligator Wrestler
Department: Okalee Village
Position Opens: 9-10-01
Position Closes: 9-24-01
* Position still available *

Position: Counselor
Department: Health
Position Opens: 9-16-02
Position Closes: 9-30-02
Salary: \$ Negotiable with benefits.

Position: Data Entry Clerk (A/P)
Department: Accounting
Position Opens: 9-16-02
Position Closes: 9-30-02
Salary: \$20,800 annually with benefits.

Position: Operator Maintenance Trainee
Department: Utilities
Position Opens: 7-15-02
Position Closes: 7-29-02
Salary: \$ 18,720 annually with benefits.
* Position still available *

Position: Real Estate Services. Mgr.
Department: Residential Services
Position Opens: 6-27-02
Position Closes: 7-11-02
Salary: \$ Negotiable with benefits.
* Position still available *

Position: Chief Operating Officer
Department: President's Office
Position Opens: 8-5-02
Position Closes: 8-19-02
Salary: \$ Negotiable w/experience, w/benefits

Position: Senior Surveillance Officer
Department: Gaming Compliance and Regulations
Position Opens: 9-16-02
Position Closes: 9-30-02
Salary: \$ Negotiable with benefits.

Position: Skilled Carpenter (3)
Department: Housing
Position Opens: 6-6-02
Position Closes: 6-20-02
Salary: \$ 29,120 - 33,280 annually with benefits.
* Position still available *

Position: Skilled Laborer (2)
Department: Housing
Position Opens: 6-6-02
Position Closes: 6-20-02
Salary: \$ 20,800 - 29,120 annually with benefits.

Position: Snake Handler
Department: Okalee Village
Position Opens: 9-10-01

Position Closes: 9-24-01
Salary: \$20, 800 with benefits

Position: Working Superintendent (2)
Department: Housing
Position Opens: 6-6-02
Position Closes: 6-20-02
Salary: \$35,360 - 37,440 annually with benefits.
* Position still available *

BRIGHTON

Position: Foster Care Worker
Department: Health
Position Opens: 8/26/02
Position Closes: 9/9/02
Salary: \$ Negotiable w/benefits

Position: Operator Maintenance Trainee
Department: Utilities
Position Opens: 8-12-02
Position Closes: 8-26-02
Salary: \$ 18, 720 annually with benefits.
* Position still available *

Position: Medical Assistant
Department: Health
Position Opens: 3-14-02
Position Closes: 3-28-02
Salary: \$ 20,800 annually with benefits.
* Position still available *

Position: Tag Clerk
Department: Secretary Treasurer
Position Opens: 8-26-02
Position Closes: 9-9-02
Salary: \$ Negotiable w/ benefits.

BIG CYPRESS

Position: Assistant Cook Mgr.
Department: Preschool
Position Opens: 3-14-02
Position Closes: 3-28-02
Salary: \$ 18,000 annually with benefits.
* Position still available*

Position: Cook Manager
Department: Preschool
Position Opens: 9-16-02
Position Closes: 9-30-02
Salary: \$ Negotiable with benefits.

Position: Guidance Counselor
Department: Ahfachkee School
Position Opens: 9-3-02
Position Closes: 9-16-02
Salary: \$ Negotiable with experience with benefits.

Position: Varying Exceptionalities Teacher
Department: Ahfachkee School
Position Opens: 7-29-02
Position Closes: 8-12-02
Salary: Negotiable with experience with benefits.
Position still available

Position: Physical Ed./Health Teacher
Department: Ahfachkee School
Position Opens: 7-22-02
Position Closes: 8-5-02
Salary: \$Negotiable with Benefits

Position: Utility Clerk
Department: Utilities
Position Opens: 3-21-02
Position Closes: 4-4-02
Salary: \$18,700 annually with benefits.

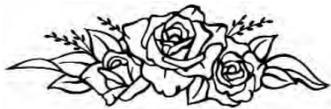
Position: Foster Care Worker
Department: Health
Position Opens: 9-3-02
Position Closes: 9-16-02
Salary: \$ Negotiable with benefits.

Position: Maintenance Worker
Department: Recreation
Position Opens: 12-19-01
Position Closes: 1-2-02
Salary: \$ 14,500 with benefits.

Position: Operator Maint. Trainee
Department: Utilities
Position Opens: 6-6-02
Position Closes: 6-20-02
Salary: \$ 18,700 annually with benefits.

Position: Video Programmer
Department: Broadcasting

Anniversary



Happy Anniversary to **Terri and Bobby Frank** on September 15 from your "Sidekicks".

Message

To David:
The love of my life. I hope you will forgive me.
Love,
Gina

Happy Birthday



Kirsten Metcalf
Will be 2 years old on September 11, 2002. Happy Birthday to our beautiful baby girl! We Love You. Love, Mom, Dad and Jolee.

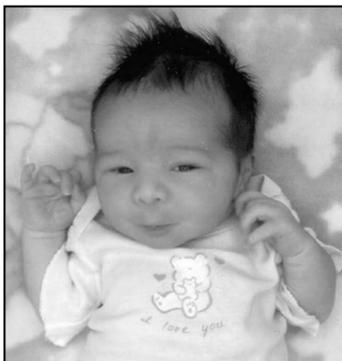


Kirk Dildine, Jr. Happy 1st Birthday.
We love you very, very much. Mommy, Daddy, Shannon and Grandma

Births



Jolee Macie Metcalf
Newborn 3:35 p.m. August 23, 2002. 7 lbs., 12 oz. and 19 1/2" long. Born to Melissa & Jesse Metcalf, Jr. Grandparents are Paul & Meg Buster and Jesse Metcalf, Sr. and Toby Miles.

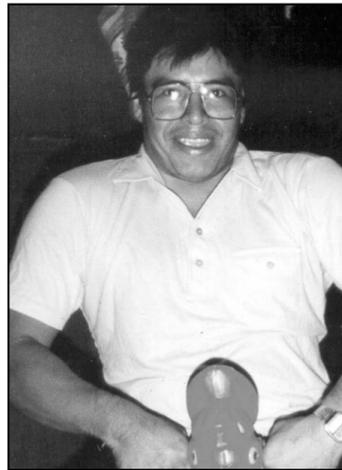


Welcome baby boy Desmond Elliot Sisneroz-Miller, born Aug. 12, 2002 at 6:14 p.m. 7 lbs., 14 oz, 21.25 inches.

Parents Amanda Sisneroz and David Miller, Grandparents Barbara Cypress and Larry Sisneroz, It's our 4th grandson and also another one on Nov. 22, 2002. We Love Them All.



Mallorie Hayes Thomas
We would like to welcome our new bundle of joy **Mallorie Hayes Thomas** born on August 3, 2002 at Lee Memorial Health Park, in Ft. Myers. She was 5 lbs. 12 oz. and 19 inches long. Proud parents are Amanda Smith from Brighton and M. Derrick Thomas of Laurel, Mississippi. Maternal Grandparents are Roger and Diane Smith of Brighton. Maternal Grandparents are Mary Shoemaker and Clarence Thomas of Mississippi.



September 10th. Happy 44th Birthday to our dad **Mingo Jones** from Lorenzo, Konrad, Brandi and Cassandra Jones.

Pa-Pa you're the greatest from your grandkids Mi-Lyn, Brandon, Daniel Jr., Francisco and Talia. We love you! After all these years he still doesn't act his age!

A special birthday wish for my darling husband! My first love and only love. It's been 21 wonderful years. Nothing can come between us. It only gets better as the years come and go. Our love grows stronger and stronger every day!

God truly blessed me when he sent you my way! Your loving wife,
Linda Gore Jones.



Stephanie Beaver,
Because you always add a special touch of beauty to life, you're wished a birthday filled with all the love and happiness you deserve, I love you guys and I miss you too, too much! See ya soon!
Happy Birthday!
Love Always, Mom
Cynthia Osceola, 820025
P.O. Box 17
Gig Harbor, WA 98335-0017

Happy 9th Birthday to Shawna C. Billie. From Wendy and the Kids.

Chickee Baptist Church

64th Ave. and Josie Billie
Hollywood Seminole Reservation

Sunday Morning Worship 10 a.m.
Sunday Evening Worship 6 p.m.
Wednesday Prayer Meeting 7 p.m.

Rev. Arlen Payne: Pastor
(954) 894-5651

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Police Jobs

Police Dispatcher
Starting Salary: \$23,816
Location: Big Cypress/Hollywood
Police Dispatcher position available, Big Cypress/Hollywood. Needs to be a US Citizen or have alien resident card, 18 years or older, with a high school diploma or GED. On the job training, shift work, and excellent benefits. If you are interested please call (954) 967-8900.

Police Officer
Starting Salary: \$35,992.95
Police Officer position available. Must already have his/her certification. Needs to be a citizen or have alien resident card, 19 years or older, with a high school diploma or GED. Shift work. Excellent benefits. If you are interested please call (954) 967-8900.

Poetry

Cowbone Café

*Cake of the day is - guess what?
It's whatever we have
mudcake, that's what we have today
We also have ice cold gator milk
You can chug it from the jug
or you can chug it, any old way*

*Special of the day is, guess what?
It's whatever we have
Ev'rything is made special for you
We also have fresh road kill
'round here, nothin' is wasted
Eat all you want or down a few*

*Soup of the day is, guess what?
You guess it, it's anything left over
We put it all in one pot
It is very good and delicious
You'd ask for 2nd's & 3rd's
But, don't ask what it is, because
you might not*

*Hope you enjoyed your visit
Ya'll come back soon
And indulge yourself again
By the way if you feel sickly
Come on back
For home brewed concoction mend
—Cowbone (Paul Buster)
cowbonecafe@somewhere.com*

Orlando's Cultural And Special Events

SEPTEMBER

Universal Studio's Rock The Universe

Sept. 6-7, Universal Studios will be rockin' with the sound of some of the hottest contemporary Christian bands. Enjoy a weekend of heart-pounding, soul-stirring, life-changing Christian music, ministry, fellowship and fun. Admission: Regular admission. www.universolorlando.com, (407) 363-8000

Night Of Joy At Walt Disney World

Sept. 6-7, Contemporary Christian artists perform at the Magic Kingdom, featuring the biggest collection of talent in its 20-year history, during two nights of musical celebration. Admission: \$34.95 plus tax for one-day admission; \$53.95 plus tax for two-day admission. www.disneyworld.com, (407) 934-7639.

5th Annual Shoemania Fundraiser

Sept. 20, Bid on celebrity signed ballet shoes designed by local artists and feast on hors d'oeuvres from some of the best restaurants in Orlando at this annual fundraiser for the critically acclaimed Orlando Ballet. Admission: \$50 www.orlandoballet.org, (407) 426-1739.

Viva La Musica

Sept. 28-29, SeaWorld Orlando hosts a celebration of Hispanic food, music and culture during Hispanic Heritage Month. The park-wide event features the many sights, sounds and tastes of various Latin cultures, with some of today's hottest Latino bands performing live. Admission: Regular admission. www.seaworld.com, (407) 351-3600.

OCTOBER

EPCOT International Food & Wine Festival

Oct. 19-Nov. 17, The temptation to eat and drink your way around World Showcase is intensified by cooking demonstrations, samples of exotic specialty dishes, international wines and worldly desserts. Admission: Regular admission. www.disneyworld.com, (407) 824-4321.

Halloween Horror Nights XII

Select nights in Oct. & Nov., Universal brings the horror to Islands of Adventure this year. Explore five terrifying islands filled with new haunted houses, new shows, and never-before seen frights! Admission: \$49.95 plus tax. www.universolorlando.com, (407) 363-8000.

Silver Spurs Rodeo

Oct. 5-6, Legendary bull riders and cowboys have been competing since 1944 in the rodeo, which is the largest in the eastern United States. Ranked in the Professional Rodeo Cowboys Association's top two percent, the biannual event draws 25,000 spectators and the world's best rodeo athletes to the Kissimmee Sport Arena. Admission: Adults, \$13; Children, \$7. (407) 847-4052

Mickey's Not-So-Scary Halloween Party

Oct. 11, 17, 20, 27, 31 & Nov. 1, Mickey Mouse hosts a Halloween party for children at the Magic Kingdom. Special party activities include a Halloween costume parade, trick-or-treating and fireworks. Admission: Adults, \$27.95 plus tax; Children 3-9, \$22.95 plus tax. www.disneyworld.com, (407) 824-4321.

Ghost Stories At Leu Gardens

Oct. 11, Harry P. Leu Gardens presents Ghost Stories, spook-tacular stories of ghosts and goblins told in a dark haunted garden. Bring a blanket or chair and your courage. This event is spooky fun for all ages. Admission: Adults, \$8; Garden Members, \$6; Children K-12th grade, \$4. www.leugardens.org, (407) 246-2620.

