



When you visit an optometrist for a routine eye exam and need eyewear, you do not have to purchase your glasses or contacts from that same optometrist. You may obtain your prescription from the optometrist and take it with you so that you can shop around and compare prices on the eyewear. Many times you can find the same designers eyeglasses or contacts at a much lower cost.

You do not have to use a network optometrist for eyewear. However, if you go to an out of network provider, you may be required by the provider to pay for the charges and then you will need to submit the bill to the STOF Health Plan for reimbursement to you. Eye exams are covered at 100 percent and eyewear (eyeglasses or contacts) are covered up to a maximum of \$600 per calendar year.

For additional information, contact Seminole Tribe of Florida Health Plan Administration 866-505-6789 or 954-981-1671.

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