National Car Rental Golf Classic

Oct. 17-20, Top PGA Tour players compete alongside amateurs in this prestigious tournament held on Disney's Palm and Magnolia courses. Admission: Varies from \$15-\$50. www.disneyworld.com, (407) 824-2250.

Shamu's Halloween Spooktacular

Oct. 26-27, A festive fall feeling sweeps SeaWorld Orlando during a ghoulishly good weekend of trick-or-treating, children's costume parades and kid-friendly spookiness. It's a fun-filled family "spooktacular." Admission: Regular admission. www.seaworld.com, (407) 351-3600.

Celebration Of Fall Festival

Oct. 11, 12, 18 & 19, Celebrate the turn of the season in downtown Celebration with hayrides, pumpkin painting, live entertainment, special fall foods and even "leaves" falling. Admission: Free. www.celebrationfl.com, (407) 566-2200.

Orlando Magic Season Opener

Oct. 29, Orlando's team full of heart and hustle tip off the basketball season with dunks, steals and thrills. See Tracy McGrady, Grant Hill, Horace Grant, Patrick Ewing and Mike Miller in action. Admission: For ticket information, please call. www.orlandomagic.com (407) 839-3900.

NOVEMBER

Fall Fiesta In The Park

Nov. 2-3, Enjoy 550 booths full of regional arts and crafts along Lake Eola in downtown Orlando. One of the top five outdoor arts and crafts shows in Florida, the festival provides entertainment, goodies and homemade items for sale. Admission: Free. (407) 246-2827

NBC Soap Fanfest

Nov. 2-3, Don't just watch your favorite NBC Daytime stars, come see them in person at Universal Orlando Resort! Fans will be able to meet their favorite stars from "Days of Our Lives" and "Passions" during this weekend event. Admission: Regular admission. www.universolorlando.com (407) 363-8000

ABC Super Soap Weekend

Nov. 9-10, Meet more than 30 actors from the ABC daytime soap operas "Port Charles," "All My Children," "One Life to Live" and "General Hospital" as they visit Disney-MGM Studios. Autographs and photo opportunities abound at the world's biggest soap fan event! Admission: Regular admission. www.disneyworld.com (407) 824-4321

Taste Of Celebration

Nov. 11, Enjoy an evening of festivities, live entertainment and delicious food as Celebration's world-class chefs cook up specialties from the Celebration restaurants. Admission: Free www.celebrationfl.com, (407) 566-2200

FESTIVAL OF THE MASTERS

Nov. 8-10, More than 200 artists participate in this three-day festival of the fine arts. Music and food round out the activities at this year's 27th annual event held at Downtown Disney. Admission: Free. www.downtowndisney.com (407) 824-4321

16TH Annual Festival Of Trees

Nov. 16-24, Usher in the holiday season with this event, featuring spectacularly decorated trees and wreaths, holiday vignettes, a gift boutique, special events and much more, at the Orlando Museum of Art. Admission: Adults, \$8; Children \$5. www.omart.org, (407) 896-4231

The Osborne Family Spectacle Of Lights

Nov. 21-Jan. 6, Celebrate the spirit of the season at the Disney-MGM Studios with more than 5 million twinkling lights adorning the backlot. Stroll down Residential Street and view one of the most impressive light displays in the country. Plus, "snow" falls nightly on New York Street. Admission: Regular Admission. www.disneyworld.com, (407) 824-4321

Holidays Around The World

Nov. 23-Dec. 30, Learn how the holidays are celebrated throughout the world and take part in other culture's traditions at Epcot World Showcase. Be sure not to miss the nightly tree lighting ceremony and candlelight processional, a moving retelling of the story of Christmas with a celebrity narrator, orchestra and choir. Admission: Regular Admission. www.disneyworld.com, (407) 824-4321

Now Snowing Nightly

Nov. 22 - Dec. 31, Celebrate the season in downtown Celebration, featuring pictures with Santa in his ginger-

bread house, strolling Dickens carolers and other live entertainment. Plus, snow falls in Florida at 6, 7, 8 and 9 p.m. Admission: Free. www.celebrationfl.com, (407) 566-2200

December

Mickey's Very Merry Christmas Party

Select days in December, Mickey Mouse celebrates the holiday at Magic Kingdom. Activities, held during select nights, include a special parade, live shows, fireworks and snow on Main Street U.S.A. Admission: Separate admission is required. www.disneyworld.com (407) 824-4321

Grinchmas At Islands Of Adventure

December, Celebrate the season with the Grinch and all of the Dr. Seuss gang as Seuss Landing is transformed into Whoville, bringing "The Grinch Who Stole Christmas" to life.

Admission: Regular Admission. www.universolorlando.com (407) 363-8000

Christmas In The Park

Dec. 5, Enjoy the holidays at Winter Park's Central Park. Louis Comfort Tiffany windows from The Charles Hosmer Morse Museum and the Bach Festival choirs will be part of the celebration. Admission: Free www.morsemuseum.org (407) 645-5311

Holiday Celebration At Sea World

December, SeaWorld Orlando celebrates the holidays with a 400-foot (120-meter) Christmas tree of lights, SeaWorld Santa, costumed characters and special holiday shows. The Budweiser Clydesdales are decked out in full holiday regalia, complete with 128 sleigh bells and a 13-foot (3.9-meter) Douglas fir tree atop the Studebaker-built red wagon. Admission: Regular admission. www.seaworld.com (407) 351-3600

Festival Of Lights

Dec. 13-28, Silver Springs' biggest event of the year features more than a million twinkling lights, a giant 180-foot-tall (54 meters) Christmas tree, dozens of neon displays, plus strolling carolers, church choirs, a lighted boat parade and holiday buffet with all the trimmings. www.silversprings.com, (352) 236-2121

New Year's Eve At Universal Orlando Resort

Dec. 31, It's the first place to be on the last day of the year. Special entertainment lights up the parks and seasonal, savory dining options tempt you around every corner. Admission: Regular admission. www.universolorlando.com (407) 363-8000

New Year's Eve At Walt Disney World

Dec. 31, Concerts and special entertainment can be seen throughout Walt Disney World as guests count down to 2003. A unique fireworks display takes place at midnight. Admission: Varies throughout the resort. www.disneyworld.com (407) 824-4321

Orlando/Orange County CVB recently released its 2003 *Official Tour & Travel Reference Manual*. The manual, in its 17th year, serves as a quick desk reference for tour operators, group tour leaders, receptive tour operators and travel agents worldwide providing up-to-date information on Orlando's accommodations, maps, attractions, restaurants, cultural and special interest events, leisure activities, and air and ground transportation. The international edition provides general information in English, French, German, Japanese, Portuguese and Spanish.

Although it's known throughout the world for its theme parks, Orlando continues to be a diverse destination as shown by the release of the most comprehensive version to date of the "Unexpected Orlando" *Travel Guide*, highlighting the natural, cultural and heritage tourism offerings throughout the Orlando area.

The Orlando/Orange County CVB's 24-page, four-color brochure is targeted to consumers. The guide includes listings, information and photographs of Orlando's ballet and philharmonic, theaters and other performing arts, science center, museums, galleries, historical sites, botanical gardens, parks, eco-tours, river cruises, fishing charters, outdoor and water sports venues and more. The guide also includes an Orlando area map as well as maps of downtown Orlando and Winter Park.

Attractions

The Arena Football Leagues' 17th championship season changes due to a recent new television contract with NBC. Formerly an April through August sport, the league will switch to a 16-game season that will run from February through May, with four weeks of playoffs in June. In Central Florida, the Orlando Predators play at the TD Waterhouse Centre on Friday nights and Sunday afternoons. For ticket information, please call. (407) 447-7337

Bok Tower Gardens has changed its name to Historic Bok Sanctuary. The 73-year-old attraction features a 157-acre (62.8-hectare) woodland garden with winding pathways, reflection pools and a 60-bell carillon housed in a 205-foot (62-meter) tower. (863) 676-1408, www.boktower.org

Florida Citrus Sports recently announced that Orlando's annual bowl game has a new sponsor, Capital One Financial Corp. As a result, the Florida Citrus Bowl will now be known as the Capital One Bowl. (407) 423-2476

Hard Rock Cafe International will open a memorabilia museum in the space at The Mercado recently vacated by the Guinness World Records Experience. The Hard Rock Vault, opening in December, will include memorabilia from various Hard Rock Cafes from around the world, a merchandise shop, snack bar and a music listening room. (407) 445-7625, www.hardrock.com

Guests at Kennedy Space Center Visitor Complex can now "Dine With an Astronaut" every day of the week. The popular interactive lunchtime program, previously offered only on weekdays, has been expanded to include weekend seatings. To ensure an intimate setting, seating is limited, allowing each guest the opportunity to ask questions and have photos taken with the featured astronaut. (321) 449-4400, www.kennedyspacecenter.com

SeaWorld Orlando

SeaWorld Orlando debuted an upscale, full-service restaurant at Shark Encounter attraction in July. Sharks Underwater Grill immerses guests in the underwater world of the toothy denizens.

The restaurant features a "Floribbean-style" menu that blends Caribbean and Florida fare with an emphasis on seafood. Arrangements for priority seating can be made. (407) 351-3600, www.seaworldorlando.com

Universal Orlando Resort

To ease the lines at the front gate, Universal Orlando added three ticket kiosks in front of each of the two Universal parks. Guests can purchase park tickets, pay by credit card and print them out on the spot. (407) 224-6222, www.universolorlando.com

Walt Disney World

In response to guest feedback, Disney's patented FASTPASS system, which provides guests with a one-hour window of time when they may return to an attraction and skip the regular line, now produces tickets imprinted with simple-to-read information about when the guest can obtain another FASTPASS.

Previously, a guest had to use their current FASTPASS ticket or wait two hours before getting another ticket. Now an additional FASTPASS ticket might be available in as little as 45 minutes - depending on guest demand for the attraction. (407) 566-7000, www.disneyworld.com

The Walt Disney World Resort has launched a free service that provides synchronized narration in five languages for popular theme park attractions. The personal translation devices are available in French, German, Japanese, Portuguese and Spanish and feature lightweight headphones that automatically receive digital-quality audio, triggered by infrared signals throughout the attractions. (407) 566-7000, www.disneyworld.com

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Photos by Your Best Photography

Cool Sites

By Melissa Sherman

Now that summer is over and we are all out of the water, let's check out one of the most feared creatures in the water... from dry land. SHARK!!!

These sites are the most informative and interactive I was able to find:

#1 Discovery's Animal Planet

<http://animal.discovery.com/guides/atoz/water.html>

The Animal Planet's water life website is put together great. Test your Great White Shark knowledge by taking a shark quiz, see the interactive flash clip "Into the jaws" to learn the five



distinct movements of a shark's bite as they attack, and watch a shark educational video.

Check out the 30 degree time-frozen image of a great white leaping into the air. Named "Great White Meets the Matrix," photographer Tim Macmillan captured this photo using similar technology like in the movie *The Matrix*.

#2 PBS Island of the Sharks

Nova Online adventures has some great videos taken from an IMAX camera and hand-held cameras, go to www.pbs.org/wgbh/nova/sharks/island/under-seavideo.html.

The best video out of the three is of the swirling baitball of fish corralled by sharks and other predators. In little more than an hour, the entire ball was eaten down to the last fish.

#3 www.jawsmovie.com

This site is the original Jaws movie fan site, created by Jake Gove.

"I was searching around for a JAWS page and was surprised to find that there wasn't one, so I took it upon myself (in September of 1995) to create JAWSmovie.com," said Gove.

Gove compiled the site and divided into five main sections: Information, Commentary, Multimedia, Other Resources, Related Links.

The Multimedia section includes pages with images, sound bites, and video clips, which is the most exciting part of the site. Go to www.jawsmovie.com/1/sounds.asp to hear sound clips from the movie, or see actual footage at www.jawsmovie.com/video.html.

#4 The International Shark Attack File

<http://www.flmnh.ufl.edu/fish/Sharks/sharks.htm>

The International Shark Attack File (ISAF) is a compilation of all known shark attacks that is administered by the American Elasmobranch Society and the Florida Museum of Natural History. More than 3,200 individual investigations are currently housed in the file, covering from the mid-1500's to present.

Surprisingly, Florida's shark attack statistics are higher than Australia and Africa. The statistics are fascinating, ranging from provoked to non-provoked. Learn what the different types of attacks are, and when and where they are most likely to occur.

In the white shark section, you can see pictures of three white sharks scavenging a dead humpback whale, a shark embryo, and read about a killer whale and great white encounter.

Also, read about recent shark news, and see a list of related shark sites.

#5 www.SharkSurvivor.com

In 1993, Lifeguard Dawn Schauman, who was 6 1/2 months pregnant, was viciously attacked by a 10-foot bull shark while swimming in the ocean off Indian River County, Florida.

Her experience as a shark attack victim led her to create this website to help educate the public about sharks and shark attacks.

Read Shark Survivor Interviews at www.sharksurvivor.com/interviews.html.

Learn the shark's distinctive markings, where they live and what they prefer to eat at www.sharksurvivor.com/sharks.html.



Play a flash game called find the sharks at www.sharksurvivor.com/games/find_sharks.htm

#6 National Parks Conservation Association:

How to avoid a shark attack
www.npca.org/marine_and_coastal/marine_wildlife/avoid_attack.asp.

#7 A Masterpiece of Evolution - The Shark

www.ncf.carleton.ca/~bz050/HomePage.shark.html

Read a rare, first-hand account of a white shark attack on a diver. Find out if sharks have tongues. Information on how to join a research shark expedition.



"Bait Ball" video from PBS.

Poached Shark Remoulade

Ingredients:

- Shark Filets
- Sliced Onion (optional)
- Water
- 2 tablespoons Lemon Juice
- 2 tablespoons Tarragon
- Vinegar
- 2 tablespoons Prepared Mustard
- 2 tablespoons Horseradish
- 1 tablespoon Chopped Parsley
- 1 teaspoon Paprika
- 1/4 teaspoon Cayenne
- 1 cup Oil
- 1/4 cup Finely Chopped Celery
- 1/4 cup Finely Chopped Green Onion
- 1 tablespoon Minced Capers

Directions:

Place shark filets in deep baking pan. Top with onion slices, if desired. Add water until pan is half full. Bake at 450 degrees for 45 minutes

Serve with Remoulade sauce. To make the sauce, mix lemon juice, vinegar, mustard, horseradish, parsley, paprika and cayenne. Pour in oil slowly, beating constantly. Then add celery, green onion and capers. Makes 1 3/4 cups.



Keeping Your Electronic Equipment Safe This Hurricane Season

By Stephen Galla

Hurricane season is upon us. Along with the preparations you make for your home, family and pets, you should also make plans to protect your computers and electronic equipment. Planning now may help to preserve information that is important to your home-based business or family.

Document what you own by videotaping and photographing, or by saving receipts. This should be kept with the other important documents, in a waterproof container in a secure place. Documentation can help to speed up payment of any insurance claims, should you lose any of your equipment.

Loss of data can be disastrous. Protect yourself now by copying or backing up your important data periodically.

You can back up data onto a CD or Zip disk, using software such as Norton Ghost. These disks should be stored in the waterproof container. Duplicate copies of your backup disks can be stored at a second location, such as your office or at a relative's house.

You may consider purchasing protective equipment, which can help against storms and electrical conditions. Surge protectors or a UPS (uninterruptible power supply) are helpful during temporary power outages.

As in during normal summertime thunderstorms, all electrical equipment should be unplugged (including telephone or network connections).

Equipment can be wrapped in plastic

garbage bags, or covered with plastic, to better protect them from the elements. If possible, place items in an elevated area in a central location in your home with no windows.

In the event the equipment becomes wet, never open it to dry it. Let it dry thoroughly. After the outside

has dried, plug it in.

If the equipment smokes or makes crackling sounds, unplug it immediately and have a professional evaluate it. If the power indicator lights turn on, keep the equipment on for about 10 minutes and then turn off for 30 minutes.

This procedure can be repeated, leaving the equipment on an additional 5 minutes every time.

Along with protecting your computer, remember to protect all of your peripheral equipment. This can include scanners, printers, fax machines, modems or speakers.

Preparing now can help save you the time and trouble of having to replace valuable data and equipment in the future.



Flags: What they mean

Small-craft advisory

Winds:
18-33 knots
28-38 mph

Gale warning

Winds:
34-47 knots
39-54 mph

Storm warning

Winds:
48-63 knots
55-73 mph

Hurricane warning

Winds:
64+ knots
74+ mph

Put It In Perspective

By Elrod Bowers

Have you ever taken a picture of something that was very impressive in person but when you showed your photograph to someone else, they were quite underwhelmed?

At the Tribune this is a major concern, we try to impress upon the reporters to not talk about something of which they do not have a picture. It's like saying, "You just had to be there."

Well, it's our job to help you be there and one way to adequately cover the event is with good pictures.

Pictures that put it in perspective. Some of the tips we give our reporters, you can use in your own pictures to help describe the wonderful things you sometimes happen upon.

Fill The Frame. When you see something that you want to show others, fill the frame with it. This way, you will be able to get a better enlargement from the negative and will also get better detail in the print.

If you only fill a small portion of the frame with the object, it can be lost among the other objects that may be in the frame such as other people, trees, etc.

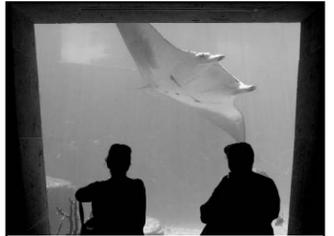
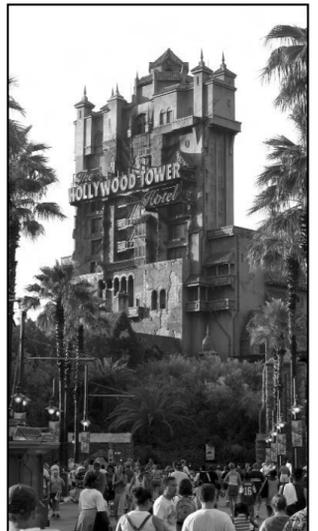
As you can see in picture one, you can actually use these other objects to help frame your subject. The trees and people actually form a border, and focus you onto the building itself.

Put The Subject In Perspective. If you are shooting a picture of something that is very tall or very small, use an everyday object to show its uniqueness.

The Atlantis Hotel on Paradise Island has a large tank that houses turtles, fish, sharks, and one very large manta ray.

I want the viewer to see how large the ray was, so instead of just taking a picture of it alone, I put a couple of people in the frame.

I believe these people provide a good comparison, because that was one big, beautiful manta ray!



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Diabetic Fun Day And Support Group

By Paula Cassels

SUNRISE — On Sept. 12, at 10:30 a.m., the B.C. senior citizens and staff went to the Sawgrass Mills Mall for an exercise/window-shopping excursion on their monthly diabetic fun day.

They entered the Mall at the White Seahorse entrance and walked down the center of Mediterranean Mainstreet court, passing the vendors selling jewelry, wallets and candles. Some of the ladies stopped and browsed in shops like Saks Fifth Avenue.

Farther down the center court was Shiatsu Massage chairs, which were taken by Seminole women giving them a troyout. The Shiatsu Massage chair gives a three minute massage for \$1.00 to help increase blood circulation in the body.

A few seniors stopped at the wishing well, where everyone made wishes with pennies, except for Mable Jim, whom made a wish with a quarter just to

be sure it came true.

Manager of the Allied Health Program in BC, Suzanne Davis and CHR Nurse Anna Puente from Immokalee accompanied the seniors to lunch at the very popular RainForest Café.

When dining in the RainForest Café, you are surrounded by exotic plants, hanging vines, waterfalls, animals and marine life in a cool, misty tropical rain forest setting.

The Sawgrass Mills Mall is located East of 595 on Flamingo road and the RainForest Café is located inside the white seahorse entrance.

The diabetic fun day and support group helps the seniors become acquainted with the Health staff, who answer any questions they may have regarding health and exercise. The event was sponsored by Board Representative David DeHass and Acting Chairman/President Mitchell Cypress.

Ab-Normal Moves That Work Wonders

By Kenny Bayon, C.F.T

Mind-numbing hours of crunches won't turn your punch into a magnificent mid-section. Truth is, your abdominals need a repertoire of exercises to transform them into an eye-catching masterpiece. Here are five outlandish moves that will help sculpt your stomach.

They are the envy of modern society: six-packs, eight-packs, washboards — a chiseled, aesthetically pleasing midsection is something we all desire. We slave away on treadmills, closely monitor our fat and carbohydrate intake, lift weights until our hands bleed, and do crunches 'til we're cramping and blue in the face.

Yet for many — especially those who aren't genetically blessed — attaining rippling, Baywatch-worthy abs requires an extra dose of effort and ingenuity. Sure, crunches, partial sit-ups, reverse crunches and body holds are dandy, basic core exercises. They'll strengthen your abs and probably even help propel you into the range of a four-pack. But, just as with other muscles, the basics can take your abs only so far. Once your body adapts to a certain workload, it needs fresh stimuli to advance.

"You need to do more than just basics (for great abs)," says personal trainer Darren Liebman. "You've got to shock the muscle every once in awhile or you're never going to change it."

Perhaps there's no better way to shatter stagnancy than by trying new exercises. So Darren and I pulled together our collective training experience and rounded up five advanced — albeit somewhat unconventional — exercises for a terrific-looking tummy.

Since these ab exercises can also put pressure on the lower back, make sure you're warmed up, stretched and injury-free before performing them.

Also, as should be the norm while performing all midsection exercises, contract your abs inward to help stabilize the spine and prevent injury.

But don't expect to pound out high-rep sets like you might with crunches. Instead, when you decide to try each exercise, aim for 10 to 20 slow, controlled reps per set. Always squeeze the abs extra hard at peak contraction.

Do two sets per exercise, either in a circuit or back-to-back with no more than 30 seconds of rest between sets. (Note: Always keep some standard ab exercises in your repertoire.)

Assuming your overall fitness and nutrition programs are sound, expect some newfound stomach striations. No need to send a thank-you letter. We'll just see you at the beach.

Hanging Leg Raises:

Standard form involves holding onto a pull-up bar (hands slightly farther than shoulder-width apart) and, while keeping the back straight and still, lifting the knees as high as possible toward the chest.

Other varieties involve lifting up one leg at a time or crunching up to the sides for the obliques. For added resistance, hold a dumbbell between your feet. Liebman, however, prefers an even tougher approach: raising her legs straight in front of her torso so her body looks like an L, and then maintaining the position for as long as possible (her personal best is 35 seconds).

From there, if she's really looking to push herself, she'll pull her legs up toward the ceiling so that her body resembles a V.

Tip: Use lifting straps to make sure your grip doesn't falter before your abs.

Standing Cable Crunch

(with knee-ups):
 Kneeling cable crunches are great for the upper abs, but there's no better exercise for targeting the entire rectus abdominus than doing a standing crunch

while pulling up one knee at a time. This is one of my faves.

Select a moderate weight on the cable stack, and use both hands to hold onto a small grip (the same equipment used for cable crossovers). While crunching down, simultaneously kick up a knee as high as possible.

For maximum development, hit all angles: knee between elbows; elbows outside of knee and from the side. Once you get the hang of it, don't be afraid to



use heavy weight (100 or more pounds) with this exercise.

Kick-out, Kick-up:

This exercise combines a reverse crunch with hip raises. Lie on your back with your legs elevated and your knees bent at a 90-degree angle. Keeping your back flat against the ground, kick out so that your legs are almost straight. Then pull the knees back toward the chest so that the lower back is slightly rounded. As the knees are being pulled toward the chest, lift your butt and lower back slightly off of the ground and kick feet up to the ceiling. Pause briefly and concentrate on squeezing the stomach muscles, then lower your legs and repeat ... kick out, kick up.

V-sit (with medicine ball):

Lie on your back with your legs almost straight and slightly raised off of the floor. Grasp a medicine ball (or light dumbbell or plate) straight above your head. Keeping your lower back pressed against the floor, simultaneously lift your legs and arms, maintaining their relative straightness.

Keep lifting until they meet, making your body look like a thin V-shape. Squeeze the abs for one to two seconds, then descend slowly. Try not to allow your feet or the medicine ball to touch the ground until the set is completed.

Other variations include:

- a) spreading the legs into a V formation on the way up and reaching through the legs with the arms
- b) keeping the legs together and reaching to alternating sides
- c) raising one leg at a time (easier)
- d) holding a light dumbbell or medicine ball between the legs as well (more difficult)

Body Raise:

If it worked for Stallone in *Rocky III*, it will work for mere mortals. Keep in mind that this exercise is extremely challenging. Do not attempt it if you have a weak or injured back or neck.

Lie on a bench with your legs extended straight in front and your hands grasping the bench on either side of your head. Keeping only your upper back, shoulders and head on the bench, bend your torso at the waist and slowly lift your body off the bench until the bottom of your feet are pointed toward the ceiling. Maintaining a slight bend at the waist, pause and squeeze for two to three seconds.

Then, while maintaining a tight midsection, straighten out your body (like a plank) and slowly descend. Three-quarters of the way down through the landing, again bend at the waist (to minimize lower-back stress). Repeat ... if possible.

Functionally Fit Abs

Fact: We all want great-looking abs. But do aesthetically pleasing stomach muscles automatically symbolize a strong midsection? And does a thick, un-rippled waist mean it's not functionally strong? Not necessarily so.

According to Mike Cash, a physical therapist assistant in Tampa, Florida,

some of his most fit clients barely have a one-pack showing, let alone a six-pack. And from the author's personal training experience, some of his leanest clients — guys with abs that resemble a jigsaw puzzle — could barely perform a set of 25 double crunches.

For functional fitness — being able to easily perform daily activities — and maintaining a healthy lower back, strong abs always beat out striations.

"You use your abs during almost every movement: bending down, standing up, picking things up, turning, reaching," Cash explains. "You need to have stabilization of the abdominals and spine [for functional strength], but you don't have to have washboard abs for that."

Cash says the best way to help build functionally durable abs, besides the obvious crunches, leg raises, etc., is to isometrically contract the stomach muscles during all activities. That is, keep them tight and pulled into the midsection, which helps stabilize and protect the spine.

A great isometric exercise is the plank. While it won't do much to improve muscle separation and definition, it's an awesome core-strength developer.

To target the obliques, roll onto your side and keep only your forearm and the outside of your shoe in contact with the ground — kind of a modified plank position. Maintain a rigid position so that your waist is about 10 to 12 inches off of the floor. Hold for 45 to 60 seconds, then switch sides.

(Note: Side holds are tougher than the straight body hold, so you might want to perform these first.)

Super Ab Stretches

Visit any gym, and you'll see people stretching their backs, quadriceps, hamstrings, chests, shoulders, calves, triceps, biceps and forearms. But when was the last time you saw anyone particularly stretching his or her abs?

The stomach muscles might not take precedence in most pliability routines, but they shouldn't be ignored. Just like other muscles, the abs (and obliques) perform more efficiently when warmed up and stretched with regularity.

Here is a trio of simple stretches. (Because the abs are tied in with the lower back and hips, many of these stretches also target those areas.)

Standing Lean-Back

Very subtle stretch, best performed as part of pre-workout warm-up. Standing straight, lift hands overhead and lock fingers. Slowly lean back (about five degrees) until you feel slight tension on the stomach and lower back. Hold for five seconds, then return to starting position. Repeat three times.

Lying Trunk Twist

Great stretch for hips and entire midsection. Lie on back and bend right leg at about a 90-degree angle with right foot planted firmly on floor. Cross left ankle over right knee. Roll hips toward left side of body until inside of right knee almost touches the floor, and simultaneously rotate upper torso in opposite direction (to the right). Hold for 20 to 30 seconds, then switch legs and repeat.

Seal Stretch

Awesome stretch for entire rectus abdominus and lower back, best performed as part of a post-workout cool down. Lie on stomach with elbows pulled in by side. Elevate upper body by pushing off elbows.

Advanced (only if free of lower-back problems): Push off hands. Focus on letting entire midsection, lower back and buttocks relax. Hold for 20 to 30 seconds, return to starting position and repeat.

Contact Kenny Bayon C.P.T if you have any questions or comments at Kbay07@aol.com.
 — This article was written with the help of Darren Liebman, Personal Fitness Trainer from Tampa.

Native Physical Activity And Fitness Conference Being Held

NORMAN, OK — The University of Oklahoma College of Continuing Education and Health Promotion Programs, the recognized leader in facilitating native wellness conferences, announce the Native Physical Activity and Fitness Conference, to be held September 16-18, 2002 at the Westward Look Resort in Tucson, Arizona. The theme for the conference is Building Strong Warriors Today to Meet the Challenges of Tomorrow.

Individuals striving to build a strong physical presence in balance with the other aspects of wellness - mental, emotional, and spiritual - as well as fitness / wellness coordinators and instructors, personal trainers, sport enthusiasts, coaches and community leaders are invited to join this fun, informative and interactive look at the importance of moving well for native people.

Keynote speakers for this conference are Billy Mills, 1964 Olympic Champion in the 10,000 Meter run and national spokesperson for Running Strong for American Indian Youth, and Amber DeLuca, former 'Native' American Gladiator on the popular television series and the reigning Ms. Figure America. Workshop topics include: high perform-

ance training, innovative home exercise techniques, adaptive physical activities for those with varying abilities, lifestyle management for preventing chronic diseases (e.g., diabetes), body image and eating disorders, non-ceremonial tobacco use cessation, use of sport to promote personal growth, experiential learning cycles, personality and exercise preference, establishing comprehensive community programs, physical activity through traditional games and sport, injury prevention, and mind, body, heart and spirit wellness. Morning and evening wellness activities will provide lots of opportunities to practice healthy movement and network with others in a well way.

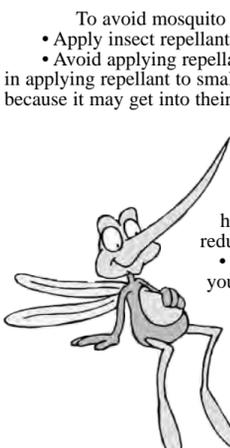
The conference registration fee is \$250 if registering by September 9, 2002; those registering after that date or on-site will pay \$350. Registration fee includes: all conference materials including a conference t-shirt; lunch on all three days; and 2.0 Continuing Education Units.

For a copy of the conference brochure and/or more information, please contact Health Promotion Programs at (405) 325-1790 or visit the website at hpp.ou.edu and follow the 'Upcoming Events' link at the top of the home page.

Protect Yourself From Mosquitos

To avoid mosquito bites:

- Apply insect repellent containing DEET when you're outdoors.
 - Avoid applying repellent to children less than 2 years old. Use care in applying repellent to small children, don't put repellent on their hands because it may get into their mouth or eyes and cause irritation.
 - Read and follow the product directions whenever you use insect repellent.
 - Wear long-sleeved clothes and long pants treated with repellent and stay indoors during peak mosquito feeding hours (dusk until dawn) to further reduce your risk.
 - If you do not have screens on your windows and doors keep them closed at night.
 - Limit the number of places available for mosquitos to lay their eggs by eliminating standing water sources from around your home. For example: Remove stagnate water location in old tires, cans, buckets, trashcans or garbage.
- If you have any questions, call the Seminole Health Department Environmental Health Services at 954-962-2009



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HHS Awards \$4.5 Million To Research Centers

Health and Human Services (HHS) Secretary Tommy G. Thompson today announced \$4.5 million in grants to support medical research aimed at improving the health of American Indians and Alaska Natives.

The Native American Research Centers for Health (NARCH) grants are the result of an ongoing collaboration between two HHS agencies, the Indian Health Service (IHS) and National Institutes of Health (NIH).

"These grants will support research that is relevant to American Indian and Alaska Native communities and ultimately will improve their lives," said Secretary Thompson.

"The grants illustrate how the various HHS agencies can work together as one department to make a difference in the lives of all Americans. The IHS and five of NIH's institutes are working together to support these tribal programs."

Today's announcement involves FY 2002 funds being awarded to 11 tribal NARCH programs through three new competitive grants, one new supplemental award, and eight continuation grants.

Launched in 2001, the NARCH initiative is aimed at developing a cadre of Indian scientists and health professionals engaged in biomedical, clinical, and behavioral research; enhancing partnerships of tribes with academic research centers; and encouraging competitive research on health conditions of importance to American Indian and Alaska Native people.

Each center has a governing board composed predominantly of tribal representatives who determine the research priorities in consultation with the communities involved.

The IHS and NIH will continue the NARCH grants program for at least 3 more years. The program is administered by the IHS, with funding from NIH's National Institute of General Medical Sciences, National Institute of Allergy and Infectious Diseases, National Institute of Drug Abuse, National Institute of Dental and Craniofacial Research, and the NIH Office of Behavioral and Social Sciences Research.

"These grants are an important part of the Department's efforts to eliminate the gap in health status among minority populations," said Assistant Surgeon General Charles W. Grim, the Interim Director of the Indian Health Service.

"The NARCH programs will also help address the under-representation of American Indian and Alaska Native researchers and their perspectives in medical research, and

empower tribes to influence research projects relevant to Indian communities. This should result in improved health status for American Indians and Alaska Natives."

The three new grant recipients for FY 2002 are the Confederated Tribes of Siletz program in Oregon, which received \$700,000 for programs targeted at the northwest Indian population, such as a study of behavioral health; the Great Lakes Inter-Tribal Council program in Wisconsin, which received \$600,000 for training programs and various research projects, such as the prevention of obesity in American Indian children, improving American Indian cancer surveillance and data reporting in Wisconsin, reproductive outcomes and cost effectiveness among American Indians, and the protective effects of traditional diets; and the Navajo Nation program, which received \$100,000 for a project involving training and building community capacity to develop and implement student development with the overall goal of increasing opportunities for American Indian students and faculty.

Continuation grants funds totaling \$831,109 were awarded to the Northwest Portland Area Health Board NARCH for programs targeted at the northwest Indian population, including improving research skills for Indian health professionals, studying community intervention methods to reduce childhood obesity and dental caries, determining the barriers to the use of child safety seats, and studying the use of evidence-based medicine to improve health care.

The NARCH program of the Five Civilized Tribes (Cherokee, Chickasaw, Choctaw, Creek, and Seminole Nations) received \$410,281 to study school-based interventions for reducing risk of type-2 diabetes among children, the use of substance abuse services by parents of neglected children, and the barriers and facilitators to recruiting American Indians for research studies.

The Black Hills Center for American Indian Health received \$113,902 to study the attitudes of Lakota Indians toward research; \$158,045 went to the White Mountain Apache Tribe NARCH program to study preventive methods for pneumococcal disease in Apache families; \$125,803 to the New Mexico Tribal Healthcare Alliance NARCH project to study social protective factors of tribes; and \$66,453 to the California Indian Health Council NARCH program to assess Type 2 diabetes risk factors in American Indian youth.

Education News

Vasques Heads Office Of Indian Education

Secretary of Education Rod Paige today announced the appointment of Victoria Vasques as the new director of the Office of Indian Education at the U.S. Department of Education.

In her new position, Vasques serves as the principal point of contact within the federal government for Indian education and for the 32 tribal colleges and universities across the nation.

"I am pleased to have at the Department of Education an individual with great experience and first-hand knowledge of Indian customs and traditions," said Secretary Paige.

"Mrs. Vasques will be a tremendous asset as we implement the reforms of *No Child Left Behind*—a law so important for all children, especially those who have historically been left behind."

"President Bush and Secretary Paige believe that every child should have access to a quality education and that American Indian children are no exception," said Vasques. "I look forward to working alongside the Indian people who so proudly represent the foundation of our country."

Vasques has been serving as the executive director of the White House Initiative on Tribal Colleges and Universities and will remain the acting director until a new director is appointed.

Vasques brings to her new position more than two decades of experience in education and American Indian issues, having served as director of Indian Affairs in the Department of Energy, as an education program specialist in the Office of Indian Education, on the President's Commission on Indian Reservation Economics and on the Presidential

Commission on the HIV Epidemic in the Reagan administration.

Vasques' experience with Indian issues outside the Department of Education includes serving as a technical assistant specialist at the National Congress of American Indians, and as tribal liaison at The Committee for the 50th Presidential Inaugural.

The mission of the Office of Indian Education is to support the efforts of local education agencies, Indian tribes and organizations, postsecondary institutions, and other entities to meet the unique educational and culturally related academic needs of American Indians and Alaska Natives.

The Office of Indian Education was created in 1972 under the Indian Education Act so that these students could achieve the same challenging state performance standards as all students.

Vasques received her bachelor of science degree from California State University at Fullerton, then went on to receive teaching credentials from the University of California at Irvine. She is part Diegueno of the San Pasqual Band of Mission Indians, Valley Center, CA, and was named American Indian Woman of the Year in 1986.

She is also a member of the Decade Society, a non-profit organization of young Washington-area professionals dedicated to supporting local charities involved in areas such as literacy, health care, child safety, after-school enrichment and education.

Vasques resides in Old Town Alexandria, Va., with her husband, Fabrice Vasques, and their daughter, Alex.

Ahfachkee School Holds Open House

By Libby Blake

BIG CYPRESS — On Sept. 12, the Ahfachkee School held an Open House to welcome students, parents and teachers to the 2002 - 2003 school year.

The evening started with a buffet dinner from 4 - 6:00 p.m., Ahfachkee principal, Lee Zepeda, took to the microphone at 5:30 p.m. introducing the staff to the many parents in attendance.

Zepeda stressed the importance of parent involvement in the education of their children and encouraged all to join the PAC committee, which will restart in October.

Special mention was given to the staff members who worked at the school for many years. They include Lottie Jim - 30 years, Rebecca Tiger - 20 years, Virginia Tommie - 15 years, Alison McCulloch - 15 years, and Jill Grismore - 14 years.

Mr. Zepeda also announced the creation of a truancy program, which will be administered through the Councilman's office.

"The TIPS program will be implemented on the Big Cypress reservation, and will involve support from not only from the Councilman and the school, but from SPD (Seminole Police Department) and Hendry County Sheriffs," said Zepeda.

"In the past, we didn't really know when children were suppose to be here or if they went to school in town or even away to boarding schools. With this program, we will be able to track all the children in the community and insure they all have the opportunity for an education."

After dinner, parents visited their child's classroom to meet his or her teacher and support staff for the year.

Ahfachkee School staff for the 2002-2003 school year are:

Administration: Lee Zepeda, Principal; Renee Morales, School Coordinator/ESE Specialist; Rebecca Tiger, Classroom Teacher Coordinator; Leroy King,

Attendance/Discipline/Cafeteria/Custodial Coordinator.

Office Staff: Francine J. Brown, Administrative

Assistant; Karen Jackman, Administrative Assistant; Betty C. King, Administrative Assistant

Classroom Teachers: Brenda Hummingbird, Pre-Kindergarten; Hillary Harvey, Instructional Aide; Bernadette Schyvinch, Kindergarten; Tonia Cypress, Instructional Aide; Karen Williams, Instructional Aide; Tamara Parrish, First Grade; Wendy Cypress, Instructional Aide; Dalia Garcia Dealba, Instructional Aide; Denise Gibson, Second Grade; Lenora Roberts, Instructional Aide; Rebecca Tiger, Third Grade; Lottie Jim, Instructional Aide; Lind Davis, Instructional Aide; Judy Caseley Jumper, Fourth Grade; Cara Tiger,

Instructional Aide; Jessica Cohen, Fifth & Sixth Grades; Trisha Reis, Instructional Aide; Samantha Williams, Instructional Aide; Bonnie Cohen, Instructional Aide; Eileen Hager, Seventh & Eighth Grades; Rosalyn Curry, Instructional Aide; Valerie Whiteside, High School Ninth thru Twelfth Grades; John Osife, Instructional Aide; Celesta Osceola, Instructional Aide

Specials Teachers: Linda Peebles, Fine Arts; Jessica Tharpe Williams, Aide; Theresa Jumper, Seminole Culture; Frances Teele, Culture Aide; Virginia Tommie, Culture Aide; Theresa Stewart, Media Specialist; Courtney Robinson, Media Aide; Johnny Boone, Physical Education

Support Staff: Alison McCulloch, School-wide Teacher Specialist; Claire Duckworth, Social Worker; Douglas Zepeda, Technology Coordinator; Jill Grismore, Curriculum Specialist; Lynette Granger, Speech Therapist; Marissa Baker, Permanent Substitute Teacher; Tammy Hughes, ESE Aide; (Varying Exceptionalities Teacher position is vacant.)

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American Indian Encyclopedia Revised

Todd Publications announces the publication of the new, completely revised 10th edition of the *Reference Encyclopedia of the American Indian*, an information source book on the North American Indian including Alaskan Natives and Eskimos, and Canadian First Nations.

Contains thousands of changes and additions, over 1,000 new books and hundreds of new biographies have been added, as well as hundreds of e-mail addresses and web sites.

The *Reference Encyclopedia* is divided into three main sections:

Section I: Source Listings - Native nations, reservations and tribal councils, government agencies, organizations and associations, museums and special libraries, Native American centers, schools and colleges, financial aid, health service centers, audio-visual aids, periodicals, arts & crafts shops, Indian-owned casinos and Native American events—powwows, arts and crafts festivals, etc.

Includes a separate Canadian section. Each listing gives address, phone number, contact name, and a brief description of activities.

Section II: Bibliography - contains bibliographical

information on more than 6,000 in-print titles. Titles intended for juvenile or young adult readers are indicated by an asterisk.

All titles are categorized by subjects, with a publishers index.

Section III: Who's Who - more than 2,500 biographical sketches of prominent Native Americans and non-Indians active in Indian affairs. Information and quoted passages are supplied by the biographees themselves.

The *Encyclopedia* is highly recommended by the Smithsonian Institution - National Museum of the American Indian, Association on American Indian Affairs, American Indian Heritage Foundation, among others, and has been the major guide to sources of information on the North American Indians and Alaska's Native groups for more than 30 years.

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Avoiding Auto Dealer Add-Ons

By Ken Goosens

[Editor's note. Ken Goosens works for the Tribe in Housing Finance and counsels Tribal members on loans and their credit. The opinions he expresses are his own.]

Buying an automobile can be like running a gauntlet, where you run past one person after another hitting you with offers of additional services and options over and above the car you are purchasing.

These dealer offers can add substantially to your costs, but you should generally avoid all of them. A good rule of thumb is to buy the car as delivered from the factory and get nothing from the dealer but the car itself.

Automobile dealers sell policies and products that make them the highest profits or pay the highest commissions rather than what products are best for you.

1. Don't trade in your car. Dealers play games with trade-ins, typically inflating the cost and then crediting it back as trade in value. Sell your old car yourself, rather than let the dealer resell your trade-in for additional profit. Simply negotiate the best direct price you can.

2. Don't buy a car with options added on by the dealer, because the markup in price is large compared to a car that comes only with factory-installed options.

This includes rust-coating the car bottom, window tinting, window etching the VIN number, a protectant for the seat covers, a protectant for the paint, and racing stripes, the list can be endless.

Carefully look over the list of what is included in the automobile and demand to know what was added by the dealer after the car was delivered. Tell the dealer you will not pay anything from deal add-ons. Find a car model that has the options you want already installed at the factory.

3. Have financing already arranged before you visit a dealer versus being dependent on the dealer to arrange financing. This is especially important if you do not have good credit.

Often, dealers will offer a choice of special financing (e.g. 0% interest) or a dollar credit (e.g. \$2,000). Ignore this. Tell them you have financing elsewhere and just negotiate the best price you can get, ignoring any gimmicks like credits. Get your best price independently of dealer financing.

However, you can let the dealer try to find better financing than you have independently.

4. Decide where you are going to get automobile insurance before you visit a dealer, and don't let the dealer arrange for insurance.

Know what make and model of cars you expect to purchase, and gets quotes in advance.

People who already have auto insurance often just use the same company, which is generally okay to start with, but realize that insurance companies can charge different amounts for the same vehicle, so what is the best insurance company for one vehicle may not be for another vehicle.

5. Don't buy extended warranties, and, if you do, don't buy through the dealer, who typically charges twice what you can pay outside.

Extended warranties cover your automobile after the manufacturer's warranty expires.

Generally, extended warranties are not worth the cost because you are paying in advance for repairs that may never be needed.

If you still want an extended warranty, shop around for one, and realize that you may purchase an extended warranty after you buy the car.

Get only extended warranties that cover all systems except what is specifically excluded, and that let you service your car where you choose.

A variation on extended warranties that you should avoid is buying a service contract. For a fixed price, a specific entity – usually the dealer selling you the car – will do repairs.

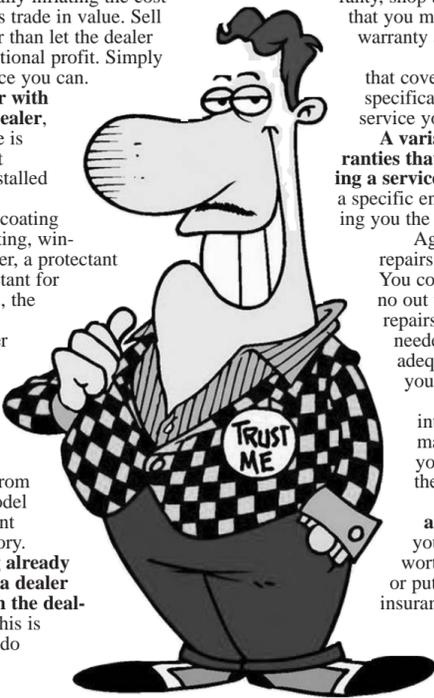
Again, you are pre-paying for repairs that may never be needed. You could easily find yourself with no out when the place doing the repairs insists that no repair is needed or that the car has been adequately repaired even though you claim it doesn't work right.

Never lock yourself into a contract that limits who may do repairs rather than let you find the best place for them.

6. Don't buy gap insurance through the dealer. If you owe more than your car is worth (you are "upside down") or put down less than 20%, gap insurance is a good idea.

Automobile insurance only pays what the car is worth and therefore, if the car is totalled, you still owe the balance. Gap insurance pays off the remainder of your loan, minus a deductible, protecting you from paying on a car you no longer have.

Gap insurance sold by dealers is typically twice as expensive as what you can buy directly for yourself, so shop outside the dealer for gap insurance.



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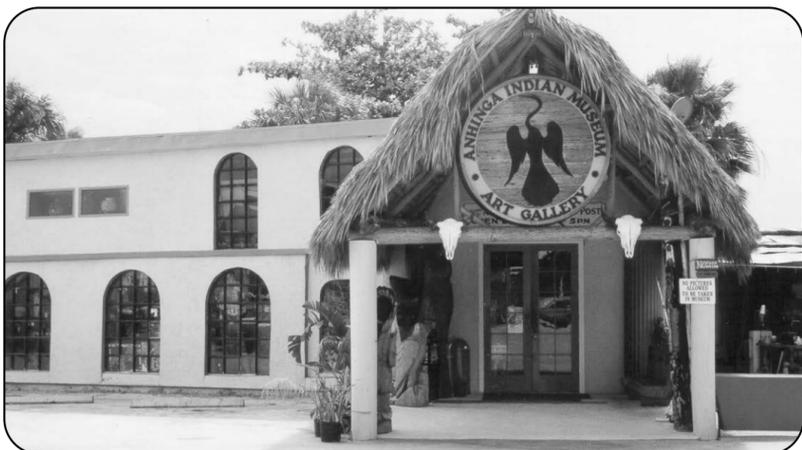
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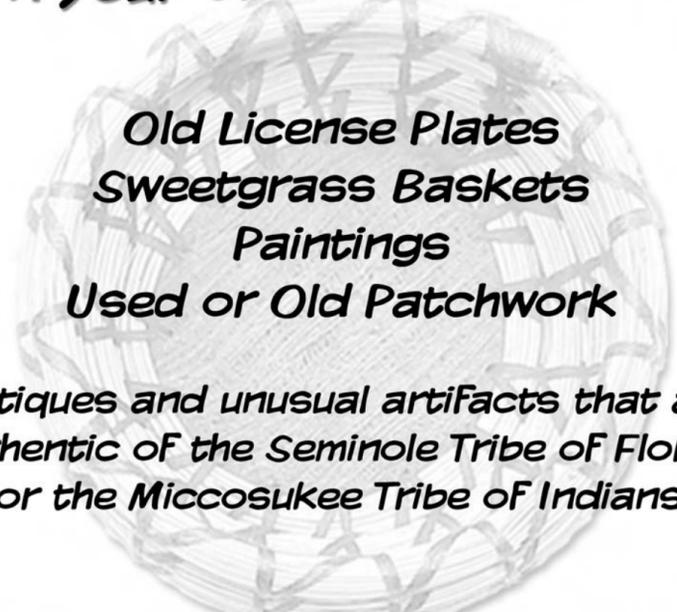
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Three Brothers, Three Medals

By Alexandra Frank

HOLLYWOOD — This year, Team Florida performed well enough to earn five medals in the archery, wrestling, rifle shooting and baseball competitions of the 2002 North American Indigenous Games.

What some of you may not know is that three brothers earned, or helped earn, three of the five medals, not bad for a family of five.

Garrett Anderson, David Anderson, and Clinton Holt all reside on the Hollywood Reservation, and live with their mother, Barbara Billie. The three brothers have always been active in sports, so it is no surprise that they competed in the Indigenous Games.

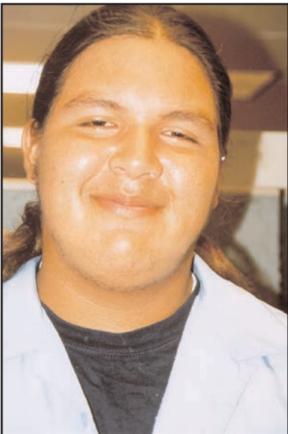
Garrett and David Anderson, who both attend American Heritage School in Plantation, were members of the bronze medal-winning baseball team. Garret plays all positions while David plays pitcher and first baseman only.

The youngest brother, Garrett, 12, was first introduced to baseball at the age of three.

Indigenous Games and thought it was pretty cool to have earned a bronze medal. Garrett looks forward to playing in the next Indigenous Games in 2005.

David Anderson, Jr., 15, was first introduced to baseball by his father who started by playing "catch" with him. David also began his baseball career in the Seminole Baseball League, but now plays for his high school team.

He looked forward to participating in the Indigenous Games, because he thought it



David Anderson

would be like going on vacation. Prior to the Indigenous Games, Team Florida had played in the NAYO Tournament in North Carolina, and he felt that no one took that tournament seriously.

When he arrived at the Indigenous Games, David realized that these games were far more serious than the NAYO tournament. Winning the bronze medal was bittersweet, especially the moment when he realized that Team Florida would be playing for the bronze instead of the gold. David plans to attend the 2005 Indigenous Games. At that time, he will be 18 years old and is already planning to win the gold.

Congratulations to Garrett and David for their roles in



Clinton Holt

Team Florida's capture of the bronze medal.

The oldest brother, Clinton Holt is 18 years old and currently attending GED classes. Clinton decided to get into archery because, by his own admission, he was not very good at baseball.

He first began learning about archery at the age of 12 through the tribe's recreation department.

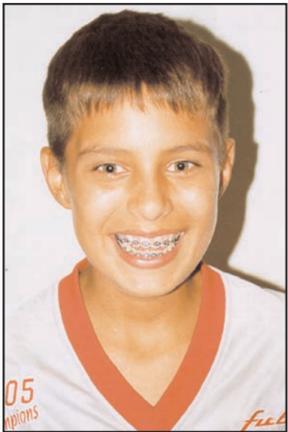
Clinton had participated in tryouts for archery during the last Indigenous Games, but was a few points short of qualifying for the games. He enjoyed the Games and has learned a lot from the experience.

Although he won a bronze medal in archery for the Midget Men's Bow Hunter Open, Clinton has not determined whether he will enter in the archery or boxing competitions at the 2005 Indigenous Games.

However, he has already made his mind up to winning a silver or gold medal next time.

Clinton said that a person should have fun, but they should save the partying for another time. Also, a person should always practice, because it is important to winning.

Congratulations to the brothers, and their parents, who are very proud of their three sons.



Garret Anderson

Following his older brothers, he tried out, and still plays, for the Seminole Baseball League.

Garrett was very excited about participating in the

Council

Continued from page 1

According to Orlovsky, Billie had accrued enough sick and annual leave to make up for the \$72,000.

Upon acceptance of the settlement, Orlovsky said the case will be dismissed, adding that, "Mr. Cox benefits by that dismissal."

Big Cypress Councilman David Cypress emphatically stated to the audience that "this has nothing to do with James Billie's suspension."

Orlovsky agreed, stating that the settlement has no effect or relation to any other action regarding Billie's suspension, including O'Donnell's sexual harassment suit against Billie and the ongoing forensic audit of Tribal finances.

One Tribal member, the spouse of former Tribal Administrator Tim Cox, asked for the results of the forensic audit. The Council declined, citing her relationship to Cox, who is facing a 15-count federal indictment for conspiracy to embezzle \$2.77 million from the Tribe.

The Council also:

*Approved an audit by McGladrey & Pullen

for Seminole S.A., for the fiscal year ended June 30, 2000 and the fifteen-month period ended Sept. 2001. The audit will focus on the Tribe's operations in Nicaragua.

*Approved the employment contracts for Thomas W. Sparks (Security), Lyle L. Bell (Information Technology), Charles Lombardo (Gaming Strength), and Brad Buchanan (Finance Officer).

Although their focus will be on the Tampa and Hollywood Hard Rock projects, they will standardize operations for all of the Tribe's casinos.

According to Jim Allen, Director of Gaming Operations, the Tampa casino is set to open in June 2003 and the Hollywood casino in March/April of 2004.

*Approved the construction of a water plant for the Big Cypress reservation. According to Susie Kippenberger, Director of Utilities, the reservation's water is currently being treated with 30-year old technology.

"All we can do is aerate it, chlorinate it and put flouride in it," said Kippenberger.

Kippenberger said that once the water plant, which will incorporate the latest technology, is operational, the quality of the Big Cypress reservation drinking water will be much improved.

Tony Hillerman's Skinwalkers: Hexes, Homicide, And Hillerman

An All-American MYSTERY! Special Brings Tony Hillerman's Bestseller Skinwalkers to PBS; Robert Redford Executive Produces Sunday, November 24, 2002 at 9pm pbs.org/pressroom

Tony Hillerman's breakthrough Navajo police novel, Skinwalkers, comes to PBS in a two-hour American MYSTERY! special executive-produced by long-time Hillerman fan Robert Redford, on Sunday, November 24, 2002 at 9pm on PBS.

Skinwalkers was Hillerman's first book to hit the bestseller lists, propelled by the inspired team of Lieutenant Joe Leaphorn and Officer Jim Chee of the Navajo Tribal Police.

"The Chee and Leaphorn mysteries have been a passion project of mine for fourteen years," says Redford, who serves as executive producer

along with Rebecca Eaton of MYSTERY! and longtime Redford associate Michael Nozick (Quiz Show).

Independent filmmaker Chris Eyre (Smoke Signals) directs. A two-time Sundance Film Festival award winner, Eyre adds to Skinwalkers' unique mix of talent, which combines Hollywood, PBS, the independent film community, and international distributors.

"We're proud to bring Tony Hillerman's unique talent to public television audiences," adds MYSTERY! executive producer Rebecca Eaton from the series' WGBH Boston offices. "Viewers are going to love Skinwalkers for the same reasons we do: its vivid depiction of Native American culture; strong, complex characters; and edge-of-your-seat suspense." Skinwalkers is the first in a projected series of Hillerman stories on MYSTERY! and represents a new crime beat for the traditionally British-oriented series. Instead of being stalked through the London fog by Holmes and Watson, perpetrators on this latest MYSTERY! will be tracked across the high plains of the American Southwest by a detective duo with uniquely complementary skills.

Leaphorn (played by Wes Studi, The Last of the Mohicans, Dances with Wolves) is the seasoned older cop, assimilated to the urban ways of Phoenix, Santa Fe, and Albuquerque. Chee (Adam Beach, Windtalkers, Smoke Signals) is the unconventional upstart, an FBI Academy grad with a sideline as a traditional Navajo healer. It's a useful skill, since Skinwalkers involves a mysterious killer who has a special antipathy for medicine men, including Chee. Ominously, the murderer's M.O. hints that he is a "skinwalker," a Navajo witch with the supernatural power to change from human to animal, move with lightning speed, and to kill with unseen powers and curses.

Originally published in 1986, Skinwalkers

has been updated to reflect the reliance of today's reservation police force on cell phones and the Internet.

"Another change is the movie's examination of gang culture," says scriptwriter James Redford. "The phenomenon has burgeoned in the years since Mr. Hillerman wrote the novel. Today it is impossible to have a conversation about crime on the reservation without gang crime being mentioned."

Redford also notes that the chronology of the plot has been slightly straightened out. "When the novel begins, the murders have already occurred. [But] the murders in the movie unfold as the story does, sustaining the sense of danger and the unknown."

Viewers will find themselves in a comfortably bewitched state of suspense, not unlike that time on the moors when Holmes and Watson were tracking the hound...

Skinwalkers is an American MYSTERY! special, a production of Wildwood Enterprises and Granada Entertainment in association with WGBH Boston for the Public Broadcasting Service, the Corporation for Public Broadcasting, and Carlton International Media.

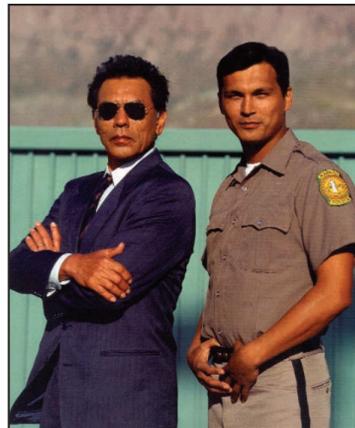
It is presented on PBS by WGBH Boston, and distributed worldwide by Carlton International. The producer is Craig McNeil for Granada Entertainment USA. The executive producers are Robert Redford, Rebecca Eaton for WGBH Boston, and Michael Nozick. Jo Willett is executive

producer for Carlton. The director is Chris Eyre. Skinwalkers is adapted by James Redford from the novel by Tony Hillerman.

Funding for Skinwalkers is provided by PBS, the corporation for Public Broadcasting, and Carlton International. Skinwalkers was shot on location around Phoenix, Arizona. National sponsorship of MYSTERY! is provided by public television viewers. MYSTERY! is closedcaptioned for deaf and hard-of-hearing viewers by The Caption Center at WGBH Boston.

Narrated descriptions of MYSTERY! programs are provided by Descriptive Video Service® (DVS®), a national service of WGBH.

MYSTERY! is presented on PBS by WGBH Boston, where Rebecca Eaton is executive producer. WGBH Boston is America's preeminent public broadcasting producer. One-third of PBS's primetime lineup and companion Web content, as well as many public radio favorites, are produced by WGBH. The station also is a pioneer in educational multimedia and in access technologies for people with disabilities.



Wes Studi plays Joe Leaphorn and Adam Beach plays Jim Chee in "Skinwalkers."

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Community News



Seminole students display the DSO Library's new books.

New Books Arrive At D.S.O.

By Paula Cassels

HOLLYWOOD — DSO Librarian Michael Kelly would like everyone to come and check out the huge selection of new books and CD-ROMS at the library, which is located on the second floor of the DSO building.

In May, the DSO library held its first annual scholastic book fair. The library's goal was to receive 50% credit back towards the purchase of new books and CD-ROMS.

Thanks to community support and donations, the scholastic book fair sold almost \$5,000.00 dollars worth of books and other educational materials, and the DSO library received \$2,900.00 dollars worth of credit

towards a total purchase of 300 new books, CD-ROMS and other educational materials.

When you visit the DSO Library, check out the Computer Lab, which is available for people of all ages to log onto the internet, do home work and research school projects.

For students who would like some assistance, there are tutors at the library Monday through Thursday from 3:00 p.m. to 5:00 p.m. in the afternoon.

The DSO library is open from 8:00 a.m. to 5:00 p.m., Monday-Friday. For more information, call Michael Kelly at (954)989-6840, x1225.

Big Cypress Hires New Medical Social Worker Chris Scanlon

BIG CYPRESS — On July 8, Chris Scanlon began working with Big Cypress Recreation in Family Services.

Scanlon's job is to help with the coordination and delivery of healthcare, counseling and health education to the Tribal members.

Scanlon is from Detroit, Michigan and just recently moved to Broward County six months ago.

He received his Bachelors degree in Psychology from the University of Detroit, and his Masters in Social Work from the University of Michigan.

Scanlon has experience working with kids, adults, cancer patients and their family members. His hobbies are mountain biking, playing golf and reading. He also has a dog named Willie.

Scanlon says he like his job, especially

the traveling, learning about the Seminole culture and helping the members of the Big Cypress community.



Chris Scanlon, New Medical Social Worker.

Profile: Communications Supervisor Peggy Rogers

By Paula Cassels

HOLLYWOOD — Meet Peggy Rogers, the Seminole Department of Law Enforcement Communications Supervisor for the Hollywood, Big Cypress and Brighton reservations.

She is an important communications link. Rogers must be extremely accurate and maintain an even temperament at all times, and in all situations.

Occasionally, she fills in as a dispatcher, but she also investigates complaints



Peggy Rogers

and handles disciplinary action regarding dispatchers and tries to maintain a professional yet friendly relationship with all the dispatchers.

Rogers coordinates the monthly schedules for the Hollywood, Big Cypress and Brighton reservations, which also includes scheduling overtime to cover dispatchers who are on annual leave or call in sick. She has to notify all the dispatchers of any new or changed policies and procedures that directly affect them or their job.

Right now, Rogers is in the process of developing a Communications Standard Operating Procedure Manual and is expanding the current Policy for dispatchers.

She also maintains and updates information for all businesses on the reservations, and keeps track of all abandoned vehicles towed by the department.

She attends quarterly meetings sponsored by FDLE regarding new or updated Teletype procedures. Rogers checks all entries into the Teletype system and does monthly validations and yearly purging of records entered into the Teletype.

She makes sure all of the communications equipment is in working order, which includes regular maintenance of the recording system for all taped telephone lines and radio channels. She also orders supplies and forms for the department.

Peggy Rogers began working with the Seminole Department of Law Enforcement in June of 2000. She had previously worked for the Hollywood Police Department for 25 years as a dispatcher, often filling in as acting supervisor when one wasn't available.

Rogers retired from the Hollywood Police Department, and went to work for the Plantation Police Department as a dispatcher, filling in as the lead dispatcher when one wasn't available.

Rogers has been a dispatcher for over 30 years. She's originally from El Paso, TX where she graduated high school and was valedictorian of her class. She moved to Hollywood in 1968, and has lived here ever since.

Rogers has one daughter, Raquel, and two grandchildren Simone, 13, and Charles, 12.

A devoted animal lover, Rogers has a German Shepherd, an Italian Greyhound, two rabbits and tropical fish. Her hobbies are dancing and gardening.

Rogers says what she likes about the job are the people she works with, the camaraderie that is formed within the department, and the challenges of each day.

Rogers says dispatching is unlike any other job. It is demanding and very stressful, but she feels good because she has helped someone or tried to help someone.

Glad to have you with us, Peggy Rogers.

Snow Bowled Over By Birthday Surprise

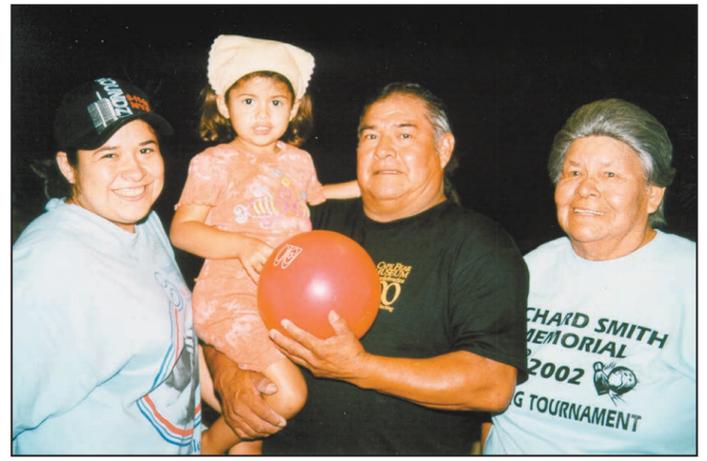
By Paula Cassels

OKEECHOBEE — On Sept. 16, it was a typical bowling league night at the Stardust Lanes.

As league time approached, Alice Snow drove up to the bowling alley like she does every Monday night to get ready.

She shined up her bowling ball as always, unaware that her son, Albert Snow, had arranged a buffet of finger sandwiches, chicken wings and a huge Birthday Cake that read, "Happy Birthday Alice Snow."

While Snow thinks his mom is in her eighties, he's not quite sure. Nevertheless, Alice was surrounded by four generations of family and loving friends as they sang "Happy Birthday" over the public announcement system. Happy Birthday, Alice Snow!



Four generations of family helped Alice Snow celebrate her birthday.

Labor Day Festival In Okeechobee



Iona's booth was a popular spot on Labor Day weekend.

By Paula Cassels

OKEECHOBEE — On Aug. 31- Sept. 2, in downtown Flagler Park, Tribal members from Hollywood, Big Cypress, Brighton and Trail set up booths and sold food and arts & crafts at the Labor Day Arts & Crafts Festival.

Flagler Park was filled with all kinds of fascinating booths, and packed with holiday revelers who spent the day shopping and listening to the live music.

The holiday weekend activities included a Labor Day parade on Monday morning, a Rodeo at the Cattleman's Rodeo Arena and Rodeo Dinner Dance.

Dr. Grim Appointed As IHS Interim Director

Charles W. Grim, D.D.S., M.H.S.A., a native of Oklahoma and a member of the Cherokee Nation of Oklahoma, was appointed by President George W. Bush as the Interim Director of the Indian Health Service (IHS), an agency of the Department of Health and Human Services.

Dr. Grim was appointed on August 12. He will remain Interim Director until a permanent director is nominated by President Bush and confirmed by the Senate.

As Interim Director, Dr. Grim will administer a nationwide multi-billion dollar health care delivery program composed of 12 administrative Area (Regional) Offices, which oversee local hospitals and clinics.

The IHS is responsible for providing preventive, curative, and community health care services to approximately 1.6 million of the Nation's 2.6 million American Indians and Alaska Natives. The IHS is the principal federal health care provider and health advocate for Indian people.

"The current vision and goals of the agency will remain much the same. These are principles that are solid and have lasting values. The IHS will continue to be an organization that is very sensitive to the cultural beliefs and traditions in the communities where we serve," stated Dr. Grim to Agency staff the day following his appointment.

He stated his initial priorities will be to close out the 2002 agency budget on a timely basis, work to continue to have clean agency audits, and to enhance a strong working relationship with the tribes, tribal organizations, Department, and the White House.

"The Administration has placed an emphasis on effective and efficient management of Federal agencies, and I will follow that lead," he said. He will have the agency focus on the five key issues of the President's management agenda in improving the operations of the Federal government.

"I am committed to consultation with tribes and tribal organizations, as is the Department," he said.

He plans to contact and meet with tribal leaders to hear about their concerns and priorities and how health services to American Indian and Alaska Native people can be improved.

He also indicated that along with the joint Tribal-IHS workgroup recommendations on restructuring the agency that he encourages staff participation in restructuring the agency to be the most effective and efficient in the current environment.

"I also plan to strengthen and expand existing partnerships, not only in the health arena but with other programs

of the government that affect health of individuals, such as educational and socioeconomic programs that can help alleviate needs due to poverty and unemployment. To the extent that IHS can help stimulate other parts of the government to bring increased focus to these areas in Indian country, we will do so," he said, "because it will help elevate the level of health for the people we serve."

Dr. Grim's immediate management initiatives will also include efforts to recruit and retain health care professionals, strengthen inter-agency collaboration to reduce Indian health disparities and coordinate resources, emphasize preventing disease and injury, and implement a results-oriented and market-based business plan.

Dr. Grim began his career with the IHS in 1983. He left his position as the Oklahoma City Area Director before this appointment and has held various positions at the field and Area levels. Dr. Grim was appointed to the commissioned corps of the U.S. Public Health Service in July 1983 and currently holds the rank of Rear Admiral.

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Charlie Crist Visits Seminole Tribe

HOLLYWOOD — On Sept. 4, Seminole Tribal Counsel Jim Shore received a visit from Florida Education Commissioner Charlie Crist, who is running for Florida State Attorney General.

A week later, in the Sept. 10 primary election, Crist won the Republican primary with 50.1% of the vote against candidates Locke Burt and Tom Warner.

Crist captured the majority in Broward, Collier, Glades, Hendry, Indian River, and Hillsborough counties.

Crist now faces off in the November election against Buddy Dyer, who captured 37.2% of the vote in the Democratic primary.



The Myths About Indian Education

By Dr. Dean Chavers

In one of my training seminars a few weeks ago, several of the participants jumped at a question with what they thought was the right answer. They said "Yes" to the statement, "Indian children fall behind in school because their culture is neglected."

"No," I told them. "They fall behind in school because they don't go to school every day, they don't read books, and they don't do homework."

Silence for a minute. Then, "You're right," one of them said.

I have been working in education most of the time for 30 years. The only time I did not work in education was when I was doing economic work as a consultant. But even in the nine years I spent working as a consultant, most of my work was in education.

As part of my education work, I ran for the board of the National Indian Education Association (NIEA) twice and won both times.

I learned in years of working with that board that it is "et up" with the myths surrounding Indian education.

The board members believe these myths with a passion. It is as if they got to the top of their profession, which many people believe being on the NIEA board is the top, by believing so strongly in the myths, and promoting the myths, and being passionate about it.

At the same time, of course, many Indian educators simply drop out of NIEA after one or two years. I dropped out after a decade. Their most common complaint is SOS-the Same Old Stuff over and over, with new ideas not having a chance.

Let's look at some of the myths surrounding Indian education and how they affect the outcomes.

One of the most erroneous is that Indian parents do not want their children to get a white man's education. Nothing could be further from the truth.

Thirty years ago it was easy to find Indian parents who had this attitude. Today it is hard to find them. The overwhelming majority of Indian parents want their children to finish high school.

They want their children to go to college, and finish college. But are high schools in tune with that objective? Not on your life. They are still teaching vocational subjects.

How do I know Indian parents want their children to go to college? I asked hundreds of them, in person, and in surveys at Ganado, Chinle, Jicarilla, Montezuma Creek, Ramah, Gallup, and other places.

The parents know how hard they have had to work in their lives just to survive. They do not want their children to have to struggle like that. They want the best for their children.

Another myth that is destructive, deleterious, and self-defeating is that Indian students will not work hard in school.

That is a pervasive myth that does more than anything else to keep Indian schools performing at less than their full ability. Teachers believe it, counselors believe it, principals believe it, and to their discredit, even some Indian school board members believe it.

We need to destroy this myth, as several schools are doing. The fact is that

Indian students will work hard if they are challenged.

I am writing a book called "Exemplary Programs in Indian Education," which we publish every three years. The first edition in 1993 had 12 EPIEs in it.

This fourth edition will have at least 24 EPIEs in it. Eleven of the 24 are high schools that are sending 60% or more of their Indian students on to college.

One of these high school, Navajo Prep, has sent 100% of its graduates on to college for four straight years.

A second, Salmon River High School outside the St. Regis Mohawk Reservation, has sent over 60% of its Indian graduates on to college for 12 straight years now. The list goes on.

If 11 schools can do it, the other 729 Indian high schools can do it. They have to change their attitude, their curriculum, and their behaviors. They have to raise their expectations about 1000%.

There is a racist myth out there that still equates Indians with savages, and says Indian students can not understand the higher concepts. This myth needs to be challenged everywhere it is found.

The fact is that my organization, Catching the Dream, has helped to send numbers of full blood Indians on to medical school, veterinary school, Ph.D. programs, and MBA programs. I believe Indian students are not only as smart as other kids, but are actually smarter than other kids. That is my brand of racism.

Yet I still run into numerous apologists who are quick to explain why they have watered-down curriculum, and why they are shunting smart Indian kids into vocational fields when they should be sending these kids on to college.

Another myth that needs reversing is the belief that Indian parents do not support their children's education.

The fact is that, in theory, Indian parents do support their children in school. They just don't support them as actively as they should. Indian parents support their children's right and need for a good quality education, all the way through college.

But their actions do not always seem like or constitute active support. Indians live in rural areas, they have cattle, sheep, goats, and other animals that have to be tended.

They have to cut wood to heat their houses, haul water for drinking and bathing, mend fences, round up livestock, and a thousand other things that rural people do that city people never think about. Indian parents often call on their children to help with chores.

This often interferes with their education. Teachers need to reach out to form a bond with these parents to help them understand that sometimes the homework the children bring home needs to be balanced with need to do chores.

Another myth is that Indian students should not be prepared to go to college. This is the most destructive myth we have. The result is that only 17% of Indian students go to college, compared to 67% for the whole U. S. This is a huge gap of 50 percentage points.

The situation is actually much worse than that. When the high school dropout rate, the college entrance rate, and the college dropout rate are figured

in, only 1.5% of Indian students earn college degrees.

How does this compare to the national rate? The national rate is 29.3%, or 20 times higher. For every Indian college graduate per 100,000 there are 20 non-Indian college graduates. This makes the gap so huge as not to be believed.

There is still a myth around that says Indian students come to school speaking only their Native language. That conclusion was true 30 years ago, but today it is almost pure myth. With some exceptions, almost all Indian students today enter school speaking only a version of English.

The English they speak is often not standard English. Some of them can understand some words in their Native language, but can rarely speak it.

In one of the conservative tribes in which I did some language research, only 1.4% of the people under 30 years of age counted themselves fluent in their Native language.

Why is this so? It is because their parents do not want them to speak their Indian language. The parents caught hell for it when they were coming along, so they want a better life for their kids.

To the extent that Indian educators advocate for teaching Native languages, they are out of step with the Indian parents. I happen to fall solidly in line with the Indian educators on this one, realizing I am in the minority.

The great bulk of Indian educators who advocate Native language teaching, however, do not realize that theirs is a minority position on the issue.

The mythic world so many Indian educators inhabit is not the same world the Indian parents inhabit.

The mythic world of Indian education believes that if we could just teach these Indian kids something about their language/heritage/culture they would feel better about themselves.

They would be happy just being Indians, without going into the real world, earning a degree, and being able to influence the flow of events on their reservations.

I believe we need to clear up these myths, or at least talk about them. Often we just take them for granted. No one talks about them, they are not dealt with, and we just keep heading in the wrong direction.

We do not want to work Indian kids too hard, so we don't give them homework. We blame their lack of achievement on neglect of their culture instead of focusing on the real causes-lack of reading, low daily attendance, lack of homework, easy courses.

We think Indian kids can understand higher concepts, so we teach them Consumer Math in high school instead of Algebra, Geometry, and Trig.

We think Indian parents will not support their children's education, so we make no attempts to reach out to parents and make them true partners in the schools.

We need to change, friends. Our children deserve better. We need them to be educated.

Dr. Chavers is Director of *Catching the Dream*, a national scholarship and school improvement program for Native students. His e-mail address is NScholarsh@aol.com



Yok-che-hul-beh naa-neh-ga-yof? — What type of turtle shell is this?

1. yok-che-taa-lee - snapping turtle
2. you-che-lug-weh - soft-shell turtle
3. yok-che-poo-looch-ke - box turtle
4. yok-che-pe-le - gopher turtle

(Answer is #4)



Word Search

Search for words in Miccosukee
Words that have the "B" and "C" sound

E A Q E B R C S D T C E U F C H E Y A A F E
G H V H K I W J X K H L Y M H N Z O A P B E
C L C D M O E N F O A G P H A I Q J R K S L
T D U K V E N W F X L Y G Z F A H B I C J O
K T L U A M V O N W A O X P O Q Y R Z S A N
B C V C K B D L H E A F M G O H N I O J B O
P E H S A A L O H C L Q V R N S W T X O U H
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J T K U L V M W N X O Y P Z Q A R B H S O E
C H A P A L E C F N O L H A K A B D G C E B

AX: CHEYAAFE
BAMBOO VINE: BAKCHE
BREAK: BALKOM
BUMPY: BEWEHWOM
CHEST: CHONOKE
DIFFERENT: CHECKE
FLINT: CHONOLE
HOE: CHAPA'LE
LIPS: CHOLAASHE
LIPS (2): CHOKLAASHE
MY BACK: CHALAALE
MY BONES: CHAGOONE

MY CHIN: CHANA'ATE
MY LIVER: CHALO'OPE
MY TEETH: CHANOOTE
POINT AT: BESHENKOM
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BOTBOOLOM"
SMALL HILL: BE'EKE
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THREAD: BAKSHE
THROW: BAKAHLON

Letters & E-mail

6300 Stirling Rd. Hollywood, FL 33024 tribune@semtribe.com

Editor,

I just wanted to say thank you to the Seminole Tribe for participating in the benefit for Jacob Silvas this weekend at Timer Powers Park in Indiantown. I have been trying to get a communication going between our students here at Indiantown Middle School and some of your middle school age children. I think that it would be a good experience for them and for the people who now live in Indiantown. Please E-mail or call me at Indiantown Middle School, Robert Gastauer, 597-2146. Thank you,

Robert Gastauer
gastaur@martin.k12.fl.us

Editor,

I have been living in Thibodaux, LA for 10 years and plan to return to South Florida to live. My home town is Sebring. I am seriously looking at LaBelle as my next home. I enjoyed your web site.

billhiggins@mobiletel.com

Editor,

We are planning our vacation in South Florida for November. Could you send us a brochure about your attractions? Thanks. Regards,

Lionel Ray
lionel.ray@wanadoo.fr
79 rue Source
92000-NANTERRE
France

Lucy Evanicke, Billie Swamp Safari
Marketing Director writes:
Dear Mr. Ray:

Thank you for your interest in the Seminole Tribe of Florida. We are so pleased that you would like to come visit some of our attractions while on your vacation to South Florida.

We have two award-winning attractions on our Big Cypress Seminole Reservation: The Ah Tah Thi Ki Seminole Museum (a five-star museum documenting the life, history and culture of the Seminoles) and the Billie Swamp Safari (the only authentic Seminole Everglades eco-tour and wildlife park - voted in the top ten of the Travel Channel's "must do, must see" while in South Florida list).

We will send you brochures right away and look forward to your visit!

Editor,

I am a writer and historian living in the mountains of North Georgia. I also work in the Hall County Library in Gainesville (GA), in the history/genealogy and reference dept. We have a large section dealing with our local Native-Americans, primarily Cherokee and Creek. I'm looking for more information on Florida's native population for two reasons.

I'm trying to build information files on native peoples from all states bordering on Georgia. I'm also writing a book about the U.S. Marine Corps and would like to find some objective information on the "Seminole Wars." A future project will be a series of children's books, presenting the first residents of these states.

If you have files, know any scholars, librarians or other historians, I would appreciate hearing from you. Also, please tell me how I can obtain a subscription to your paper. Thank You,
Wayne McDaniel
wayne_writes@msn.com

Editor,

Hello, I was told by one of our tribal members here in Michigan that you offer gator hunts. If so, I would be very interested.

If you do have guided gator hunts, could you send me the information: price, season, regulations, etc.? Also, a phone number of where I can set the hunt up.

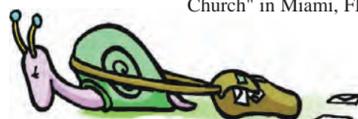
Megwetch,
Dean Pate
FIRSTNATION01@aol.com

Lucy Evanicke, Billie Swamp Safari
Marketing Director, writes:
Dear Dean Pete:

Thank you for contacting the Seminole Tribe of Florida with your request for gator hunting. However, we do not offer gator hunting.

Please contact the Florida Fish and Wildlife services at (850) 561-9915 for information. I'm sure they will be able to help you.

Happy hunting!



I wonder if it is possible to contact Minnie Doctor if she is living? I have tried to find a phone number for her, but to no avail.

My mother taught Bible flannelgraph lessons both at Musa Isle Indian Village, and Tropical Hobbyland in Miami during the early nineteen-fifties, and many of my very early memories are of visits to those villages.

Minnie Doctor was my "Indian Mother" and at one time sewed as a surprise for me a very beautiful patchwork red sursand, and gave me a silver bracelet. We always stayed with her at her Chickee. I know that she had a son named Ronnie, a daughter named Mary, and her husband was named Joe.

I was very small when I began visiting there (perhaps 2 to 3 years old) and we visited often through about 1957. I used to have nightmares about the "land crabs" which used to drop from the palms with a loud kerplow, and scuttle around with their big claws.

Can remember people diving into the Miami River, the ducks sitting on nests, Indian women at their sewing machines making the patchwork, and also the little palmetto dolls. The only words I still remember are "Neginoge" and "Yadodsi" (probably not spelled correctly, but that's how it sounded,) also, sofkee.

My name is Joanne (Rhoads) Kowal, and I will be fifty five this December, but I have never forgotten the special love and kindness of Minnie Doctor. I would really like to talk to her again, if it is possible; my mother (Eloise Rhoads) just turned eighty this July, and lives in Indiana.

I am sure she would also want to write to her if we had an address, and call her if there was a phone number. Any information that you have would be appreciated. Thank you.

Sincerely,
Joanne Kowal
Tallahassee, FL
GAK44@aol

P.S. My mother was part of a group of people from the "Flagler Street Baptist Church" in Miami, FL.

New Tribal Calendar!

The *Seminole Tribune* is hard at work on the new Tribal calendar entitled, "Seminole Women." The calendar will feature women from each of the eight clans.

Each month will also feature a list of Tribal seniors who will celebrate their birthday, and spots for Tribal senior birthday messages and anniversaries are currently being reserved.

Only a few spots are available at \$10 for 20 words maximum, so if you would like to reserve a space, call the *Tribune* office immediately at (954) 967-3416.

The Seminole Tribune

The following deadlines apply to all submissions for inclusion into the *Tribune*:

Issue: October 18, 2002
Deadline: October 4, 2002

Issue: November 8, 2002
Deadline: October 25, 2002

Issue: November 29, 2002
Deadline: November 15, 2002

Issue: December 20, 2002
Deadline: December 6, 2002

Issue: January 17, 2003
Deadline: January 3, 2003

Issue: February 7, 2003
Deadline: January 24, 2003

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The Seminole Tribune

is a member of the Native American Journalists Association, the Florida Press Club and the Associated Press. Letters/e-mails to the Editor must be signed and may be edited for publication.

Subscription rate is \$30 per year by mail. Make checks payable to *The Seminole Tribune*, 6300 Stirling Rd., Hollywood, FL 33024. Phone: (954) 967-3416. Fax: (954) 967-3482.

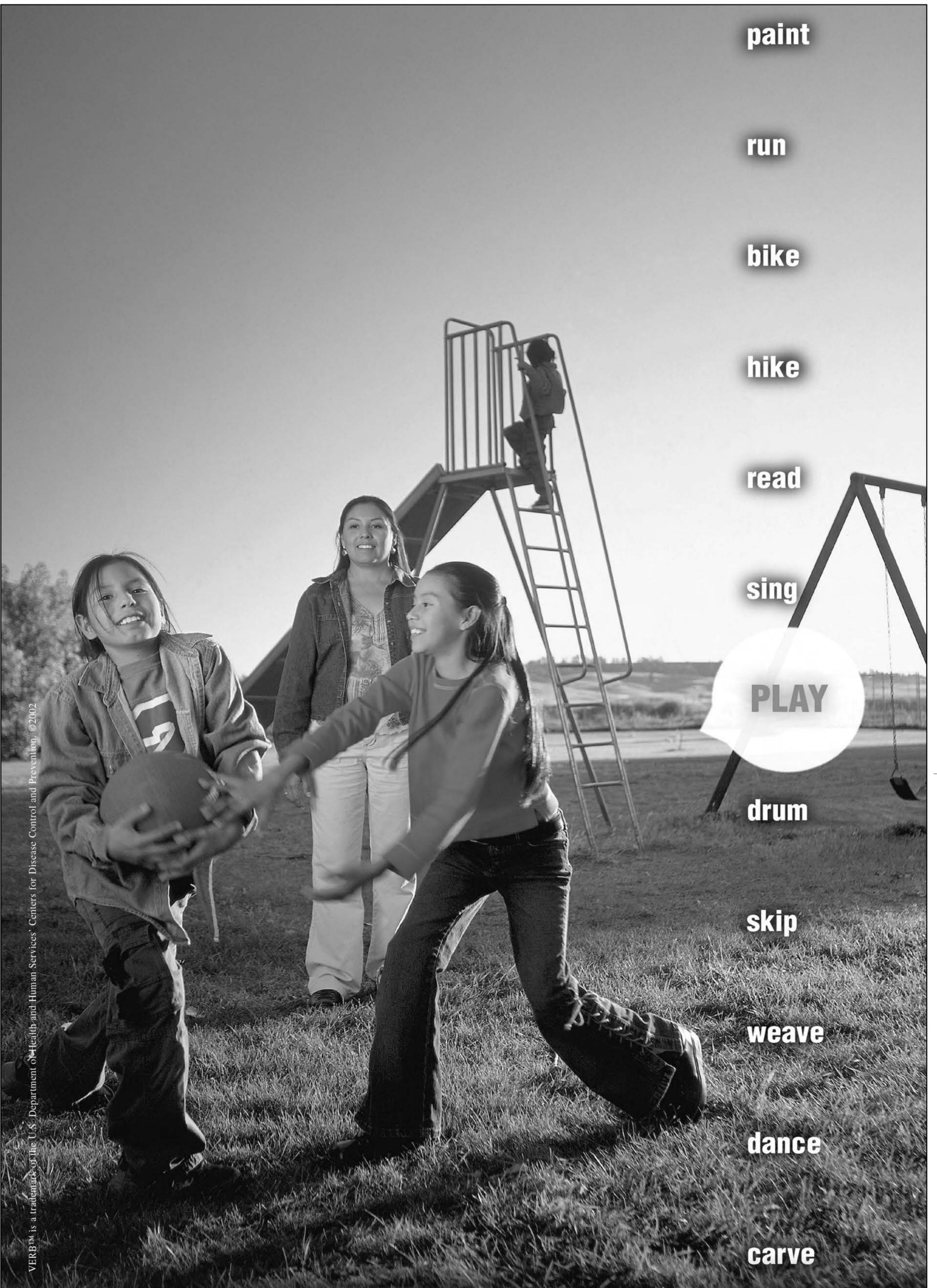
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